

# **Cost-utility analysis of four WHO-recommended sofosbuvir-based regimens for the treatment of chronic hepatitis C in sub-Saharan Africa**

Sylvie Boyer, Maël Baudoin, Marie Libérée Nishimwe, Melina Santos, Maud Lemoine, Gwenaëlle Maradan, Babacar Sylla, Charles Kouanfack, Patrizia Carrieri, Abbas Mourad, et al.

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# **RESEARCH ARTICLE**

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# **Abstract**

**Background:** Although direct-acting antivirals (DAA) have become standard care for patients with chronic hepatitis C worldwide, there is no evidence for their value for money in sub-Saharan Africa. We assessed the cost-efectiveness of four sofosbuvir-based regimens recommended by the World Health Organization (WHO) in Cameroon, Côte d'Ivoire and Senegal.

**Methods:** Using modelling, we simulated chronic hepatitis C progression with and without treatment in hypothetical cohorts of patients infected with the country's predominant genotypes (1, 2 and 4) and without other viral coinfections, history of liver complication or hepatocellular carcinoma. Using the status-quo 'no DAA treatment' as a comparator, we assessed four regimens: sofosbuvir-ribavirin, sofosbuvir-ledipasvir (both recommended in WHO 2016 guidelines and assessed in the TAC pilot trial conducted in Cameroon, Côte d'Ivoire and Senegal), sofosbuvirdaclatasvir and sofosbuvir-ledipasvir (two pangenotypic regimens recommended in WHO 2018 guidelines). DAA efectiveness, costs and utilities were mainly estimated using data from the TAC pilot trial. Secondary data from the literature was used to estimate disease progression probabilities with and without treatment. We considered two DAA pricing scenarios: S1) originator prices; S2) generic prices. Uncertainty was addressed using probabilistic and deterministic sensitivity analyses and cost-efectiveness acceptability curves.

**Results:** With slightly higher efectiveness and signifcantly lower costs, sofosbuvir/velpatasvir was the preferred DAA regimen in S1 with incremental cost-effectiveness ratios (ICERs) ranging from US\$526 to US\$632/QALY. At the costefectiveness threshold (CET) of 0.5 times the 2017 country's per-capita gross domestic product (GDP), sofosbuvir/velpatasvir was only cost-efective in Senegal (probability >95%). In S2 at generic prices, sofosbuvir/daclatasvir was the preferred regimen due to signifcantly lower costs. ICERs ranged from US\$139 to US\$216/QALY according to country i.e. a 95% probability of being cost-effective. Furthermore, this regimen was cost-effective (probability>95%) for all

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CET higher than US\$281/QALY, US\$223/QALY and US\$195/QALY in Cameroon, Côte d'Ivoire and Senegal, respectively, corresponding to 0.14 (Côte d'Ivoire and Senegal) and 0.2 (Cameroon) times the country's per-capita GDP.

**Conclusions:** Generic sofosbuvir/daclatasvir is very cost-efective for treating chronic hepatitis C in sub-Saharan Africa. Large-scale use of generics and an increase in national and international funding for hepatitis C treatment must be priorities for the HCV elimination agenda.

**Keywords:** Chronic hepatitis C, Sofosbuvir, Direct-acting antivirals, Cost-efectiveness analysis, Cameroon, Senegal, Côte d'Ivoire, Cost-utility analysis

# **Background**

Chronic hepatitis C (CHC) is a lifelong infection caused by the hepatitis C virus (HCV) which may progress to liver fbrosis, cirrhosis and hepatocellular carcinoma (HCC) without timely diagnosis and adequate treatment [1]. Of the estimated 71 million people with CHC worldwide [2], 10 million (14%) live in sub-Saharan Africa (SSA), including 7.5 million in West and Central Africa [3]. Despite being one of the regions most afected by HCV, SSA has the lowest treatment coverage in the world. The World Health Organization (WHO) estimates that approximately 4% of people with CHC there have been diagnosed and only 2% of these treated, giving a treatment coverage near zero [2]. Consequently, HCV-related morbidity and mortality are particularly high in SSA [4]: in 2015-2016, HCV was responsible for 1,289,252 years of life lost in Africa [5] and specifcally 39,000 HCC-related deaths in West and Central Africa [6].

The advent of second generation direct-acting antivirals (DAA) in 2014 radically changed the hepatitis C landscape. Trials in high-income countries showed sustained virologic response (SVR) rates  $> 90\%$  [7-11]. Recently, short-term efficacy and tolerability were also successfully reported in West, Central [12], and East [13] Africa. Furthermore, their favourable toxicity profle and short treatment duration (8-16weeks) makes them easier to manage than interferon-based regimens, both for healthcare professionals and patients.

