

Should prenatal chromosomal microarray analysis be offered for isolated fetal growth restriction? A French multicenter study

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1 Should prenatal chromosomal microarray analysis be offered for isolated fetal

2 growth restriction? A French multicenter study

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65 Condensation

- 66 Chromosomal microarray analysis should be offered in addition to karyotype in fetuses
- 67 diagnosed with isolated fetal growth restriction
- 68

69 Short Title

- 70 Chromosomal microarray analysis for isolated fetal growth restriction
- 71

72 AJOG at a Glance

73 A. Why was the study conducted?

This study aimed to investigate the diagnostic yield of chromosomal microarray analysis over karyotype in the detection of genetic anomalies in fetuses diagnosed with isolated fetal growth restriction.

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78 B. What are the key findings?

Among fetuses diagnosed with isolated fetal growth restriction and a normal karyotype,

80 chromosomal microarray analysis identified clinically significant findings in 3.6% of

fetuses and variants of unknown significance in 2.1%.

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83 C. What does this study add to what is already known?

Chromosomal microarray analysis improves the detection of genetic anomalies compared to karyotype alone in fetuses diagnosed with isolated fetal growth restriction. Findings from this study support offering chromosomal microarray analysis in addition to karyotype in cases of isolated fetal growth restriction.

89	Keywords: fetal growth restriction, prenatal diagnosis, chromosomal microarray, copy
90	number variants, karyotype
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109 Abstract

Background: Chromosomal microarray analysis (CMA) improves the detection of genetic anomalies over standard karyotype and is thus recommended in many prenatal indications. However, evidence is still lacking on the clinical utility of CMA in cases of isolated fetal growth restriction (FGR).

Objective: To estimate the proportion of copy number variants (CNVs) detected by CMA and the incremental yield of CMA over karyotype in the detection of genetic abnormalities in fetuses with isolated FGR.

Study design: This retrospective study included all singleton fetuses diagnosed with 117 FGR and no structural ultrasound anomalies and referred to 13 French fetal medicine 118 centers over a one-year period in 2016. FGR was defined as an estimated fetal weight 119 <10th percentile for gestational age identified in ultrasound reports. For this analysis, 120 we selected fetuses who underwent invasive genetic testing with karyotype and CMA 121 results. Data were obtained from medical records and ultrasound databases as well as 122 post-mortem and placental examination reports in case of spontaneous stillbirths and 123 terminations of pregnancy. Following the American College of Medical Genetics and 124 Genomics guidelines, CNVs were classified into 5 groups as following: pathogenic, 125 likely pathogenic, variant of unknown significance (VOUS), likely benign and benign. 126

Results: Of 682 referred fetuses diagnosed with isolated FGR, both karyotype and CMA were performed in 146 fetuses. Overall, the detection rate of genetic anomalies found by CMA was estimated to be 7.5% (11/146, Cl95%: 3.3,11.8) including 10 CNVs classified as pathogenic and one as likely pathogenic. Among the 139 fetuses with normal karyotype, 5 fetuses were detected with pathogenic and likely pathogenic CNVs resulting in an incremental yield of 3.6% (Cl95%: 0.5-6.6) of CMA over

133	karyotype. All fetuses detected with pathogenic or likely pathogenic CNVs resulted in
134	terminations of pregnancy. In addition, 3 fetuses with normal karyotype were detected
135	with VOUS (2.1%). Of the 7 fetuses with abnormal karyotype, CMA did not detect one
136	fetus with trisomy 18 mosaicism.
137	Conclusion: Our study found that CMA improves the detection of genetic anomalies
138	over karyotype in fetuses diagnosed with isolated FGR. These results support the use
139	of CMA in addition to karyotype for isolated FGR.
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155 Introduction

Fetal growth restriction (FGR) is associated with high risks of perinatal mortality, 156 neurodevelopmental impairments and other neonatal morbidities that can be related 157 to risks of vascular disease in adulthood.¹⁻⁵ The diagnosis of FGR is most often based 158 on an estimated fetal weight <10th percentile for gestational age.⁶⁻⁸ There are several 159 pathological mechanisms leading to FGR and identifying these is required for optimal 160 management of the pregnancy. One cause can be the presence of chromosomal 161 abnormalities associated with structural anomalies which account for between 7% and 162 30% of FGR cases.⁹⁻¹¹ However, chromosomal anomalies can also be present when 163 no structural anomalies associated with FGR are detected on the ultrasound,^{9,12} and 164 therefore prenatal invasive genetic testing may be offered in cases of isolated FGR in 165 order to exclude genetic disorders. 166

