

# Characteristics and Prognosis Factors of Pneumocystis jirovecii Pneumonia According to Underlying Disease

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### ▶ To cite this version:

Romain Lécuyer, Nahéma Issa, Fabrice Camou, Rose-Anne Lavergne, Frederic Gabriel, et al.. Characteristics and Prognosis Factors of Pneumocystis jirovecii Pneumonia According to Underlying Disease. Chest, 2024, pp.S0012-3692(24)00022-9. 10.1016/j.chest.2024.01.015. inserm-04446239

# HAL Id: inserm-04446239 https://inserm.hal.science/inserm-04446239

Submitted on 8 Feb 2024

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**Chest Infections** Original Research

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# Characteristics and Prognosis Factors of Pneumocystis jirovecii Pneumonia According to Underlying Disease A Retrospective Multicenter Study

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> BACKGROUND: Pneumocystis jirovecii pneumonia (PcP) remains associated with high rates of 76 mortality, and the impact of immunocompromising underlying disease on the clinical pre-77 sentation, severity, and mortality of PcP has not been adequately evaluated.

RESEARCH QUESTION: Does the underlying disease and immunosuppression causing PcP impact the outcome and clinical presentation of the disease?

STUDY DESIGN AND METHODS: In this multicenter retrospective observational study, con- 82 ducted from January 2011 to December 2021, all consecutive patients admitted with a proven 83 or probable diagnosis of PcP according to The European Organisation for Research and 84 Treatment of Cancer consensus definitions were included to assess the epidemiology and 85 impact of underlying immunosuppressive diseases on overall and 90-day mortality.

RESULTS: Overall, 481 patients were included in the study; 180 (37.4%) were defined as 88 proven PcP and 301 (62.6%) were defined as probable PcP. Patients with immune-mediated 80 inflammatory diseases (IMIDs) or solid tumors had a statistically poorer prognosis than other 90 patients with PcP at day 90. In multivariate analysis, among the HIV-negative population, 91 solid tumor underlying disease (OR, 5.47; 95% CI, 2.16-14.1; P < .001), IMIDs (OR, 2.19; 92 95% CI, 1.05-4.60; *P* = .037), long-term corticosteroid exposure (OR, 2.07; 95% CI, 1.03-4.31; 93 P = .045), cysts in sputum/BAL smears (OR, 1.92; 95% CI, 1.02-3.62; P = .043), and SOFA 94 score at admission (OR, 1.58; 95% CI, 1.39-1.82; P < .001) were independently associated <sup>95</sup> with 90-day mortality. Prior corticotherapy was the only immunosuppressant associated with 96 90-day mortality (OR, 1.67; 95% CI, 1.03-2.71; P = .035), especially for a prednisone daily <sup>97</sup> dose  $\geq$  10 mg (OR, 1.80; 95% CI, 1.14-2.85; P = .010).

INTERPRETATION: Among patients who were HIV-negative, long-term corticosteroid prior to 100 PcP diagnosis was independently associated with increased 90-day mortality, specifically in 101 patients with IMIDs. These results highlight both the needs for PcP prophylaxis in patients 102 with IMIDs and to early consider PcP curative treatment in severe pneumonia among pa- 103 tients with IMIDs. CHEST 2024; **■**(**■**):**■**-**■** 104

KEY WORDS: corticosteroids; immune-mediated inflammatory diseases; Pneumocystis jirovecii 106 pneumonia; outcome; solid tumors

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163 164 immunosuppression causing Pneumocystis jirovecii pneumonia (PcP) impact the outcome and clinical presentation of the disease? **Results:** We present the findings of a cohort study

Study Question: Does the underlying disease and

involving 481 patients diagnosed with probable or proven PcP to assess the impact of various immunocompromising underlying conditions on the clinical presentation and mortality associated with PcP. This large multicenter study is the first to identify patients with immune-mediated inflammatory diseases (IMIDs), solid tumors, and prolonged corticosteroid therapy as independent factors contributing to 90-day mortality. Notably, patients with IMIDs, particularly those exposed to long-term corticosteroid therapy, exhibit the most unfavorable prognosis compared with other immunocompromised conditions.

**Interpretation:** These results highlight that, across all patient categories, patients with IMID and solid tumors experience the most severe forms of PcP and the highest mortality rates. Additionally, a history of prior long-term corticosteroid therapy was associated with a poor prognosis, especially among patients with IMIDs. These findings emphasize the necessity of considering PcP prophylaxis for patients with IMIDs and promptly initiating PcP treatment in cases of severe pneumonia in this specific population.

The growing number of patients undergoing immunosuppressive treatments and the development of new biotherapies for hematologic malignancies, solid organ transplantations, or immune-mediated inflammatory diseases (IMIDs) has led to the emergence of new conditions for opportunistic

**ABBREVIATIONS:** CMV = cytomegalovirus; IMID = immune-mediated inflammatory disease; PcP = Pneumocystis jirovecii pneumonia; SOFA = Sequential Organ Failure Assessment

