

Estrogen withdrawal and replacement differentially target liver and adipose tissues in 1 female mice fed a high-fat high-sucrose diet. Impact of a chronic exposure to a low-dose 2 pollutant mixture. 3 the French "Ministère de l'Education

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- design, data collection and analysis, decision to publish, or preparation of the manuscript.
- **Key words:** high-fat high-sucrose diet; mixture of pollutants; metabolic disorders;
- ovariectomy; estradiol replacement;

Abbreviations:

- ALAT, alanine aminotransferase ; ASAT, aspartate aminotransferase, AUC, area-under-
- curve; BPA, bisphenol A; bw, body weight ; DEHP, diethylhexyl phthalate; DMSO,
- dimethylsulfoxide; E2, 17β estradiol ; FFA, free fatty acid; GTT, glucose tolerance test;
- HFHS, high- fat high sucrose; PCB, polychlorinated biphenyl; TCDD, 2,3,7,8-
- tetrachlorodibenzo-p-dioxin; TDI, Tolerable Daily Intake; TG, triglyceride.

Abstract

 Post-menopausal women may be at particular risk when exposed to chemicals especially endocrine disruptors because of hormonal deficit. To get more insight, ovariectomized C57Bl6/J mice fed a high-fat high-sucrose diet were chronically exposed from 5 to 20 weeks of age to a low-dose mixture of chemicals with one dioxin, one polychlorobiphenyl, one phthalate and bisphenol A. Part of the mice received as well E2 implants to explore the potential estrogenic dependency of the metabolic alterations. With this model, estrogen loss resulted in glucose but not lipid metabolism impairment and E2 replacement normalized the enhanced body and fat pad weight, and the glucose intolerance and insulin resistance linked to ovariectomy. It also altered cholesterol metabolism in the liver concurrently with enhanced estrogen receptor *Esr1* mRNA level. In addition, fat depots responded differently to estrogen withdrawal (e.g., selective mRNA enhancement of adipogenesis markers in subcutaneous and of inflammation in visceral fat pads) and replacement challenges. Importantly, the pollutant mixture impacted lipid deposition and mRNA expression of several genes related to lipid metabolism but not *Esr1* in the liver. Adiponectin levels were altered as well. In addition, the mRNA abundance of the various estrogen receptors was regionally impacted in fat tissues. Besides, xenobiotic processing genes did not change in response to the pollutant mixture, in the liver. The present findings bring new light on estrogen-dependent metabolic alterations with regards to situations of loss of estrogens as observed after menopause.

Bullet points:

- Estrogens differentially impacted hepatic glucose and lipid metabolism in female mice
- Estrogens differentially impacted visceral and subcutaneous fat depots
- Exposure to pollutants altered lipid deposition in liver and adiponectin levels
- Pollutants impacted E2-regulated gene mRNA levels in a tissue-dependent manner
- Mixture contained pollutants at the tolerable daily intake dose

1. Introduction

 Obesity-related metabolic dysfunctions constitute a major problem in Public Health. Over 1.9 billion adults were overweight, of those 650 million were obese in 2016 placing them at high risk for metabolic diseases including type 2 diabetes [\[1\]](#page-19-0). Risk of obesity is not equal between males and females. Sex differences appeared as the population aged. In 2005, 16- 17% of women *vs* 10-11% of men over 50 were obese [\[2\]](#page-19-1). Risk of obesity in females is associated with metabolic changes occurring during the menopausal transition characterized by progressive reduction of ovarian estrogen production. According to different studies, the prevalence of the metabolic syndrome which is a cluster of conditions of dyslipidemia, central adiposity, hypertension, abnormal glucose metabolism and insulin resistance is enhanced among postmenopausal women varying between 30 to 70% compared with 14-45% in younger women [\[3\]](#page-19-2) delineating the post-menopausal women as a vulnerable population.

 Metabolic disorders are multifactorial diseases. Besides genetic predispositions and imbalance between energy intake and expenditure, environmental pollutants have been suggested to be etiologic factors as well, based on robust epidemiologic data and experimental studies demonstrating changes in body weight and/or insulin resistance [\[4-7\]](#page-19-3). Environmental pollutants may include persistent chemicals which bioaccumulate in the food chain. They are especially present in fatty foods of animal origin (meat, milk, fish) and characterized by half- lives of several years in humans, e.g. dioxins and polychlorobiphenyls [\[8\]](#page-19-4). Other pollutants may have short half-lives e.g. phthalates and bisphenols. However, as these chemicals are massively used in plastic goods, the leaching from packaging causes contamination resulting in a chronic exposure [\[9,](#page-19-5) [10\]](#page-19-6). Pollutants are under regulation by international risk assessment evaluation bodies (e.g., the European Food Safety Agency, EFSA). However, the cocktail effect resulting from the chronic exposure to a myriad of chemicals originating from different sources (foods and beverages, air breathing, skin absorption of cosmetics) and to which the human population is involuntary exposed is underappreciated [\[11-13\]](#page-19-7). Of striking importance are chemicals identified for their ability to interfere with hormonal action, the so-called endocrine disruptors [\[14\]](#page-19-8). Populations vulnerable because of hormonal deficits such as post- menopausal women may thus be at particular risk when exposed to these chemicals. It has consistently been found that among a population of obese and post-menopausal women, plasma levels of persistent organic pollutants (POPs) were associated with insulin resistance [\[15\]](#page-19-9).

