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miR-379 links glucocorticoid treatment with mitochondrial response in Duchenne muscular dystrophy

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Duchenne Muscular Dystrophy (DMD) is a lethal muscle disorder, caused by mutations in the DMD gene and affects approximately 1:5000–6000 male births. In this report, we identified dysregulation of members of the Dlk1-Dio3 miRNA cluster in muscle biopsies of the GRMD dog model. Of these, we selected miR-379 for a detailed investigation because its expression is high in the muscle, and is known to be responsive to glucocorticoid, a class of anti-inflammatory drugs commonly used in DMD patients. Bioinformatics analysis predicts that miR-379 targets EIF4G2, a translational factor, which is involved in the control of mitochondrial metabolic maturation. We confirmed in myoblasts that EIF4G2 is a direct target of miR-379, and identified the DAPIT mitochondrial protein as a translational target of EIF4G2. Knocking down DAPIT in skeletal myotubes resulted in reduced ATP synthesis and myogenic differentiation. We also demonstrated that this pathway is GC-responsive since treating mice with dexamethasone resulted in reduced muscle expression of miR-379 and increased expression of EIF4G2 and DAPIT. Furthermore, miR-379 seric level, which is also elevated in the plasma of DMD patients in comparison with age-matched controls, is reduced by GC treatment. Thus, this newly identified pathway may link GC treatment to a mitochondrial response in DMD.

Duchenne muscular dystrophy (DMD) is a lethal muscle disorder with a prevalence of 4.78/100,000 male¹. DMD is caused by mostly out of frame mutations in the DMD gene, located on the X chromosome, leading to a lack or drastically reduced expression of the DMD gene product, dystrophin. Deficiency of the dystrophin protein leads to the degeneration of skeletal and cardiac muscle. Whilst severely affecting motor ability, DMD also leads to premature death by respiratory or cardiac failure^{2,3}. Synthetic glucocorticoids (GC) are currently the standard medication for DMD patients^{4,5}. GC treatment is associated with a delayed disease progression and a reduced risk of death⁶. The therapeutic effect of GC in DMD is thought to act principally through the reduction of inflammation⁷, yet the complete mechanism of action is still unknown. However, GC drugs elicit a wide range of biological responses, including undesired side effects in DMD patients undergoing long-term treatment, such as obesity, bone fragility, pubertal delay, and short stature^{4,6}. The loss of dystrophin initiates a complex pathological cascade, which includes sarcolemma destabilization, calcium influx, activation of proteases, and mitochondrial dysfunction, leading ultimately to fiber degeneration, inflammatory reaction and repeated cycles of myofiber degeneration and regeneration. The dystrophic process leads to a gradual replacement of contractile cells by fibro-adipogenic tissue and a loss of regenerative capacity. The mitochondrial defect associated with DMD pathology is characterized by reduction in expression of components in the electron transfer chain, accompanied

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by reduced ATP production (reviewed in⁸). The molecular mechanism(s) of mitochondrial dysfunction in DMD are, however, not entirely understood. It is thought that the calcium influx may lead to a Ca^{2+} overload within the mitochondrial matrix that may in turn result in the opening of the mitochondrial permeability transition pore (mPTP) and subsequently in mitochondrial swelling and degeneration^{9,10}. However, there is an alternative hypothesis suggesting that the mitochondria dysfunction precedes the increased Ca^{2+} load within the organelle^{11,12}. MicroRNAs (miRNAs) are short RNA molecules with a major influence on gene expression, due to their capacity to bind to target mRNAs. By profiling miRNA in muscle biopsies, Eisenberg and colleagues demonstrated disease-specific and distinct muscle miRNA profiles¹³. Similarly, by profiling circulating miRNA in mouse models for muscular dystrophies, we demonstrated more recently disease-specific miRNA profiles in the blood serum of these disease models¹⁴. Specifically for DMD, most prominent is the dysregulation of the myomiRs, which are a small number of miRNAs particularly abundant in myofibers^{14–22}. However, the myomiRs are not the only dysregulated miRNA in DMD. Indeed, we recently reported such observation in a study performed in the canine GRMD (Golden retriever muscular dystrophy) model of DMD, which reproduces the human disease in many aspects²³. The dysregulation of a large number of miRNAs in the serum of the GRMD dog model was shown, including miRNAs which are abundant in the heart (cardiomiRs) and a large number of miRNAs residing in two clusters on the genomic imprinted *Dlk1-Dio3* locus²⁰.

In the present study, we identified one particular member of this cluster, miR-379, as highly dysregulated in muscle biopsies of the GRMD model. We further identified a downstream GC-responding signaling pathway involving the translational factor EIF4G2 and DAPIT, a peptide associated to the mitochondrial ATP synthase. It is of note that a higher expression of DAPIT mRNA correlated with a later loss of ambulation in DMD patients²⁴. More recently, DAPIT has been identified as mutated in Leigh syndrome²⁵, a neurological disorder with perturbed mitochondrial functions. Thus, the signaling pathway of miR-379, EIF4G2, and DAPIT could be part of the mitochondrial dysfunction, and a target of the GC treatment effect in DMD.

Results

Screening for miRNA dysregulation in muscle biopsy of the GRMD dog model. During our previous investigations on the profiling of circulating miRNAs in animal models of muscular dystrophies^{14,20,26}, we identified the dysregulation of the myomiRs, the cardiomiRs and a large number of the *Dlk1-Dio3* clustered miRNAs. However, whether or not these miRNAs are also dysregulated in the dystrophic skeletal muscle remains unknown. In the absence of adequate DMD muscle biopsies, we used the GRMD dog (a Golden Retriever DMD dog model), which is a highly useful animal model for DMD disease²⁷. The GRMD model is characterized by a large phenotypic variability. In order to take advantage of this variability, the studied cohort was composed of phenotypically distinct 2-month old GRMD dogs: severely affected GRMD dogs ($n = 10$), characterized by a loss of ambulation before the age of 6 months, and moderately affected GRMD dogs ($n = 9$), still ambulant at 6 months of age. Healthy littermates ($n = 9$) were used as controls (Fig. 1a). In addition, we screened two distinct skeletal muscles of the thigh: the *Biceps femoris* (BF) and the *Sartorius cranialis* (SC). Initial molecular characterization of the samples was performed through analysis of the expression of a set of muscular dystrophy indicators: myosin heavy chain-8 (MYH8) for muscle regeneration, Col6A3 (a collagen isoform) for muscle fibrosis, and CD11b for muscle inflammation²⁶ (Fig. 1b). Notably, the dysregulation of mRNA transcripts in these four sample sets correlated with the global severity of the dogs but not with the level of impairment of the two studied muscles.

We profiled in the GRMD muscles the expression of 34 miRNAs, of which three are the myomiRs. The others 31 miRNAs were previously identified as dysregulated in the serum of the mdx mouse¹⁴ of GRMD dogs²⁰ or DMD patients (Supplemental Table 1), and were considered by us as candidates for the regulation of muscle metabolic and mitochondrial functions. Twenty-six out of the 34 miRNAs were dysregulated ($\text{FC} > 1.5$; $p < 0.05$) in at least one of the cohort groups (Table 1).

A heat map analysis of miRNA expression clustered muscle biopsies by their GRMD phenotype (severe BF with severe SC and moderate BF with moderate SC), while samples of the same muscle from the severe and moderate phenotype were separated (Fig. 1c). Interestingly, in the cluster of the most highly dysregulated miRNAs, we found the *Dlk1-Dio3* rmiRNAs, miR-379, miR-410, miR-431, miR-433 (Table 1 and Fig. 1c), that were previously shown to be elevated in the serum of the GRMD²⁰. In contrast, the myomiRs miR-133a, miR-133b and miR-206 clustered together at a reduced dysregulation level (Fig. 1c). A PCA analysis, based on the expression data of all tested miRNAs, separated the healthy control from the GRMD dogs, and to a lesser extent the severe from the moderate GRMD phenotypes (Fig. 1d). In contrast, the *Sartorius* and *Biceps* muscle profiles remained mostly indistinguishable (Fig. 1e). Taken together, these results demonstrated that (1) many dysregulated miRNAs in the plasma in condition of dystrophin mutations are also dysregulated in muscles; (2) globally, the miRNA upregulation is stronger in moderate versus severe GRMD muscle and (3) the *Dlk1-Dio3* miRNAs (miRs -379, -410, -431, -433) are among the most highly dysregulated miRNAs in the dystrophic GRMD muscle.

MiR-379 represses the expression of EIF4G2 and DAPIT in human myoblasts. To our knowledge, the *Dlk1-Dio3* miRNAs dysregulation is yet to be investigated in the context of muscular dystrophy. We therefore sought to select one *Dlk1-Dio3* miRNAs for a detailed investigation. We decided to focus on miR-379, which was reported to be GC responsive in the liver²⁸. This point is of interest considering the influence of GC treatment on the DMD phenotype. In addition, miR-379 is reported to be a muscle-specific stem-cell miRNA²⁹, thus potentially being involved in muscle regeneration, which is an important aspect of muscular dystrophies. A graphical representation of miR-379 expression in the GRMD BF and SC muscles is shown in Fig. 2a, demonstrating high dysregulation (except in the SC muscle, severe group, $\text{FC} = 2.1$, $p = 0.052$). In addition, the upregulation of miR-379 was found in the *tibialis cranial* muscle of 3-month old GRMD (non-significance due to the small number of biopsies), while, in cardiac left ventricles, miR-379 was not dysregulated (supplemental Fig. 1).

