

# Brain and myocardial mitochondria follow different patterns of dysfunction after cardiac arrest

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4	dysfunction after cardiac arrest
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## 28 Abstract

29 Mitochondria is often considered as the common nexus of cardiac and cerebral dysfunction 30 after cardiac arrest. Here, our goal was to determine whether the time course of cardiac and 31 cerebral mitochondrial dysfunction is similar after shockable vs non-shockable cardiac arrest 32 in rabbits. Anesthetized rabbits were submitted to 10 min of no-flow by ventricular fibrillation 33 (VF group) or asphyxia (non-shockable group). They were euthanized at the end of the no-34 flow period or 30 min, 120 min or 24h after resuscitation for in vitro evaluation of oxygen 35 consumption and calcium retention capacity. In the brain (cortex and hippocampus), moderate 36 mitochondrial dysfunction was evidenced at the end of the no-flow period after both causes of 37 cardiac arrest vs baseline. It partly recovered at 30 and 120 min after cardiac arrest, with lower 38 calcium retention capacity and higher substrate-dependant oxygen consumption after VF vs 39 non-shockable cardiac arrest. However, after 24h of follow-up, mitochondrial dysfunction 40 dramatically increased after both VF and non-shockable cardiac arrest, despite greater 41 neurological dysfunction after the latter one. In the heart, mitochondrial dysfunction was also 42 maximal after 24h following resuscitation, with no significant difference among the causes of 43 the cardiac arrest. During the earlier timing of evaluation, calcium retention capacity and ADP-44 dependant oxygen consumption were lower and higher, respectively, after non-shockable 45 cardiac arrest vs VF. In conclusion, the kinetics of cardiac and cerebral mitochondrial 46 dysfunction suggests that mitochondrial function do not play a major role in the early phase of 47 the post-resuscitation process but is only involved in the longer pathophysiological events.

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49 **Key words:** Mitochondria; Cardiac arrest; Ischaemia; Reperfusion

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## 51 Introduction

52 Out-of-hospital cardiac arrest is a major cause of mortality in western countries. 53 Following resumption of spontaneous circulation (ROSC), a "post-cardiac arrest syndrome" is 54 characterized by neurological, cardiac and multi-visceral failure. The severity of this syndrome 55 depends on the initial cardiac rhythm identified during cardiopulmonary resuscitation (CPR), 56 with worst outcome after non-shockable vs shockable rhythms **(1, 2)**. Neurological dysfunction 57 is responsible for 65% of the overall mortality while acute heart failure is the predominant cause 58 of death during the first 3 days following resuscitation **(3)**.

59 It is often assumed that the pathophysiology of ischemic disorders shares common 60 mechanisms in the brain and heart after cardiac arrest, considering that the mitochondria is a 61 common nexus for both organs (4–6). In the absence of oxygen, the mitochondrial respiratory 62 chain is indeed a major source of reactive oxygen species (ROS), which leads to massive 63 oxidation and cellular death (7). For instance, ischaemia induces a reversion of the succinate 64 dehydrogenase (complex II) leading to alteration of tricarboxylic acid cycle with dramatic 65 reduction of fumarate into succinate (8, 9). At reperfusion, succinate dehydrogenase resumes 66 its normal function and converts back the succinate into fumarate. However, the large stock of 67 succinate accumulated during ischaemia leads to an electron overflow in the mitochondrial respiratory chain and induces a reverse electronic flow from complex II to complex I. This 68 69 contributes to a massive production of superoxide anion at reperfusion (8). Additionally, the 70 cytosolic calcium overload induced after ischaemia-reperfusion promotes the formation of a 71 mitochondrial Permeability Transition Pore (mPTP), which is responsible for mitochondrial swelling and release of pro-apoptotic factors (10). Experimentally, its pharmacological 72 73 inhibition has been widely shown to provide cardioprotection after focal or generalized 74 ischaemia (11, 12). However, the pathophysiology of post-cardiac arrest disorders probably differs between brain and heart, and may depends upon the cause of cardiac arrest (shockable 75 76 vs non shockable rhythms).