AFFILIATIONS: From Internal Medicine and Infectious Diseases (R. L., M. G., and Y. C.), Centre Hospitalier Bretagne-Atlantique, Vannes; Nantes Université (R. L., R.-a. L., and F. M.), CHU Nantes, Cibles et médicaments des infections et de l'immunité, IICiMed, UR1155, Nantes; the Intensive Care and Infectious Disease Unit (N. I. and F. C.), Groupe Saint-André, University Hospital, Bordeaux; the Centre Hospitalier Universitaire de Bordeaux (F. G.), Service de Parasitologie Mycologie, Bordeaux; the Laboratoire de Parasitologie-Mycologie (F. M.), Institut de Biologie, University Hospital, Nantes; the Medical Intensive Care (E. C.), University Hospital, Nantes; the Department of Infectious Diseases (F. R., D. B., and B. G.), University Hospital of Nantes and Centre d'Investigation Clinique 1413, INSERM, Nantes; the Nantes Université (D. B. and B. G.), CHU Nantes, INSERM, Center for Research in Transplantation and Translational Immunology, UMR pulmonary fungal infections. Currently, around threequarters of *Pneumocystis jirovecii* pneumonia (PcP) cases are diagnosed in patients who are HIV-negative in high-income countries.<sup>1,2</sup> HIV-negative PcP is associated with a higher morbidity and mortality rate, and may be more challenging to diagnose than in patients who are HIV-positive; therefore, it is necessary to further improve risk reduction, diagnosis, Q8 and treatment procedures. In the HIV-negative population, the prognosis of PcP is highly variable, suggesting that the underlying disease and immunosuppressive therapies both have an impact on the severity and outcome of this infection.<sup>3</sup> Prior corticosteroid therapy has been identified as a risk factor for PcP<sup>4-6</sup> and has been associated with mortality. The advent of new immunosuppressive treatments raise the question of the appropriate criteria to introduce primary prophylaxis.8 We previously reported that the pattern of immune responses,<sup>9</sup> and respiratory coinfection by cytomegalovirus (CMV)<sup>10</sup> as a probable marker of profound immunosuppression, were associated with a worse prognosis. However, the impact of underlying disease and of specific immunologic disorders on the clinical presentation, severity, and mortality of PcP is poorly studied in the contemporary cohorts of patients. Investigating the features and the prognosis of PcP subpopulations according to the underlying disease and immunosuppressive therapies may allow an earlier diagnosis of PcP and a faster initiation of anti-Pneumocystis treatment.

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In this study, we took a large multicenter cohort of patients with probable or proven PcP from three French hospitals over 10 years of follow-up and studied the impact of the immunocompromising underlying disease and of the type of immunosuppressive treatment on the clinical presentation and mortality of PcP.

1064, Nantes; the Department of Microbiology (A. C.), Centre Hospitalier Bretagne-Atlantique, Vannes; the CRTI UMR 1064 (A. N.), INSERM, Université de Nantes, Nantes; the Department of Internal Medicine (A. N.), University Hospital, Nantes; and the INSERM (B. T.), U1232, Hematology Department, Nantes University Hospital, CRCI<sup>2</sup>NA, Nantes University, Nantes, France.

\*Collaborators from the PRONOCYSTIS Study Group are listed in the

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# Study Design and Methods Study Design and Population

This study is a substudy from the PRONOCYSTIS cohort, 10 a retrospective multicenter network involving three French hospitals. All consecutive patients admitted with a proven or probable diagnosis of PcP according to The European Organisation for Research and Treatment of Cancer and the Mycoses Study Group<sup>11</sup> consensus definitions of invasive fungal diseases from January 2011 to December 2021 were retrospectively included. Patients were followed-up for at least a year.

The study was designed in accordance with the Declaration of Helsinki and conducted in accordance with French legislation with approval obtained from the local ethics committee (groupe nantais d'éthique dans le domaine de la santé [GNEDS] No. 23-34-03-091).

#### Data Collection

For each case, data were collected for patient demographic characteristics, underlying disease, immunosuppressive treatment exposition during the year prior to PcP onset, use of PcP prophylaxis, nature of symptoms and time from symptoms onset to PcP diagnosis and hospital admission, laboratory findings, presence of other pathogenic microorganisms (bacteria, virus, or fungi) on diagnostic respiratory samples, use of corticosteroid therapy and its duration, oxygen requirement, and ventilatory support at admission. The Sequential Organ Failure Assessment (SOFA) and Simplified Acute Physiology Score II were retrospectively determined for each patient at the time of PcP diagnosis based on the medical records. If any parameters required were missing, the score values were treated as missing data. The retrospective assessments of Fio2 in non-ICU patients were approximated using a concordance table (with estimated Fio<sub>2</sub> values for nasal oxygen = 0.3, mask oxygen = 0.4, and reservoir mask = 0.6). Finally, final outcome with 90-day mortality was registered in the study database.

#### **Definitions**

Criteria for PcP diagnosis involved compatible clinical presentation (fever, respiratory symptoms, cough, dyspnea, and hypoxemia) and an interstitial syndrome on chest radiograph or CT scan, along with mycologic evidence for P jirovecii in respiratory samples, induced sputum, bronchial aspiration fluid, or BAL. PcP was proven when P jirovecii asci (cysts) were found at direct microscopic examination. Probable PcP was determined by a negative direct mycologic examination but a positive P jirovecii qPCR (laboratory-defined threshold) in respiratory sample, 11 associated with a compatible clinico-radiologic presentation. Colonization was defined as the presence of a positive real-time polymerase chain reaction without meeting the clinical and/or radiologic criteria for a proven or

probable diagnosis of PcP. PcP cases involving patients < 18 years of age or with mortality missing data were excluded from the study. Date of PcP diagnosis was the day of confirmation by mycologic investigation (direct examination or qPCR).

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Several predisposing clinical conditions were considered, including HIV infection, hematologic malignancies, progressive cancer, solid organ transplantation, and IMIDs. Ongoing immunosuppressive or immunomodulatory treatment did not constitute an independent 283 subgroup of predisposing condition but was an analysis parameter. 284 Patients undergoing corticosteroid treatment were considered to be 285 immunosuppressed if they had been receiving > 7 days at a dose ≥ 1 mg/kg/d (prednisone equivalent) or for > 3 months at a lower dose. When a patient had several predisposing conditions (n = 30), the underlying disease chronologically associated with the onset of <sup>288</sup> PcP was considered (eg, an immuno-virologically controlled patient 289 who was HIV-positive receiving secondary chemotherapy for lung 290 cancer would be classified in the solid oncology group).