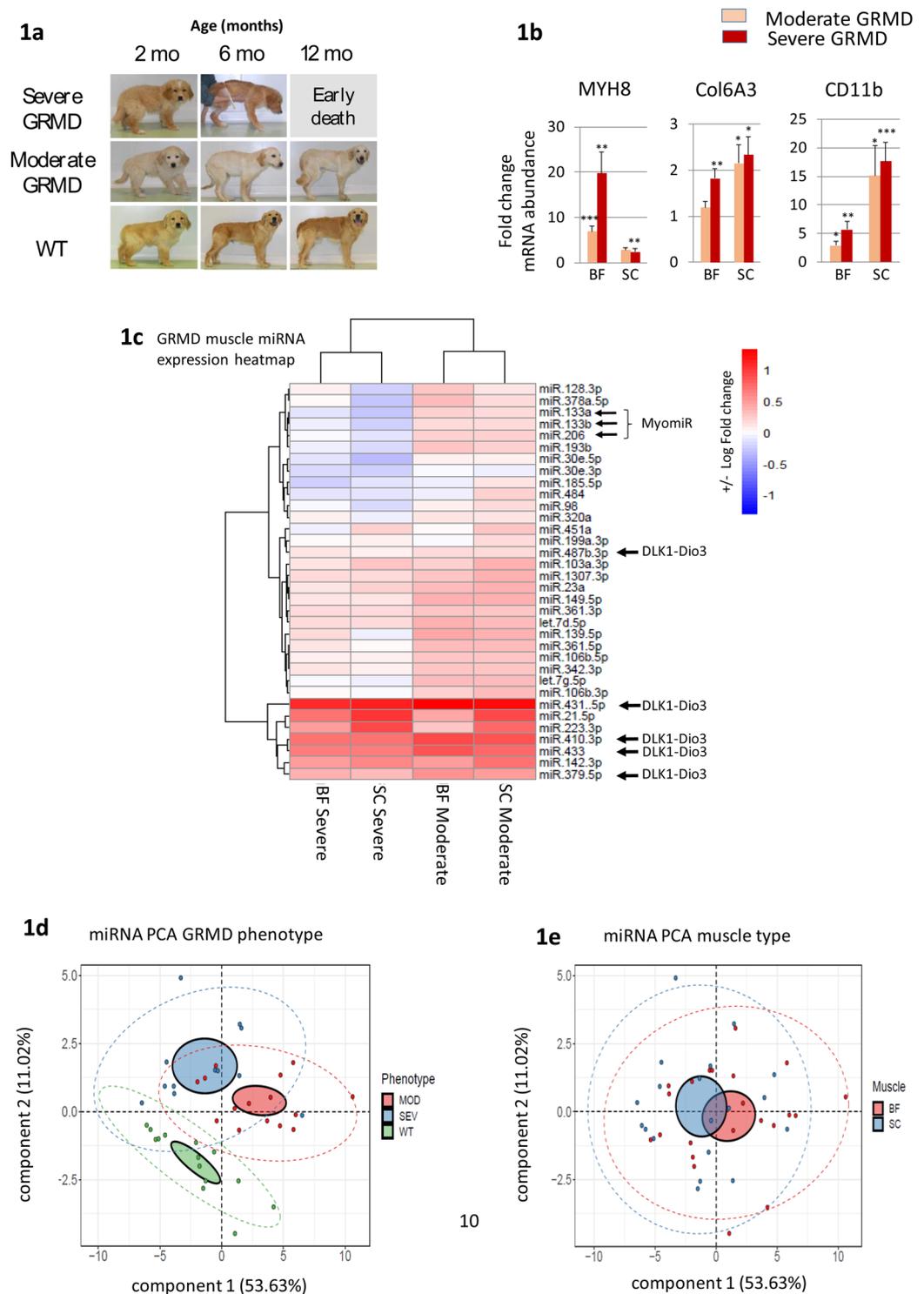


Figure 1. GRMD cohort and miRNA expression. **1a.** Phenotype variations through ages of GRMD dogs. **1b.** Fold change of normalized mRNA abundance in muscle biopsies of 2-month old dogs ($n = 9-10$). CD11b: CD11 Antigen-Like Family Member, Col6a: collagen 6a3; MYH8: myosin heavy chain 8; BF: *Biceps Femoris*; SC: *Sartorius Cranialis*. **1c.** Heat map classification of miRNA dysregulation in GRMD muscle biopsies, *Biceps Femoris* (BF) and *Sartorius Cranialis* (SC) moderate and severe phenotypes. The myomiRs and miRNAs from the Dlk1-Dio3 locus are marked by black arrows. **1d.** Principal component analysis of muscle (combined SC and BF) miRNA expression in dog groups, wild type (WT), GRMD severe (SEV), and GRMD moderate (MOD). **1e.** Principal component analysis of miRNA expression in GRMD muscles (combined moderate and severe group) *Sartorius cranialis* (SC) and *biceps femoral* (BF). Circles mark the aggregation of the individuals according to their group. Small circles denoted 95% confident interval of the gravity center, while the larger discontinued-line circles surrounds 95% of the dots.

miR name	Chr. Hs	Fold-change (GRMD vs WT)				p-value (GRMD vs WT)			
		Severe GRMD		moderate GRMD		Severe GRMD		moderate GRMD	
		<i>Biceps f.</i>	<i>Sartorius c.</i>	<i>Biceps f.</i>	<i>Sartorius c.</i>	<i>Biceps f.</i>	<i>Sartorius c.</i>	<i>Biceps f.</i>	<i>Sartorius c.</i>
miR-30e-3p	1	-1.46	-1.84	-1.09	-1.18		*		
miR-30e-5p	1	-1.29	-2.24	1.08	1.15				
miR-128-3p	2	1.19	-1.67	1.98	1.3			**	
miR-149-5p	2	1.37	1.39	2.45	2.61			***	***
let-7g-5p	3	-1.02	-1.25	2.01	2.02			**	**
miR-103a-3p	5	1.36	1.9	1.63	2.48		*	**	****
miR-378a-5p	5	1.03	-1.92	2.13	1.41			**	
miR-133b	6	-1.27	-1.68	1.53	1.47		*	*	
miR-206	6	-1.02	-1.42	1.58	1.55				
miR-106b-3p	7	1.07	-1.07	1.71	2.23				**
miR-106b-5p	7	1.13	1.12	1.93	1.84			**	*
miR-320a	8	1.06	-1.18	1.32	1.34				
let-7d-5p	9	1.54	1.46	2.01	2			**	**
miR-1307-3p	10	1.42	1.44	1.96	2.54			**	**
miR-139-5p	11	1.5	-1.23	3.26	3.01			***	*
miR-342-3p	14	1.3	1.14	1.93	1.89			**	*
miR-379-5p	14	2.41	2.07	3.3	2.92	**		**	***
miR-410-3p	14	5.05	5.3	8.37	7.21	**	**	**	***
miR-431-5p	14	12.41	14.89	22.09	17.61	***	**	**	***
miR-433	14	4.87	4.77	7.43	6.39	**	*	***	**
miR-487b-3p	14	1.29	1.2	1.37	1.42				
miR-193b-3p	16	-1.2	-1.61	1.9	1.72			**	
miR-484	16	-1.41	-1.3	-1.14	1.65				
miR-142-3p	17	3.1	4.15	3.09	5.12	**	*	**	**
miR-21-5p	17	4.83	10.18	2.63	8.28	**	**	**	****
miR-451a	17	-1.13	1.58	1	1.9				*
miR-133a	18	-1.28	-1.91	1.69	1.51		*	*	
miR-23a	19	1.32	1.55	2.21	2.51			**	**
miR-199a-3p	19	1.04	1.1	-1.05	1.42				
miR-185-5p	22	-1.65	-1.36	-1.18	1.3				
miR-361-3p	X	1.77	1.79	2.31	2.32		*	**	*
miR-361-5p	X	1.23	1.02	2.25	2.13			**	**
miR-98-5p	X	-1.05	-1.47	1.16	1.55				
miR-223-3p	X	3.15	8.86	1.97	6.34	*	*		**

Table 1. MiRNA expression in GRMD muscle biopsies. MiRNAs are classified according chromosomal location order. Fold change GRMD/control is indicated in the middle part of the table. Respective p values are indicated * $p < 0.05$, ** $p < 0.001$, *** $p < 0.0005$, **** $p < 0.0001$.

We used Diana-TarBase³⁰ and TargetScanHuman³¹ for a bioinformatics prediction of miR-379 targets. Among the highest bioinformatics scores, we noticed EIF4G2, which has a binding site for miR-379-5p in its 3' UTR (Fig. 2b). EIF4G2 (also designated DAP5 or NAT1), is a translation factor proposed to promote cap-independent IRES-driven protein translation under cellular stress conditions³². In addition, EIF4G2 has been shown to be required for early mouse embryo development³³, and in a recent study, also shown to promote a mitochondrial shift of glycolytic to oxidative phosphorylation metabolism and subsequently the differentiation capacity of human ES cells³⁴. Interestingly, we noted also that miR-139-5p, which is another GRMD dysregulated miRNA (Table 1) was predicted to target EIF4G2 (Supplemental Fig. 2).

To investigate whether this protein is a miR-379 target, human immortalized myoblast AB1190 cells³⁵ were transfected with miR-379 and miR-139. A western blot analysis confirmed the prediction by demonstrating the downregulation of EIF4G2 in the transfected myoblasts, not only by miR-379 but also, to a very similar level, by miR-139 (Fig. 2c,d). We then used immunoprecipitation of the Argonaut protein (IP-Ago) method (described schematically in Fig. 2e) in order to validate the direct targeting of EIF4G2 by miR-379. After transfection of AB1190 myoblasts by miR-379, an anti-Argonaut antibody was used for the isolation of the RISC complex. The immunoprecipitated samples were analyzed by an RT-qPCR analysis using the PDK1 gene as a positive control, because it is an experimentally confirmed *bona fide* miR-379 target³⁶, and the UQCRI0 gene as a negative control, since it has no miR-379 recognition site. Enrichment for PDK1 and EIF4G2, but not for UQCRI0, confirmed the targeting in myoblasts of EIF4G2 by miR-379-5p (Fig. 2f).