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Accordingly, the goal of the present study was to compare the time course of mitochondrial dysfunction in brain and heart after cardiac arrest. We used two different conditions of cardiac arrest in rabbits, using ventricular fibrillation vs asphyxia models of cardiac arrest. In both conditions, we investigated the time course of the mPTP formation and mitochondrial respiration dysfunction. We also compared the neurological and cardiovascular outcomes in both conditions in order to assess putative links between mitochondrial kinetics disorders and related end-organ injuries.

## 85 Materials and Methods

#### 86 Experimental procedure

87 Experiments were approved by the institutional review board for animal research (ComEth AnSES/ENVA/UPEC n°16; Project 18-069), in accordance with French regulations 88 89 for animal use for research purpose. Male New-Zealand rabbits (2.7±0.2 kg) were anesthetised 90 with tiletamine and zolazepam (25 mg/kg i.m. each). After intubation and mechanical 91 ventilation, anaesthesia was maintained with sodium pentobarbital (5-10 mg/kg/h i.v.). 92 Methadone (0.5 µg/kg i.m.) was administered for analgesia. An arterial pressure probe was 93 inserted into the medial ear artery for mean arterial pressure (MAP) continuous recording. 94 Electrocardiogram was evaluated throughout the experiment. After paralysis with vecuronium 95 bromide (0.1 mg/kg i.v.), mechanical ventilation was stopped and animals were randomly 96 submitted to 10 min of no-flow induced by either ventricular fibrillation (VF group) or asphyxia 97 (Non-shockable CA group).

In the VF group, cardiac arrest was induced by applying an alternative current (10 V,
0.4 mA) between two electrodes applied upon the chest and inserted into the oesophagus,
respectively. In the non-shockable group, cardiac arrest was induced by asphyxia through
endotracheal tube clamping. Blood pressure rapidly decreased and no-flow was defined as a
mean blood pressure drop below 20 mmHg.

103 In both groups, cardiopulmonary resuscitation (CPR) was performed after 10 min of no-104 flow by continuous chest compression and adrenaline administration every two minutes (15 105 µg/kg i.v.). Cardiac massage was performed manually at the rate of 200 beat per min. In the 106 VF group, electric shocks were also delivered every two minutes (10 J/kg in VF group) until 107 electrical conversion of the heart rhythm. Resumption of spontaneous circulation (ROSC) was 108 considered as a mean blood pressure remaining above 60 mmHg during at least one minute 109 without chest compression. After ROSC, rabbits remained under mechanical ventilation 110 (FiO2=30%) with adrenaline infusion at a dose adjusted to achieve a mean blood pressure of 111 70 mmHg.

Animals were euthanized at the end of the no-flow period or 30 min, 120 min or 24 h after ROSC. We also isolated mitochondria from additional healthy animals with no cardiac arrest for baseline values determination. In the group followed during 24h, animals were awaken 6 h after ROSC. Before euthanasia, the neurological status was assessed according to a specific score, as previously described (13). This scoring method is evaluating the normal physiological function of the rabbits (feeding and grooming) as well as impairment of locomotor function and conscious state.

#### 119 Isolation of mitochondria

120 In order to assess mitochondrial dysfunction at different time points, animals were 121 euthanized at the end of the no-flow period or 30 min, 120 min or 24 h after ROSC, using a 122 lethal dose of pentobarbital (60 mg/kg i.v.). We also isolated mitochondria from additional 123 healthy animal only submitted to anaesthesia, mechanical ventilation and surgical preparation 124 for baseline values. After euthanasia, we rapidly sampled 1 g of the left ventricle, right brain 125 cortex and hippocampus.

#### 126 **Isolation and purification of mitochondrion**

127 Cardiac samples were minced and homogenized with an Ultra-Turrax T25 (set at 128 position 5; IKA-Werke GmbH & Co. KG, Staufen, Germany) for 5 s in 15 mL of buffer containing 129 300 mM sucrose, 10 mM HEPES and 2 mM EGTA, pH 7.4, at 4°C. Cortex and hippocampus 130 were simply minced and placed in 10 mL of the same 4°C buffer. Preparations were repeatedly 131 passed in a Potter-Elvehjem glass homogenizer (motor-driven Teflon pestle set at 1500 rpm) with additional 25 µL of Bovine Serum Albumin. Preparations were centrifuged at 3000 g during 132 133 5 min at 4°C and supernatant containing the mitochondria were recovered and centrifuged at 134 10 000 g for 10 min. After the second centrifugation, we discarded the supernatant and 135 resuspended the pellet in 200 µL of buffer for the heart and 600 µL of buffer for the brain 136 tissues. In each solution, we determined the protein concentrations by the Advanced Protein 137 Assay Reagent (57697, Sigma-Aldrich, St. Louis, MO, USA) in order to quantify the extraction 138 yield.

