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# Long-term functional outcome following severe childhood traumatic brain injury: results of the prospective longitudinal follow-up of the TGE cohort

# S NEUMANE<sup>1</sup> ,H CÂMARA-COSTA<sup>2,3</sup>, L FRANCILLETTE<sup>2</sup> , H TOURE<sup>1</sup> , D BRUGEL<sup>1</sup> , A LAURENT-VANNIER<sup>1</sup> , P MEYER<sup>4,5</sup>, G DELLATOLAS<sup>3</sup> , L WATIER<sup>6</sup> , M CHEVIGNARD<sup>1,2</sup>

- <sup>1</sup> 1 Rehabilitation Department for Children with Acquired Brain Injury, Hôpitaux de Saint Maurice, Saint Maurice, France;
- <sup>2</sup> Sorbonne Université, Laboratoire d'Imagerie Biomédicale, LIB, Paris, France;
- <sup>3</sup> INSERM CESP, Villejuif, France;
- <sup>4</sup> Paediatric Anesthesiology Department, Hôpital Necker Enfants Malades, 757 Paris, France;
- <sup>5</sup> Facule de Médecine Rene Descartes Paris, France;
- <sup>6</sup> Biostatistics, Biomathematics, Pharmacoepidemiology and Infectious Diseases B2PHI, INSERM, UVSQ, Institut Pasteur, Université Paris-Saclay, Paris, France

**Introduction:** The aims of this study were to study functional outcome over 24 months following childhood severe traumatic brain injury (TBI); and to determine how initial functional status predicts 7-year intellectual and academic outcomes.

**Patients and Methods:** Children (0–15y) consecutively admitted in a single trauma center, following severe accidental TBI, were included in a prospective longitudinal study (TGE cohort). At 3, 12, 24 months, and 7 years, disability, functional, intellectual, and educational outcomes were assessed (paediatric Glasgow Outcome Scale; GOS-Ped, Paediatric Injury Functional Outcome Scale; PIFOS; Wechsler scales; mainstream school vs special education).

**Results:** 65 children survived (66% males; mean age at injury 8.1y [SD=4.6]; lowest Glasgow Coma Scale 6.1 [1.8]; length of coma 6.6d [4.8]). GOS-Peds indicated severe impairments at 1 month (vegetative state: 8%, good recovery: 6.5%), with significant improvement over time (25% 'good recovery' by 24mo). Functional impairments were severe initially, improved by 3 and 12 months (p<0.0005), without subsequent significant progress. At each time-point, PIFOS score was highly correlated to TBI severity (length of coma [p<0.0004] and to GOS-Ped scores (p<0.0001). 12-month PIFOS score was highly correlated to full-scale IQ at 12, 24 months (p<0.0001) and 7 years (p<0.004), and significantly predicted the type of education (p<0.0001 at 12 and 24mo; p<0.002 at 7y).

**Conclusion:** Functional status at 1 and 2 years significantly predicts long-term intellectual and educational outcomes. Systematic personalised long-term follow-up should be organised, with increased attention for those with persistent functional impairment 12-months post-injury.