Today, DAA have replaced interferon-based regimens as standard care for CHC patients worldwide and are considered an indispensable tool to reach the WHO's targets of HCV elimination by 2030 (namely a 80% treatment coverage in those eligible for treatment, a 90% reduction in incidence of new infections and a 65% reduction in liver-related mortality) [14].

The WHO 2016 guidelines recommending sofosbuvir/ daclatasvir, sofosbuvir/ledipasvir and sofosbuvir/ribavirin for adults [15] were updated in 2018 with pangenotypic DAA regimens (sofosbuvir/daclatasvir, sofosbuvir/ velpatasvir and glecaprevir/pibrentasvir) achieving high SVR rates (> 85%) across all seven major HCV genotypes [16].

Until recently, integrating DAA into national health systems in high-income countries was a controversial issue, because of their very high prices (e.g., in 2016, 12weeks of treatment cost US\$84,000 and US\$76,720 per person in the USA and France, respectively). Despite this drawback, many economic evaluation studies - mainly in the USA and European countries - have demonstrated their economic value in this setting  $[17–19]$ . However, evidence is still lacking in low-income countries, especially in SSA where human, technical and fnancial resources are particularly restricted. Recently, agreements with the two DAA drug license owners (Gilead for sofosbuvir, ledipasvir and velpatasvir, and Bristol-Myers Squibb for daclatasvir)  $[20, 21]$  authorized the manufacture and sale of generic DAA at much lower costs in one hundred low-income countries. This is a major opportunity to better tackle the HCV disease burden by scalingup access to DAA. Accordingly, identifying the optimal regimens to use in SSA in terms of economic value and afordability is essential to inform public health policy decisions.

Using a modelling approach combining data from the Treatment Africa Hepatitis C (TAC) pilot trial (ANRS 12311) and from the literature, we assessed the costs and cost-efectiveness of the four main sofosbuvir-based interferon-free DAA regimens recommended in the WHO 2016 and 2018 guidelines versus the status-quo, in Cameroon, Côte d'Ivoire and Senegal. We also discussed the afordability of scaling-up these regimens in regard to current government health expenditures in all three countries.

# **Methods**

A Markov cohort model was developed to simulate outcomes of CHC patients receiving DAA treatment or not in Cameroon, Côte d'Ivoire and Senegal. We used a lifetime horizon and discounted health outcomes and costs at an annual rate of 4% [22].

## **Target population**

In each study country, we considered a hypothetical cohort of 10,000 CHC patients infected with the country's predominant genotypes (1, 2 and 4) [3, 12]. Patients were 55years old and had no other viral coinfections, history of liver complication or HCC. The characteristics of the cohort at model entry are described in Table 1.

# **Treatment strategies and comparator**

Four 12-week sofosbuvir-based treatment regimens were assessed: i) sofosbuvir/ribavirin (genotype 2); ii) sofobuvir/ledipasvir (genotypes 1,4); iii) sofosbuvir/daclatasvir (genotypes 1,2,4); iv) sofosbuvir/velpatasvir (genotypes 1,2,4). The first two regimens - recommended in the WHO 2016 guidelines - were previously assessed in Cameroon, Côte d'Ivoire and Senegal in the ANRS-12311 TAC pilot trial [12]. Although no longer recommended in WHO 2018 guidelines, they are still being used in SSA. The two other regimens are recommended in the 2018 guidelines but have not yet been assessed in SSA.

With near-zero CHC treatment coverage in the study countries [2], we used the status-quo (i.e., no HCV treatment, whether DAA or Interferon-based) as a comparator.

# **Outcomes**

The main outcomes measured in the analysis were: i) Quality-adjusted life years (QALYs) (preferred in economic evaluations) [23], ii) costs estimated from the health system perspective, and iii) incremental cost-efectiveness ratios (ICERs).

# **Model description**

The structure of the Markov model is depicted in Fig. 1. Markov models with a similar structure have been widely used in the HCV literature [17–19].

The initial distribution of patients in the different health states, defned according to the natural history of CHC (including fbrosis stage measured with the META-VIR scoring system F0 to F3, compensated cirrhosis (CC), decompensated cirrhosis (DC), and HCC), were as follows: 7.6% were in F0, 39.2% in F1, 26.2% in F2, 18.6% in F3 and 8.4% in CC [24].