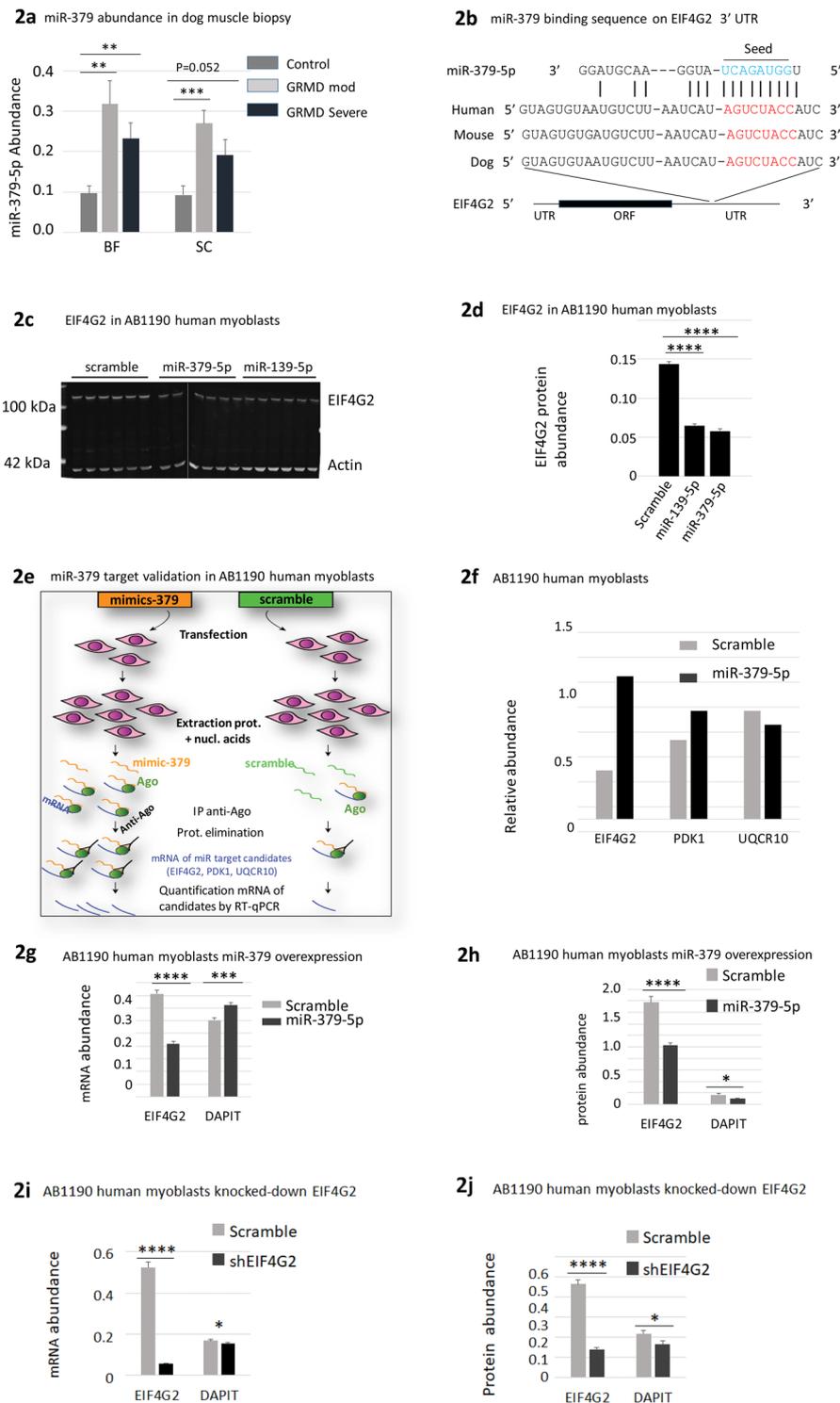


Figure 2. miR 379 target validation, EIF4G2 and DAPIT regulation by miR-379. **2a.** miR-379 expression in GRMD muscle biopsy (a graphical presentation of miR-379 data of Table 1, (n = 9 or 10)); BF *Biceps femoris*; SC *Sartorius cranialis*. **(b)** Bioinformatics prediction of the binding site of miR-379 on EIF4G2 in human, dog and mouse. MiR-379-5p seed and complementary targets sequences are in respectively in blue and red. **(c)** EIF4G2 expression in miR-379 and miR-139 transfected AB1190 human myoblasts, shown representative results of three experiments. **(d)** Graphical presentation of **(c)**. **(e)** Schematic description of the IP-Ago method for miRNA target validation. **(f)** IP-Ago enrichment for miR-379 targets sequences in AB1190 human myoblasts, shown result of one out of two independent experiments. **(g)** and **(h)** EIF4G2 and DAPIT mRNA (**2g**) and protein expressions (**2h**) in miR-379 overexpressing AB1190 myoblasts. **(i,j)** EIF4G2 and DAPIT mRNA (**2i**) and protein expressions (**2j**) in shEIF4G2 overexpressing AB1190 myoblasts.

After survey of the literature, we noticed that DAPIT, a mitochondrial protein (encoded by the *USMG5* gene), was identified amongst potential translational targets of EIF4G2 in human ES cells (Supplemental material³⁴). Importantly, DAPIT was shown to be expressed nearly 5 fold higher in DMD patients with late, as opposed to early loss of ambulation²⁴. We hypothesized thus that miR-379, EIF4G2, and DAPIT may constitute a GC-responsive dysregulated pathway in DMD. We investigated whether the expression of DAPIT could be affected by miR-379. AB1190 human myoblasts were transfected by miR-379, and the mRNA and protein levels EIF4G2 and DAPIT quantified. Despite a slight upregulation of DAPIT mRNA expression in miR-379 transfected myoblasts (Fig. 2g, FC = 1.20), the protein level of DAPIT was significantly downregulated (Fig. 2h, FC = -1.69), supporting thus the hypothesis that within myoblasts DAPIT might be a translational target of EIF4G2. A miR-379-5p binding site could not be identify in the DAPIT UTRs and our bioinformatics analysis did not predict the possibility of a direct targeting of DAPIT transcript by miR-379. Yet, it could be hypothesized that DAPIT expression is somehow affected directly by miR-379-5p, rather than indirectly via translational control of EIF4G2. Yet, to validate the hypothesis that in myogenic cells DAPIT is a translational target of EIF4G2, rather than a direct target of miR-379, we transfected AB1190 cells by shRNA against EIF4G2. The mRNA level of DAPIT was slightly downregulated (Fig. 2i, FC = -1.22), and more clearly downregulated was its protein level (Fig. 2j, FC = -1.34).

Myogenic expression of miR-379 EIF4G2 and DAPIT. The skeletal muscle is a complex tissue, composed of a wide array of cell types. The origin of miRNA dysregulation in the dystrophic muscle could be of a myogenic or of a non-myogenic lineage. To investigate miR-379 expression pattern in the myogenic lineage, muscle satellite cells were sorted from the hind limb muscles of the mdx and wt control mice. Satellite cells were cultured for 4 days in proliferative media (D4 proliferation) and then for additional 5 days in differentiation condition (D5 differentiation). Mir-379 expression was quantified by quantitative PCR (Fig. 3a,b). In agreement with a recent publication³⁷, we detected a high-level of miR-379 expression in freshly isolated satellite cells from the control wt mouse, which was sharply downregulated upon myoblast proliferation (Fig. 3b). Unexpectedly, in the freshly isolated satellite cells, miR-379 expression was lower in mdx compared to that in the wt mouse. We then hypothesized that differential expression pattern of miR-379 between mdx and control may evolve through differentiation. The overall morphology of the day 2 and 4 differentiated myotubes was similar between mdx and control mice-derived cultures (Supplemental Fig. 3). However, upon *in vitro* differentiation, we detected a significantly higher level of miR-379 in mdx than in the wt control (Fig. 3a,b). Taken together, these results demonstrate that miR-379 is expressed in the myogenic lineage, at a high level in satellite cells (lower in mdx than in the control), downregulated upon satellite cells activation and proliferation, and increasingly expressed upon myogenic differentiation, to a higher level in mdx than in the control mouse. EIF4G2 was reported to promote differentiation of ES cells³⁴ and during embryonic development³³. Accordingly, we hypothesized that EIF4G2 and DAPIT may promote myogenic differentiation. To explore this aspect, we investigated the expression patterns of EIF4G2 and DAPIT in human AB1190 myoblasts during proliferation and differentiation. RNA levels of both genes were unchanged during these two stages (Fig. 3c). By contrast, the protein levels of both genes rose sharply on proliferation phase and over 3-differentiation days (Fig. 3d,e). EIF4G2 and DAPIT protein expressions were highly correlated over this period (Fig. 3f), indicating a possible translation control of DAPIT by EIF4G2. We used muscle biopsy of the adult mouse for the detection of EIF4G2 and DAPIT expression *in situ*, and identified in transversal sections a mosaic expression pattern for both proteins. Importantly, enriched expression of the two proteins was detected in the same myofibers (Fig. 3g), which is in agreement with translation control of DAPIT by EIF4G2.

EIF4G2 and DAPIT are required for myogenic differentiation. To explore further the participation of EIF4G2 and DAPIT in myogenic differentiation we investigated the effect of their inhibition. AB1190 myoblasts were transfected by shRNA to knockdown the expression of EIF4G2, or DAPIT, and then shifted to differentiation medium. It is of significance that the knockdown of either gene resulted in an inhibition of myotube formation in the cultured myoblasts (Fig. 4a,b). To understand the molecular basis of this inhibition, we quantified the expression of myogenic factors. We detected only moderately reduced MyoD expression in the proliferating AB1190 myoblasts when EIF4G2 was knocked down (Fig. 4c). In contrast, knocking down DAPIT expression resulted in a strong induction of MyoD1, Pax3 and Myf5 (Fig. 4d). A higher modification of gene expression was detected under differentiation conditions. The expression of the myogenic differentiation-associated factors myogenin, miR-1 and miR-133 was down regulated sharply upon knocking down of EIF4G2 (Fig. 4e) and DAPIT (Fig. 4f) while MyoD expression was unchanged by knocking down EIF4G2, and upregulated by knocking down DAPIT expression. This last observation would indicate a stronger requirement of EIF4G2 rather than that of DAPIT on myotube formation. Thus, knocking down the expression of either EIF4G2 or DAPIT during myoblast differentiation repressed myotube formation, as demonstrated by the phenotype and the downregulation of differentiation-associated gene expression. These results demonstrate that the expression of DAPIT is increased in correlation to the level of EIF4G2, both proteins are co-expressed in the same myofibers in the adult muscle and are required for myogenic differentiation.

