

Clinical problems in rare interstitial lung diseases

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Epidemiology of childhood interstitial lung disease (chILD) in France: The RespiRare cohort

Camille Fletcher, Alice Hadchouel, Caroline Thumerelle, Manon Fleury, Harriet Corvol, Nouha Jedidi, Myriam Benhamida, Katia Bessaci, Tiphaine Bilhouee, Raphaël Borie, Jacques Brouard, Aurélie Cantais, Annick Clement, Laurianne Coutier, Pierrick Cros, Marie-Laure Dalphin, Christophe Delacourt, Céline Delestrain, Eric Deneuville, Antoine Deschildre, Jean-Christophe Dubus, Carole Egron, Michael Fayon, Aude Forgeron, Elsa Gachelin, François Galode, Isabelle Gibertini, Lisa Giovannini-Chami, Pierre Gourdan, Tamazoust Guiddir, Audrey Herzog, Véronique Houdouin, Églantine Hullo, Pierre-Henri Jarreau, Géraldine Labouret, Alice Ladaurade, Laurence Le Clainche Viala, Christophe Marguet, Alexandra Masson-Rouchaud, Julie Mazenq, Caroline Perisson, Cinthia Rames, Philippe Reix, Marie-Catherine Renoux, Léa Roditis, Cyril Schweitzer, Aurélie Tatopoulos, Pascale Trioche-Eberschweiler, Françoise Troussier, Clémentine Vigier, Laurence Weis, Marie Legendre, Camille Louvrier, Alix de Becdelièvre, Aurore Coulomb L'Herminé, Chiara Sileo, Hubert Ducou Le Pointe, Laureline Berteloot, Ralph Epaud, Nadia Nathan

Affiliations: Reference center for rare lung diseases (RespiRare) and Reference network for rare lung diseases (RespiFIL)

Introduction

Childhood interstitial lung disease (chILD) is a heterogeneous group of rare lung diseases that share common radiological features of interstitial signs on chest X-ray or chest computed tomography (CT)-scan.

ChILD can present throughout life, from birth to adolescence, with important variations in severity from pauci-symptomatic diseases to end-stage respiratory failure leading to pulmonary transplantation or death. ChILD classification usually distinguish two age groups: below 2 years and 2 to 18 years.

Limited number of patient series with chILD have been reported worldwide by single centers or large networks (Table 1).

The present study aims at describing the epidemiology of chILD in France in terms of prevalence, incidence, respective frequencies of the different etiologies of ILD and age of onset.

Table 1: chILD series reported to date

| Country / Area | Patients | Period of | References |
|-------------------|-----------------|--------------|------------------------------|
| | (n) | time (years) | |
| United Kingdom | 46 | 3 | Dinwiddie et al. 2002 |
| and Ireland | 46 | 1 | Laverty et al. 2008 |
| Denmark | 884 | 10 | Kornum et al. 2008 |
| Germany | 56 | 1 | Griese et al. 2009 |
| France | 205 | 4 | Nathan et al. 2012 |
| Australia and New | 71 | 5 | Casamento et al. 2016 |
| Zealand | 115 | 10 | Saddi et al. 2017 |
| USA | 93 | 18 | Soaers et al. 2013 |
| | 256 | 1 | Young et al. 2018 |
| China | 133 | 5 | Tang et al. 2020 |
| Europe and above | 575 | | Griese et al. 2017 |
| Spain | 381 | 2 | Torrent-Vernetta et al. 2022 |

Methods

Type of study

- Observational
- Retrospective (2000 2022)
- Prospective (Feb 2022-Feb 2023)
- National, multicentric
- Legal issue: ethics committee gave their authorization

Inclusion criteria

- Patients with ILD defined following the **ATS Clinical Practice** Guideline
- Born between 2000 to 2022 and aged under 18-year-old at diagnosis

Exclusion criteria

- Bronchopulmonary dysplasia,
- No available data



Data collection

- e-Respirare
- Multidisciplinary team meetings (MDT) for chILD
- Direct emails to the centres