Except for the frst cycle, whose duration was set to 24weeks (i.e., 12weeks of treatment and 12weeks of post-treatment follow-up), cycle durations were set to 1year to refect both the relatively slow progression of the disease and data availability. We assumed that transitions between health states occurred in the middle of the cycles using half-cycle corrections [22].

Disease progression over cycles depended on whether or not patients in the cohorts received sofosbuvir-based regimens and achieved SVR or not at the end of the treatment cycle.

In the untreated cohorts, all patients had active hepatitis with a persistently detectable VL, and progressed to more advanced disease stages according to the infection'

natural history. In the treated cohorts, all patients received sofosbuvir-based regimens in the frst treatment cycle. We assumed that despite treatment, CHC could still progress to a more advanced disease stage during that cycle. At the end of the treatment cycle, patients either achieved SVR (cured) or did not (uncured). In subsequent cycles, we assumed that, apart from patients in the CC health state at the end of the treatment cycle, cured patients did not progress to a more advanced disease stage [1]. Furthermore, we made the conservative hypothesis that cured patients had a risk of reinfection in the subsequent cycles but were not newly treated [25], and had no liver fbrosis regression [26, 27]. Disease stage progression was similar for untreated patients and uncured patients.

## **Model inputs**

All parameter values and sources are presented in Table 1, while additional information is provided in Additional fle 1.

## *DAA efectiveness*

The effectiveness and safety of sofosbuvir/ribavirin and sofosbuvir/ledipasvir were estimated using data from the phase IIb, non-randomized TAC pilot trial (ANRS 12311), which was conducted from November 2015 to November 2017 in four hospitals in the study countries' capital cities [12]. Briefy, 120 CHC patients monoinfected or HIV co-infected with HCV genotypes 1, 2 or 4, were treated over 12weeks either with sofosbuvir/ribavirin (for genotype 2,  $n=40$ ) or sofosbuvir/ledipasvir (for genotypes 1 and 4,  $n=40$  in each group). Participants baseline characteristics were mostly similar in both treatment groups [12]. For each regimen, SVR was assessed 12 and 24weeks after treatment end (SVR12 and SVR24). Results showed that 107/120 participants achieved SVR at both time points. SVR rates with and without cirrhosis were estimated at 0.793 [95% confdence intervals (CI): 0.705; 0.859] and 0.922 [0.820; 0.999] for sofosbuvir/ribavirin and 0.782 [0.716; 0.859] and 0.909 [0.832; 0.973] for sofosbuvir/ledispavir (See Table 1 and Additional file 1, p.3-6 for further details).

As no SVR data were available for pangenotypic regimens in SSA, SRV rates for sofosbuvir/daclatasvir and sofosbuvir/velpatasvir were estimated using data from the French national cohort HEPATER [28], adjusted for potentially lower treatment efectiveness in SAA (versus high-income countries) using TAC pilot trial data [12, 13]. SVR rates with and without cirrhosis were estimated at 0.824 [0.770; 0.870] and 0.958 [0.895; 1.000] for sofosbuvir/daclatasvir, and 0.840 [0.785; 0.887] and 0.977 [0.913; 1.000] for sofosbuvir/velpatasvir. 95% CI for all

# **Table 1** Model parameters



# **Table 1** (continued)



# **Table 1** (continued)





## **Table 1** (continued)

*Abbreviations*: *CC* Compensated Cirrhosis, *CHC* Chronic Hepatitis C infection, *CI* Confdence Interval, *DC* Decompensated Cirrhosis, *F0, F1, F2, F3* METAVIR fbrosis stages, *SOF/DCV* Sofosbuvir/Daclatasvir, *SOF/LDV* Sofosbuvir/Ledipasvir, *SOF/RBV* Sofosbuvir/Ribavirin, *SOF/VEL* Sofosbuvir/Velpatasvir, *SVR12* Sustained Virologic Response measured at week 12 after treatment end

<sup>a</sup> 95% CI calculated using the Wilson score formula.

<sup>b</sup> 95% CI calculated using the bootstrap technique.

<sup>c</sup> The DSA considered alternative distributions: i) cohorts without CC; ii) cohorts with CC.

<sup>d</sup> Country, sex and age-specific

SVR rates were obtained by bootstrapping (See Table 1 and Additional fle 1, p.21).

# *Utility scores*

Face-to-face questionnaires administrated to participants in the TAC pilot trial at baseline, during treatment (i.e., at week 2 (W2), W4, W8 and W12), and then every 3months until the end of follow-up (i.e., at W24 and W36) collected data on health-related quality of life (HRQoL) using the most recent version of the 12-item Short-Form survey (SF-12v2) [37].