 The estrogeno-mimetic properties of endocrine disruptors are of particular concern. Characterizing their mechanisms of actions could help to explain their deleterious impact on the reproductive functions but also on metabolic disorders [\[10\]](#page-19-6). Indeed, it has been well demonstrated that estrogens exert protective roles against metabolic diseases in addition to regulating reproductive functions. They are for instance known to positively regulate glucose homeostasis and lipid metabolism favoring insulin sensitivity [\[5,](#page-19-10) [16-18\]](#page-19-11). All these beneficial effects progressively disappear with menopause. Estrogens act through specific receptors distributed centrally and peripherally including ERα, ERβ and the G-protein-coupled receptor GPR30 which differ in abundance and tissue distribution in a sex-dependent manner [\[16,](#page-19-11) [19,](#page-19-12) [20\]](#page-19-13). Non-genomic actions of estrogens as well as cross-talk with various nuclear receptors and/or transcription factors have also been evidenced [\[21,](#page-19-14) [22\]](#page-19-15). All these signaling pathways result in pleiotropic actions of estrogens in the peripherally and metabolically active tissues including the liver and the adipose tissues which express the estrogen receptors. Thus, these signaling pathways are potential targets for endocrine disruptors in a manner dependent on the age, the sex and the tissue considered [\[4,](#page-19-3) [23,](#page-20-0) [24\]](#page-20-1).

 We previously demonstrated that a mixture of low-dose pollutants made of dioxin, PCB, phthalate and bisphenol A (BPA) could interfere with estrogen signaling and trigger hepatic insulin resistance and aggravation of glucose intolerance in female mice fed a high-fat high- sucrose diet [\[25\]](#page-20-2). In addition, mice fed a standard diet but exposed to the same mixture of pollutants exhibited enhancement of hepatic triglycerides content and insulin resistance [\[26\]](#page-20-3). The impact of this pollutant mixture depended on the age of the mice, with differences occurring between mature and immature females [\[25,](#page-20-2) [27\]](#page-20-4). However, the metabolic impact of the mixture of pollutants in conditions of hormonal deficit after ovariectomy to mimic menopause and hormonal replacement using 17β estradiol (E2) pellets implanted subcutaneously, has not yet been explored. The purpose of the current study was to fill this gap. After characterizing the metabolic phenotypes of liver, subcutaneous and visceral adipose tissues in ovariectomized mice, we delineated the estrogenic component using hormonal replacement.

- **2. Materials and methods**
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- *2.1. Animals, diets and experimental design*

 A schematic view of the 3 experimental protocols is described in Supplemental Figure 1. C57Bl/6 female mice (4-week-old) were purchased from Envigo laboratories (Gannat, France), housed by 2 in polypropylene cages (to avoid BPA leaching from polycarbonate cages) at 21°C with a normal light-dark cycle and free access to water (polypropylene bottles) and standard chow (LASvendi-16R; Soest, Germany). After one week of acclimatization, mice of the experimental protocol 1 were fed a high fat-high sucrose (HF) diet (from Envigo) containing (HFp) or not (HF0) a mixture of pollutants (see below for the details). At 7 weeks of age, mice were sham-operated (HF0 sham) or underwent a bilateral ovariectomy after general anesthesia, as previously described [\[28\]](#page-20-5) followed by the implantation, under the neck skin, of Silastic implants filled either with vehicle (HF0 Ovx and HFp Ovx) or with 50µg of 17β-estradiol-3-benzoate, E2 (Sigma-Aldrich, Saint-136 Ouentin Fallavier, France) in 30 μ l of sesame oil (HF0 Ovx+E2 and HFp Ovx+E2) as described [\[29\]](#page-20-6). The implants were renewed at 13 weeks of age (8 weeks of diet) as the release of E2 was effective only 6 weeks based on body weight follow-up performed in a pilot experiment (data not shown). In the course of the study, two other protocols were conducted to assess the individual effects of the HF diet and of the ovariectomy (Supplemental Figure 1). All procedures were performed with the approval of the Regional Committee of Ethics for Animal Experiments and the French Ministry for Higher Education and Research. Body weight (for all protocols) and food intake (for protocol 1) were recorded weekly throughout the protocol until mice were 20 weeks of age. Validation of the surgery was assessed at the time of mouse euthanasia with the observation of uterine atrophy in the Ovx females (measurement of uterus weight; Supplemental Figure 2). Food intake measured in Protocol 1 did not change between groups, regardless of treatments (data not shown).

 The pollutant mixture was made of 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD, CAS n° 1746-01-6 from LGC-Promochem, Molsheim, France), polychlorinated biphenyl (PCB) 153 (CAS n°35065-27-1), bisphenol A (BPA, CAS n°80-05-7) and di-[2-ethylhexyl]- phthalate (DEHP, CAS n°117-81-7) (all three from Sigma-Aldrich). Each pollutant was used at a dose close to its tolerable daily intake (TDI) reference dose of either the pollutant itself (DEHP, BPA) or representative congeners (TCDD, PCB153) [\[25\]](#page-20-2). Pollutants were dissolved in dimethylsulfoxide (DMSO) and diluted in corn oil to facilitate uniform homogenization in the food and the making of pellets. Pollutant-free diet contained identical volumes of DMSO and corn oil as the pollutant-containing food.

 HF0 and HFp diets contained 63% fat, 23.6% carbohydrate and 13.4% protein in kcal, as detailed previously [\[26\]](#page-20-3). To globally ensure the daily exposure to 2pg/kg bw/d of TCDD, 80 ng/kg bw/d of PCB153, 50μg/ kg bw/d of DEHP and 5 μg/ kg bw/d of BPA 1 g of contaminated food per 17 g of body weight was given per day to mice otherwise fed ad libitum as previously described [\[25,](#page-20-2) [27\]](#page-20-4).