#### 139 Mitochondrial permeability transition pore

140 The formation of mPTP was assessed by monitoring mitochondrial calcium retention 141 capacity. Mitochondrion were submitted to increasing concentrations of calcium (10 µM) until 142 reaching a threshold at which mitochondria release calcium. This calcium release signs the 143 formation of mPTP as previously described (14). Accordingly, mitochondria (1 mg/ml) were 144 energized with 5 mM pyruvate/malate and incubated in the respiration buffer supplemented 145 with 1mM Calcium Green-5N fluorescent probe (C3737, Invitrogen, Eugene, OR, USA). The 146 concentration of calcium in the extramitochondrial medium was monitored by means of a 147 JascoFP-6300 spectrofluorimeter (Jasco, Bouquenais, France) at excitation and emission 148 wavelengths of 506 and 532 nm, respectively. The calcium signal was calibrated with addition 149 of known calcium amount.

### 150 Mitochondrial oxygen consumption

151 Mitochondrial oxygen consumption was measured at 30°C with a Clark-type electrode 152 (Hansatech Instruments Ltd, Norfolk, UK). Mitochondria (0.4 mg protein/ml) were incubated in 153 a respiration buffer containing 100 mM KCI, 50 mM sucrose, 10 mM HEPES and 5 mM 154 KH<sub>2</sub>PO<sub>4</sub>, pH 7.4 at 30°C. Respiration was initiated by addition of 2.5 mM pyruvate/2.5 mM 155 malate (state 2 respiration rate). After 1 min, ATP synthesis was induced by addition of 1 mM 156 ADP (state 3 respiration rate) and 1 mmol/L carboxyatractyloside was added to measure the 157 substrate-dependent respiration rate (state 4). The respiratory control ratio (state 3/state 4) 158 was then calculated. Finally, uncoupling state was measured by administrating 1 µM of 159 carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone in the incubation solution (state 3').

#### 160 Statistical analysis

All results were expressed as mean ± SEM. Individual values are illustrated in Supplemental Figures 1, 2 and 3. Data normality was evaluated using a Shapiro-Wilk test. Normality was confirmed for all parameters except state 3 oxygen consumption in the cortex and state 4 oxygen consumption in both cortex and hippocampus. Data distribution were therefore normalized for the latter parameters prior to statistical analysis. Then, respiratory

166 control and mitochondrial retention capacity were analysed using a two-way ANOVA followed
167 by Holm-Sidak test, with investigation of the group effect (VF vs non-shockable cardiac arrest)
168 and the time effect (baseline, *i.e.*, baseline conditions, end of no-flow, 30 min, 120 min and 24
169 h after CPR initiation). Neurological function was compared using a Kruskall-Wallis tests,
170 respectively. Statistical significance was set at p<0.05.</li>

### 171 **Results**

172 Fifty animals successfully underwent the entire protocol before mitochondrial isolation, 173 *i.e.*, 6 rabbits for each type of cardiac arrest with sampling at baseline, end of the no-flow period 174 or 30 or 120 min after CPR, and 4 rabbits for each type of cardiac arrest with sampling at 24 h 175 after neurological evaluation. In the non-shockable cardiac arrest group, MAP was dropping 176 below the value of 20 mmHg in 5.5±0.2 min after disconnecting the ventilator. ROSC was 177 achieved in 2.1±0.3 and 1.9±0.7 min in VF and non-shockable groups, respectively. The total dose of adrenaline administered during CPR to obtain ROSC was 23.3±4.6 and 25.1±8.1µg/kg 178 179 in the non-shockable cardiac arrest and VF groups, respectively. In the VF group, the total 180 number of electrical defibrillation shocks was 3.2±1.3 per animal. During the follow-up of the 181 animals, hemodynamic parameters and blood gases values were not different among animals 182 submitted to VF or non-shockable cardiac arrest (Table 1).