Participants' answers to the HRQoL questionnaire were used to classify them into one of the 18,000 health states described by the six-dimensional health state short form (SF-6D derived from the SF-12v2)  $[38]$ . A mapping algorithm - developed by the University of Sheffield using the standard gamble valuation technique - was then used to obtain the set of preference-based utility scores associated with each SF-6D health state [38].

As the model health states were defned according to the natural history of CHC (including fbrosis stage, CC and DC), we subsequently estimated the utility scores associated with each health states. More specifcally, utility scores for F0 to F3 fbrosis health states before, during and after treatment were estimated as the mean utility scores for participants classifed in these respective health states during follow-up. Corresponding 95% CI were obtained by bootstrapping. As few TAC trial participants were in the CC health state, and none in the DC and HCC states, we used additional data sources to estimate utility scores for these health states [34–36] (Additional fle 1, p.6-9).

#### *Transition probabilities*

All other parameters used to simulate disease progression were derived from the literature, prioritizing data from SSA countries when available (Table 1 and Additional fle 1, p.9-11 for further details).

# *Costs and DAA scenarios*

The cost of the model's health states were estimated for each country using a micro-costing approach. The following costs items were included: laboratory tests, outpatient consultations, DAA treatment, concomitant drugs (for liver complications), inpatient and palliative care. The quantities of healthcare resources used according to the stages of CHC (F0-F3, CC and DC; with and without DAA) were defned based on the TAC pilot trial data complemented with hepatitis expert interviews in the study countries, in accordance with WHO 2018 guidelines (Additional file 1, p11-13)  $[16]$ . The respective unit costs of healthcare resources (except DAA) were obtained for the year 2017 using data collection in the study countries (Additional fle 1, p13-15 and Table S4). For each model's health state and country, the total cost was computed as the sum of each healthcare resource used to care for patients in a given health state, multiplied by its respective unit cost (Additional fle 1, p18 and Table S5).

In the base-case analysis, we considered two DAAs pricing scenarios: i) originator prices in the period when the TAC pilot trial was implemented (S1); ii) recent (2017) generic prices (S2). Prices for the two non-pangenotypic regimens were obtained from the WHO Global Price Reporting Mechanism database



had a detectable viral load and were at the F0, F1, F2, F3 or CC stages. Arrows on full lines denote the transitions between health states according to treatment decision (i.e., whether patients received treatment or not) and treatment success (i.e., whether patients achieved SVR after treatment or not). The disease progression stops in all cured patients (i.e., who achieved SVR) except in patients in the CC health state at the end of the treatment cycle. Patients in the F3, CC, DC and HCC health states had a risk of CHC-related death. In addition, patients had a risk of CHC-unrelated death in all health states, corresponding to the "natural mortality" rate, which depends on age, gender and country. Arrows on dashed lines show reinfection in patients who achieved SVR. Abbreviation: CC, Compensated Cirrhosis; CHC, Chronic Hepatitis C; CHC RD, Chronic hepatitis C-related death; DC, Decompensated Cirrhosis; F0-F3, METAVIR fbrosis stages F0 to F3; HCC, Hepatocellular Carcinoma; SVR, Sustainable Virologic Response

 $[39]$  for S1 and from WHO  $[40]$  for S2. In both scenarios, prices for the two pangenotypic regimens were obtained from Médecins Sans Frontières [20].

Respective DAA originator and generic prices for 12 weeks of treatment were as follows: US\$1036 and US\$406 for sofosbuvir/ribavirin, US\$1200 and US\$429 for sofobuvir/ledipasvir, US\$1251 and US\$195 for sofosbuvir/daclatasvir, and US\$900 and US\$450 for sofosbuvir/velpatasvir.

Costs in *Franc de la Communauté Financière Africaine* were converted to US dollars using year-specific exchange rates and expressed in 2017 US dollars [41].

# **Economic and sensitivity analysis**

The economic analysis was performed according to international guidelines [42, 43]. For the status-quo and for each regimen we estimated the following: i) the expected lifetime costs per patient and ii) expected lifetime health benefts per patient assessed in terms of QALYs (computed as the time spent in a specifc health state weighted by the utility score corresponding to that health state).