Chromosomal microarray analysis (CMA) is known to improve the detection of 167 genomic abnormalities compared to prenatal karyotype¹³⁻¹⁷ but the clinical utility of 168 CMA in fetuses with isolated FGR is still debated. While the Society for Maternal-Fetal 169 Medicine recently recommended that CMA should be offered in cases of isolated FGR 170 diagnosed before 32 weeks of gestation,¹⁸ other societies do not have guidelines for 171 best practice on the use of CMA for this indication.¹⁹⁻²³ This uncertainty highlights, in 172 part, the absence of high-quality empirical data on the impact of CMA in cases of 173 isolated FGR, as reflected by the assessment of the Society for Maternal-Fetal 174 Medicine that the evidence for their recommendation was of low-quality (grade C).¹⁸ 175 There is one meta-analysis of 9 observational studies that showed an increase of 4% 176 in detection of genomic abnormalities by CMA in fetuses diagnosed with isolated FGR 177 with a normal karyotype.²⁴ However, most studies included in this meta-analysis were 178 single-center studies using small samples with inconsistences between studies in the 179

definition of FGR. More generally, there is heterogeneity across studies in the method used to estimate the incremental yield of CMA over karyotype leading to uncertainties in the relevance of performing CMA for this indication and to confusion when interpreting and comparing results from different studies.

This study aimed to estimate the proportion and the type of copy number variants (CNVs) detected by CMA and the diagnosis yield of CMA over karyotype in the detection of genomic abnormalities in fetuses with isolated FGR.

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188 Materials and Methods

Data come from a retrospective observational study including all singleton fetuses 189 diagnosed with FGR without apparent structural ultrasound anomalies regardless of 190 gestational age at diagnosis and referred to 13 French fetal medicine centers between 191 January 1st and December 31st, 2016. Exclusion criteria were multiple pregnancy, 192 imprecise pregnancy dating as assessed by no first trimester ultrasound between 11+0 193 and 13+6 weeks of gestational age,⁶ maternal age <18 years old, short femoral length 194 as the only criteria for suspicion of FGR and congenital malformation detected at 195 ultrasound at the time of referral. FGR associated with congenital infections such as 196 Toxoplasmosis or Cytomegalovirus were not excluded if there was no structural 197 ultrasound anomaly associated with. This study received ethics approval from the 198 National Data Protection Authority (National Commission on Informatics and Liberty 199 no. 917163) and Ethical Committee (approval granted April 02, 2017, reference 200 CEROG OBS 2016-11-05). The study was funded by the French Biomedicine Agency. 201 The study population included fetuses diagnosed with isolated FGR who underwent 202 203 invasive genetic testing with both karyotype and CMA results. According to the

American College of Obstetricians and Gynecologists (ACOG) recommendations,⁸ 204 FGR was defined as fetuses with an estimated fetal weight (EFW) <10th percentile for 205 gestational age noted in ultrasound reports by expert sonographers and identified in 206 the electronic ultrasound databases (ViewPoint) used in all participating centers. In 207 France, gestational age is determined using the measurement of crown-rump length 208 at the first trimester ultrasound and French growth references are recommended for 209 calculating EFW percentiles.^{6,25} Structural anomalies associated with FGR included 210 and excluded from the study were independently selected by three experts in fetal 211 medicine based on the list of minor anomalies developed by the European surveillance 212 of congenital anomalies (EUROCAT) network (Table S1).²⁶ Discordant entries were 213 adjudicated between the experts (AB, VT, JM). Soft markers such as intestinal 214 hyperechogenicity and amniotic fluid abnormalities, are not structural anomalies and 215 216 were thus included.

217 Data were obtained from ultrasound electronic database and medical charts using a standardized form by two midwifes (IM and CV) trained for the study. Maternal 218 characteristics included maternal age, parity, height and weight before pregnancy and 219 smoking status; clinical characteristics included prenatal care, management of the 220 pregnancy in fetal medicine centers, pregnancy complications and mode of delivery. 221 We also collected ultrasound characteristics of the ultrasound when FGR was 222 diagnosed; this included gestational age at ultrasound, EFW expressed in grams and 223 in percentiles according to French growth references²⁵ and results of uterine and 224 umbilical Dopplers. Information on gestational age at birth, birthweight, neonatal 225 resuscitation and admission in a neonatal unit was collected to describe the infant's 226 health. We used intrauterine growth curves adapted to the French population for 227 calculating birthweight percentile.²⁷ Fetus autopsy (or postmortem) and placental 228

examination reports were also reviewed in case of spontaneous stillbirth or
terminations of pregnancy if these tests were accepted by parents.

