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# Neutralizing antibody response to SARS-CoV-2 persists 9 months post symptom onset in mild and asymptomatic patients

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## ABSTRACT

**Objective:** A better understanding of the immune response against severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) infection is critical to predict its dynamics within the general population and its impact on the vaccination strategy. This study assessed the persistence of neutralizing antibody (Nab) activity and SARS-CoV-2 serology in serum samples of mild and asymptomatic patients 9 months post symptom onset (PSO) in a primary care context among immunocompetent adults.

**Methods:** A longitudinal cohort of crew members (CMs) exposed to coronavirus disease 2019 (COVID-19) during an outbreak of SARS-CoV-2 on the French aircraft carrier 'Charles de Gaulle' in April 2020 was created. CMs infected with COVID-19 and with positive serology at the end of quarantine were tested 9 months PSO. Samples were collected 18 and 280 days PSO. For each patient, both serology and serum viral neutralizing activity were performed.

**Results:** In total, 86 CMs were analysed. Samples were collected 18 and 280 days PSO. The seroconversion rates were 100% and 93% (82/86) at 18 and 280 days PSO, respectively, and 72.7% of patients exhibited persistent Nab activity at 9 months, regardless of disease severity.

**Conclusion:** Nab activity persists for up to 9 months following asymptomatic/mild COVID-19 among young adults, regardless of serological results.

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## Introduction

Severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2), the causative agent of coronavirus disease 19 (COVID-19), emerged in late 2019 and rapidly spread worldwide, causing a global pandemic (Lipsitch et al., 2020). Despite many insights on the virus, data regarding the long-term immune response are quite scarce

(Huang et al., 2020), although this issue is of high clinical relevance.

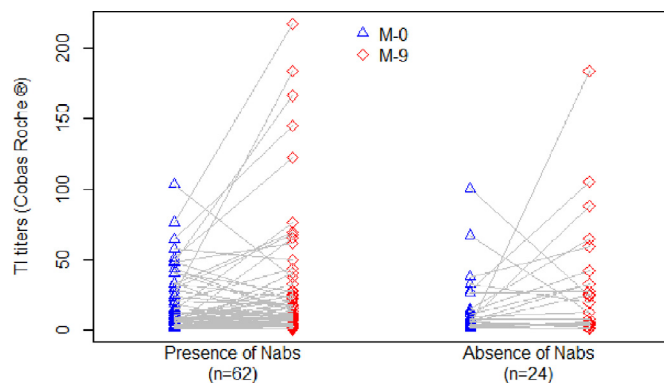
SARS-CoV-2 infection elicits a humoral response with specific antibodies against the viral surface spike (S) protein. These antibodies can be detected 2 weeks after disease onset, and persist for >6 months post symptom onset (PSO) (Gaebler et al., 2021). Neutralizing antibodies (Nabs) play a crucial role in the immune response, and their steadiness over time has been the subject of discussion. Correlations have been reported between Nab levels and both anti-SARS-CoV-2 IgG titres and clinical status.

Antibody dynamics over time have been less well described among mild and asymptomatic patients, for whom interpretation of the humoral response is hazardous as time since seroconversion

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**Figure 1.** Severe acute respiratory syndrome coronavirus-2 serology titre kinetics according to the persistence of neutralizing antibodies (Nabs) 9 months post symptom onset. TI, total immunoglobulin.

may be impossible to define. It is also less clear whether or not serological results are predictive for Nab remaining potential with a strong correlation in mild and asymptomatic patients.

As such, this study investigated the persistence of Nab activity in serum samples in mild and asymptomatic patients 9 months PSO among a cohort of French crew members (CMs) following a large outbreak onboard the nuclear aircraft carrier ‘Charles de Gaulle’ (Figure 1).

## Methods

### Study design and participants

An outbreak of COVID-19 occurred in April 2020 on the French nuclear aircraft carrier ‘Charles de Gaulle’. Among the CMs, 64% (1121/1769) tested positive for SARS-CoV-2 by reverse transcriptase polymerase chain reaction. Genomic analysis has identified SARS-CoV-2 viruses from clade 20C. SARS-CoV-2 serological testing performed in 1706 CMs revealed that 60% were antibody-positive at the end of quarantine. Among the 682 CMs who agreed to participate in the longitudinal follow-up cohort study COV-PA (IDRCB 2020-A02397-32), 86 CMs selected were retested in January 2021 (9 months PSO). The severity of acute infection was assessed by the World Health Organization’s Ordinal Clinical Progression/Improvement Scale. All data were collected in the context of care from completely anonymized files, in accordance with French and European laws, including General Data Protection Regulation. All patients were informed and provided written consent to use their data. COV-PA was approved by the regional research ethics committee on 7 December 2020.