Adjuvant corticosteroid therapy was defined as any current or initiated 292 high-dose steroid treatment justified by a PcP severe form, with a 293 regimen similar to that used for patients with HIV with severe PcP. 13

#### Statistical Analysis

Patient characteristics were described using mean  $\pm$  SD for continuous variables (or 95% CI when appropriate) and proportions for qualitative 297 variables. Overall survival estimates were assessed using the Kaplan- 298 Meier method. To remove potential biases associated with 299 underlying condition impact on overall outcome in the long term, 300 90-day all-cause mortality was used (as previously described<sup>10</sup>). Preanalysis of the dataset did not show discrepancies across centers (n=3) for the results, and we decided to carry on with a fixedeffect logistic regression model. All regression tests (OR estimates 303 and CIs) for 90-day mortality were performed on variables involving 304 > 10 events. The multivariate analysis was primarily performed to  $_{305}$ assess the respective weights of each variable, taking into account the other variables as fixed. Factors associated with 90-day mortality were identified by logistic regression analysis. Only factors reaching 307statistical significance (P < .05), with no more than 10% missing 308 data, were included in the multivariate model. For subcategory 309 comparisons with a low number of occurrences, numbers and 310 percentages are given. When colinearity between covariates was detected, only the variable with the highest OR was kept in the multivariate regression model. Results were reported as logtransformed coefficients with their 95% CIs. Missing data were not 313 interpolated. Analyses were performed on the overall population and 314 then on the HIV-negative and IMIDs subgroups, taking into account 315 respective missing data percentages. All analyses were conducted in R (4.3.1), using the finalfit and survminer packages.

#### Results

#### Patient Characteristics

Over the 10-year study period, a total of 8,508 respiratory samples were tested for P jirovecii across the three hospitals, with 1,238 patients having a positive P jirovecii qPCR. After assessment of clinical and radiologic data, 508 patients were categorized as probable or proven PcP (730 colonized patients were excluded). Of these, nine patients < 18 years of age and 18 patients with missing data during follow-up

were excluded (Fig 1). A total of 481 patients were therefore included, of which 180 (37.4%) were defined as having proven PcP and 301 (62.6%) as having probable PcP. The baseline characteristics of the included patients are shown in Table 1 (comparison according to HIV status in e-Table 1 or to other underlying diseases in e-Table 2). All patients from this cohort were immunocompromised with hematologic malignancy ranking first (n = 118, 24.5%), followed by HIV infection (n = 114, 23.7%), solid organ transplantation (n = 103, 21.4%), IMIDs

Q37 331 Q34 Figure 1 - Flowchart of the study. PcP = Pneumocystis jirovecii pneumonia. 332

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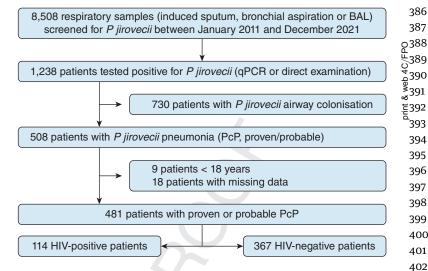
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(n = 87, 18.1%), solid tumor (n = 56, 11.6%), and other immunodeficiency (n = 3, 0.6%). The mean CD4 T lymphocyte count at the time of PcP diagnosis was significantly higher in the HIV-negative group than in the HIV-positive group (292  $\pm$  360 vs 64  $\pm$  $129/\text{mm}^3$ , respectively; P < .001). Only 50 of 481 patients (10.4%) were given PcP prophylaxis prior to their PcP episode. Trimethoprim-sulfamethoxazole was used as first-line therapy for 443 patients (92.1%), and adjuvant corticosteroid therapy was administered to 226 patients (47.0%). The average SOFA score was  $3.3 \pm 3.0$ . The 90-day mortality rate was 25.6% (n = 123). BAL was conducted at PcP diagnosis in 342 patients (71.1%). The detailed characteristics of BAL according to patient groups are presented in e-Table 3.

#### Previous Immunosuppressive Treatments

Among the overall population, 330 patients (89.9%) who were HIV-negative had received immunosuppressive treatment prior to PcP diagnosis (e-Table 4). The most common immunosuppressants were corticosteroids (n = 232, 63.2%), with an average dose of 29.2 mg/ d prednisone equivalent. Prior corticosteroid therapy was more frequent in patients with IMIDs (79 of 87 [90.8%] vs 152 of 280 [54.3%]; OR, 8.25; 95% CI, 3.84-17.7; P < .001) and given at higher doses (31.0) vs 19.5 mg/d; P = .008) (e-Table 4).

#### Outcomes and Predictors of 90-Day Mortality

Patients with IMIDs and solid tumors had a statistically significant worse outcome at 90 days (e-Figs 1, 2; Fig 2), whereas patients who were HIV-positive had the best survival rate at 90 days (Fig 2, Table 2). Of the 56 patients with solid tumors, 36 (64.3%) had metastatic

disease, which was associated with 90-day mortality in the univariate analysis (OR, 4.71; 95% CI, 1.40-15.9; P =.010). Subtype of hematologic disease was not associated with 90-day mortality, as indicated in e-Table 5.

Among the overall population in multivariate analysis, solid tumor underlying disease (OR, 5.73; 95% CI, 2.25-14.84; P < .01), long-term corticosteroid use (OR, 2.25; 95% CI, 1.12-4.71; P = .026), and SOFA score at admission (OR, 1.63; 95% CI, 1.44-1.87; P < .001) were independently associated with 90-day mortality.