231 The genomic study was performed using DNA extracted from native amniotic fluid or cultured amniotic cells. According to cytogenetics laboratories, comparative genomic 232 hybridization (CGH) or single-nucleotide polymorphism (SNP) microarrays were used. 233 Hybridization strategies included hybridization against fetal sex reference and trio-234 hybridization patients against parent's DNA. For array-CGH, chip design were most 235 often PrecytoNEM which is a specific enriched design for prenatal diagnosis 236 assessment (resolution: 105K genome-wide randomized probes with specific 237 enrichment, Agilent) and SurePrint G3 Human which is a basic design (resolution: 238 60K/180 K genome-wide randomized probes, Agilent); for SNP, Omniexpress 24 239 240 design was used (resolution: 130/400 million respectively of genome-wide randomized clusters, Illumina). DNA extracted from parental blood samples were also often 241 242 analyzed in case of CMA findings for heritability assessment or during trios analyses.

In case of CMA findings, parental DNA were studied using both CMA and quantitative fluorescence polymerase chain reaction to confirm CNVs. For CNV >200 kb, rapid aneuploidy detection by quantitative fluorescence polymerase chain reaction was performed on circulating lymphocytes isolated from parental blood samples.

All CMA were retrospectively reviewed and CNVs were classified using the data available at the time of the study period by two cytogeneticists (AR, PK) based on their size, their genomic position and the involved genes based on the published literature (PubMed) and the following genetic databases: Database of Genomic Variants (DGV), Clinical Genome Resource consortium (ClinGen), Database of genomic variation and Phenotype in Human using Ensembl Resources (DECIPHER, v10.2), Achropuce French consortium database and ClinVar. According to joint consensus recommendations of the American College of Medical Genetics and Genomics (ACMG) and the Clinical Genome Resource (ClinGen), CNVs were classified into 5 groups:^{28,29} pathogenic, likely pathogenic, variant of unknown significance (VOUS), likely benign and benign. CNVs documented as likely benign or a benign variant, which corresponds to a normal result, were not reported as recommended in French cytogenetic guidelines.³⁰ CMA and karyotype results were reported using ISCN nomenclature (ISCN 2016).

We first described the maternal, clinical and neonatal characteristics of the study 261 population. Characteristics of the study population were compared to fetuses who did 262 not undergo genetic invasive testing and to with only karyotype. The detection rate of 263 clinically significant findings found by CMA was estimated among all fetuses 264 265 irrespectively of karyotype results. The diagnostic yield of CMA over karyotype was calculated as the proportion of fetuses detected with pathogenic and likely pathogenic 266 267 CNVs among fetuses with normal karyotype. Details of cases detected with clinically significant findings found by CMA were reported according to karyotype results. 268

To compare our results with the existing evidence, we tabulated the results of the 9 269 studies included in the meta-analysis conducted from January 2009 to November 270 271 2016²⁴ and added studies conducted from January 2017 through January 2021. Studies in English language were included if CMA and karyotype were performed in 272 fetuses diagnosed with isolated FGR. These were identified using the PudMed 273 database and the following search terms: 'fetal growth restriction', 'intrauterine growth 274 restriction', 'small-for-gestational age', 'chromosomal microarray analysis', 'copy 275 number variants' and 'karyotype'. We also looked for additional studies in the reference 276 lists of selected articles. This comparison took into consideration the different 277 estimation methods for the incremental yield of CMA over karyotype and the studies' 278

inclusion of VOUS. Descriptive analyses were performed using STATA software
(version 15.0; StataCorp LP, College Station, TX).

281

282 **Results**

The study included 682 singleton fetuses diagnosed with isolated FGR without structural anomalies and referred to one of the 13 fetal medicine centers participating to the study between January 1st and December 31st, 2016. (Figure 1) Invasive testing was performed in 245 fetuses (35.9%). Of these, the study population included 146 fetuses with both karyotype and CMA results. There was only one case of CMV infection and no case of Toxoplasmosis infection.