### SARS-COV-2 serology

The Elecsys anti-SARS-CoV-2 assay (Roche, Basel, Switzerland) is an electrochemiluminescence immunoassay for the detection of total immunoglobulins (TIs) (IgM, IgG and IgA) to SARS-CoV-2 on the Cobas automatized system (Roche). This sandwich immunoassay is designed to preferentially detect mature, high-affinity antibodies to the highly immunogenic SARS-CoV-2 nucleocapsid protein. The test is non-reactive when the sample index/cut-off index (COI) is <1.0 and positive when it is  $\geq 1.0$ . Specificity and sensitivity have been described as excellent and show good correlation with viral neutralizing activity (To et al., 2020).

### Virus production

Vero cells (ATCC CCL-81) were grown in DMEM medium (Gibco Cat. No. 31966021, ThermoFisher Scientific, Waltham, MA, USA).

At confluence, the Vero cells were harvested and subsequently seeded at  $1.5 \times 10^5$ /mL in 96-well plates in order to reach confluence after 72 h at 37°C in 5% CO<sub>2</sub>. Serial dilutions of stock viruses were made in the infection medium [DMEM supplemented with 50 U/mL penicillin, 50 mg/mL streptomycin (Gibco Cat. No. 15070063, ThermoFisher Scientific) and TPCK-trypsin (Sigma Cat. No. T1426) at a final concentration of 1 µg/mL]. For the neutralization test, SARS-CoV-2 (BetaCoV/France/IDF0372/2020 strain) from clade 19A was isolated by the National Reference Centre (CNR) for Respiratory Viruses (Institut Pasteur), as described previously (Lescure et al., 2020). The BetaCoV/France/IDF0372/2020 strain was supplied by CNR for Respiratory Viruses hosted by Institut Pasteur, headed by Pr. Sylvie van der Werf. The human sample from which the BetaCoV/France/IDF0372/2020 strain was isolated was provided by Dr. X. Lescure and Pr. Y. Yazdanpanah from Bichat Hospital, Paris. Moreover, the BetaCoV/France/IDF0372/2020 strain was supplied through the European Virus Archive goes Global (Evag) platform, a project that has received funding from the European Union’s Horizon 2020 research and innovation programme under Grant No. 653316.

### Virus titration

Briefly, 50 µL of 10-fold serial dilutions of SARS-CoV-2 were inoculated into eight replicate wells. The 96-well microplates were incubated at 37°C in a 5% CO<sub>2</sub> atmosphere, and the cytopathic effect was checked 5 days after inoculation. The virus titre was calculated according to the method of Reed and Muench (1938).

### Neutralizing antibody

Nab tests were performed in flat-bottomed microtitre plates (96 wells), 3 days after seeding the Vero cells. Two-fold serial dilutions of inactivated sera, starting at a 1/40 dilution, were mixed with an equal volume of SARS-CoV-2 (100 TCID<sub>50</sub>/50 µL), and incubated for 1 h at 37°C. One hundred microlitres of the serum–virus mixture and 100 µL of infection medium were inoculated in each well (four wells per dilution), and the plates were incubated for 5 days at 37°C in 5% CO<sub>2</sub>. The cytopathic effect was checked 5 days after inoculation. Neutralization titres were expressed as the inverse of the final dilution of serum that neutralized 50% of the inoculated wells. As no cytopathic effects due to serum cytotoxicity were observed at a dilution of 1/60, a neutralization titre of 60 was considered as positive.

### Statistical methods

Continuous variables are expressed as mean and interquartile range (IQR), and discrete variables are expressed as number and percentage. Two-sided Wilcoxon signed-rank test was used to compare serum TI and Nab titres for CMs between M0–M9 and TI vs Nab titres 9 months PSO, respectively. All analyses were computed using R Version 4.3.0. A 5% significance level was used for all analyses.

## Results

### Demographic and clinical characteristics

The demographic and clinical characteristics of the 86 participants analysed and their COVID-19 status are reported in Table 1. All participants presented with COVID-19 infection during the outbreak, of whom 17.4% were asymptomatic. Three CMs (3.4%) were hospitalized for oxygen administration. All CMs had detectable positive SARS-CoV-2 serology at the end of quarantine. The first and second samples were collected 18 and 280 days after PSO, respectively.