Among patients who were HIV-negative, solid tumor (OR, 5.47; 95% CI, 2.16-14.1; *P* < .001), IMIDs (OR, 2.19; 95% CI, 1.05-4.60; P = .037), long-term corticosteroid exposure (OR, 2.07; 95% CI, 1.03-4.31; P = .045), positive direct examination of sputum/BAL smears (OR, 1.92; 95% CI, 1.02-3.62; P = .043), and SOFA score at admission (OR, 1.58; 95% CI, 1.39-1.82; P < .001) were independently associated with higher 90-day mortality in multivariate analysis (Fig 3, Table 3). Prior corticotherapy was no longer associated with 1-year mortality (Fig 3). Finally, prior corticotherapy was the only immunosuppressive drug associated with 90-day mortality (OR, 1.67; 95% CI, 1.03-2.71; P = .035), especially for a daily dose  $\ge 10 \text{ mg}$  (OR, 1.80; 95% CI, 1.14-2.85; P = .010) (Table 3).

In patients who were HIV-positive, 69.3% presented positive direct examination of sputum/BAL smears without significant association with 90-day mortality (n = 74; OR, 0.47; 95% CI, 0.08-2.72; P = .394) norwith a neutrophilic BAL profile (n = 57; OR, 0.41; 95% CI, 0.07-2.45; P = .317). Conversely, only 27.5% of patients who were HIV-negative presented positive direct examination of sputum/BAL smears (e-Table 1), which was associated with high 90-day mortality

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| TABLE 1 | Characteristics of Patients at the Time of   |
|---------|--|
| _       | Diagnosis of PcP and Follow-up ( $N = 481$ ) |

| Diagnosis of PcP and Follo                               | w-up (N = 481)                    |
|--|-----------------------------------|
| Characteristic   | Value                             |
| Age, y   | $58.2 \pm 14.7$                   |
| Male   | 306 (63.6)                        |
| BMI, kg/m <sup>2</sup>                                   | $22.94 \pm 9.7$                   |
| Albumin, g/L   | $\textbf{27.7} \pm \textbf{13.9}$ |
| Chronic underlying disease                               |                                   |
| Chronic kidney disease                                   | 166 (34.5)                        |
| Chronic pulmonary disease                                | 101 (21.0)                        |
| Underlying cause of immunodeficiency                     |                                   |
| Hemotologic malignancy                                   | 118 (24.5)                        |
| Acute leukemia   | 34 (7.1)                          |
| Lymphoma   | 32 (6.7)                          |
| Chronic lymphoid leukemia                                | 25 (5.2)                          |
| Multiple myeloma   | 15 (3.1)                          |
| Myelodysplastic syndrome                                 | 10 (2.1)                          |
| Chronic myelomonocytic leukemia                          | 2 (0.4)                           |
| Allogeneic HSCT  | 32 (6.7)                          |
| Autologous HSCT  | 9 (1.9)                           |
| HIV infection  | 114 (23.7)                        |
| Therapeutic rupture                                      | 68 (14.1)                         |
| Discovery of HIV-positive status                         | 46 (9.6)                          |
| Solid organ transplantation                              | 103 (21.4)                        |
| Immune-mediated inflammatory disease                     | 87 (18.1)                         |
| Solid tumor  | 56 (11.6)                         |
| Others <sup>a</sup>                                      | 3 (0.6)                           |
| Ongoing immunosuppressive therapy                        | 334 (69.4)                        |
| Symptoms   |                                   |
| Dyspnea <sup>b</sup>                                     | 396 (82.3)                        |
| Hyperthermia   | 355 (73.8)                        |
| Cough  | 309 (64.2)                        |
| Alteration of general condition                          | 290 (60.3)                        |
| Positive sputum/BAL direct examination (cysts in smears) | 180 (37.4)                        |
| Prophylaxis prescribed                                   | 50 (10.4)                         |
| Aerosolized pentamidine                                  | 15 (3.1)                          |
| TMP-SMX  | 25 (5.2)                          |
| Atovaquone   | 9 (1.9)                           |
| Prophylaxis observance during the last 2 mo              | 26 (5.4)                          |
| Aerosolized pentamidine                                  | 11 (2.3)                          |
| TMP-SMX  | 8 (1.7)                           |
| Atovaquone   | 6 (1.2)                           |
| Time from symptom onset to, d                            |                                   |
| Hospitalization  | $14.3 \pm 27.6$                   |
|  | (Continued)                       |

(Continued)

TABLE 1 ] (Continued)

| ABLE I (Continued)                       |                 |            |
|--|-----------------|------------|
| Characteristic                           | Value           | <b>-</b> 4 |
| Diagnostic                               | $20.1 \pm 27.1$ | - 4<br>- 4 |
| Anti-Pneumocystis treatment              | $19.9 \pm 26.9$ | 5          |
| SAPS II score                            | $34.4 \pm 16.2$ | 5          |
| SOFA score                               | $3.3\pm3.0$     | 5          |
| ICU admission                            | 237 (49.3)      | 5          |
| ICU length of stay, d                    | $13.2\pm11.8$   | 5          |
| Laboratory findings                      |                 | 5          |
| WBCs/mm <sup>3</sup>                     | 7,579 ± 5,000   | 5          |
| Neutrophils/mm <sup>3</sup>              | 6,093 ± 4,581   | 5          |
| Lymphocytes/mm <sup>3, c</sup>           | 828 ± 800       | 5          |
| CD4/mm <sup>3, d</sup>                   | $182\pm227$     | 5          |
| CRP, mg/L <sup>e</sup>                   | $109\pm100$     | 5          |
| LDH, International Units/Lf              | 460 ± 250       | φ          |
| Time from diagnosis to PcP treatment     | $-0.2 \pm 2.4$  | 5          |
| Anti- <i>Pneumocystis</i> treatment      |                 | 5          |
| TMP-SMX                                  | 443 (92.1)      | 5          |
| Atovaquone                               | 95 (19.8)       | 5:<br>5:   |
| IV pentamidine                           | 12 (2.5)        | 5          |
| Respiratory support                      | 396 (82.3)      | 5          |
| Mechanical ventilation                   | 109 (22.7)      | 5          |
| Exclusive noninvasive ventilation        | 15 (3.1)        | 5          |
| Exclusive high-flow nasal oxygen therapy | 44 (9.2)        | 5:<br>5:   |
| Exclusive simple nasal oxygen therapy    | 190 (39.5)      | 5:<br>5:   |
| Adjunctive corticotherapy                | 226 (47.0)      | 5          |
| In-hospital mortality                    | 102 (21.2)      | 5          |
| 90-d mortality                           | 123 (25.6)      | 5          |