Maternal and neonatal characteristics of the study population are described in Table 289 1. Mean maternal age was 30.7 (standard deviation (SD): 6.1) and almost all women 290 performed first or second trimester serum tests for Down's syndrome screening 291 (96.5%). Among all cases, 83.0% were live births, 4.2% were spontaneous stillbirths 292 and 12.8% were terminations of pregnancy. Mean gestational age at FGR diagnosis 293 was 24.7 (SD: 4.1) with an EFW <3rd percentile for 79% of fetuses. Because 294 information on intrauterine growth charts used by ultrasonographers was not available, 295 EFW percentiles were calculating using French College of Fetal Ultrasonography 296 references and 6 fetuses had an EFW >10th percentile. Mean gestational age at birth 297 was 34.7 (SD: 4.8) and 68.6% of infants had birthweights <3rd percentile. As expected, 298 fetuses who did not undergo invasive genetic testing were diagnosed later with FGR 299 and had a higher EFW compared to those where karyotype and CMA were performed. 300 (Table S2) Compared to the study population, fetuses with karyotype only were more 301 often stillbirths or terminations of pregnancy with delivery before 26 weeks of gestation. 302

(Table S3) All genetic samples were obtained from amniocentesis. Pathogenic and 303 304 likely pathogenic CNVs were found in 11 of the 146 fetuses resulting in an overall detection rate of genetic anomalies by CMA estimated to be 7.5% (CI95%: 3.3,11.8). 305 Among the 139 fetuses with normal karyotype, 4 fetuses were detected with 306 pathogenic CNVs and one fetus with likely pathogenic CNV resulting in an incremental 307 vield of CMA over normal karvotype estimated to be 3.6% (CI95%: 0.5-6.6). (Table 2) 308 Among pathogenic findings by CMA, there was one uniparental disomy related to 309 Prader-Willi syndrome and non-recurrent microdeletions at 19g12g13.12, 12g13.13 310 and 19p13.2p13.11loci. All these cases resulted in terminations of pregnancy with 311 fetuses having birthweights <3rd percentile, except one fetus who had a birthweight 312 between the 3rd and the 10th percentile. One fetus was found with polyhydramnios 313 (case 4) and one fetus was diagnosed with FGR after 32 weeks of gestation (case 5). 314 315 In this last case, a nulliparous 27 year-old woman with a low-risk pregnancy had normal first and second trimester ultrasounds, but fetal weight was estimated to be 1508g (<3rd 316 percentile) with normal amniotic fluid and Doppler at the third trimester ultrasound at 317 32 weeks and 5 days gestation. The karyotype was normal but a pathogenic CNV was 318 found by CMA; the pregnancy resulted in a late termination of pregnancy. Finally, 3 319 320 fetuses (2.1%) were detected with CNVs classified as VOUS at the time of the study period. 321

Seven fetuses were found with abnormal karyotype (4.8%, Cl95%: 1.3-8.3). Clinical characteristics and genetic results of fetuses with abnormal karyotype are presented in Table 3. Abnormal karyotype was related to syndromes in four cases: 4p (Wolf Hirschhorn syndrome, case 9), 47XXY (Klinefelter syndrome, case 11), 45, X (Turner syndrome, case 14) and Trisomy 18 (Edwards syndrome, case 13). The Klinefelter syndrome (case 11) may be considered as an incidental finding since the phenotype

is not associated with FGR. For the Edwards syndrome (case 13), CMA did not detect
anomalies although the karyotype was abnormal; this case had rapid prenatal FISH
testing performed from uncultured amniotic fluid at 34 weeks and 4 days. It revealed a
mosaic trisomy 18 in 13% of interphasic cells, confirmed on cultured cells. The case
15 found with abnormal karyotype and CNV classified as pathogenic was associated
with echogenic bowel. Other 11 cases associated with echogenic bowel had normal
karyotype and no CMA finding.