**Table 1**  
Characteristics of the crew members with severe acute respiratory virus infection.

Characteristic	Results (n=86)
Male, n (%)	75 (87.2%)
Age (years), median (IQR)	31 (25–38)
COVID infection	
Symptomatic	71 (82.5%)
PCR positive	67 (77.9%)
PCR negative	4 (4.6%)
Asymptomatic	15 (17.4%)
Reported symptom, n (%)	
Myalgia	42 (48.8%)
Headache	40 (46.5%)
Anosmia	36 (41.8%)
Asthenia	35 (40.7%)
Cough	31 (36.0%)
Fever	26 (30.2%)
Aguesia	26 (30.2%)
Rhinitis	21 (24.3%)
Dyspnoea	18 (20.0%)
Diarrhoea	6 (6.9%)
Duration of symptom median (IQR)	7 (3–12)
Hospitalization	
Medicine with O <sub>2</sub>	3 (3.5%)

COVID-19, coronavirus disease 2019; PCR, polymerase chain reaction; IQR, interquartile range.

### Kinetics of total anti-SARS-CoV-2 immunoglobulin

The average rate for COI was 18.0 (IQR 3.1–25.8) in the first sample. At 9 months PSO, the seropositive rate was 93.0 % (80/86) and the mean COI level was 31.0 (IQR 4.8–32.7).

For the three CMs who required hospitalization, a 100% seropositive rate was observed at 9 months PSO with an average COI of 124.2, vs 27.8 for the non-hospitalized CMs. No significant difference was observed in the positivity kinetics of the serology depending on the severity of COVID-19 infection.

Six CMs had COI <1.0 at 9 months PSO. Of these, five CMs presented with symptomatic COVID-19 and one patient presented with asymptomatic COVID-19. At 9 months PSO, these seronegative patients had lower COI levels than others (mean 7.0 vs 18.8;  $P < 0.01$ ).

### Neutralizing antibody

The median Nab titre 9 months PSO was 1:96 (IQR 1:57–1:113). With a 1:60 threshold, 72.1% (62/84) were considered positive. Table 2 details the characteristics of CMs depending on the presence of Nabs. No significant difference was found in terms of type of infection, symptoms or anti-IgG-SARS-CoV-2 rate. Among the six patients who no longer showed anti-IgG-SARS-CoV-2, five had a neutralizing antibody titre >1:60.

### Discussion

Studies focusing on the detectability of Nabs over time have mainly reported data from the first year of a COVID-19 outbreak, thus mainly following exposure to the initial strain of SARS-CoV-2. Nabs last for up to 12 months PSO, with discrepancies between studies with regards to waning (Betton et al., 2021; Choe et al., 2021; Dispinseri et al., 2021; Moriyama et al., 2021; Terpos et al., 2021; Yao et al., 2021). These studies involved 16–188 patients, mainly with mild or moderate COVID-19, with a median age of 41–63 years. De Giorgi et al. (2021) reported detectable Nabs in 63% of 162 patients at 11 months PSO. An open question remains about the extended efficacy of Nabs and their cross-reactivity against emerging viral variants, and re-infection rates among convalescent patients carrying Nabs are notably unknown.

Passive transfer of Nabs is protective against severe SARS-CoV-2 infection or re-infection in multiple animal models (Kim et al., 2021; McMahan et al., 2021; Rogers et al., 2020). A fatal outcome was correlated with Nab deficiency in a cohort of 162 patients (Dispinseri et al., 2021). Moriyama et al. (2021) reported limited efficacy of Nabs toward B.1.351 (501&Y.V2) and P.1 (501Y.V3) variants using 188 sera obtained from symptomatic patients between June 2020 and February 2021. On the other hand, the administration of convalescent plasma to patients with COVID-19 improves both morbidity and mortality, particularly when used in the early stages of the disease, even for critical cases (Hegerova et al., 2020; Kim et al., 2021). More recently, treatment with Nab bamlanivimab in association with etesevimab has been shown to reduce viral load, hospitalization and death (Dougan et al., 2021; Gottlieb et al., 2021). mRNA-based vaccines have been shown to elicit a high Nab rate (Chu et al., 2021; Pratesi et al., 2021). A randomized controlled trial reported the efficacy of the mRNA-1273 SARS-CoV-2 vaccine to prevent COVID-19, but with a median follow-up duration of 2 months (Baden et al., 2021). Whereas SARS-CoV-2 B.1.1.7 (alpha) and B.1.526 (iota) variants remain susceptible to vaccine- or infection-elicited neutralizing activity, the more recent variants [B.1.617.1 (kappa) and B.1.617.2 (delta)] are less susceptible to Nabs (Liu et al., 2020; Edara et al., 2021). Thus, it remains unknown how the persistence of the neutralization response following vaccination or SARS-CoV-2 infection confers protection against new variants.