183 In the animals followed during 24 h, the amount of epinephrine administered after 184 ROSC to prevent hypotension was higher after VF vs non-shockable cardiac arrest, with no 185 significant difference (Figure 1, upper panel). At the timing of neurological dysfunction 186 evaluation, corresponding dysfunction scores were significantly higher after non-shockable 187 cardiac arrest vs VF (87 % [81 – 100] vs 66 % [52 – 87], respectively; Figure 1, lower panel).

#### 188 Mitochondrial extraction yield

As illustrated by Figure 2, mitochondrial extraction yields from brain cortex and hippocampus were reduced at 24 h after cardiac arrest as compared to baseline, but not at the end of the no-flow period and 30 or 120 min after CPR. At each time point, extraction ratio remained similar among both causes of cardiac arrest. In the heart, a significant decrease in the mitochondria extraction ratio was conversely observed in all conditions after cardiac arrest as compared to baseline, suggesting an increased rate of damaged mitochondria after cardiac arrest. However, extraction ratio again remained similar among both causes of cardiac arrest.

#### 196 Mitochondrial calcium retention capacity

197 Mitochondrial calcium retention capacity was evaluated by the calcium concentrations 198 inducing mPTP formation. As illustrated by Figure 3 (left panel), those concentrations were 199 significantly decreased in the hippocampus and cortex at the end of the no-flow period vs 200 baseline after both VF and non-shockable cardiac arrest. After 120 min following CPR, those 201 concentrations were lower in animals submitted to VF as compared to non-shockable cardiac 202 arrest. At the later time-point of the follow-up (24 h), a maximal dysfunction was observed after 203 both causes of cardiac arrest as compared to baseline, with no difference among VF and non-204 shockable cardiac arrest.

In the heart, the calcium retention capacity was significantly altered since the end of the no-flow period in animals submitted to non-shockable cardiac arrest as compared to baseline, but not in animals submitted to VF. In the latter group, such alteration was only observed at the later time-point of evaluation (24 h after cardiac arrest).

#### 209 Mitochondrial respiration

210 As illustrated by Figure 3 (right panel), a strong dysfunction in the mitochodrial 211 respiration assessed by the respiratory control ratio was evidenced in the cortex at the end of 212 the no-flow period as compared to baseline. After a transient recovery at 30 and 120 min after 213 CPR, a strong dysfunction was again observed 24 h after cardiac arrest. In the heart, 214 respiratory control ratio was significantly decreased since the end of the no-flow period in 215 animals submitted to VF but not in those submitted to non-shockable cardiac arrest. However, 216 a maximal and similar decrease in respiratory control ratio was observed 24 h after both causes 217 of cardiac arrest as compared to baseline.

As illustrated by Figure 4, oxygen consumption at state 3 (ATP synthesis in the presence of ADP), state 4 (substrate-dependant oxygen consumption independently from ATP synthesis) and state 3' (oxygen consumption during mitochondrial uncoupling) progressively increased from the end of the no-flow period to 120 min after CPR in the cortex and hippocampus of the animals submitted to VF. It was not the case in the animals submitted to

223 non-shockable cardiac arrest, with lower oxygen consumption in the brain as compared to VF after 120 following CPR. This demonstrates an over-consumption of oxygen after VF but not 224 225 non-shockable cardiac arrest at this early time-point. However, after 24 h following cardiac 226 arrest, a strong increase in state 4 oxygen consumption was observed vs baseline after both 227 causes of cardiac arrest, along with state 3 and state 3' oxygen consumption decrease. The 228 difference was not significant among the cause of the cardiac arrest, despite a trend toward 229 lower state 3 and state 3' oxygen consumption after VF vs non-shockable cardiac arrest. 230 Conversely, in the heart, states 3 and 3' oxygen consumption were reduced after VF as 231 compared to baseline and non-shockable cardiac arrest, before a strong increase in states 3, 232 4 and 3' oxygen consumption after both causes of cardiac arrest after 24 h.