2.2. Metabolic tests

 After 13 wks of diet, 16 h-fasted mice were injected intraperitoneally with glucose (1 mg/g of body weight) for the glucose tolerance test (GTT). Blood glucose was measured using the Accu-Chek Performa glucometer (Roche Diabetes Care France, Meylan).

2.3. Body composition, blood and tissue collection

 One day before euthanasia, weight and whole body composition were analyzed using nuclear magnetic resonance (Minispec TD-NMR, Bruker BioSpin). Following a 6 hour fasting, blood was collected by retro-orbital sampling. Mice were euthanized by cervical dislocation and liver, inguinal subcutaneous (SAT) and visceral (periovarian+parametrial, VAT) adipose tissue were quickly dissected, snap-frozen in nitrogen liquid and conserved at -80°C until experiments. Small pieces of SAT and VAT were fixed in 4% buffered formaldehyde and embedded in paraffin for histology studies.

 Blood glucose concentrations (Accu-Chek Performa glucometer) as well as plasma levels of insulin (Mouse Ultrasensitive ELISA, Eurobio), triglycerides (Biolabo, Maizy, France), cholesterol, free fatty acids (FFA), alanine aminotransferase (ALAT) and aspartate aminotransferase (ASAT) activities (Sigma-Aldrich), leptin and adiponectin (Crystal Chem, Zaandam, Netherlands) were measured. Total cholesterol and triglycerides were also measured in the liver after extraction of lipids from frozen liver samples using a lipid Extraction kit chloroform-free (Clinisciences, Nanterre, France).

Adipose tissue histology

 Paraffin-embedded adipose tissues were cut and adipocyte area was assessed by immunostaining of the basal membrane realized on 4µm sections using the rabbit anti- laminin antibody (1:100, Merck, L9393). Image acquisition was obtained with the AXIOVERT 200 M inversed fluorescent microscopes (Carl Zeiss S.A.S., Marly le Roi, France) equipped with the AxioVision 4.8.2 software. Analyses were performed using the ImageJ software.

2.4. Real time PCR analysis

 Total RNA extracted from frozen tissue samples was reverse-transcribed and analyzed by real-time PCR as described [\[30\]](#page-20-7) using a set of specific primers (Supplemental Table 1). In each tissue data were normalized relatively to TBP (encoding TATA-Box Binding Protein).

2.5. Statistical analysis

 All results are expressed as means ± SEM and differences between means were considered significant at *p*-value <0.05. To test for statistical significance, one-way ANOVA followed by Tukey post hoc test was used when comparing HF0 sham, HF0 Ovx and HF0 Ovx+E2 groups. To test for pollutant effects, two-way ANOVA for non- repeated measures with E2 and pollutants as factors was used, followed by a Bonferroni post hoc test. When significant effects without interaction were obtained, differences were tested using Student's t-test between the pollutant-exposed group and the non-exposed group. GraphPad Prism 5.0 software was used for all statistical analysis.

3. Results

3.1. Metabolic characterization of sham and ovariectomized females fed a HF diet and effect of 17ß estradiol replacement

 Sham-operated (sham) and ovariectomized (Ovx) females having received E2 or vehicle supplementation, all fed a HF diet were thoroughly characterized (Protocol 1). Non-operated females fed either a standard diet or a HF diet were monitored in parallel (Protocol 3). As expected, females fed the HF diet were significantly heavier than ST fed mice with high levels of blood glucose and plasma insulin levels resulting in a 3-fold increase of the HOMA- IR (Fig. 1A-B; Supplemental Figure 3) which is an index of insulin resistance. Ovariectomy induced an additional increase of body weight and fat mass, a hyperglycaemia after a 16h fasting (time 0 of the GTT) with a trend after a 6h fasting (blood sample at euthanasia), and elevated insulin plasma levels, all resulting in glucose intolerance (GTT) and insulin

resistance (enhanced HOMA-IR) (Fig. 1). Conversely, triglycerides (TG) and cholesterol

levels (both plasma and liver) were not significantly impacted by ovariectomy (Table 1).

These metabolic features were also observed in Protocol 2 in which ovariectomy was

performed in mice fed a standard diet (Supplemental Figure 4). Neither ovariectomy nor E2

treatment induced liver toxicity as there was no increase in plasma AST or ALT in HF0 Ovx

and HF0 Ovx+E2 mice (data not shown).

 Estradiol supplementation to HF0 Ovx mice led to a restoration of insulin and FFA plasma levels as well as glucose tolerance to values measured in HF0-sham mice (Fig. 1; Table 1). Other metabolic parameters including glycaemia, body weight, VAT and SAT weight, plasma cholesterol (total and cholesteryl esters) and leptin levels were significantly lower than those measured in HF0 sham mice (Fig. 1 and Table 1). For some parameters, the range of values was identical to those in standard-fed mice (Fig. 1). Besides, impedance analyses revealed enhanced lean mass and reduced fat mass in E2-replaced Ovx mice compared to HF-fed sham mice (Fig. 1D) which is probably associated to the reduced adipocyte diameter observed in both AT depots (Fig. 1D and Supplemental Figure 5) with E2 replacement. Moreover, 232 adiponectin levels, not affected by ovariectomy, were reduced in E2-replaced females (Table 1) as reported elsewhere [\[31\]](#page-20-8).