This study included individuals infected during the same epidemic event and followed them prospectively, allowing reliable chronological analysis. While the stability of binding antibodies is known to be linked to the severity of disease, this cluster still exhibited a high and persistent seroconversion level. An increased titre range was observed at 9 months compared with 1 month PSO, but the timing at first sample collection may have been too early to capture the initial IgG peak as a whole. Although not likely to be correlated with protective efficacy, the low seroreversion rate (7%, 6/86) of CMs at 9 months PSO strongly suggests the persistence of a significant humoral response against SARS-CoV-2 within a young population. The mean COI was higher for three hospitalized CMs, but the serological response level was irrespective of both symptom intensity and duration among other CMs.

Usually assessed during shorter follow-up periods, Nabs persisted at a detectable level 9 months PSO for the majority of patients in the present study (Chen et al., 2020; Iyer et al., 2020; Reynolds et al., 2020; Wajnberg et al., 2020; Crawford et al., 2021; Gaebler et al., 2021; Legros et al., 2021). Likewise, persistent serum neutralizing activity was observed for asymptomatic patients whose contamination period was clearly determined (Brochet et al., 2020; Reynolds et al., 2020; Jonsdottir et al., 2021).

Former studies including patients with severe SARS-CoV-2 infection identified a significant difference in Nabs according to disease severity (Chen et al., 2020; Iyer et al., 2020; Wajnberg et al., 2020). However, this correlation might be unstable over time (Crawford et al., 2021). Like other publications enrolling mild and/or asymptomatic patients, no difference in Nab titre was observed between the groups in the present study (Reynolds et al., 2020; Jonsdottir et al., 2021).

Both IgG stability and neutralizing activity rely on targeted antigens (Wajnberg et al., 2020). This correlation is inconstantly observed, and appears to be mainly influenced by time of Nab assessment PSO and patient profile (Iyer et al., 2020; Wang et al., 2020). Five patients showed persistent Nab activity and negative serology. Nevertheless, as this study used nucleocapsid-based serology, its correlation with Nab titres targeting the S protein was judged to be irrelevant and was not assessed.

Due to homogeneous patient profiles, the present study may not reflect characteristics of the general population, but provides

**Table 2**  
Characteristics of crew members depending on the presence of neutralizing antibodies (Nabs).

Characteristic	Presence of Nabs (n=62)	Absence of Nabs (n=24)	P-value
Male, n (%)	54 (87.0%)	21 (87.5)	1
Age (years), median (IQR)	31 (19.0–37.7)	33 (22.0–36.3)	0.25
COVID infection			0.54
Symptomatic	52 (83.8%)	19 (79.2)	
Asymptomatic	10 (16.1%)	5 (10.8)	
Reported symptom, n (%)			
Myalgia	29 (46.7%)	13 (54.1%)	0.63
Headache	33 (53.2%)	7 (29.2%)	0.05
Asthenia	26 (41.9%)	9 (37.5%)	0.80
Anosmia	30 (48.3%)	7 (29.2%)	0.14
Cough	25 (40.3%)	7 (29.2%)	0.21
Fever	20 (32.2%)	6 (25.0%)	0.60
Aguesia	20 (32.2%)	6 (25.2%)	0.60
Rhinitis	14 (22.5%)	7 (29.2%)	0.58
Dyspnoea	13 (20.9%)	5 (20.8%)	1
Diarrhoea	5 (8.0%)	1 (4.1%)	1
Duration of symptom mean	9.04	7.31	0.17
Hospitalization			
Medicine	2 (4.5%)	1 (4.2%)	1
First TI titres (Cobas Roche) mean (IQR)	18.1 (3.1–30.2)	17.9 (3.6–17.4)	0.84
Second TI titres mean	30.2	33.5	0.52
Positive (>1.0)	57 (92.0%)	23 (95.8%)	
Negative (<1.0)	5 (8.0%)	1 (4.2%)	
Hospitalization			
Medicine with O <sub>2</sub>	3 (3.5%)		

COVID-19, coronavirus disease 2019; TI, total immunoglobulin; IQR, interquartile range.

crucial information on a group not usually targeted as high priority by vaccination programmes, highlighting the persistence of Nabs 9 months PSO, as well as an upward trend in nucleocapsid-based serology titres. No cases of re-infection had been observed at the time of publication, reducing doubt about protective immunity among non-severe cases.

Nabs persist for up to 9 months PSO following asymptomatic/mild COVID-19 among young adults, regardless of serological results.

#### Author contributions

Study design: OB, DD, AM, AB, CM, FJ and J-NT.  
Data collection: OB, JC, NM, EV-B and OF.  
Data analysis: OB, DD, AM, AF, OF, FJ and J-NT.  
Writing: OB, DD, AM, AB, CM, FJ and J-NT.

#### Declaration of Competing Interest

None declared.

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#### Ethical approval

The COV-PA study was approved by the regional research ethics committee on 7 December 2020 (IDRCB 2020-A02397-32).

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