## 233 Discussion

234 In our study, mitochondrial dysfunction demonstrated different patterns between the 235 brain and the heart. In both organs, a severe mitochondrial dysfunction was observed at 24 h 236 after cardiac arrest and was similar between the two models of cardiac arrest. In comparison, 237 mitochondrial dysfunction was rather mild during the first 2 hours following cardiac arrest, with 238 different time courses between organs. To date, the implication of mitochondria in post-cardiac 239 arrest physiopathology has often been extrapolated from results obtained in selective and 240 longer period of ischaemia than cardiac arrest, including stroke or myocardial infarction (15, 241 16). In those conditions, mitochondrial dysfunction is expected to be very severe and early 242 after reperfusion. In the context of prolonged cardiac arrest (i.e. > 15 min of no-flow), it has 243 also been shown that mitochondrial dysfunction is immediately very severe and stable over 244 time (17, 18). To our knowledge, our study is the first to demonstrate an early phase with 245 relatively mild mitochondrial dysfunction followed by a late phase (after 24 h) with dramatic 246 impairment of mitochondrial dysfunction with different profiles between brain and myocardium.

247 Regarding the early phase of dysfunction in the heart, we observed an absence of 248 mitochondrial dysfunction at the end of the no-flow period whereas early reperfusion was 249 associated with impairment of the mitochondrial respiration and calcium retention capacity. 250 This underlines the effect of reperfusion in the promotion of mitochondrial dysfunction, which 251 is consistent with the literature on regional myocardial ischaemia showing that reactive oxygen 252 species produced at reperfusion are responsible for mPTP opening (8, 19). This has also been 253 demonstrated in a mouse model of cardiac arrest with a progressive alteration of myocardial 254 electronic flow between 30 and 60 min of reperfusion but not during ischaemia (20). This is 255 thought to be due to the specific sensitivity of complex I and IV of the mitochondrial respiratory 256 chain, whereas other complex remain quite insensitive to ischaemia-reperfusion during post-257 cardiac arrest syndrome (20). However, a recent study investigated the mitochondrial function 258 in post-cardiac arrest patients and demonstrated that succinate-driven respiration is actually 259 more impaired that glutamate/malate-driven respiration in skeletal muscle after cardiac arrest

260 (21). Yet, in our model, we did not specifically assess the complex II activity. Different 261 subpopulation of cardiac mitochondria could also be associated with differential response to 262 myocardial ischemic-reperfusion injury. It is indeed well demonstrated that mitochondrial 263 mechanical isolation is associated with over representation of subsarcolemmal as compared 264 to interfibrillar mitochondrial population (22). The modest cardiac dysfunction that we observed 265 here at the early time-points after cardiac arrest could then be related to this phenomenon, as 266 interfibrillar mitochondria are thought to be responsible for providing most of the energy of the 267 contractile apparatus.

268 Regarding the time course of dysfunction in the brain, mitochondrial function appeared 269 to be strongly impaired during no-flow period with a transient reversion after CPR and then a 270 delayed deterioration the day after cardiac arrest. In the literature, data obtained after 10 min 271 of VF in rats demonstrates that 5 min after ROSC are sufficient to partially restore the 272 mitochondrial function as compared to the one measured during ischaemia (23). Similarly, 273 after 10 min of VF in dogs, a study demonstrated that the decrease in mitochondrial respiratory 274 control and calcium retention capacity were reversed within 100 min of reperfusion (24). To 275 our knowledge, there is only one study showing that mitochondrial dysfunction is severe and 276 stable after ROSC (25). However, in this study, the authors used a very long duration of cardiac 277 arrest (15 min) and no vasopressor were administered during follow-up (25). In another study 278 in rats, it was demonstrated that cardiac arrest was associated with sustained mitochondrial 279 dysfunction up to 1 h after cardiac arrest (26). In this study, the authors used a prolonged no-280 flow period of 8 min of CPR. Both study then used a more severe model of cardiac arrest that 281 the one used in our study. Species difference could also explain some discrepancies since 282 rabbits have a slower heart rate than rodents. The relatively modest mitochondrial dysfunction 283 that we evidenced in the brain as compared to the heart at the early stage after cardiac arrest 284 could also be related to a mechanism of energetic preservation in the brain. For example, the 285 so-called "Astrocyte-Neuron Lactate Shuttle" could protect the brain by neurons fuelling with 286 lactates by astrocytes in ischemic conditions (27). Additionally, the main source of energy in 287 the brain is glucose whereas heart is mostly using fatty acid as a primary metabolic substrate.

This could explain the differences between organs in our study. However, literature on brain mitochondrial dysfunction after cardiac arrest is still sparse and sometimes contradictory, which could be explained by different experimental conditions.