335 Overall, 5 studies were identified in addition to the 9 existing studies included in the meta-analysis of Borrell et al. (Table 4) The incremental yield of CMA over normal 336 karyotype ranged between 0% to 16.7% for all studies and from 2.6% to 6.1% among 337 338 the studies with samples over 100. Four of the five new studies reported results falling within the 95% confidence intervals of Borrell's pooled estimate. VOUS were found in 339 0.8% to 7.2% of fetuses with normal karyotype, but this information was not reported 340 in all studies. Some studies included VOUS in their reported estimates of the 341 incremental yield of CMA which had a large impact on the results. 342

343

344 **Comment**

345 Principal findings

Our study found that CMA had an added value in the detection of genetic anomalies compared to karyotype in cases of isolated FGR with no structural anomalies. In fetuses with normal karyotype, CMA detected additional clinically significant findings in 3.6% of cases and VOUS in 2.1%.

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351 *Results in context*

The diagnostic yield of CMA over karyotype in singleton fetuses diagnosed with 352 353 isolated FGR has varied in past studies. In the meta-analysis of Borrell et al., the overall increase of CMA over karyotype in the detection of genetic anomalies defined as 354 pathogenic CNVs was estimated to be 4% (CI95%: 1-6) with a wide range of rates 355 between 0% and 17% across studies.²⁴ The more recent literature has provided 356 detection rates in line with this pooled estimate of this meta-analysis ranging between 357 0% and 5.9%. In our study, we found a similar detection rate of 3.6% (Cl95%: 0.5-6.6). 358 When interpreting results from studies, it is important to compare the definitions of FGR 359 and isolated FGR as well as array-based techniques. Further, some studies classify 360 VOUS as genomic abnormalities³¹ although VOUS may be benign CNVs and therefore 361 cannot be considered as abnormalities. Our study found that 2.1% of isolated FGR 362 fetuses were detected with VOUS. Previous studies using large samples found a 363 364 similar prevalence of VOUS ranging between 2% and 4% in fetuses with ultrasound anomalies including FGR^{15,17,32} and also in those from mothers with low-risk 365 pregnancies.³³ In contrast, 7.2% of VOUS were detected in a recent retrospective 366 study including 428 FGR fetuses with early-onset FGR or FGR associated with 367 ultrasound anomalies,34 368

Further, few studies have considered fetuses found with abnormal karyotype when 369 investigating the benefits and limitations of CMA. However, when comparing with 370 karyotype and rapid aneuploidy detection, one main limitation of CMA using CGH array 371 analysis is the non-detection of low-level mosaicism <10/15% or triploidies, both 372 associated with FGR.³⁵ The non-detection of lower level of mosaicism by CMA when 373 comparing with karyotype is debated because it depends on the DNA extraction's 374 quality and the possibility to avoid a culture selection of the normal cell line. Moreover, 375 triploidies could be detected if SNP array testing is used. In a systematic review of 14 376

observational studies (N=874), the detection rate of abnormal karyotype in isolated 377 FGR fetuses was estimated to 6.4% with rates ranged between 0% and 26%.¹² In our 378 sample, 4.8% (CI95%: 1.3-8.3) of fetuses had abnormal karyotype. Among the 7 379 fetuses with abnormal karyotype, one fetus had a mosaic trisomy 18 with 13% of 380 interphasic cells which was not detected using CGH microarray analysis. As opposed 381 to CGH based arrays, the SNP microarray analysis enables the detection of 382 uniparental disomy, consanguinity, triploidy and parental origin. However, the choice 383 between SNP and CGH techniques may depend of their availability in the center and 384 there is currently no recommendation in favor on one of these array-techniques. 385

386

387 Clinical and research implications

Recommendations on the use of CMA for cases of isolated FGR differ between 388 professional societies. Several societies have no rules for performing CMA in case of 389 suboptimal fetal growth.²² In Canada, CMA is recommended for all pregnancies 390 suspected with FGR²⁰ while the Italian Society of Human Genetics called for more 391 investigation of the utility of CMA in cases of FGR.¹⁹ In 2020, the Society Maternal-392 Fetal Medicine recommended offering CMA in pregnancies diagnosed with isolated 393 FGR before 32 weeks of gestation, although they graded evidence as low-quality.¹⁸ 394 The French National College of Obstetricians and Gynecologists also recommends 395 genetic tests in case of early-onset FGR diagnosed before the third trimester of 396 pregnancy, increase of amniotic fluid, suspicion of congenital malformation or no cause 397 of FGR (i.e. normal doppler, no maternal vascular disorders).³⁶ However, there is no 398 restriction of gestational age for offering genetic invasive testing in France. In addition, 399 French cytogenetic guidelines recommend performing CMA and karyotype in fetuses 400 with an EFW <3rd percentile.³⁰ In line with these recommendations, we found that 401