3.2. Fat depots were differently affected in response to ovariectomy and 17ß estradiol supplementation

 The metabolic explorations showed that the adipose tissue was highly responsive to ovariectomy and E2 replacement consistent with estrogens playing major roles in fat tissue deposition and expansion in females [\[16,](#page-19-11) [32\]](#page-20-9). To go further in-depth, we analyzed by RT- qPCR a panel of genes encoding the estrogen receptors and markers of adipogenesis or inflammation. We observed that the expression level of *Esr1* and *Esr2* genes encoding the nuclear estrogen receptor (ER) α and β, respectively and *Gper1* encoding the G protein coupled estrogen receptor 1 (GPR30) responded differently to estrogen withdrawal and replacement. *Esr1* mRNA levels were unchanged in Ovx females but significantly increased (2-fold) upon E2 replacement in both SAT and VAT. *Gper1* and *Esr2* mRNA levels were significantly higher and lower, respectively, in Ovx than in sham females. E2 replacement corrected these effects in SAT but not in VAT (Fig. 2). The pattern of expression of *Nr3c4* (encoding the androgen receptor) and *Esr1* mRNA was quite similar in SAT and VAT (i.e.,

- almost no change following ovariectomy and augmentation following E2 replacement relative
- to sham mice) (Fig 2). Additionally, ten-fold more *Esr1* and 1.5-fold more *Nr3c4* mRNA
- levels were found in VAT than in SAT, and 2-fold more *Gper1* mRNA levels were found in
- SAT than in VAT. As for *Esr2*, mRNA levels were low in both fat pads with large
- fluctuations in the VAT of sham mice (Fig. 2).

 Plasma leptin levels of Ovx females (Table 1) which correlated with obesity were consistent with the increase of *lep* mRNA levels. They returned to sham levels in SAT and VAT of E2- treated mice (Fig. 3). A similar pattern of mRNA expression was observed for *Ccl2* which encodes the monocyte chemoattractant protein 1 (MCP1) along with estrogen loss and recovery challenges in both fat pads (Fig. 4). Conversely, fluctuations in level of adipogenesis, lipogenesis, lipolysis and inflammation markers were found to vary in fat depots according to body localization i.e., subcutaneous or visceral (Fig. 3, 4). Specifically, 261 we surveyed *Nr1c3* encoding peroxisome proliferator-activated receptor PPARγ, *Fabp4* encoding fatty-acid binding protein4, *Lipe* encoding hormone-sensitive lipase (HSL), *Lpl* encoding lipoprotein lipase (LPL), *Pnpla2* encoding Patatin Like Phospholipase Domain Containing 2 also known as Adipose triglyceride lipase (ATGL) and inflammatory cytokines, *Tnfα*, *Il1β* and *Il12a* encoding tumor necrosis factor (TNF)α and the interleukins 1ß and 12a, respectively. On the one hand, no variations were observed in the level of *Nr1c3*, *Pnpla2*, *Tnfα* and *Il12a* mRNA in SAT across the groups, while the same genes were up-regulated in VAT in the Ovx group. Specifically, VAT samples from E2-replaced females had higher mRNA levels of *Nr1c3* and *Pnpla2* than samples from Ovx females which was consistent 270 with PPAR_Y being a direct transcriptional regulator of ATGL [\[33\]](#page-20-10) while inflammatory marker mRNA levels increased in Ovx females and returned to sham levels in E2-replaced females (Fig. 3, 4). On the other hand, *Fabp4*, *Lipe* and *Lpl* had a profile of gene expression consistent with estrogens negatively regulating these genes in SAT but not in VAT samples (Fig. 3, 4). Regarding *Il1β*, the profile was identical to the other inflammatory markers in VAT while the mRNA levels were enhanced following E2 replacement in SAT.

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3.3. *Estrogens differentially impact glucose and lipid metabolism in the liver*

278 Estrogens act in liver to positively regulate insulin sensitivity and glucose tolerance [\[16\]](#page-19-11). ER α being the primary estrogen receptor expressed in mouse liver [\[34\]](#page-20-11), we explored the hepatic expression of the *Esr1* gene in ovariectomized females. We observed a significant decrease

 of *Esr1* mRNA levels (Fig. 5A). Interestingly, in E2-replaced Ovx mice a significant doubling in *Esr1* mRNA levels was measured compared to those detected in sham mice. We next performed RT-qPCR analyses to discriminate, among genes regulating glucose and lipid metabolism, those under negative and positive estrogen regulation. Consistent with E2 positively regulating glucose tolerance, the expression levels of *G6pc* encoding the catalytic subunit of the gluconeogenic enzyme G6Pase (glucose-6 phosphatase) doubled in Ovx mice and was restored in E2-replaced females, relative to the level of sham mice (Fig. 5B). Expression levels of *Gck* encoding Glucokinase, mirrored those of *G6pc* (Fig. 5B) consistent with an adaptive role of *Gck* in counteracting hyperinsulinemia and insulin resistance and with the reduction of glycaemia [\[35\]](#page-20-12).