DAPIT expression and biological activity in the skeletal muscle. DAPIT is reported to be a mitochondrial complex 5 ATP synthase associated peptide^{38–40}. In C2C12 myoblasts, DAPIT is localized on the mitochondria, and a higher DAPIT expression can be observed in mouse oxidative myofibers, as opposed to that found in glycolytic myofibers⁴¹. In agreement, we confirmed a mosaic expression pattern in the mouse gastrocnemius muscle, with enriched DAPIT expression in oxidative fibers where it co-localized with the mitochondrial ATP synthase ATP5a subunit, and the oxidative enzyme Nicotinamide adenine dinucleotide (NADH) (Fig. 5a). The co-localization of DAPIT with ATP5a was confirmed in single fibers that were isolated from the gastrocnemius muscle (Fig. 5b).

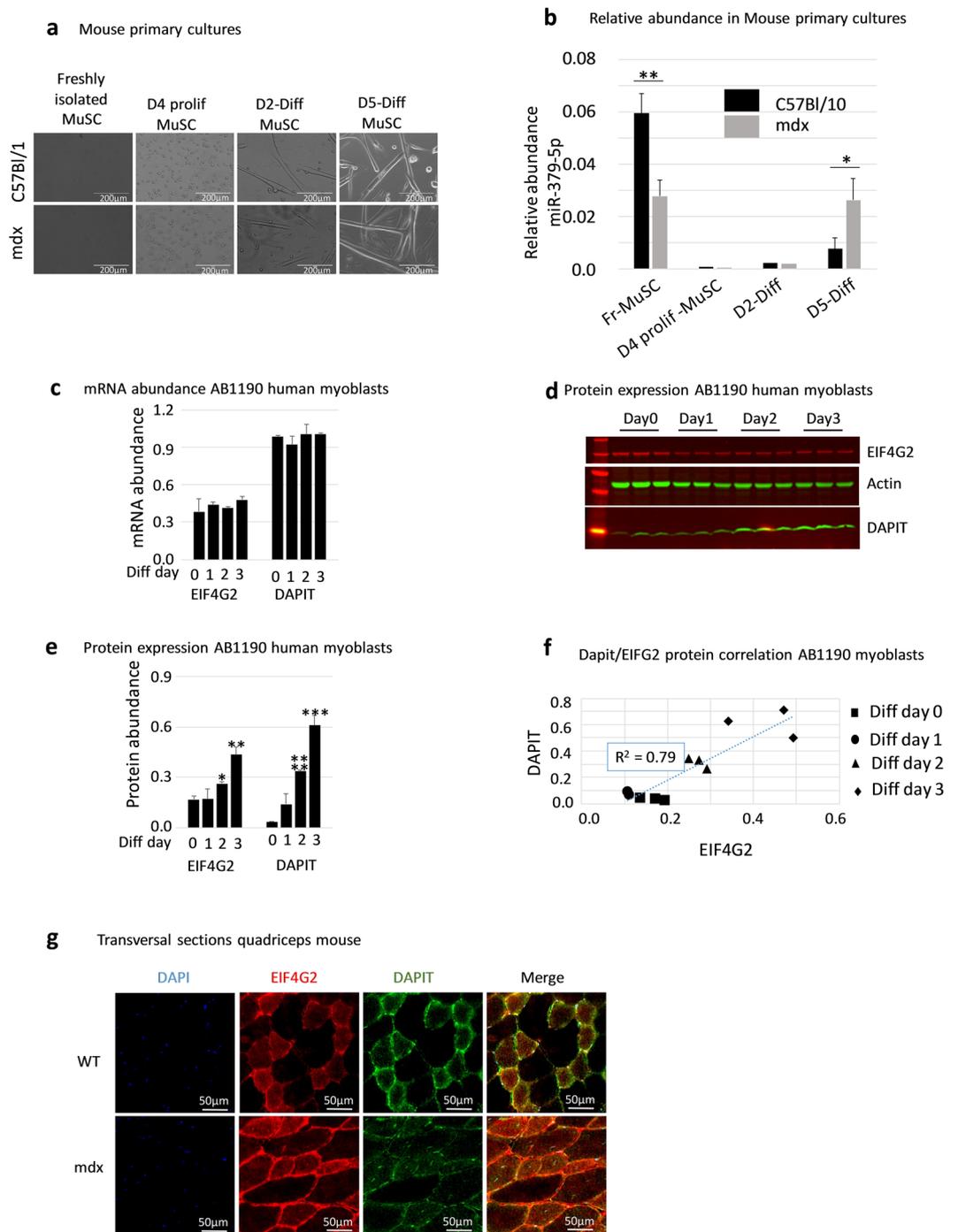


Figure 3. Myogenic expression of miR-379, EIF4G2 and DAPIT. **3a.** Images of freshly isolated, proliferating and differentiated muscle stem cells (MuSC). Scale bar = 200 μ m. **(b)** miR-379 relative abundance in freshly isolated Fr-MuSC; Day 4 proliferation MuSC (D4 prolifer MuSC), day 2 and 5 of differentiation of the same cells. **(c)** to **(e)** EIF4G2 and DAPIT mRNA **(c)** and protein **(d,e)** expressions during AB1190 human myoblasts proliferation (day 0) and differentiation (Days 1, 2 and 3). **(f)** Correlation of DAPIT to EIF4G2 protein expression in AB1190 myoblasts during proliferation (Day 0) and differentiation (Days 1, 2 and 3). Dotted line = linear regression. **(g)** immunofluorescence detection of EIF4G2 and DAPIT in transversal sections of the quadriceps muscle of adult mdx and C57Bl/10 mouse.

Previous investigation demonstrated that *in vitro* knockdown of DAPIT expression in HeLa cells resulted in reduced ATP production⁴². In addition, mutations in DAPIT were identified in Leigh syndrome, a severe neurological disorder characterized by a mitochondrial dysfunction^{25,43}. We thus hypothesized a mitochondrial malfunction in muscle cells with reduced DAPIT expression. In transformed cell lines, mitochondrial physiology often changes into a glycolytic metabolism^{44,45}. Thus, transformed cell lines might be unsuitable for mitochondria physiological investigations. In contrast, normal mitochondrial physiology is essential for the maintenance of

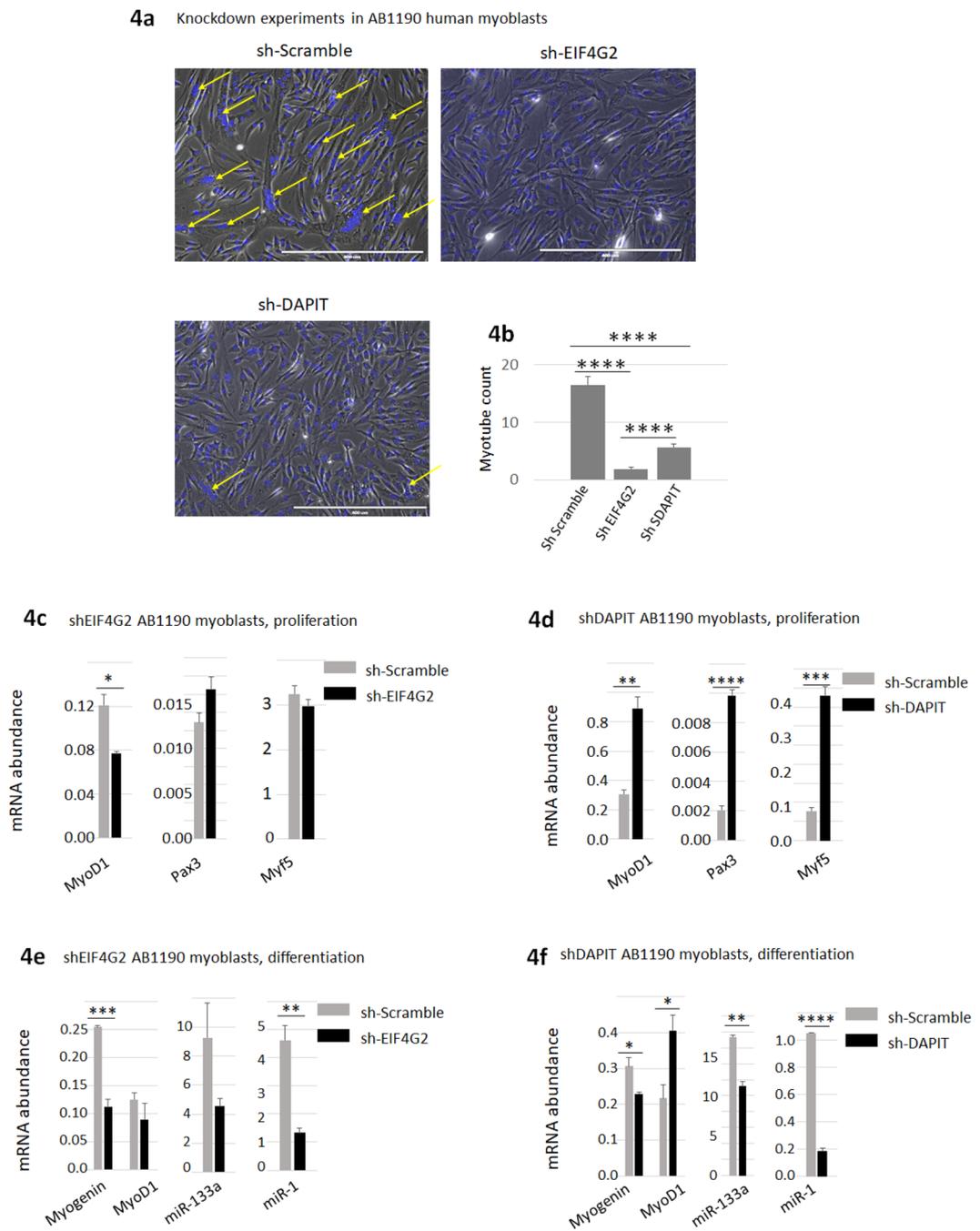


Figure 4. Myogenic effect of inhibition of EIF4G2 and DAPIT. **(a,b)** Knocking down of EIF4G2 and DAPIT expression delays differentiation of AB1190 myoblast. AB1190 myoblast were treated by shRNA (shScramble, shEIF4G2, shDAPIT). Cells were differentiated for 4 days. Myotubes containing 6 or more nuclei (yellow arrows in representative images in 3 h) were counted (presented graphically in **b**). **(c,d)** Muscle regulatory factors (MRF) expression in AB1190 myoblast with knocked-down expression by shRNA of EIF4G2 **(c)** and DAPIT **(d)**. **(e,f)** Transcriptional expression of genes associated with myogenic differentiation in shRNA knock-down EIF4G2 **(e)** and DAPIT **(f)**.

pluripotency and the differentiation potential of pluripotent stem cells^{45,46}, which makes iPS cells a better choice for mitochondrial functional analyses. We therefore selected an iPS-based experimental system for the investigation of mitochondrial functions. The iPS M180 cells were derived from human muscle biopsies and have the potential of mesodermal engagement and myogenic differentiation⁴⁷. M180 iPS cells were transfected by shRNA against EIF4G2 (Fig. 5c,d). Following downregulation of EIF4G2, a significant downregulation of DAPIT was detected only at the protein level (DAPIT FC = -1.87, Fig. 5d) but not at the RNA level. This result confirms that, similarly to the AB1190 myoblasts, EIF4G2 controls the translation of DAPIT in M180 cells as well.