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Values are mean  $\pm$  SD or No. (%). CRP = C-reactive protein; HSCT = 530hematopoietic stem cell transplantation; LDH = lactate dehydrogenase; 531 PcP = Pneumocystis jirovecii pneumonia; SAPS II = Simplified Acute 532 Physiology Score II; SOFA = Sequential Organ Failure Assessment; TMP-SMX = trimethoprim-sulfamethoxazole.

 $^{\mathrm{a}}\mathrm{Of}$  these three patients, two had Cushing syndrome and one had cirrhosis  $\,$  534 and lymphopenia without any immunosuppressants.

<sup>b</sup>Decreased FEV<sub>1</sub> included.

<sup>c</sup>Twenty-four missing values and 10 censored data from patients with leukemia.

dOne hundred and seventy-four missing values.

eThirty-nine missing values.

<sup>f</sup>Two hundred and thirty-two missing values.

<sup>g</sup>Eleven missing values.

(n = 257; OR, 1.94; 95% CI, 1.13-3.32; P = .016) and a 542 neutrophilic BAL profile (n = 184; OR, 1.83; 95% CI, 0.97-3.42; P = .059) (Table 3).

### Characteristics of Patients With IMIDs and Their **Prognosis**

An overview of the diseases of the IMIDs group (n = 87) is given in e-Table 6. The most prevalent

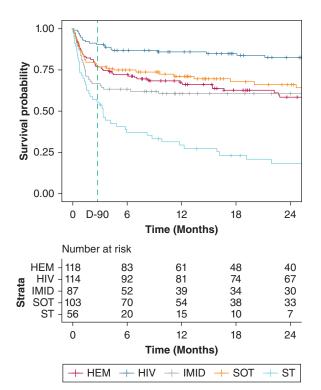
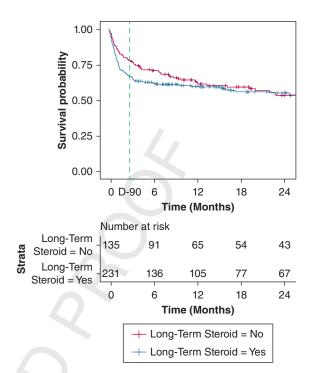


Figure 2 – Survival analysis according to the underlying cause of immunodeficiency. HEM = hematologic malignancies; IMID = immunemediated inflammatory diseases; SOT = solid organ transplantation; ST = solid tumor.

disease was rheumatoid arthritis (n = 14, 16.1%), followed by antineutrophil cytoplasmic antibody-associated vasculitis (n = 9, 10.3%) and sarcoidosis (n = 8, 9.2%). Seventy-nine patients with IMIDs (90.8%) received long-term corticosteroid therapy, 37 (42.5%) received antimetabolite drugs, and 17 (19.5%) received anti-CD20 monoclonal antibody therapy



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Figure 3 – Survival analysis according to long-term steroid exposure prior to Pneumocystis jirovecii pneumonia diagnosis in patients who are HIV-negative. D90 = day 90.

(e-Table 4) prior to PcP diagnosis. For 68 patients (78%), immunosuppressive treatment had been introduced or modified in the year prior to PcP diagnosis. The mean time between introduction or change of immunosuppressive therapy and the onset of PcP was 78 days.

Among patients who were HIV-negative, patients with IMIDs were the oldest (P < .001) and presented

TABLE 2 ] Underlying Conditions Associated With 90-Day Mortality in the Overall Population (N = 481)

|                                      | Univariate Analysis |           |         |  |  |  |
|--------------------------------------|---------------------|-----------|---------|--|--|--|
| Parameter                            | OR                  | 95% CI    | P Value |  |  |  |
| Characteristic                       |                     |           |         |  |  |  |
| Age                                  | 1.04                | 1.02-1.05 | < .001  |  |  |  |
| Male                                 | 0.90                | 0.52-1.54 | .625    |  |  |  |
| Albuminemia ≤ 30 g/L <sup>a</sup>    | 3.40                | 1.89-6.10 | < .001  |  |  |  |
| Immunodeficiency                     |                     |           |         |  |  |  |
| HIV infection                        | 0.24                | 0.13-0.47 | < .001  |  |  |  |
| Hematologic malignancy               | 0.88                | 0.54-1.43 | .597    |  |  |  |
| Solid tumor                          | 3.19                | 1.80-5.65 | < .001  |  |  |  |
| Solid organ transplantation          | 0.86                | 0.51-1.43 | .551    |  |  |  |
| Immune-mediated inflammatory disease | 1.94                | 1.18-3.18 | .008    |  |  |  |
| Immunosuppressive drug exposure      |                     |           |         |  |  |  |
| Long-term corticosteroid therapy     | 2.58                | 1.68-3.96 | < .001  |  |  |  |

<sup>&</sup>lt;sup>a</sup>Item with > 30% missing values.