 To complete the study and although we did not observe significant changes in hepatic TG and cholesterol levels in ovariectomized mice (Table 1), we undertook a comprehensive analysis of genes encoding proteins involved in hepatic lipid metabolism. Specifically, genes surveyed included *Nr1h3* encoding Liver X receptor (LXR)α and its downstream target gene *Srebf1* encoding sterol regulatory element binding protein 1c (SREBP1c), a master regulator of *de novo* lipogenesis; *Scd1* encoding the stearoyl-CoA desaturase-1 (SCD1), a rate-limiting enzyme of lipogenesis; *Dgat2* encoding diacylglycerol O-acyltransferase 2 which catalyzes the final reaction in the synthesis of triglycerides; *Cd36* encoding Cluster of differentiation 36 involved in fatty acid uptake; *Nr1c1*encoding peroxisome proliferator-activated receptor (PPAR)α which regulates fatty acid oxidation and its target gene *Cpt1a* encoding carnitine palmitoyltransferase 1α; *Srebf2* which encodes the transcription factor Sterol Regulatory Element Binding Transcription Factor 2 and its downstream target genes *Hmgcr* and *Pcsk9* encoding 3-Hydroxy-3-Methylglutaryl-CoA Reductase, the rate limiting enzyme of cholesterol metabolism and Proprotein convertase subtilisin/kexin type 9 which regulates lipoprotein metabolism, respectively. We surveyed *Ldlr* encoding the low density lipoprotein receptor which mediates the endocytosis of cholesterol-rich LDL; *Nr1h4* encoding the bile acid receptor Farnesoid X receptor (FXR), and *Cyp7a1* encoding the cholesterol 7α hydroxylase which is the rate-limiting enzyme in the synthesis of bile acids [\[36\]](#page-20-13).

On this panel of genes, *Nr1h4* was unique in that the mRNA level was enhanced by estrogen

withdrawal compared to sham mice. There was reduction in mRNA abundance of *Srebf1*,

Dgat2 and *Ldlr* in the Ovx mice (Fig. 5). All returned to sham levels after E2 replacement.

Lower *Nr1c1* and *Cd36* mRNA levels were found in E2 replaced mice than in sham mice

(Fig. 5); mRNA levels of *Nr0b2* encoding small heterodimeric partner (SHP) and those of

 Cpt1α, Nr1h3, Scd1 remained the same between the different groups (data not shown). In addition, several genes belonging to the cholesterol metabolism pathway had their mRNA levels strongly increased following E2 supplementation. This included *Srebf2* and the target genes *Hmgcr*, *Pcsk9* and *Cyp7a1* (Fig. 5E).

3.4 A low-dose mixture of pollutants differentially impacted the expression levels of E2- regulated genes depending on the metabolic tissue explored

 The expression levels of estrogen receptors and estrogen-regulated genes were analyzed in the liver and adipose tissues of mice exposed to a mixture of low-dose pollutants previously

shown to exhibit estrogeno-mimetic activities [\[25,](#page-20-2) [27,](#page-20-4) [28\]](#page-20-5).

Metabolic exploration revealed that exposure to pollutants did not change food intake (not

shown), body weight and fat pad weight of the exposed animals (Supplemental Figure 6). No

effect of pollutants was observed on blood glucose and plasma insulin levels, HOMA-IR,

glucose tolerance, as well as on TG (plasma and hepatic) and FFA levels (Table 1).

Notwithstanding, cholesterol (plasma and hepatic) and leptin levels were significantly

increased in HFp-Ovx females compared to HF0 sham mice while these parameters were not

significantly changed by ovariectomy itself arguing for a pollutant effect. Moreover, liver TG

accumulation in HFp Ovx mice was 1.5-fold higher than in HF0 Ovx mice although it did not

reach significance. In addition, its level significantly decreased following E2 replacement

(HFp Ovx+E2 *versus* HFp Ovx) which was not observed in pollutant-free conditions (Table

1). Adiponectin levels were significantly different in HFp Ovx+E2 *versus* levels measured in

HF0-Ovx+E2 mice which also indicated a pollutant effect (Table 1).

Regarding gene expression, exposure to pollutants resulted in the increase of *Esr1* mRNA

levels in SAT and in the ratio of *Esr1* to *Nr3c4* expression in SAT and VAT of Ovx mice

(Fig. 6). In conditions of E2 supplementation, effects of pollutant exposure included the

augmentation of *Esr2* mRNA levels in both fat pads as well as *Esr1 /Nr3c4* ratio in SAT (HFp

- Ovx+E2 versus HF0 Ovx+E2) (Fig. 6). Among genes involved in cholesterol metabolism, we
- observed a significant doubling of *Nr1h3, Nr0b2* and *Cd36* in pollutant-exposed Ovx mice

compared to non-exposed Ovx mice. Interestingly, in E2-replaced females, pollutant exposure

triggered significant changes in *Cyp7a1* (half-decrease) and *Nr1h3* (a doubling) mRNA levels

 (Fig. 6C). These pollutant-induced effects were different than those exerted by E2 replacement (Fig.4).

To complete the study, we measured the expression levels of genes encoding xenobiotic

receptors including the aryl hydrocarbon receptor (AhR), the constitutive androstane receptor

CAR (Nr1i3) and the pregnane xenobiotic receptor PXR (Nr1i2) as well as CAR and PXR

immediate target genes which encode the cytochrome P450 enzymes CYP2B10 and

CYP3A11 [\[37\]](#page-20-14). These genes were not found impacted by the pollutant mixture as compared

 to non-exposed mice except *Cyp2b10* which mRNA abundance slightly increased (Supplemental figure 7).

Discussion

 In the present study, we developed a model allowing the exploration of the metabolic consequences of ovarian withdrawal and E2 replacement on liver and adipose tissues along with investigating the impact of a low-dose mixture of pollutants previously reported to exhibit some estrogeno-mimetic properties in female mice [\[25,](#page-20-2) [27\]](#page-20-4). Because of differences in the literature regarding the extent of the ovariectomy-induced deleterious metabolic effects, the experimental model developed herein was first characterized. Accordingly [\[17,](#page-19-16) [19,](#page-19-12) [38-40\]](#page-20-15), ovariectomy induced body weight increase, glucose intolerance and insulin resistance and tended toward an increase of leptin and insulin plasma levels. No changes in TG plasma levels and cholesterol or in hepatic lipid deposition could be measured in the ovariectomized mouse model.