almost all fetuses included in our analysis had birthweights <3rd percentile. Further, 402 most fetuses were suspected with FGR before 32 weeks of gestation. Our study 403 provides evidence to support current guidelines in offering CMA in addition to 404 karyotype in fetuses with isolated FGR. However, more studies are needed to 405 investigate the utility of offering CMA after 32 weeks of gestation. Further, VOUS are 406 inconstantly reported in studies, however, CNVs are classified as VOUS at the time of 407 reporting and their interpretation evolves over time as more information becomes 408 available on outcomes. Therefore, information on infants detected with VOUS should 409 be reported systematically and followed-up to strengthen the knowledge base about 410 411 potentially pathogenic variants.

412

413 Strengths and limitations

Strengths of this study are collection of data from 13 French referral fetal medicine 414 centers using a common protocol and pre-definition of fetuses diagnosed with isolated 415 FGR. Two midwifes trained for this study collected data in all participating centers using 416 a standardized form and all CMA were reviewed by two cytogeneticists. Further, our 417 sample was large compared to studies in our review, where only 5 out of 14 had more 418 than 100 inclusions and only one had a sample size exceeding ours. Our study also 419 has several limitations. We used a retrospective study design leading to lower quality 420 of data compared to prospective studies; however, most previous studies have used 421 retrospective designs because these ensure the availability of all genetic results at the 422 time of data collection. Despite the French recommendations,³⁶ CMA was not 423 performed in all fetuses with an EFW <3rd percentile because of the availability of CMA 424 in some centers at the time of the study and varying criteria established by each center 425 for performing CMA. Another limit results from differences between centers regarding 426

CMA resolution and array techniques used, however, this reflects real-life variation in 427 clinical practice. There was also variability in the use of various platforms and VOUS 428 reporting; for this reason, all CMA were re-assessed by 2 cytogenetics based on 429 American professional standards.²⁹ In addition, the external validity of our results 430 should be confirmed in other contexts including in populations with different uptake of 431 invasive genetic testing, especially since the introduction of cell-free DNA screening or 432 where other EFW charts or abdominal circumference <10th percentile are used to 433 diagnose FGR. Finally, our study population was based on pregnancies suspected 434 with FGR and referred to fetal medicine centers; we were not able to estimate the 435 proportion of pregnancies suspected with FGR who were not referred to fetal medicine 436 centers when they should have been. 437

438

439 Conclusions

In summary, CMA provides substantial additional genetic information compared to karyotype and should be performed in case of isolated FGR. More studies using large sample of isolated FGR fetuses should be conducted to confirm the clinical utility of CMA in this population in balance with risks of detecting variants of unknown significance that can impact on prenatal counselling and increase parental anxiety.

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Tables

Table 1. Maternal and neonatal characteristics of the study population

Total N=146	n/N (%) or mean ± sd						
Maternal characteristics	Maternal characteristics						
Maternal age (years) (n=146)	30.7 ± 6.1						
Nulliparous	82/146 (56.2)						
Smoking during pregnancy	31/141 (22.0)						
Clinical characteristics							
Maternal serum screening for Down's syndrome	139/144 (96.5)						
Pre-eclampsia	20/139 (14.4)						
Caesarean birth	62/139 (44.6)						
Ultrasound characteristics							
GA at suspicion of FGR (weeks) (n=145)	24.7 ± 4.1						
Estimated fetal weight (grams) (n=138)	630.7 ± 404						
Estimated fetal weight percentile ^a (n=138)	3.5 ± 7.5						
<3 rd percentile	109 (79.0)						
3 rd -10 th percentile	23 (16.7)						
10 th percentile+	6 (4.3)						
Abnormal uterine Doppler	51/110 (46.4)						
Abnormal umbilical Doppler	12/113 (10.6)						
Neonatal characteristics							
Vital status at birth							
Live birth	117/141 (83.0)						
Spontaneous stillbirths	6/141 (4.2)						
Termination of pregnancy	18/141 (12.8)						
Male sex	65/141 (46.1)						
GA at birth (weeks of gestation)	34.7 ± 4.8						
<26	12/141 (8.5)						
27-31	22/141 (15.6)						
32-36	34/141 (24.1)						
37+	73/141 (51.8)						
Birthweight (grams) (n=140)	1835.5 ± 845						
Birthweight percentile ^b	5.8 ± 12.1						