We then tested the activity of the mitochondrial complexes 1 and 5, and found that knocking-down of either EIF4G2 or DAPIT in skeletal muscle precursor cells derived from the M180 iPS cells (skMPC), resulted in a

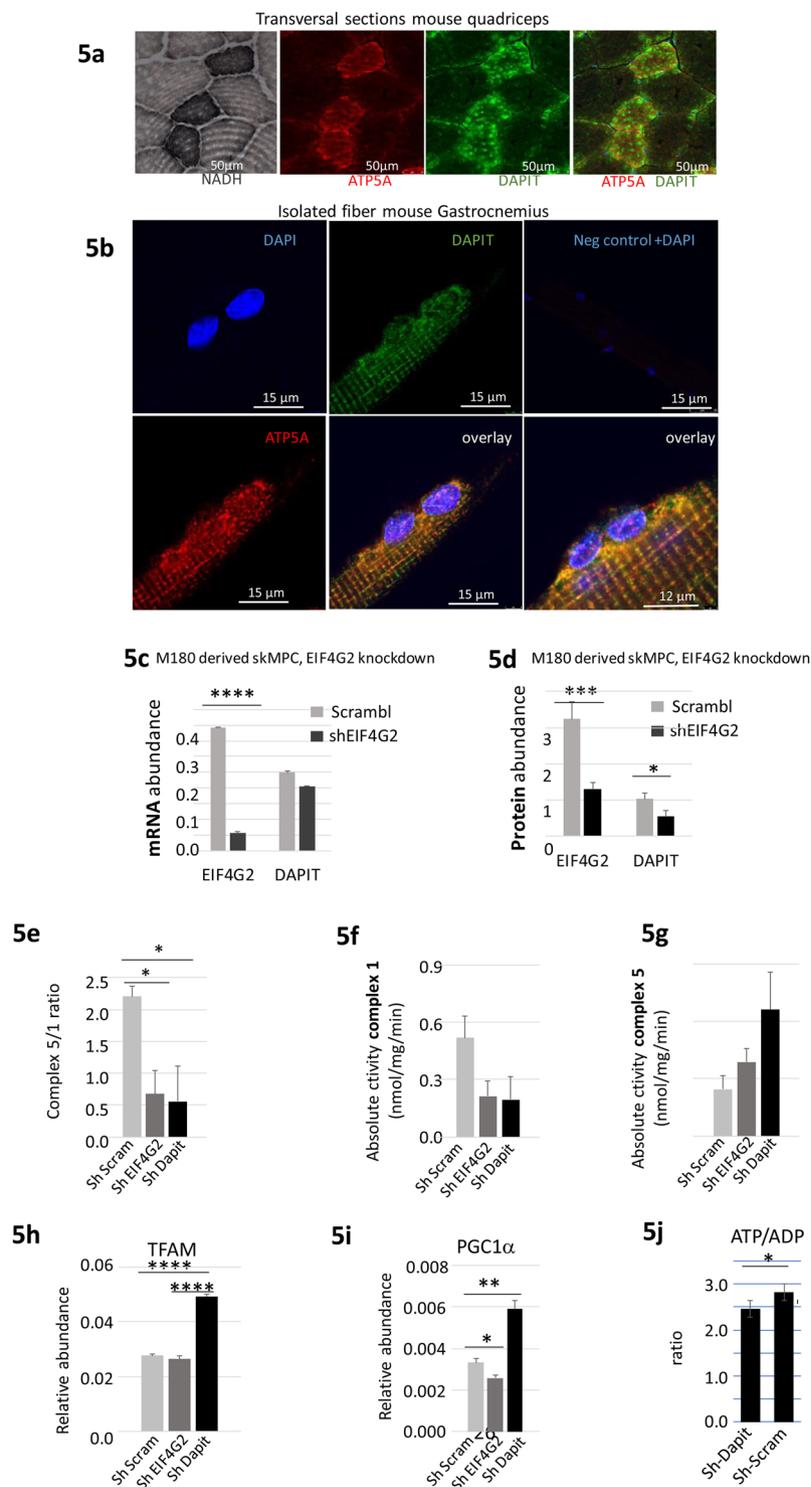


Figure 5. DAPIT IHC localization, mitochondrial functional studies in M180 iPS cells. **(a)** Co-localization of DAPIT with ATP5a (mitochondrial complex 5) into oxidative fibers (NADH positive) in transversal section of quadriceps muscle from adult C57Bl/10 mouse. **(b)** Co-localization DAPIT and ATP5a in single fibers isolated from the gastrocnemius of adult C57Bl/10 mouse. **(c,d)** EIF4G2 and DAPIT mRNA **(c)** and protein expressions **(d)** in EIF4G2 and DAPIT knocked-down M180 iPS-derived skeletal myoblasts (skMPC). **(e,f,g)** Mitochondrial complex 5 to 1 activity ratio **(e)** and absolute activity **(f,g)** in EIF4G2 and DAPIT knocked-down skMPC. **(h,i)** TFAM **(h)** and PGC-1 α **(i)** expression in knocked-down skMPC. **(j)** ATP to ADP ratio in DAPIT knockdown (sh-DAPIT) versus control (sh-Scramble) and untreated AB1190 ($n = 4$, in 3 independent experiments) *in vitro* differentiated myotubes.

decreased ratio of complex 5 to complex 1 (C5/C1) activity (Fig. 5e). This decreased ratio C5/C1 was caused by conjoint reduced complex-5 and increased complex 1 activities (Fig. 5f,g respectively). Increased complex 1 activity could be explained by the increased density of mitochondria in the treated cells, possibly due to compensatory mitochondria biosynthesis. In fact, we identified the upregulation of the mitochondrial transcription regulators TFAM and PGC1 α (Fig. 5h,i respectively) in the shDAPIT-treated skMPCs. Such increased of TFAM and PGC1 α levels was not detected in the shEIF4G2 treated skMPCs. This divergence between the mitochondrial outcomes of knocking down EIF4G2 versus DAPIT may result from the effect of EIF4G2 on the translation of other mitochondrial Oxphos-related proteins in addition to DAPIT³⁵. Taken together, it is possible that knocking down DAPIT expression in the skMPCs resulted in reduced complex 5 activity and compensatory mitochondrial biosynthesis.

Next, we investigated the effect of reduced DAPIT expression in skeletal myotubes on ATP production. DAPIT expression was knocked down in AB1190 myotubes. ATP to ADP ratio (ATP/ADP) was significantly reduced in sh-DAPIT as compared to sh-Scramble ($p < 0.043$, Fig. 5j), indicating that DAPIT knockdown lowered the myotubes ATP production. This data support the hypothesis that reduced DAPIT expression in skeletal myoblasts results in reduced ATP synthesis.

The pathway of miR-379, EIF4G2 and DAPIT is glucocorticoid responsive. Because miR-379 was previously demonstrated to be glucocorticoid-responsive²⁸, and considering the effect of GC on the phenotype of DMD, we investigated whether GC can have an effect on the muscle expression of miR-379, EIF4G2 and DAPIT. For this purpose, we treated mice with a subcutaneous injection of dexamethasone (2 mg/kg, $n = 11$) for 5 days. The upregulation of Foxo1 indicated the expected GC response. The expression of miR-379 was significantly reduced, while the mRNA levels EIF4G2 and DAPIT were significantly increased (Fig. 6a). In agreement, the protein levels of Foxo1, EIF4G2 and DAPIT were significantly upregulated (Fig. 6b,c). Lastly, we evaluated the GC response of miR-139 and miR-379 in DMD patients. In the absence of adequate muscle biopsies, we turned our attention to the circulating miRNAs. Blood plasma samples of 54 DMD and 27 healthy control patients were divided into three age groups. Of the DMD patients, half were treated by glucocorticoid. Both miR-139 and miR-379 were found upregulated in DMD plasma and partially normalized by GC treatment (FC = 0.625, $p < 0.047$ and FC = 0.710, $p < 0.041$, respectively for miR-139 and miR-379) (Fig. 6d). Thus, in the mouse, GC treatment correlated with the reduced expression of miR-379 and with the increased levels of EIF4G2 and DAPIT in the muscle. In DMD patients, GC treatment correlated with normalized expression of miR-139 and 379 in the blood plasma.