Importantly, treatment of ovariectomized mice with E2 either reversed the ovariectomy-

induced adverse effects (e.g., glucose tolerance) to sham levels or improved metabolic

functions over the physiological levels (e.g., adipose tissue weight and leptin levels). It

suggested that diet-induced obesity could impair estrogenic signaling in the adipose tissues in

female mice and that part of the HF effects were counter-balanced by E2 supplementation,

extending previous data [\[31\]](#page-20-8). Importantly, while ovariectomy and E2 replacement similarly

- regulated the ERs and AR encoding mRNA expression in SAT and VAT depots, adipogenesis
- and inflammatory markers were differently regulated in response to estrogen withdrawal and
- E2 replacement. Specifically, our findings were consistent with estrogens negatively
- regulating adipogenesis in SAT but not in VAT, and inflammation in VAT but not in SAT. In

 addition, enhanced *Nr1c3* and *Atgl* mRNA expression in VAT, two markers of adipocyte differentiation, suggested a positive effect of E2-treatment on this tissue in Ovx mice. Extending the literature [\[41,](#page-21-0) [42\]](#page-21-1), the herein findings underlined distinct functions of SAT and VAT in the development of obesity-induced metabolic disorders in females, with estrogens regulating fat distribution and expansion preferably in subcutaneous depots and opposing inflammation particularly in VAT thus protecting from insulin resistance. Noticeably, the mRNA abundance changes of the estrogen receptors induced by ovariectomy and E2 replacement emphasized that, in physiological conditions, circulating estrogens could regulate *Gper1* and *Esr2* at a transcriptional level. In addition, if considering the reported phenotypes of enhanced adiposity in *Esr2-*deficient female mice [\[43\]](#page-21-2) and the protection from diet-induced obesity in *Gper1-*deficient female mice [\[44\]](#page-21-3), the alterations (herein observed) of *Gper1* and *Esr2* expression in the adipose tissues could well be linked to the obesity phenotype of the Ovx mice. The E2 replacement data suggested that the up-regulation of *Esr1* and *Nr3c4* expression in both fat pads and the restored *Esr2* and *Gper1* mRNA abundance (at least in SAT) could be linked to the observed decreased in adiposity in line with previous data [\[19,](#page-19-12) [43,](#page-21-2) [45\]](#page-21-4). Moreover, the data presented herein indicated that the described estrogen anti- inflammatory properties [\[19,](#page-19-12) [43\]](#page-21-2) could be mediated through ERß in VAT extending previous reports in female mice [\[46\]](#page-21-5). Interestingly, SAT and VAT share identically regulated genes including *Ccl2* (in line with previous findings [\[28\]](#page-20-5)) and *Lep* which could be positively regulated by estradiol in adipose tissues via *Gper1*or negatively via ERß. Such regulations remain to be demonstrated.

 Within the present study, ovariectomy clearly impacted glucose metabolism but not hepatic steatosis while E2 replacement resulted in altered cholesterol metabolism concurrently with marked changes in liver *Esr1, Nr1c1* and *Cd36* mRNA abundance linking estrogen signaling to these effects. It could indicate that impairment of glucose metabolism might be an early metabolic consequence of estrogen loss while alteration of lipid metabolism could be indirectly affected. This hypothesis is consistent with the phenotype of hepatosteatosis observed after a long-term ovariectomy [\[47\]](#page-21-6) but not in the present study. The finding that TG accumulation did not change with ovariectomy is in agreement with the observation that the mRNA levels of FXR, a protein known to oppose hepatic steatosis and hyperlipidemia [\[48\]](#page-21-7), was increased while the abundance of genes related to lipogenesis (Srebpf1, Dgat2) was reduced. Noticeably, the impairment of cholesterol metabolism observed following E2 supplementation extended previous data demonstrating that Esr1 overexpression could trigger

 a loss in the fine tuning of negative feedback regulation of cholesterol synthesis [\[49\]](#page-21-8). Deregulation of lipid metabolism may as well result from the lack of cycles in E2-replaced females since it has been demonstrated that reproduction and lipid metabolism are tightly coupled in cycling females [\[47\]](#page-21-6). Whether changes in the mRNA levels of Esr1, *Nr1c1* and of *Cd36* in the E2-replaced Ovx mice also resulted from a loss in feed-back regulatory mechanism will await further studies. Collectively, it could be concluded that regulation of glucose metabolism is tightly controlled by estradiol but that lipid metabolism escaped physiological regulatory feedback in E2-treated females. In addition, because ovaries produce progestogens as well as androgens, E2 replacement is not expected to normalize all disorders induced by ovariectomy.