<3 rd percentile	96/140 (68.6)					
3 rd -10 th percentile	27/140 (19.3)					
10 th percentile+	17/140 (12.1)					
Sd: standard deviation; GA: gestational age a Based on an intrauterine growth charts adapted to French population ²⁷ ; b According French growth references ²⁵						

Case	WG at suspicion of FGR	Sampling method	CNV position	Type of CNV	Interpretation	Parental study	Outcome	Sex Birthweight (percentile [*])
1	21+6	AC	arr[hg19] 16p12.2(21951379_22645765)x3 dn	Likely pathogenic	Duplication at 16p12.2	de novo	TOP 28+6 WG	Male 840g (<3 rd)
2	21+5	AC	upd(15)mat.arr[hg19](15q11.2q26.3)x2 htz	Pathogenic	Prader-Willi syndrome	Maternal inherited	TOP 32+5 WG	Female 1610g (<3 rd)
3	18+3	AC	arr[hg19] 19q12q13.12(30091373_35646245)x1 dn	Pathogenic	Deletion at 19q12q13.12	de novo	TOP 26+0 WG	Male 670g (<10 th)
4	24+1	AC	arr[hg19] 2q21.1(131513263_132098109)x3 dn	VOUS	Duplication at 2q21.1	de novo	Live birth 31+4 WG	Female 1070g (<3 rd)
5	32+5	AC	arr[hg19] 12q13.13(53617806_54463057)x1 dn	Pathogenic	Deletion at 12q13.13	de novo	TOP 37+5 WG	Female 2070g (<3 rd)
6	25+5	AC	arr[hg19] 19p13.2p13.11(13802749_16346160)x1dn	Pathogenic	Deletion at 19p13.2p13.11	de novo	TOP 27+1 WG	Male 730g (<3 rd)
7	21+1	AC	arr[hg19] 7q11.22(69773947_70115001)x1 pat	VOUS	Deletion at 7q11.22	Paternal inherited	TOP 35+4 WG	Female 1835g (<3 rd)
8	18+0	AC	arr[hg19] Xp22.33(907346_1608329)x3	VOUS	Duplication at Xp22.33	Missing	TOP (HELLP syndrome) 26+5 WG	Male 435g (<3 rd)

Table 2. Type of abnormalities detected and clinical relevant characteristics in fetuses with normal karyotype and CMA findings

AC: amniocentesis; WG: weeks of gestational age; TOP: termination of pregnancy * according to a French intrauterine growth charts adjusted on infant sex (EPOPé M1)²⁷

Case	WG at suspicion of FGR	Sampling method	Cytogenetic result (karyotype or FISH)	CNV position	Type of CNV	Interpretation	Outcome	Sex Birthweight (percentile ^a)
9	24+5	AC	46,XX,rec(4)dup(4q)inv(4)(p14q35)pat. nuc ish(WHSCRx1,4qterx3)	arr[hg19] 4p16.3p15.31(71552_19694060)x1,4q 35.1q35.2(186154276_191154276)x3	Pathogenic	Wolf Hirschhorn syndrome	TOP 27+4 WG	Female 610g (<3 rd)
10	23+0	AC	46,XY,del(8)(p11.23p22)	arr[hg19] 8p22p11.23(14921564_36502963)x1	Pathogenic	Deletion at 8p22p11.23	TOP 33+1 WG	Male 1740g (<10 th)
11	27+3	AC	47, XXY nuc ish(DXZ1x2,DYZ3x1,D18Z1x2),(RB1x2,DSC R4x2)[50]	arr[hg19](X)x2,(Y)x1	Pathogenic	Klinefelter syndrome	Live birth 37+2 WG	Male 1810g (<3 rd)
12	22+5	AC	46,XY,r(15)(p10qter)	arr[hg19] 15q26.3(98664117_102465355)x1	Pathogenic	Deletion at 15q26.[3]	TOP 26+5 WG	Male 640g (<3 rd)
13	31+0	AC	nuc ish(DXZ1x1,DYZ3x1,D18Z1x3)[40/300]	arr[hg19](1-22)x2,(X,Y)x1	No finding ^b	Trisomy 18 in mosaicism	TOP 36+6 WG	Male 2150g (<3 rd)
14	25+0	AC	45,X[46]/46,XX[4]	arr(X)x1[0,9]	Pathogenic	Turner syndrome	Live birth 39+1 WG	Female 1920g (<3 rd)
15	18+5	AC	46,XX,del(8)(p11.2).ish del(8)(wcp8+,D8S504-,VIJ2yRM2053+).nuc ish(D8S504x1,VIJ2yRM2053x2)	arr[hg19] 8p23.3p11.21(221611_41559138)x1	Pathogenic	Deletion at 8p11.21p23.3	TOP 24+2 WG	Female 505g (<10 th)