Discussion

Following the identification of a large number of dysregulated miRNAs in plasma samples from DMD patients and GRMD dogs, we have now demonstrated the dysregulation of many of these miRNAs, including Dlk1-Dio3 miRNAs, within the skeletal muscle, using the GRMD dog as a model of DMD. Furthermore, we have shown that the Dlk1-Dio3 miRNAs are not only dysregulated, but are in fact among the most highly dysregulated miRNAs in the GRMD dystrophic muscle, to a higher level than the myomiRs. This observation suggests an as yet unrecognized significant participation of these miRNAs in the dystrophic process. Of these Dlk1-Dio3 miRNAs, we selected miR-379 for further investigation. We showed subsequently that this miR is expressed within the myogenic lineage. Further investigation demonstrated an axis where miR-379 controls the expression of the EIF4G2 translation factor, which itself controls the translation of the mitochondrial protein DAPIT. We then demonstrated that this signaling pathway is not only dysregulated in DMD but also reversed toward normalization by a GC treatment. Importantly, we found that miR-379 and miR-139 are GC responsive following the determination of expression level in plasma samples of DMD patients. Thus, the data suggesting that miR-379 may participate in the GC response in the dystrophic muscle, linking therefore a glucocorticoid effect to DAPIT-related mitochondrial dysfunction and highlighting a new aspect of the DMD pathophysiology.

The involvement of Dlk1-Dio3 miRNAs in muscle pathophysiology. The Dlk1-Dio3 miRNAs are processed from long noncoding RNA (lncRNA) genes expressed from the maternal chromosome of the highly conserved Dlk1-Dio3 imprinted genomic locus. A critical involvement of these lncRNAs in mammalian striated muscle development was demonstrated in mice, where the deletion of the Gtl2 lncRNA resulted in skeletal muscle developmental defect and perinatal death⁴⁸. Another study demonstrated that the Dlk1-Dio3 lncRNAs and the processed miRNAs are upregulated in the myogenic lineage by the MEF2A transcription factor and that this pathway is involved in muscle differentiation and regeneration⁴⁹. In a third example, Gao *et al.*⁵⁰ created a mouse model with deletion of the miR-379-544 cluster that presented skeletal muscle hypertrophy. Two recent investigations, focused on muscle precursor cells, identified a large number of Dlk1-Dio3 miRNAs which are highly expressed in quiescent muscle satellite cells³⁷, and participate in the control of their metabolic maturation and mitochondrial functions⁵¹. Taken together, these studies provide compelling evidence for the critical involvement of the Dlk1-Dio3 clustered miRNAs in muscle function. Relatively few studies have focused on the muscle functions of individual miRNAs of this locus. Of these, miR-431 has been proposed as promoting the regeneration of old and of dystrophic muscles, due to the inhibition respectively of SMAD4⁵², and Pax7⁵³. miR-410 has been proposed as a participant in diverse cardiomyopathies⁵⁴. As for miR-379, apart from the observations of its dysregulation in the serum and muscles in muscular dystrophies^{13,20}, no previous publications have identified a role for this microRNA in muscle pathology.

Dysregulation of the miR-379 EIF4G2 DAPIT mitochondria pathway in DMD disease. The mitochondrial Oxphos respiration, which is required for myoblast differentiation⁵⁵, is dysfunctional in the muscles in DMD⁸, which suggested the possible involvement of EIF4G2 in muscular dystrophy. Of the potential mitochondrial targets of EIF4G2, we decided to study DAPIT, because it is associated to the ATP synthase complex and has been

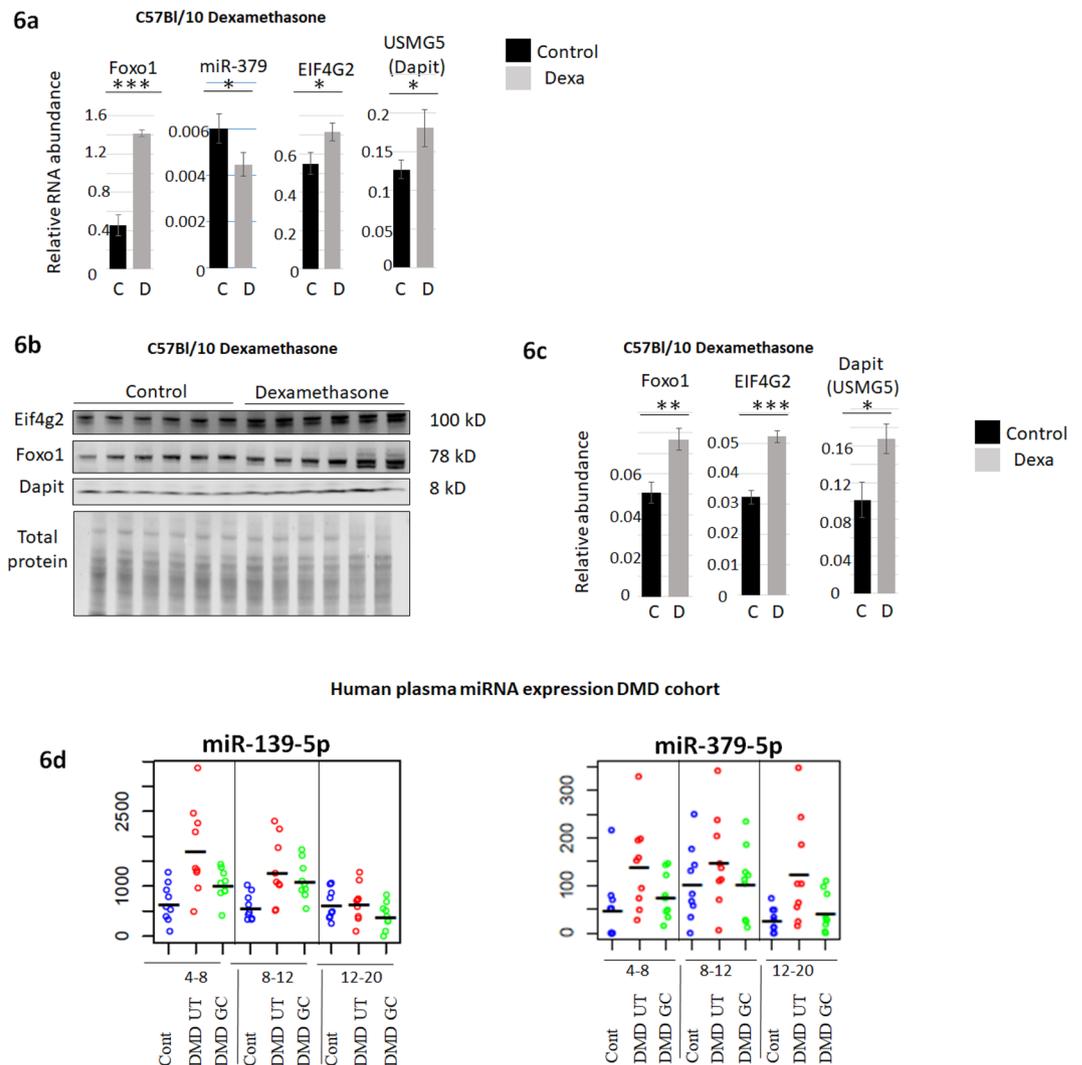


Figure 6. Glucocorticoid response of miR-379, EIF4G2 and DAPIT. **(a)** Foxo1, EIF4G2 and USMG5 mRNAs (normalized to p0 (*RPLP0*)), and miR-379-5p (normalized to U6/miR-93/miR-16), relative abundance in the gastrocnemius muscle of C57Bl/10 ($n = 11$), treated by dexamethasone (D), and untreated control (C). **(b)** and **(c)**, Protein expression levels of Foxo1, EIF4G2 and DAPIT (normalized to total protein) in the gastrocnemius muscle of C57Bl/10 treated by dexamethasone (D) and untreated (C). **(d)** miR-139-5p and miR-379-5p expression in the plasma in a human cohort (each dot represents one patient, $n = 9$). Healthy control (Cont), DMD patients, untreated (DMD UT), and treated by glucocorticoid (DMD GC), of the age groups 4–8, 8–12 and 12–20 years old.

reported to be expressed higher in relatively moderate as compared severe DMD patients²⁴. DAPIT is a mitochondrial ATP synthase non-catalytic subunit^{38,39}, which is required for the dimerization of the ATP Synthase⁴⁰. Thus, whereas DAPIT has no role in the production of ATP *per se*, the dimerization of mitochondrial ATP synthase is required for the shaping of the mitochondrial cristae^{43,56–58} and the subsequent optimal ATP production^{25,59}. In agreement, it was shown that knocking down DAPIT in HeLa cells resulted in approximately 40% reduced ATP production⁴². It is of particular interest that most recently a mutation in the DAPIT gene was found in Leigh syndrome, characterized by a severe neurodevelopmental regression and early childhood death, and at the cellular level by disorganized skeletal muscle mitochondria, reduced crista density and ATP production^{25,43}. Important in the context of DMD disease, a 2011 paper identified higher DAPIT expression in muscle biopsies of DMD patients with a late, as compared to early, loss of walking capacity²⁴. Taken all together, it is reasonable to hypothesize that reduced DAPIT expression may participate in mitochondrial dysfunction in the dystrophic muscle. Our data support the hypothesis that one cause of the mitochondrial defect in DMD is the upregulation of miR-379. Accordingly, in addition to mechanical destabilization and elevated cytosolic Ca^{2+} , an increased expression of miR-379, results in reduced expression of EIF4G2, reduced expression of DAPIT, reduced ATP synthase dimerization and reduced ATP production. Thus, in agreement with a previous proposition¹¹, our data supports a revised mitochondrial dysfunction model in DMD, in which a mitochondrial internal defect in DAPIT expression and ATP production may precede and synergize with an extra-mitochondrial damage cascade (Fig. 7).