Localisation of the study

All the RespiRare centres in France

Results

A total of 790 patients were included

Median age at diagnosis: 3 m Premature birth: 17.7%

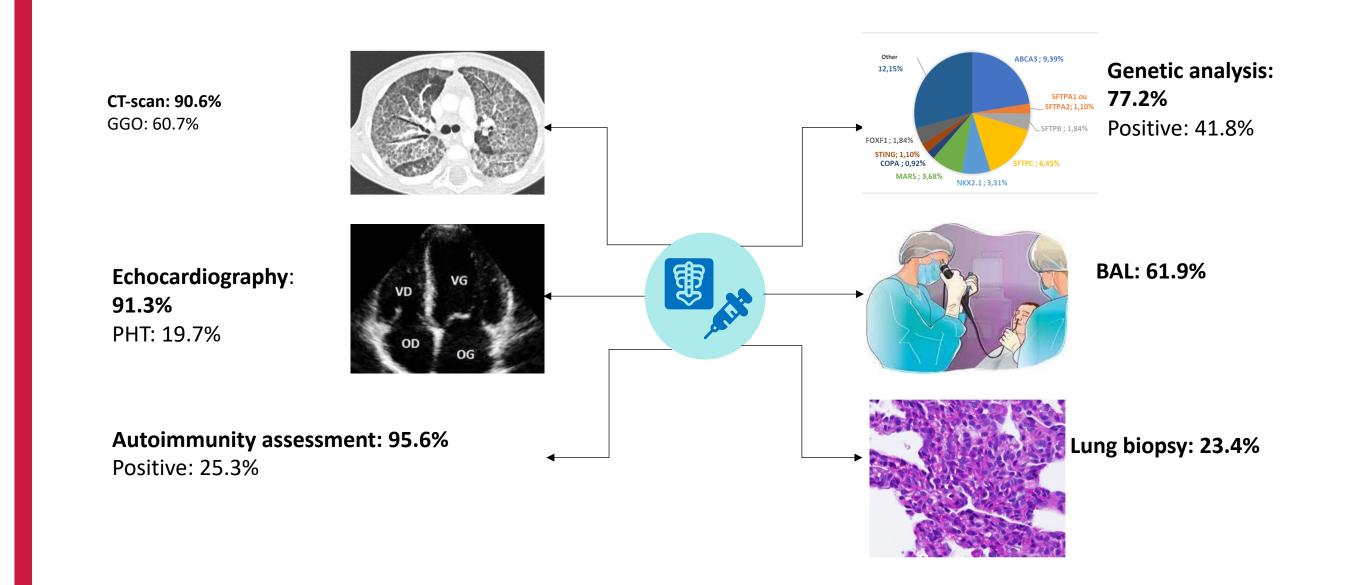
Sex ratio: 1

Family history of ILD: 16.9%

The prevalence of chILD in 2022 was 44.04/million of children

The incidence of chILD in 1 year was 4.44/million of children

Investigations performed:



chILD etiologies

Below 2 years, the main ILD etiologies were surfactant metabolism disorders and proteinosis alveolar (23.7%) and NEHI (11.8%).

Between 2 and 18 years, the main etiological diagnoses were alveolar hemorrhage and pulmonary hemosiderosis (12.2%), connective tissue diseases (11.4%), hypersensitivity pneumonitis (8.8%), sarcoidosis (8.8%) and vascularitis (7%).

Results

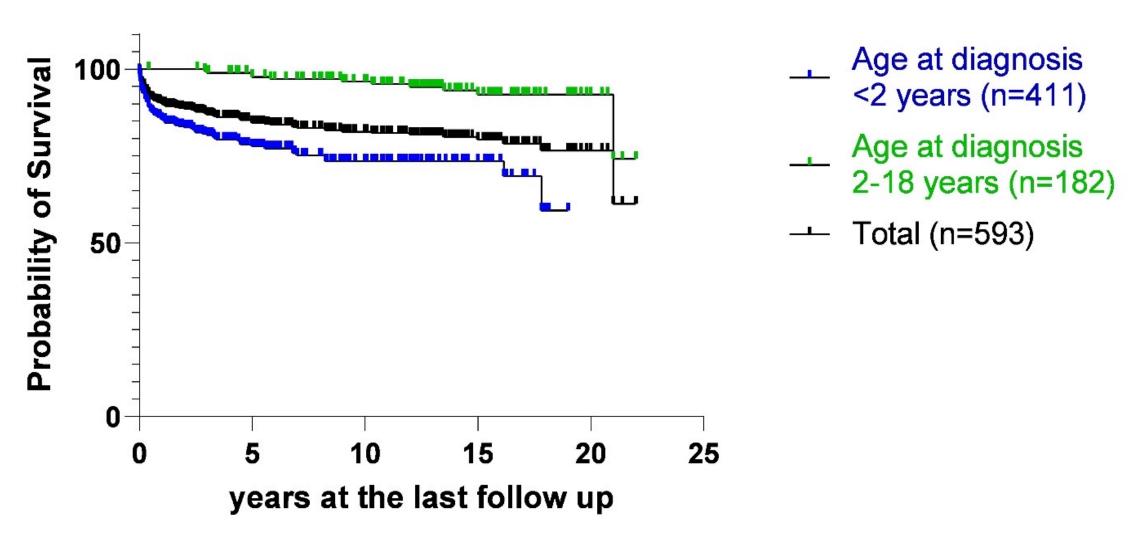
Evolution

At follow up: Deceased patients: 17.7%

5 years survival (Figure 1):

- For patients diagnosed < 2 years: 57.3%

- For patients diagnosed > 2 years: 86%



Kaplan Meier survival according to the age at diagnosis.

Discussion and conclusion

This large epidemiological study of chILD confirms a higher incidence and prevalence than previously reported. Our findings are similar to the 2022 Spanish study.

The next challenge will be to take advantage of wellorganized international networks such as the CRC chILD and the ERN-lung to develop systematic cohorts and registers – at least for some chILD etiologies - to develop and test new therapeutic options and to prepare new guidelines for the management and transition of care of these patients.