Options were then ordered by growing lifetime costs and ICERs were computed for each non-dominated regimen, compared with the next best alternative, as the incremental expected lifetime cost per patient divided by the incremental expected lifetime health beneft per patient. ICERs were then compared with the country's cost-efectiveness threshold (CET) to assess the cost-efectiveness. Given the strong constraints on the healthcare system's budget in the three study countries, we assumed a CET of 0.5 times the 2017 country's per-capita gross domestic product (GDP) based on the opportunity cost approach [44] (i.e., US\$711 in Cameroon, US\$778.5 in Côte d'Ivoire and US\$683.5 in Senegal [45]). Furthermore, because of the uncertainty around the value of the CET, we used the cost-efectiveness acceptability curve (CEAC) to indicate the probability of the preferred regimens being costefective for lower CET.

We addressed uncertainty in the model parameters using a probabilistic sensitivity analysis (PSA) with Monte Carlo simulations including 10,000 iterations [46]. Model parameter values were randomly drawn from their predefned distributions to obtain 10,000 simulated pairs of incremental expected lifetime costs and QALYs. Based on standard practice [46], transition probabilities and utility scores parameters were assumed to follow a Beta distribution and costs were assumed to follow a Gamma distribution (Table 1 and Additional file 1, p.21-25). The simulated pairs were plotted in the cost-efectiveness plane, and their respective distributions used to compute incremental expected lifetime costs and QALYs with corresponding 95% CI. We also used the Monte Carlo simulations to calculate the probability of the preferred regimens being cost-efective at various CET and to derive the corresponding CEAC by plotting these probabilities on the y-axis versus the CET on the x-axis.

Furthermore, as we had a large number of parameters in the model, we identifed those which contributed the most to the variability of the cost-efectiveness results (i.e., with the highest R-squared value) using linear regression models. Finally, a Deterministic Sensitivity Analysis (DSA) was performed for the most expensive lifetime treatment regimen for each pricing scenario. First, we varied the discount rate at 0, 3, and 5%. Second, to assess the impact of initiating DAA at earlier/later disease stages, we simulated cohorts with no/all patient in the CC health state at model entry. Third, we simulated cohorts whose risk of HCV reinfection was higher than in the base-case [25].

The model's internal validity was tested. The methods used and consequent results are reported in Additional fle 1, p.25. All analyses were performed using R [47], version 3.6.0 (m*arkovchain* package*)* [48].

# **Results**

## **Base-case analysis**

Expected lifetime costs, QALYs and ICERs are presented for each country in Table 2.

Without treatment, the expected lifetime costs [95% CI] per patient ranged from US\$256 [203;312] to US\$387 [305;473], depending on the country. In S1, sofosbuvir/velpatasvir had the lowest expected lifetime costs (estimated between US\$1207 [95% CI: 1176;1239] and US\$1341 [1306;1376] per patient). The lifetime expected costs per patient of the three other regimens were not signifcantly diferent, ranging from US\$1560 [1518;1602] for sofosbuvir/ribavirin in Côte d'Ivoire to US\$1818 [1771;1867] for sofosbuvir/ledipasvir in Cameroon.

In S2, expected lifetime costs per patient decreased between 58 and 67%, except for sofosbuvir/daclatasvir where expected lifetime costs were 2.6 to 3 times lower than in S1. This regimen had the lowest expected lifetime costs (range of costs [95% CI]: US\$505 [487;523] to US\$639 [618;661]). Sofosbuvir/velpatasvir was the second least costly regimen (range of costs [95% CI]: US\$757 [735;780] to US\$891 [867;917]).

Expected lifetime QALYs [95% CI] per patient ranged from 7.9 [7.6;8.3] to 8.7 [8.3;9.1] without treatment and 9.4 [9.1;9.6] to 10.6 [10.3;10.8] with treatment. Health benefts were slightly but not signifcantly higher for sofosbuvir/velpatasvir, while the three other regimens had very similar health benefts.

In S1, sofosbuvir/velpatasvir dominated the three other regimens as it had signifcantly lower costs but slightly better health benefts; accordingly, it was the preferred DAA regimen. At a CET of 0.5 times the country's percapita GDP, sofosbuvir/velpatasvir was cost-efective with a probability of 86, 93 and 96% in Cameroon, Côte d'Ivoire and Senegal, respectively. As illustrated by the CEAC (Fig. 2), the probability of sofosbuvir/velpatasvir being cost-efective was >95% for a CET higher than US\$777, US\$805 and US\$666 in Cameroon, Côte d'Ivoire and Senegal, respectively, which is slightly above the CET of 0.5 times the country's CET (except for Senegal).