 The use of a model of estrogen withdrawal and replacement has allowed the identification of a set of estrogen-regulated genes. We expected these genes to exhibit changes in mRNA levels in response to chronic exposure to a mixture of archetypal endocrine disruptors previously identified as bearing some estrogeno-mimetic activities as well as metabolic disrupting effects [\[25,](#page-20-2) [27,](#page-20-4) [50\]](#page-21-9). Specifically, the protocol used herein was adapted from the published previous model [\[25,](#page-20-2) [26\]](#page-20-3) except that female mice were not exposed to the mixture of pollutants from fetal life onwards but continuously from week 5 to week 20 through diet. As reviewed previously [\[7,](#page-19-17) [51,](#page-21-10) [52\]](#page-21-11), the mixture of pollutants was designed to question the metabolic health consequences of a multi-exposure scenario to various pollutants at low dosage to approach a real life situation. Specifically, the mixture was made of shortly metabolized (BPA, DEHP) and persistent pollutants (TCDD, PCB153) contaminating food either through bioaccumulation along the food chain (TCDD, PCB153) or leaching from packaging (BPA, DEHP), activating a wide range of signaling molecules, not to mention the many cross-talks occurring between them and triggering estrogeno-mimetic and anti-androgen activities among others [\[4,](#page-19-3) [6,](#page-19-18) [10\]](#page-19-6). Pollutants constituent parts of the mixture were also chosen because of high concern for links with metabolic diseases in epidemiological and experimental studies [\[4,](#page-19-3) [7,](#page-19-17) [53-55\]](#page-21-12). Interestingly, we herein observed modest but significant effects in the set-up model of Ovx and E2 replacement in response to the mixture of pollutants. Phenotypically, and in agreement with our previous studies [\[25,](#page-20-2) [27,](#page-20-4) [50\]](#page-21-9), the mixture did not impact body weight. No changes were observed in glucose tolerance or insulin resistance in the mice exposed compared to those not exposed to the pollutant mixture. Nonetheless, adiponectin levels were found to be lower in E2-replaced and pollutant-exposed mice than in E2-replaced and non-exposed females. This finding is indicative of an adverse

 hormonal and metabolic effect triggered by pollutant exposure since adiponectin is an adipokine with positive metabolic properties [\[56\]](#page-21-13). In addition, TG accumulation in liver of HFp Ovx mice was trending upward compared to non-exposed Ovx mice. Some genes involved in lipid metabolism in the liver and which mRNA levels were not modified by ovariectomy, were found impacted in response to the mixture of pollutants in Ovx mice (i.e., HFp Ovx *versus* HF0 Ovx mice). All these findings indicated that the mixture of pollutants had some metabolic impact but did not exert estrogeno-mimetic activities at least on the set of hepatic genes studied. These data do not fully reproduce previous findings in which the same mixture of pollutants was found to enhance *Esr1* gene expression in the liver of ovariectomized females and alleviate glucose intolerance [\[28\]](#page-20-5). One possible explanation resides in the timing of exposure to the mixture encompassing gestation and lactation in the previous protocol [\[28\]](#page-20-5) but not in the present study. Indeed, the maternal period has been found to be a highly vulnerable period [\[57,](#page-21-14) [58\]](#page-21-15). For example, it was demonstrated that hepatic metabolic gene expression in adult mice including *Esr1* was strongly impacted in mice exposed *in utero* to BPA as compared to control mice [\[59\]](#page-21-16). In addition, the vulnerability of the fetal period towards exposure to the presently used mixture of pollutants has been evidenced in male mice [\[50\]](#page-21-9).

 Importantly, we observed that the response to the mixture of pollutants was highly tissue-dependent extending our previous data [\[26,](#page-20-3) [50\]](#page-21-9). While we did not identify estrogeno- mimetic activities of the pollutant mixture in the liver, the situation was clearly distinct in SAT. Indeed, the estrogen receptors *Esr1* and *Esr2* were found regulated the same way by either the pollutant mixture or E2 supplementation. Conversely, the mixture of pollutants tended to oppose E2 effects in VAT with an up-regulation of *Esr2* and *Il12a* mRNA abundance in E2-replaced mice. The meaning of these distinct effects depending on fat depots, remains to be investigated but may be linked to the distinct functions of the fat depots regarding adipogenesis and inflammation [\[41,](#page-21-0) [42\]](#page-21-1). In addition, it should be reminded that the dosage of the mixture was based on the tolerable daily intake (TDI) doses defined empirically by risk assessment agencies, e.g., the European Food Safety Authority (EFSA) or the U.S. Food and Drug administration (FDA) [\[60\]](#page-21-17), thus not expected individually to generate a metabolic effect. Therefore, the herein demonstration that several genes were impacted (at least at the mRNA level) by a mixture of low-dose pollutants together with previous data on the adverse metabolic effects of low-dosed mixture [\[52\]](#page-21-11), emphasizes that current legislation on chemical risk assessment may underestimate the risk and should be updated.

 In summary, analysis of female mice in conditions of withdrawal of estrogen, E2 replacement or exposure to a mixture of pollutants with reported estrogeno-mimetic activities, extended knowledge on the estrogenic regulation of glucose and lipid metabolism in the liver and of adipogenesis and inflammatory markers in the fat depots. Importantly, this model highlighted that the disrupting effect of the mixture of low-dosed pollutants which did not affect body weight, glycaemia, plasma insulin and lipidemia was different in the liver and adipose tissues. Noticeably, alterations concerned adiponectin plasma levels, estrogen receptors in the adipose tissue and lipid metabolism in the liver. The present findings may have important implications for the understanding of the estrogen-dependent metabolic alterations with regards to situations of loss of estrogens as observed with menopause, especially if considering the worldwide context of exposure to chemicals.

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Conflict of interest

The authors have declared that no competing interests exist.

Legends

 Figure 1: **(A)** Body weight and weight of visceral and subcutaneous adipose tissues (VAT and SAT, respectively) measured at the end of the protocols (after 6 h of fasting). **(B)** Biochemical parameters**:** Blood glucose, plasma insulin and HOMA-IR. **(C)** Glucose Tolerance test performed after 13 wks of diet and corresponding AUC. **(D)** Measurement of whole body composition by NMR and of the adipocyte area.

653 Values are means \pm SEM with n=7-8. ***P<0.001; ** P<0.01; *P<0.05 (one-way ANOVA 654 followed by Tukey post hoc test). For the adipocyte area, values are means \pm SEM with n=3. A significant overall effect was obtained using a Two-way ANOVA followed by the Bonferroni test. Standard: standard diet; HF0: pollutant-free high-fat high-sucrose diet; Sham: sham-operated mice; Ovx: ovariectomized mice; Ovx+E2: ovariectomized mice with E2 replacement.