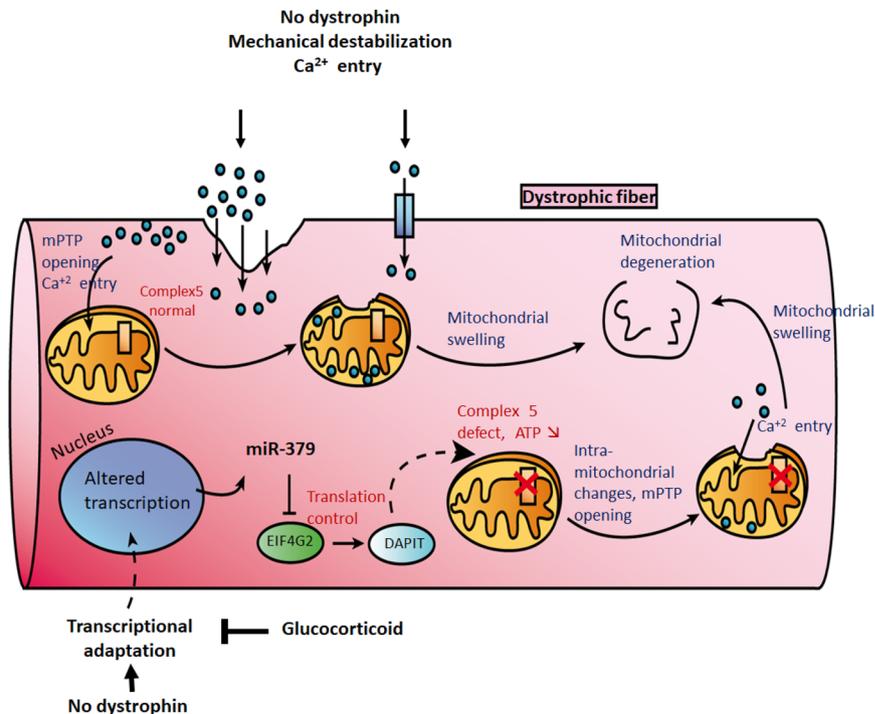


Figure 7. Revised model for mitochondria dysfunction in the DMD disease. Graphical model for mechanisms of mitochondrial dysfunction in the DMD disease. The Ca^{2+} hypothesis, which is presented on the model upper part, was proposed initially by Wroegemann and Pena at 1976⁷⁵. Accordingly, in the absence of dystrophin, Ca^{2+} entry via sarcolemma leakiness and/or activated ion channels is initiating a cytoplasmic pathological cascade (see main text for details) that culminates in the opening of the mitochondrial permeability transition pore (mPTP) and mitochondrial degeneration. In the modified model, presented on the image lower part, it is proposed that the absence of dystrophin induces gene-expression changes, activating miR-379 expression, reducing EIF4G2 and DAPIT expression, reducing ATP synthase activity and ATP production, (see main text for details), which might synergize with the external Ca^{2+} overload, to produce mitochondrial damage.

The effect of glucocorticoid treatment in DMD. The mechanism by which the GCs protect the dystrophic muscle in DMD patients is yet not completely understood. It has been suggested that immunosuppressive and anti-inflammatory activities may mediate the beneficial GC effects. Additionally, it was shown recently that GCs are involved in the regulation of metabolic pathways⁶⁰ and accelerated sarcolemma repair⁶¹. Here, we are proposing a link between GCs and the modulation of a critical mitochondrial function. Accordingly, the GC treatment would reduce the expression of both miR-379 and miR-139, and ultimately provide a positive effect on the mitochondrial function in DMD through the cascade identified here. A previous investigation has identified the upregulation of miR-379 in the liver of a mouse model for hyperglucocorticoidemia²⁸. It is however well documented that the glucocorticoid transcription response can vary for a given target between up and down regulation in a cell type and physiological context dependent manner^{62,63}. Of interest, a recent paper suggested that in tuberculosis patients, dexamethasone treatment provides protection not by immunosuppression (as previously proposed), but rather by reversing a signaling pathway that involves mitochondrial ATP depletion⁶⁴, providing thus another example for GC reversion of mitochondrial dysfunction.

In summary, in the present study we identified a signaling pathway, which (1) links miR-379 to mitochondrial function, (2) is dysregulated in the dystrophic muscle, and (3) partially normalized by glucocorticoids. These findings supporting an updated model of mitochondrial dysfunction and glucocorticoid effect in DMD.

Materials and Methods

Animal care and use. All animals were handled according to French and European guidelines for human care and use of experimental animals. Procedures on GRMD dogs were approved by the ethical Committee Afssa/EnvA/UPEC n°CNRE-EA-16f under the number n° 12-095 / notice n° 20/12/12-19. Experiments on mice were approved by the ethical committee n°C2AE-51 of Evry and the regulatory affairs of the French Ministry of Research (MESRI) under the number APAFIS#3519. Dogs were bred and housed at the facility of the National Veterinary School of Alfort (France). Canine biopsies from the *Biceps femoris* and *Sartorius cranialis* were sampled at the age of 2 months on normal (n = 9), severely (n = 10) and moderately (n = 9) affected dogs. GRMD clinical stratification was based on the ambulatory status of the dogs at the age of 6 months: severe cases being characterized by a loss of ambulation before this age, and moderately affected dogs, still ambulant at the age of 6 months and usually keeping the ambulation ability⁶⁵.

C57Bl10 (WT) and *Mdx* (C57BL/10ScSn-*Dmdmdx*¹) mice were obtained from Charles River laboratories. Mice were housed in a SPF barrier facility with 12-h light, 12-h dark cycles, and were provided with food and water *ad libitum*.

In vivo mice experiments. Subcutaneous injections of 2 mg/kg/dose of dexamethasone (Sigma Aldrich, D2915) were performed over 5 consecutive days at 7–8 weeks of age in C57Bl/10 (n = 11) and *mdx* (n = 6). Mice were sacrificed the day after the last injection and skeletal muscles were frozen.

RNA Expression analysis in the dog study. Total RNA was extracted from frozen muscles or cells using Trizol (Thermo Fisher Scientific, Waltham, MA, USA), according to the manufacturer protocol. Total RNA was quantified using a Nanodrop 8000 spectrophotometer (Labtech, Wilmington Delaware). To measure microRNA expression, 10 ng of total RNA were reverse-transcribed using Exiqon Universal cDNA Synthesis Kit II (Exiqon). Real-time PCR was performed using LightCycler 480 system (Roche, Bâle, Switzerland), with the Exiqon miRNAs assays and miRCURY LNA SYBR Green Master Mix (Exiqon) for the 34 miRNAs indicated in Table 1 and three normalizers. Results obtained with hsa-miR-93-5p, hsa-miR-16-5p and the U6 small nuclear RNA were used to normalize data across samples. Each experiment was performed in duplicate. To measure gene expression, 1 µg of total RNA was reverse-transcribed using a mixture of random oligonucleotides and oligo-dT and RevertAid H Minus First Strand cDNA Synthesis Kit (Thermo Fisher Scientific). Real-time PCR was performed using LightCycler 480 system (Roche, Bâle, Switzerland) with the following Taqman Gene Expression assays (Thermo Fisher Scientific): *Col6A3* (Cf02702942_m1), *Cd11b* (Cf02663762_m1), *Myh8* (Cf02730386_m1), EIF4G2 (Hs00154952_m1), PDK1 (Hs01561847_m1), UQCR10 (Hs00912476_m1), USMG5/DAPIT (Hs00910071_g1), Myogenin (Hs01072232_m1) and MYOD1 (Hs00159528_m1) according to the manufacturer's protocol. Results obtained with the ubiquitous acidic ribosomal phosphoprotein gene (*P0/RPLP0*) were used to normalize the data across samples. The primers and Taqman probe used for *P0* amplification were: P0.F (5'-CTCCAAGCAGATGCAGCAGA-3'), P0.R (5'-ACCATGATGCGCAAGGCCAT-3') and P0.P (5'-CCGTGGTGTGATGGGCAAGAA-3'). Amplification of human Pax3 and Myf5 was performed using primers AGTTCCATCAGCCGCATC and TTCTTCTCGCTTTCCTCTGC for Pax3, AACCTCAAGAGGTGTACCAC and AGGACTGTTACATTCGGGCAT for Myf5.

Satellite cell isolation from mouse muscles. Satellite cells were isolated from limb muscles as follows. All hind limb muscles of 5-weeks old mice were collected and minced together in a Petri dish using scissors. The samples were put in a digestion medium [DMEM, Dispase II (3U/ml), Collagenase A (0.5 U/ml), 0.2% BSA, Pen-Strep; 10 ml for one mouse] for two hours at 37 °C with gentle shaking. Mononucleated cells were collected after passing through successive strainers (mesh diameters of 100, 70 and 40 µm) in ice-cold DMEM to eliminate fibers and debris. After washing in ice-cold PBS 0.1% BSA and centrifugation at 2000 rpm for 2 min at 4 °C, the samples were treated using 1 ml Red Blood Cell Lysis (Versalysse – A09777 Beckman Coulter) for 5–10 min at RT to eliminate the blood cells. After a final centrifugation at 2000 rpm for 2 min at 4 °C, the cells were resuspended in 1 ml ice-cold PBS 0.1% BSA before FACS sorting for CD45- (BD Biosciences 559864), Sca1- (BD Biosciences 553108), CD31-(BD Biosciences 551262), and Vcam1 + (BD Biosciences 553331) cells.

Cell culture and differentiation. Myogenic cell line (AB1190, paravertebral muscle, 16 years old healthy male)³⁵, were grown in proliferation medium (Promocell, Ref. C-23060) supplemented with 15% of fetal calf serum and 1% GlutaMAX (Thermo Scientific, Ref. 35050061). Differentiation into myotubes was performed at 80% confluence using differentiation medium (Promocell, Ref. C-23061) supplemented with the according Supplemental Mix provided by the manufacturer. Differentiated myotubes were blindly counted (n = 3, average myotubes for 5 images per transfection) on phase microscopy images. The M180 human iPS cell line, from a healthy donor (14-year-old female)⁴⁷, were grown in mTESR1 medium (Stemcell, Ref. 85850) supplemented by Rock Inhibitor (Stemcell, Ref.10,72304 µM final and using Matrigel as coating (Corning, Ref. 354234).

M180 iPS cells were differentiated toward skeletal muscle lineage (skMPC) using commercial media designed from Caron's work⁴⁶. (Skeletal Muscle Induction medium SKM01, Myoblast Cell Culture Medium SKM02, Myotube Cell Culture Medium SKM03, (AMSBio, Milton Park, Abingdon, OX14 4SE, UK)). This protocol is a 2D directed differentiation that uses 3 consecutive defined media (SKM01 from day 0 to 10, SKM02 from day 10 to 17 and SKM03 from day 17 to d25) and cell passages at day 7 and day 10. Cells were seeded at 3,500 cells/cm² at day 0, 13,000 cells/cm² at day 7 and 5000 cells/cm² at day 10 on BioCoat Collagen I cultureware (356485, Corning Incorporated). Skeletal Muscle Precursor Cells M180 were frozen at day 17 of differentiation until further use.