 TABLE 3 ] Factors Associated With 90-Day Mortality in the HIV-Negative Population

|   | Un   | ivariate Analysis (n | = 367)  | Multivariate Analysis (n = 315) |           |         |  |
|---|------|----------------------|---------|---------------------------------|-----------|---------|--|
| Parameter   | OR   | 95% CI               | P Value | OR                              | 95% CI    | P Value |  |
| Characteristic  |      |                      |         |                                 |           |         |  |
| Age   | 1.02 | 1.00-1.04            | .023    | 1.01                            | 0.99-1.03 | .401    |  |
| Male  | 0.90 | 0.52-1.54            | .874    |                                 |           |         |  |
| Albuminemia < 30 g/L <sup>a</sup>                           | 4.36 | 2.33-8.18            | < .001  |                                 |           |         |  |
| Chronic kidney disease                                      | 0.88 | 0.56-1.39            | .594    |                                 |           |         |  |
| Chronic pulmonary disease                                   | 1.10 | 0.66-1.82            | .713    |                                 |           |         |  |
| mmunodeficiency   |      |                      |         |                                 |           |         |  |
| Hematologic malignancy                                      | 0.61 | 0.37-1.00            | .052    |                                 |           |         |  |
| Solid tumor   | 2.48 | 1.39-4.42            | .002    | 5.47                            | 2.16-14.1 | < .001  |  |
| Solid organ transplantation                                 | 0.61 | 0.36-1.03            | .061    | <i>.</i>                        |           |         |  |
| Immune-mediated inflammatory disease                        | 1.46 | 0.88-2.42            | .146    | 2.19                            | 1.05-4.60 | .037    |  |
| Connective tissue diseases                                  | 1.57 | 0.68-3.61            | .286    |                                 |           |         |  |
| mmunosuppressive drug exposure                              | 1.59 | 0.70-3.60            | 0.265   |                                 |           |         |  |
| Long-term corticosteroid                                    | 1.67 | 1.03-2.71            | .035    | 2.07                            | 1.03-4.31 | .045    |  |
| Steroid daily dose ≥ 10 mg                                  | 1.80 | 1.14-2.85            | .010    |                                 |           |         |  |
| Anticalcineurin   | 0.68 | 0.41-1.13            | .132    |                                 |           |         |  |
| Mycophenolic acid   | 0.71 | 0.41-1.23            | .219    |                                 |           |         |  |
| Antimetabolites   | 1.10 | 0.64-1.91            | .724    |                                 |           |         |  |
| Alkylating drug   | 1.31 | 0.70-2.45            | .395    |                                 |           |         |  |
| Monoclonal antibodies                                       | 1.25 | 0.73-2.16            | .416    |                                 |           |         |  |
| Anti-CD20   | 1.22 | 0.65-2.29            | .543    |                                 |           |         |  |
| Symptomatology  |      |                      |         |                                 |           |         |  |
| Dyspnea   | 2.51 | 1.22-5.16            | .010    | 1.08                            | 0.44-2.86 | .870    |  |
| Hyperthermia  | 0.86 | 0.53-1.41            | .556    |                                 |           |         |  |
| Cough   | 0.79 | 0.50-1.24            | .296    |                                 |           |         |  |
| AGC   | 1.89 | 1.20-2.98            | .006    | 1.31                            | 0.72-2.38 | .373    |  |
| putum/BAL examination <sup>b</sup>                          |      |                      |         |                                 |           |         |  |
| Positive direct examinations (cysts in smears) <sup>c</sup> | 1.99 | 1.22-3.24            | .005    | 1.92                            | 1.02-3.62 | .043    |  |
| Neutrophilic BAL profile <sup>a</sup>                       | 3.23 | 1.65-6.34            | .001    |                                 |           |         |  |
| Macrophagic BAL profile <sup>a</sup>                        | 1.19 | 0.63-2.22            | .598    |                                 |           |         |  |
| Lymphocytic BAL profile <sup>a</sup>                        | 0.25 | 0.11-0.52            | < .001  |                                 |           |         |  |
| CMV respiratory coinfection a, d                            | 5.23 | 2.63-10.4            | < .001  |                                 |           |         |  |
| aboratory findings  |      |                      |         |                                 |           |         |  |
| Neutrophils ≥ 7,500/mm <sup>3</sup>                         | 1.52 | 0.93-24.48           | .092    |                                 |           |         |  |
| CD4 ≥ 200/mm <sup>3a</sup>                                  | 1.04 | 0.46-2.33            | .930    |                                 |           |         |  |
| CRP ≥ 100 mg/L <sup>e</sup>                                 | 1.79 | 1.11-2.90            | .017    |                                 |           |         |  |
| LDH ≥ 400 <sup>a</sup>                                      | 2.76 | 1.13-6.76            | .024    |                                 |           |         |  |
| Care  |      |                      |         |                                 |           |         |  |
| Time hospitalization/treatment                              | 1.04 | 1.02-1.06            | .001    |                                 |           |         |  |
| Adjunctive corticosteroids                                  | 1.61 | 1.02-2.53            | .039    |                                 |           |         |  |
| Exclusive nasal oxygen therapy                              | 0.51 | 0.32-0.82            | .005    |                                 |           |         |  |
| High-flow oxygen therapy                                    | 2.47 | 1.42-4.31            | .932    |                                 |           |         |  |
| Noninvasive ventilation                                     | 2.46 | 1.48-4.07            | .001    |                                 |           |         |  |
| Mechanical ventilation                                      | 6.94 | 4.10-11.8            | < .001  |                                 |           | •••     |  |

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# TABLE 3 (Continued)

|               | Univariate Analysis (n = 367) |           |         | Multivariate Analysis (n = 315) |           |         |  |
|---------------|-------------------------------|-----------|---------|---------------------------------|-----------|---------|--|
| Parameter     | OR                            | 95% CI    | P Value | OR                              | 95% CI    | P Value |  |
| Severity      |                               |           |         |                                 |           |         |  |
| SOFA          | 1.50                          | 1.35-1.70 | < .001  | 1.58                            | 1.39-1.82 | < .001  |  |
| ICU admission | 3.42                          | 2.17-5.51 | < .001  |                                 |           |         |  |