In S2, sofosbuvir/ribavirin and sofosbovir/ledispavir were dominated by both sofosbuvir/daclatasvir and sofosbuvir/velpatasvir, as they were signifcantly less costly with similar or slightly higher health benefts. ICERs [95% CI] ranged from US\$139 [86; 208] per QALY (Senegal) and US\$216 [157; 297] per QALY (Cameroon) for sofosbuvir/daclatasvir compared with the status-quo, and from US\$2515 [2487; 5073] per QALY (Senegal) to US\$2525 [2487; 5073] per QALY (Côte d'Ivoire) for sofosbuvir/velpatasvir compared with sofosbuvir/daclatasvir. At the CET of 0.5 times the country's per-capita GDP, sofosbuvir/daclatasvir had a 100% probability of being cost-efective. In addition, the CEAC (Fig. 2) showed that





with the status quo at various cost-efectiveness thresholds ranging from US\$0 to US\$1500/QALY. The green, red and blue curves correspond, respectively, to Senegal, Cameroon and Côte d'Ivoire. Abbreviations: GDP: Gross Domestic Product; ICER: Incremental cost-efectiveness ratio; QALYs: Quality adjusted Life-years

sofosbuvir/daclatasvir had a>95% probability of being cost-efective for all CET higher than US\$281/QALY, US\$223/QALY and US\$195/QALY in Cameroon, Côte d'Ivoire and Senegal, respectively, which corresponded to 0.14 (Côte d'Ivoire and Senegal) and 0.2 (Cameroon) times the corresponding country's per-capita GDP. At a CET of 0.5 times the country per-capita GDP, sofosbuvir/ velpatasvir was not cost-efective when compared with sofosbuvir/daclatasvir.

The model parameters with the largest contributions to the variability of the cost-efectiveness results were the utility scores (for all health states), the transition probabilities (from F3 to CC and from F2 to F3 in untreated and uncured patients) and the SVR rate (Supplemental Table S6).

# **Deterministic sensitivity analysis (DSA)**

Results from the DSA conducted for the most expensive lifetime treatment strategy in both scenarios (i.e., sofosbuvir/daclatasvir in S1 and sofosbuvir/velpatasvir in S2) are presented in Supplemental Fig. S2.

In S1, the DSA showed that the sofosbuvir-based regimens were not cost-efective (probability >95%) for all parameter variations at the CET of 0.5 times the percapita GDP, with the exception of the scenario where the discount rate was 0% because of the long-term health benefts of treatment while costs mainly occurred in the short term.

By contrast, in S2, the sofosbuvir-based regimens remained cost-efective (with a probability>95%) for most of the various parameters' variations (at a CET of 0.5 times the per-capita GDP). More specifcally, the cost-efectiveness improved in most scenarios except in the following three scenarios. First, when increasing the discount rate to 5%, ICERs slightly increased but the probability of being cost-efective remained 100% in each country. Second, when assuming that all patients were at the CC stage at model entry, ICERs strongly increased because of the much lower health benefts (due to the lower SVR rates in patients at the CC stage and the residual risk of progressing to stages DC and HCC despite HCV cure) and sofosbuvir-based regimens were no longer cost-effective. Third, a higher reinfection risk led to a slight increase in ICERs because of lower health benefts than in the base-case. However, sofosbuvirbased regimens remained cost-efective with a probability  $> 95\%$ .

# **Discussion**

This is the first study to assess the cost-effectiveness of DAA for the treatment of CHC in SSA.

In S1 at originator prices, sofosbuvir/velpatasvir was the preferred DAA regimen. However, at a CET of 0.5 times the country's per-capita GDP, this regimen was only cost-efective in Senegal (with a probability >95%) and was not cost-efective when considering lower CET. In S2 at generic prices, sofosbuvir/daclatasvir provided the best value for money (ICERs range: US\$139-216/ QALY according to country) due to signifcantly lower lifetime costs. Generic sofosbuvir/daclatasvir was costefective for all CET higher than US\$281/QALY, US\$223/ QALY and US\$195/QALY in Cameroon, Côte d'Ivoire and Senegal, respectively, corresponding to 0.14 (Côte d'Ivoire and Senegal) and 0.2 (Cameroon) times the country's per-capita GDP. In countries with serious resource constraints, funding interventions based on such a low CET would bring additional health benefts at the population level as their cost/QALY is lower than that of other funded interventions like HIV treatment [44]. The DSA also suggested that sofosbuvir-based regimens were more cost-efective when initiated early (i.e., at mild fbrosis stage) but not cost-efective when initiated at the cirrhosis stage. This finding highlights the importance of early diagnosis.