Transfection. For miR-379-5p overexpression, immortalized myoblasts were plated (80 000 cells) in 6-well plates. The day after the cells were transfected by hsa-miR-379-5p mimics (miRCURY LNA, Exiqon, Ref. 470847-001) using Lipofectamine RNAiMAX (Thermo Scientific, Ref. 13778075) at 0.5, 1 or 5 nM final concentrations, for 48 hours until analysis. A scramble LNA was used as negative control (Negative Control 5, miRCURY LNA, Exiqon, Ref. 479904-001). For gene inhibition experiments, cells were transfected by MISSIONesiRNA for human EIF4G2 and USMG5 (DAPIT) (Sigma Aldrich, Ref. EHU032391-50UG and EHU103831-50UG, respectively) at 10, 15 or 30 nM, using Lipofectamine RNAiMAX (Thermofisher 13778150). The negative control was the universal-1 negative control (MISSION = , Sigma Aldrich, Ref. SIC001-5×1NMOL). For the transfection of *in vitro* differentiated myotubes (for the ATP/ADP quantification experiment), five-day *in vitro* differentiated AB1190 myotubes were transfected (Lipofectamine RNAiMAX Thermofisher 13778150) with either human Si-USMG5 (DAPIT) or Si-scramble, at a final concentration 30 nM, for 48 hours. DAPIT knockdown (60%) was confirmed by RT-qPCR.

Histological staining and labelling of muscle sections. Mouse muscles (*psaos*, *tibialis anterior*, *quadriceps*, *gastrocnemius* and *diaphragm*) were sampled and frozen in isopentane cooled in liquid nitrogen. Transverse

cryosections (8–10 μm) were prepared from frozen muscles and were processed for hematoxylin-phloxine-saffron (HPS) histological staining.

Immunostaining of single myofibers. Gastrocnemius muscles from 10-week old C57Bl/10 mice were dissected from tendon to tendon. The muscle was washed twice in PBS and incubated in 1% w/v Collagenase A (Sigma, 11088793001)/DMEM for 90 minutes on an orbital shaker at 25 rpm, in 37°C incubator. Single myofibers were released, washed in PBS, fixed immediately in 3.7% PFA for immuno-histofluorescence staining. Myofibers were permeabilised for 15 minutes in 0.3% Triton X-100 (Sigma Aldrich) and blocked in Blocking Buffer, of 5% Goat Serum (Gibco) + 10% Fetal Bovine Serum in 1X PBS, for 1 hour at room temperature. Fibers were then incubated with primary antibodies diluted in 1/10 Blocking Buffer (Usmg5, ProteIntech 17716-1-AP, 1:100; ATP5a, Abcam sc-58613, 1:100) overnight at 4°C. Samples were washed with 1X PBS twice and incubated with Alexa-conjugated secondary antibodies diluted in 1/10 Blocking Buffer (Life Technologies, 1/1000) for 45 min at room temperature. After washing twice in 1X PBS, samples were mounted in DAPI Fluoromount-G (Southern Biotech, O100-20). Confocal microscopy images were acquired with Leica TCS-SP8, using a 63x oil objective.

Mitochondrial activity measurement. The measure of activity of complexes I and V of the mitochondrial respiratory chain was performed by spectrophotometry using a Cary 60 apparatus (Agilent Technologies), following a published protocol⁶⁷. Each sample contained approximately 2 million cells. For normalization, the level of protein was measured by BCA Pierce Assay (Thermo Scientific) at the end of the experiment. Complex activities were calculated according to the Beer-Lambert formula, then a ratio between the 2 activities was calculated.

ATP/ADP of *in vitro* differentiated myotubes. ATP/ADP ratio was assayed with the ATP/ADP assay kit of Sigma (MAK135) following manufacturer's instructions. AB1190 myoblast were grown in a low glucose (1 g/L) DDM (Thermo-Fisher, 22320-022), 15% fetal calf serum. Confluent myoblasts were shifted to a low glucose/low horse-serum (5%), DMEM differentiation medium, for 5 days until the appearance of myotubes. *In vitro* differentiated myotubes were transfected (as described in the transfections section). ATP/ADP ratio was assayed with the ATP/ADP assay kit of Sigma (MAK135) following manufacturer's instructions.

Protein analysis. Proteins were extracted from tissues or cells by cell lysis buffer (RIPA Buffer, Thermo Scientific), Protease Inhibitor Cocktails (Complete PIC, Roche) and benzonase 1:10 000 (Millipore) after homogenization using pellet pestles in the case of tissues. The samples were prepared following the NuPAGE Gel protocol (ThermoFisher). The proteins were separated using a NuPAGE pre-cast 4–12% Bis-Tris gel and then transferred to nitrocellulose membrane with iBlot2 Dry Blotting system (ThermoFisher) using the 8 min30/20 V program in the case of detection of proteins with a size higher than 10 kDa. In the case of proteins with lower size, the proteins were separated using a NuPAGE pre-cast 10–20% Tricine gel and then transferred to PVDF membrane with iBlot2 Dry Blotting system using the 7 minutes/10 V program. Detection of proteins was performed using standard Odyssey protocol by incubation with primary specific antibodies: EIF4G2 (BD Biosciences, 610742), PDK1 (Santa Cruz, sc-293160), USMG5/DAPIT (Abcam, ab108225), Actin (Sigma Aldrich, A2066) and α -actinin (Santa Cruz, sc-15335). All antibodies were diluted between 1:2000 and 1:1000 in PBS/Odyssey 1:1 buffer. Membranes were incubated with antibodies either 2 h RT or 4°C overnight. Western blot were revealed using Odyssey secondary antibodies donkey anti mouse (DAM) 680, donkey anti goat (DAG) 680 and donkey anti rabbit (DAR) 800 diluted 1:1000, 1h30 hour at room temperature and then scanned with the Odyssey machine. Band density was quantified using the Image Studio Lite 4.0 software (LI-COR Biosciences, Lincoln, NE). The integrated density of assayed proteins were normalized by the Alpha-actinin or alpha actin values.

Ago 1/2/3 immunoprecipitation. The Ago 1/2/3 immunoprecipitation was performed using the miRNA Target IP (Active Motif, n°25500) following the manufacturer's protocol. After immunoprecipitation, RT-qPCR was performed with Taqman Gene Expression primers of target genes of interest (PDK1, EIF4G2 and UQCR10) with P0 as a normalizer. The IP-Ago/IP-Negative control ratio was calculated for each sample, and this ratio was compared between hsa-miR-379-5p-treated samples and scramble-treated samples. A ratio higher in hsa-miR-379-5p-treated samples for an mRNA was considered positive enrichment of the IP-Ago fraction. A ratio at least as high as the positive control one indicated that the mRNA was a target of miR-379-5p.

Measure of miRNA level in human plasma. The human study (DMD patients and controls) was conducted according the principles of the declaration of Helsinki "ethical principles for medical research", and was specifically approved by the ethical committee CPP Ile de France VI, on July 20, 2010, and the Comité d'Ethique (412) du CHR La Citadelle (Liège, Belgium) January 26, 2011. Samples were collected from individuals under a written informed consent of parents or legal guardians. DMD patients and healthy controls were admitted from 10 European medical centers, two of them from Belgium, one from Romania, and seven from France. The entire studied miRNA-sequencing cohort was composed of 54 DMD patients and 27 healthy controls (N = 81) divided into 9 groups of 9 subjects, composed of three age groups (4–8, 8–12, and 12–20 years old), of DMD patients treated by GCs, of untreated DMD patients, and of age matching healthy controls. In the younger age group (4–8 years old), the same donors contributed to the GC-treated and untreated samples, with untreated samples obtained before and treated samples after their first GC treatment, with less than 6-month interval. Peripheral blood samples were collected into 5 ml K3EDTA tubes (Greiner Bio-One). Plasma was separated from buffy coat and red blood cells after 10 minutes centrifugation at 1800 g and stored at –80°C. Three hundred μl human plasma were used for RNA extractions, employing the mirVana PARIS kit (ThermoFisher). MiRNA sequencing was performed by Integragen (Evry, France). Library cloning was modified from⁶⁸. Libraries were quantified by qPCR, to load precisely 7pM pool per line of HiSeq Flow-Cell. The HiSeq. 36b and index (barcode) sequencing was done as instructed (Illumina) with a SBS V3 kit leading on 150 million passing filter clones. All clean

reads were compared to the Rfam database (<http://rfam.xfam.org/>), repeatmasker (<http://www.repeatmasker.org/>, UCSC download 01/04/2014), and the NCBI RefSeq⁶⁹, download 10/04/2014). Unique miR reads and their copy numbers were aligned with miRanalyzer online software⁷⁰, using Ensembl human gene browser (genome assembly GRCh38) and (miRbase v20, June 2013⁷¹). MiR count Raw data were processed for differential expression analysis with the Deseq. 2 R and ggplot2 packages⁷². The significance of miRNAs differential expression was ranked by T-test, with a false discovery rate (FDR) correction according⁷³. P values and fold change values were used for the classification of differential expression.

Statistical analysis. Expression results were processed using R version 3.6.0 (2019-04-26) and PCA analysis using the FactoMineR packages⁷⁴. Data for each group are represented as the means plus standard error of the mean (SEM). P-values were calculated by the Student test. Statistical significance is represented by stars: (*) for $P < 0.05$, (**) for $P < 0.01$ (***), for $P < 0.001$ and (****) for $P < 0.0001$.

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Author contributions

I.R. and D.I. were responsible for experimental design and project management. M.S., A.V.H. and E.M. designed and performed experiments, and analyzed results. N.B., L.S. and F.A. performed experiments and analyzed results. G.C. analyzed results. A.B. contributed reagents. P.B., I.B., S.B., C.P., P.R., L.S. and T.V. contributed reagents, designed experiments and analyze results. M.S., I.R. and D.I. wrote the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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