AGC = alteration of general condition; CMV = cytomegalovirus; CRP = C-reactive protein; LDH = lactate dehydrogenase; SOFA = Sequential Organ Failure (33)

significantly more severe inaugural dyspnea forms of PcP (OR, 4.05; 95% CI, 1.57-10.5; P = .002), increased neutrophilia (P = .002), and more CMV respiratory coinfection (OR, 2.69; 95% CI, 1.65-6.34; P = .007) (e-Table 7). Patients with IMIDs reported the worst SOFA score on admission compared with the other HIVnegative subgroups (e-Table 7). These patients had less adjuvant corticosteroid therapy (OR, 0.49; 95% CI, 0.30-0.81; P = .005) and a higher rate of mechanical ventilation (OR, 2.01; 95% CI, 1.18-3.40; P = .009) to treat PcP (e-Table 7).

Patients with IMIDs with a poor outcome reported a lower albumin level (P < .001), were admitted to hospital earlier from their onset of symptoms (2.8) vs 15.8 days, P = .037) with the worst SOFA score on admission (6.9 vs 2.8, P < .001), but a had longer time to initiation of anti-Pneumocystis therapy from the time of hospitalization (7.6 vs 3.9 days, P = .027), a higher rate of positive direct examination of respiratory samples (P = .018), and a higher rate of respiratory CMV coinfection (P = .002) (e-Tables 8, 9). Prior prescription of anti-Pneumocystis prophylaxis was rarer among patients with IMIDs (five of 87, 5.7%) and solid tumors (one of 56, 1.8%) (e-Table 2). Among patients with IMIDs, only SOFA score was independently associated with 90-day mortality (OR, 1.50; 95% CI, 1.17-2.10; P =.007) (e-Table 9).

#### Discussion

To our knowledge, our work is the largest study to use a comprehensive approach of the characteristics and outcome of PcP as a function of the underlying disease and the type of immunosuppressive therapies in a large cohort of patients. We reported that PcP in patients with IMIDs presented the most severe forms of PcP at

admission, with higher SOFA score and the highest mortality rate attributable to PcP among patients who were HIV-negative. On the other hand, patients with PcP with solid tumors displayed a higher 90-day mortality rate and a poorer long-term outcome, despite a lower SOFA score at PcP diagnosis. These results suggest that these patients (most of whom had metastatic disease) may not have developed the most severe forms of PcP, but that the onset of this opportunistic infection could be a marker of their frailty. 826

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Burghi et al<sup>14</sup> reported in an analysis of patients who were HIV-negative (n = 321) that 30-day mortality and presentation of PcP were associated with the underlying disease. However, this study did not include patients who were HIV-positive, and did not provide details of patients with IMIDs as a specific subgroup. In our study, prior long-term corticosteroid therapy appeared to be a major risk factor and was associated with a poorer prognosis, especially in patients with IMIDs. This higher mortality rate among patients with long-term corticosteroid exposure fades at 1 year, which may be explained by the mortality related to each underlying condition among the HIV-negative group. The longer time to diagnosis and the higher severity of PcP in patients with IMIDs at admission suggest that the delayed diagnosis may be in part responsible for their poor prognosis.

Almost 90% of the patients had not been prescribed PcP prophylaxis, confirming previous findings<sup>15</sup> which identified the lack of trimethoprim-sulfamethoxazole prophylaxis as a major risk factor for PcP in high-risk patients. 16 To reduce PcP mortality in patients with IMIDs, the first step would be to improve prophylactic coverage against this preventable opportunistic infection; however, determining criteria for

<sup>&</sup>lt;sup>a</sup>Item with > 30% missing values.

<sup>&</sup>lt;sup>b</sup>One hundred and seventy-two sputum examinations and 269 BAL examinations; 74 patients had both sputum and BAL examinations.

<sup>&</sup>lt;sup>c</sup>Positive direct examination in BAL only (OR, 1.94; 95% CI, 1.13-3.32; P = .016).

<sup>&</sup>lt;sup>d</sup>CMV polymerase chain reaction was only performed on BAL samples.

<sup>&</sup>lt;sup>e</sup>Item with > 10% missing values.

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Pneumocystis prophylaxis in patients with IMIDs is challenging, given the wide range of diseases involved. 17-19 Specific prophylaxis guidelines have been developed for antineutrophil cytoplasmic antibodyassociated vasculitis, scleroderma, and autoimmune inflammatory myopathies,<sup>20</sup> and for patients receiving prolonged corticosteroid therapy, 21,22 but there are currently insufficient data for rarer IMIDs to allow specific prophylaxis recommendations to be established.<sup>23</sup> This study supports that high-dose corticosteroids are a major issue in patients who are HIV-negative because of the risk of PcP, and unlike patients who are HIV-positive, CD4 cell count cannot be used as an indication for prophylaxis in these patients. Rheumatoid arthritis was the most prevalent IMID in this cohort, which is consistent with a recent national study based on the French RESSIF Network.<sup>17</sup> This highlights the difficulty in identifying the patients who would benefit from Pneumocystis prophylaxis and explains the lack of official recommendations/consensus guidelines for these patients. More than one-half of patients with rheumatoid arthritis in this cohort developed PcP < 6 months after initiation or intensifying their immunosuppressive therapy. Atovaquone prophylaxis during the year after the initiation of their immunosuppressive therapy could be an effective alternative<sup>24</sup> with a favorable benefit to risk ratio, while avoiding the risk of cumulative myelotoxicity of methotrexate and trimethoprimsulfamethoxazole. Sarcoidosis seems to be another emerging condition highly exposed to corticosteroids, for which there are yet no *Pneumocystis* prophylaxis recommendations.