The lowest lifetime costs observed for both pangenotypic regimens were partly driven by the absence of the need for laboratory-based genotyping before treatment initiation. Furthermore, in S1, sofosbuvir/velpatasvir had lower lifetime costs than sofosbuvir/daclatasvir because of lower DAA prices. This may be explained by the availability of a fxed-dose combination of sofosbuvir/velpatasvir resulting in lower production and marketing costs. Conversely, as the generic version of sofosbuvir/daclatasvir can also be produced in a fxed-dose combination, it cost approximately twice as less as sofosbuvir/velpatasvir in S2 [20] making it the regimen with the lowest cost.

Although sofosbuvir/velpasvir tended to have slightly higher QALYs, we found relatively similar lifetime health benefits in terms of QALYs for all four regimens. This is somewhat surprising, as higher SVR rates have been reported for pangenotypic regimens [49], but may be explained by our conservative approach when estimating SVR rates for sofosbuvir/daclatasvir and sofosbuvir/velpatasvir. Indeed, recent studies found that specifc genotype 4 subtypes, such as genotype 4r, may lead to lower DAA effectiveness in SSA [12, 13]. Although in-vitro studies have suggested that sofosbuvir/velpatasvir could potentially be more efective than sofosbuvir/daclatasvir [50], no evidence exists to date for the effectiveness of pangenotypic regimens in SSA.

Many studies, mostly conducted in high and uppermiddle income countries, have demonstrated the economic value of DAA [17–19, 51]. Only one study has reported data on the cost-efectiveness of DAA in a low-income setting, specifcally in Cambodia [52]. However, the study's results were limited by the intervention's specifc setting, which difered from real-world healthcare delivery in national health system. Our study - performed in a setting near real-world healthcare delivery in SAA - demonstrates for the frst time that at current generic prices, using pangenotypic DAAs, and more specifcally sofosbuvir/daclatasvir to treat chronic hepatitis C, is a cost-efective intervention which deserves to be funded.

Despite the strong evidence we provide here for the value for money of DAA in SSA, the real-world scalingup of this treatment raises two key questions: i) To what extent are generic drugs already realistically available in these countries, ii) Will national governments and patients be able to aford them?

With regard to availability, while the importation and manufacture of generic DAA is theoretically now possible, two important regulatory steps are required before DAA - generic or originator - can be sold in a country: WHO prequalifcation and market authorization by national authorities.

In our three study countries, only sofosbuvir and daclatasvir have WHO prequalifcation for both the originator and generic versions. Only the originator's version of velpatasvir has been prequalifed. No prequalifcation exists for ledipasvir. With regard to drug registration by national authorities, at least three generic manufacturers are already registered for daclatasvir in Cameroon, while at least one has applied for market authorization in Côte d'Ivoire and Senegal [53]. Generic versions of Gilead's drugs are registered in Cameroon and Côte d'Ivoire but we found no information for Senegal.

These data suggest that sofosbuvir/daclatasvir seems to be the pangenotypic regimen most likely to become widely available in generic versions in the three study countries, and probably in other SSA countries. Moreover, a study by Van de Ven et al. suggested that daclatasvir is particularly inexpensive to produce, and that the economies of scale which might be achieved with the scaling-up of DAA, could reduce the cost of proftably of mass producing a 12-week course of the generic version of daclatasvir to US\$76  $[54]$ . This strongly suggests that producing and using generic DAA must be a core strategy to effectively reach the WHO's target of global HCV elimination by 2030.

With regard to affordability, we estimated the mean total cost for treating CHC with generics sofosbuvir/daclatasvir in the study countries at US\$406-537 (including treatment, consultations and biological tests). Out-of-pocket payments are the prevalent fnancing modality of the study countries' health systems, meaning that if the whole cost of CHC treatment is borne by patients, it is likely to lead to unmet needs and catastrophic health expenditures.

If instead governments were to bear the total cost of CHC alone, treating all CHC patients currently diagnosed with generic sofosbuvir/daclatasvir would cost US\$1.7 million in Cameroon, US\$3.9 million in Côte d'Ivoire, and US\$3 million in Senegal. Furthermore, in order to reach the WHO's target of treating 80% of CHC patients by 2030 [2], the costs involved would increase substantially to US\$37.8, US\$53.8 and US\$42.1 million, respectively (or 19.4, 12.8, 15.6% of each government's current health expenditure).

This suggests that a substantial increase in both national health expenditures and international funding would be required to meet the WHO's targets for 2030, unless current health expenditures were reallocated to provide CHC treatment and further decreases in generic prices were obtained for DAA treatments.