Table 3. Type of abnormalities detected and clinical relevant characteristics in fetuses with abnormal karyotype

AC: amniocentesis; WG: weeks of gestational age; TOP: termination of pregnancy a according to a French intrauterine growth charts adjusted on infant sex (EPOPé M1)²⁷ b low mosaïcism, not detectable using CMA

				Among normal karyotype				Among abnormal karyotype		
First author	Study design	Year Country	Total	Number of normal karyotype	Pathogenic and likely pathogenic CNVs	VOUS	Pathogenic + likely pathogenic + VOUS	Number of abnormal karyotype	Pathogenic and likely pathogenic CNVs	VOUS
Zhu* ³¹	Retrospective Single-center	2013-2015 China	53	45	3 (6.7%)	2 (4.4%)	5 (11.1%)	8	5	0
Borrell*37	Prospective Multicenter	2015 Spain	114	114	7 (6.1%)	0	7 (6.1%)	Not included	-	-
De Witt*38	Retrospective Multicenter	2011-2015 Netherlands	68	65	1 (1.5%)	Not included	-	3	No CMA performed	No CMA performed
Schaffer*32	Retrospective Single-center	2004-2011 US	115	115	3 (2.6%)	Not included	-	Not included	-	-
Gruchy*39	Retrospective Single-center	2009-2010 France	9	9	1 (11.1%)	0	1 (11.1%)	Not included	-	-
Van den Veyver ^{*40}	Retrospective Not specified	2005-2008 US	3	3	0 (0%)	0	0%	0	0	0
Kleeman*41	Prospective Multicenter	2007-2008 US	3	3	0 (0%)	0	0%	Not included	-	-
Lovrecic*42	Retrospective Single-center	2012-2015 Slovenia	16	16	0 (0%)	1 (6.2%)	1 (6.2%)	Not reported	-	-
Oneda*43	Retrospective Not specified	2010-2013 Switzerland	6	6	1 (16.7%)	0	1 (16.7%)	Not included	-	-
An ⁴⁴	Prospective Multicenter	2015-2018 China	127	123	7 (5.7%)	1 (0.8%)	8 (6.5%)	4	3	1
Sagi ¹²	Retrospective Multicenter	2013-2017 Israel	428	427	12 (2.8%)	31 (7.2%)	43 (10.1%)	1	1	0
Peng ⁴⁵	Retrospective Single-center	2013-2017 China	126	120	4 (3.3%)	6 (5.0%)	10 (8.3%)	6	Not reported	Not reported
Brun ⁴⁶	Retrospective Single-center	2012-2017 France	83	78	0 (0%)	3 (3.8%)	3 (3.8%)	5	Not reported	Not reported
Hui ⁴⁷	Retrospective Single-center	2007-2017 China	34	34	2 (5.9%)	Not included	-	Not included	-	-
Present study	Retrospective Multicenter	2016 France	146	139	5 (3.6%)	3 (2.1%)	8 (5.8%)	7	6	0

Table 4. Summary of studies assessing the incremental yield of CMA over karyotype in fetuses with isolated fetal growth restriction

* Studies included in the meta-analysis of Borrell et al.; Data are n or n (%)

661 Figure Legend

- 663 Figure 1. Flow-chart
- The study population included 146 singleton fetuses diagnosed with isolated FGR who
- 665 underwent invasive genetic testing with both karyotype and CMA results

682 singleton pregnancies suspected with FGR without apparent structural ultrasound anomalies and referred for prenatal diagnosis in 13 French multidisciplinary centres for prenatal diagnosis in 2016

10 missing data on whether an invasive prenatal testing was offered

427 cases with no invasive prenatal testing

245 fetuses with invasive prenatal testing for suspicion of FGR

96 fetuses with only karyotype results (no CMA performed)

3 fetuses with missing results for karyotype and/or CMA

Study population

146 fetuses with both karyotype and CMA results