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Another important factor in improving the outcome of patients with IMIDs with PcP would be to treat them earlier. Identifying patients with IMIDs with features compatible with a severe PcP diagnosis as early as possible and ensuring prompt treatment is particularly relevant. Our work suggests that delayed treatment in patients with IMIDs has a potentially dramatic impact on their prognosis.

Analysis of 90-day risk factors among patients who were HIV-negative in the extended cohort confirms our previous results that BAL examination can provide several important markers of mortality, including direct cyst examination, neutrophilic alveolitis profile, and respiratory coinfection with CMV at the time of PcP diagnosis. Furthermore, prior corticosteroid therapy has been reported to impair the anti-pneumocystic immune response leading to an inefficient neutrophilic alveolitis

and subsequent alveolointerstitial inflammatory lesions 937 in PcP.<sup>25-27</sup> Indeed, positive direct examination of cysts in respiratory samples could indicate profound immunosuppression. In patients who are HIV-positive, highly active antiretroviral therapy may contribute to more rapid control of the infectious process through faster recovery of the immune system. In patients who are HIV-negative, patterns of immunosuppression, including long-term corticosteroid therapy, appear to be 945 associated with an inappropriate inflammatory response 946 in cases of high fungal load.

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Because patients with IMIDs more frequently present, at PcP diagnosis, a BAL pattern that associates immunosuppression and inflammation markers, we can  $_{951}$ hypothesize that their greater exposure to long-term corticosteroid therapy may induce dysregulation of the 953 anti-Pneumocystis response, which in turn may be responsible for a more severe disease. Such prior exposure to immunosuppressive drugs in patients with IMIDs has also been shown to be associated with poor outcome of SARS-CoV-2 pneumonia.<sup>28</sup> Our study indicates that patients with the most severe IMIDs did not receive more adjuvant corticosteroids. Indeed, no evidence is available to support adjuvant corticosteroid therapy in patients who are HIV-negative presenting with severe PcP. The low use of adjuvant corticosteroid therapy to treat PcP in patients with IMIDs may be related both to the lack of guidelines for adjuvant corticosteroid therapy in patients who are HIV-negative 967 and the high rate of prior corticosteroid exposure in these patients, which probably contributed to the development of PcP. In a previous study, we reported that adjuvant corticosteroid therapy was associated with the highest mortality rates in patients with respiratory CMV coinfection among patients who are HIV-negative, and that such CMV coinfection was more common in patients with IMIDs.<sup>10</sup> Patients already exposed to prior 976 long-term corticosteroid therapy may therefore not benefit from higher doses of steroids adjunctive therapy 978 in cases of severe PcP. Therefore, to improve the management of PcP in IMIDs, there is a need to assess 980 the benefit of immunomodulatory therapies, other than 981 corticosteroids, to reduce the damaging pulmonary immune response.

This study presents several limitations because of the retrospective nature of the cohort. Indeed, this study was 986 not designed to assess the incidence of PcP among underlying conditions, but rather to identify emerging diseases over this 10-year period. The higher rate of PcP in patients with rheumatoid arthritis could reflect a

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higher prevalence of this disease among patients with IMIDs. In addition, the lack of standardization of adjuvant corticosteroid therapy does not allow any conclusions regarding its efficacy in patients who are HIV-negative. Finally, determining the exact cause of mortality after hospital discharge represents a significant challenge, especially in a retrospective cohort of patients with severe chronic diseases that involve potential limitations in intensive care, which may have overestimated PcP mortality in each of the subgroups.

### Interpretation

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This large multicenter PcP cohort is the first to identify IMIDs, solid tumors, and long-term corticosteroid therapy as independent mortality factors in patients who are HIV-negative. Patients with IMIDs are the most exposed to long-term corticosteroid therapy and have the worst prognosis because of PcP when compared with other immunocompromised conditions. The onset of PcP in patients with solid tumors is associated with the highest 90-day mortality and is probably related to very advanced tumor disease. Broadening indications for primary prophylaxis against P jirovecii in patients with

underlying immunocompromised conditions, earlier awareness, diagnosis and probabilistic treatment, and new therapeutic approaches for severe forms are the three key factors which could contribute to reducing P jirovecii mortality in patients who are HIV-negative.

# Funding/Support

The authors have reported to CHEST that no funding was received for this study.

# Financial/Nonfinancial Disclosures

The authors have reported to CHEST the following: B. G. reports receipt of nonfinancial support from Gilead Sciences, MSD, and Pfizer, outside the submitted work. F. R. reports receipt of personal fees from Abbvie, Astra Zeneca, Gilead Sciences, Janssen, Merck, Roche, and ViiV Healthcare, outside the submitted work. E. C. reports personal fees from Gilead, Sanofi-Genzyme, and Baxter, outside the submitted work. None declared (R. L., N. I., F. C., R.-a. L., F. G., F. M., D. B., A. C., M. G., Y. C., A. N., B. T.).

# Acknowledgments

Author contributions: R. L., N. I., F. C., B. T., and B. G. analyzed and interpreted the

R.-a. L., F. M., F. G., and A. C. performed  $\frac{102}{03}$  microbial analysis of bronchoalveolar fluid 1024 samples.

> B. T., E. C., M. G., Y. C., A. N., D. B., and F. R. contributed to interpretation of results and revision of the manuscript. R. L., N. I., and B. G. wrote the manuscript. All authors read and approved the final manuscript.

> Role of sponsors: The sponsor had no role in the design of the study, the collection and analysis of the data, or the preparation of the manuscript.

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Other contributions: We thank the physicians, microbiologists, and PRONOCYSTIS Study Group who contributed to the management of the study patients and for their commitment to providing optimal patient care.

Additional information: The e-Figures and e-Tables are available online under "Supplementary Data."

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