291 Importantly, we also observed that the early cerebral mitochondrial dysfunction (from 292 no-flow to 120 min after CPR) was more severe after VF than non-shockable cardiac arrest, 293 despite the fact that the ultimate neurological function was worse after non-shockable cardiac 294 arrest. Importantly, the latter observation is consistent with clinical data showing that non-295 shockable cardiac arrest is usually associated with more severe neurological dysfunction than 296 shockable cardiac arrest (2). Additionally, we demonstrated that mitochondrial dysfunction 297 during the early phase is not predictive of the mitochondrial dysfunction observed after 24h. 298 Altogether, those results suggest that early brain mitochondrial dysfunction is not correlated to 299 the severity of the ultimate neurological injury and that delayed mitochondrial dysfunction is 300 more probably secondary to other pathophysiological events such as brain oedema or post-301 cardiac arrest myocardial dysfunction rather than direct ischemic injury during the initial no-302 flow. This also suggests that ideal mitochondrial protective strategies should not be 303 administered immediately after ROSC but rather be adapted to the windows of susceptibility 304 of mitochondria. However, the very large majority of clinical or experimental strategy to protect 305 mitochondria target the firsts minutes of mitochondrial dysfunction. As an illustration, 306 administration of inhibitor of the succinate dehydrogenase during CPR in rats, was not 307 associated with any improvement of the survival rate after 3 days (28). Another example is the 308 recent CYRUS clinical trial, which also failed to demonstrate any benefit following the selective 309 inhibition of mPTP formation by cyclosporine when administered during CPR to prevent 310 reperfusion-induced injury in cardiac arrest patients (10).

311

## 312 **Conclusion**

Differences between early and late mitochondrial dysfunction after VF or nonshockable cardiac arrest suggest that mitochondrial function might not play a unique role in the pathophysiology of the post-cardiac arrest syndrome but could rather be a secondary pathophysiological event.

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## 420 Legend to figures

- 421 Figure 1: Dose of epinephrrine administered after resuscitation and neurological
- 422 dysfunction scores in rabbits followed during 24 h shockable (VF, n=4) or non-
- 423 shockable cardiac arrest (CA, n=4).
- 424 \*, p<0.05 between groups



425

Figure 2: Mitochondrial extraction ratio assessed by mitochondrial protein dosage in
hippocampus, brain cortex or heart samples of rabbits submitted to ventricular
fibrillation (VF) or non-shockable cardiac arrest (CA) followed by cardiopulmonary
resuscitation (CPR).

431 Values are expressed as mean±SEM; \*, p<0.05 vs corresponding baseline value

432



434 Figure 3: Calcium concentration leading to the formation of the mitochondrial 435 permeability transition pore (mPTP, left panel) and respiratory control ratio (right panel) 436 of mitochondria isolated in the hippocampus, brain cortex or heart of rabbits submitted 437 to ventricular fibrillation (VF) or non-shockable cardiac arrest (CA) and subsequent 438 resuscitation. Mitochondria were isolated from tissues withdrawn in either baseline 439 conditions or at the endof the no-flow period or after 30 min, 120 min or 24 h following 440 cardiopulmonary resuscitation (CPR). Control ratio has been calculated as the ratio 441 between state 3 and state 4 oxygen consumptions, i.e., ADP- and substrate-dependent 442 respiration rates, respectively.

- 443 Values are expressed as mean±SEM; \*, p<0.05 vs corresponding baseline value; †, p<0.05
- 444 vs corresponding VF value; mPTP, mitochondrial permeability transition pore.

-O- Non-shockable CA



Figure 4: Respiratory activity in mitochondria isolated from the hippocampus, brain cortex or heart of rabbits submitted to ventricular fibrillation (VF) or non-shockable cardiac (CA) with subsequent resuscitation. Mitochondria were isolated from tissues withdrawn in either baseline conditions or at the end-of the no-flow period or after 30 min, 120 min or 24 h following cardiopulmonary resuscitation (CPR). States 3, 4 and 3' oxygen consumptions represent ADP-, substrate-dependent (pyruvate/malate) and uncoupled respiration rates, respectively.

- 453 Values are expressed as mean $\pm$ SEM; \*, p<0.05 vs corresponding baseline value; †, p<0.05
- 454 vs corresponding VF value.