Our study has limitations. First, as there is no evidence for the efectiveness of pangenotypic regimens in SSA, we estimated related SVR rates using data from a high income setting (HEPATER cohort, France) [28]. However, we used conservative estimates in the basecase analysis and identifed SVR thresholds for which DAAs had a > 95% probability of being cost-effective (54 and 70% for sofosbuvir/velpatasvir and sofosbuvir/ daclastasvir, respectively).

Second, due to the lack of natural history data in SSA, the transition probabilities used to model disease progression were primarily obtained from studies conducted in high-income settings. In SSA, where access to specialized care for liver complications is limited, disease progression and mortality may occur faster. This may have resulted in an underestimation of mortality in the absence of treatment, and consequently, in an underestimation of the benefts of DAA. However, unlike CHC patients living in high-income countries, CHC patients in SSA may have lower hepatic comorbidities (i.e., liver disease (whether alcohol-related or not)), resulting in lower morbidity and mortality. To mitigate the efect of uncertainty on the model's parameters, we performed probabilistic sensitivity analysis in line with international standards [46].

Third, our study was conducted in only three countries in West and Central Africa. Despite this, we believe that our fndings may be generalizable to other countries of SSA, as cost-efectiveness is highly dependent on DAA prices that are set by international agreements, and are therefore relatively similar across countries with comparable living standards.

# **Conclusion**

Our study demonstrates that the use of generic pangenotypic sofosbuvir-based regimens for the treatment of chronic hepatitis C provided good value for money in SSA. More specifcally, when considering generic DAA currently available in SSA and their current prices, sofosbuvir/daclatasvir was the preferred option. Large-scale use of generics to obtain further reductions in DAA prices, and an increase in national and international funding for hepatitis C treatment, must be priorities for the HCV elimination agenda.

#### **Abbreviations**

CC: Compensated cirrhosis; CET: Cost-efectiveness threshold; CHC: Chronic hepatitis C; CI: Confdence intervals; DAA: Direct-acting antivirals; DC: Decompensated cirrhosis; F0, F1, F2, F3: METAVIR fbrosis stages; HCC: Hepatocellular carcinoma; HCV: Hepatitis C virus; ICER: Incremental cost-efectiveness ratio; QALY: Quality-adjusted life years; SAA: Sub-Saharan Africa; SVR: Sustained virologic response; WHO: World Health Organization.

## **Supplementary Information**

The online version contains supplementary material available at [https://doi.](https://doi.org/10.1186/s12913-021-07289-0) [org/10.1186/s12913-021-07289-0](https://doi.org/10.1186/s12913-021-07289-0).

**Additional fle 1.**

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#### **Authors' contributions**

SB designed, obtained funding for and was responsible for the overall economic study lead. She wrote the frst version of this manuscript. KL and AA designed the TAC ANRS 12311 pilot trial and oversaw its overall coordination. BS managed the TAC pilot trial's implementation and was responsible for the clinical data management. MS2, ML, BS, CK, PC, NR, RM, AA and KL provided administrative, technical, and material support for the study. RM, MS2 and CK were responsible for the management and supervision of participants' clinical follow-up in their study sites. RM, MS2 and CK collected clinical data. GM was responsible for collecting socioeconomic data. BS and NR were responsible for regulatory management and good clinical practices. MLN and MB built the costing database. MB, MLN, MEW and KL obtained complementary data from the literature. MB, MS1 and AM performed the economic analysis under the supervision of SB, MEW and KL. All authors participated in the data interpretation, made critical comments on the initial draft of the manuscript, approved the fnal version of the manuscript for submission, and agreed to be responsible for all aspects of this work. The corresponding author had full access to all the data in the study and had fnal responsibility for the decision to submit for publication.

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#### **Availability of data and materials**

Detailed information on data used are provided in the Supplementary information fle. The datasets used during the current study are available from the corresponding author on reasonable request.

## **Declarations**

#### **Ethics approval and consent to participate**

The study protocol was approved by the National Ethics Committees for Research in Senegal (ethical approval Number: 0020/MSAS/DPRS/CNRS), in Côte d'Ivoire (ethical approval Number 062/MSLS/CNER-dkn) and in Cameroon (ethical approval Number: 2015/12/676/CE/CNERSH/SP). The research was performed in accordance with relevant national and international guidelines and regulations, including the Declaration of Helsinki. Participants to the TAC ANRS 12311 pilot trial and its associated economic study were informed about the study's objectives, its risks and benefts and all provided written consent to participate.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

K.L. reports personal fees for advisory boards and travel grants from GILEAD and ABBVIE, all outside of the submitted work. All other authors report no confict of interest in relation to this study.

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