 Figure 2: Effect of ovariectomy alone (Ovx) or with 17β-estradiol (E2) supplementation (Ovx+E2) on the expression of genes encoding the estrogen receptors ERα, ERβ, GPR30 and the androgen receptor AR in subcutaneous **(A)** and visceral **(B)** adipose tissues (SAT and 662 VAT, respectively). Values are means \pm SEM with n=6-8. ***P<0.001; ** P<0.01; *P<0.05. Sham: sham -operated mice.

 Figure 3: Effect of ovariectomy alone (Ovx) or with 17β-estradiol (E2) supplementation (Ovx+E2) on the expression of genes related to adipogenesis and lipogenesis **(A, A')**, lipolysis **(B, B')** in subcutaneous (SAT, **A, B**) and visceral (VAT **A', B'**) adipose tissues. 667 Values are means \pm SEM with n=6-8. ***P<0.001; ** P<0.01; *P<0.0; Sham: sham-operated mice.

 Figure 4: Effect of ovariectomy alone (Ovx) or with 17β-estradiol (E2) supplementation (Ovx+E2) on the expression of genes encoding inflammatory markers in subcutaneous (SAT) 671 and visceral (VAT) adipose tissues. Values are means \pm SEM with n=6-8. ***P<0.001; ** P<0.01; *P<0.0. Sham: sham-operated mice.

 Figure 5: Effect of ovariectomy alone (Ovx) or with 17β-estradiol (E2) supplementation (Ovx+E2) on the expression of genes encoding the nuclear estrogen receptor ERα **(A)**, genes related to glucose metabolism **(B)**, fatty acid metabolism **(C)**, triglyceride metabolism **(D)**, 676 cholesterol metabolism **(E)** in liver. Values are means \pm SEM with n=6-8. ***P<0.001; ** P<0.01; *P<0.05. Sham: sham-operated mice.

 Figure 6: Effect of the the mixture of pollutants on the expression of genes expressed in subcutaneous (SAT, **A)**, visceral (VAT**, B)** adipose tissues, or liver **(C)**. Values (expressed as 680 fold-change relative to the HF0 group) are means \pm SEM with n=6-8. ***P<0.001; ** P<0.01; *P<0.05. Ovx: ovariectomized mice; Ovx+E2: ovariectomized mice with E2 replacement. HF0: pollutant-free high-fat high-sucrose diet; HFp: high-fat high-sucrose diet containing the mixture of pollutants.

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689 **Table 1:** Biochemical parameters

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691 Values are means ± SEM with n=6-8. (**α**): significant effect *vs* HF0 sham; (**β**) significant E2 effect;

692 (**γ**) significant pollutant effect (using a one-way ANOVA followed by Tukey post hoc test).

693 HF0: pollutant-free high-fat high-sucrose diet; HFp: high-fat high-sucrose diet containing the 694 mixture of pollutants; Sham: sham-operated mice; Ovx: ovariectomized mice; Ovx+E2: 695 ovariectomized mice with E2 replacement.

Figure 4

Figure 5

703 **Supplemental Figures**

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706 **Supplemental Figure 1:** Experimental protocols. ST: standard chow diet; HF: high-fat high-707 sucrose diet; HF0: pollutant-free high-fat high-sucrose diet; HFp: high-fat high-sucrose diet 708 containing the mixture of pollutants. Sham: sham-operated mice; Ovx: ovariectomized mice; 709 Ovx+E2: ovariectomized mice with E2 replacement.

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 Supplemental Figure 2: Uterus was weighed at the end of the protocol to validate ovariectomy and delivery of E2 after surgery. HF0: pollutant-free high-fat high-sucrose diet; HFp: high-fat high-sucrose diet containing the mixture of pollutants. Sham: sham-operated mice; Ovx: ovariectomized mice; Ovx+E2: ovariectomized mice with E2 replacement.Values 728 are mean \pm SEM (n=6-8). **p<0.01, ***p<0.001 (using a one-way ANOVA followed by Tukey post hoc test).

 Supplemental Figure 3: (A) Body weight curves along the 15 weeks of diet. Arrows indicate weeks when mice (sham, Ovx and Ovx+E2) were submitted to anesthesia (ovariectomy and implant after 2 weeks of diet and implant replacement at 8 weeks). Standard: standard chow diet; HF0: pollutant-free high-fat high-sucrose diet; HFp: high-fat high-sucrose diet containing the mixture of pollutants. Sham: sham-operated mice; Ovx: 736 ovariectomized mice; Ovx+E2: ovariectomized mice with E2 replacement. Values are mean \pm 737 SEM (n=8). *p<0.05; **p<0.01, ***p<0.001.

738 **Supplemental Figure 4**: Phenotype and biochemical characterization of Standard-fed Ovx 739 versus standard-fed sham-operated mice. Standard: standard chow diet; Sham: sham operated 740 mice; Ovx: ovariectomized mice; SAT: subcutaneous adipose tissue; VAT: visceral adipose 741 tissue. Values are mean \pm SEM (n=4-5). *p<0.05; **p<0.01, ***p<0.001.

 Supplemental Figure 5: Impact of E2 replacement on adipocyte size. Representative laminin immunostaining of paraffin section of adipose tissues obtained from mice fed HFHS diet and ovariectomized without (Ovx) or with (Ovx+E2) estrogen replacement. Adipose tissue acquisition is represented for subcutaneous (SAT) and visceral (VAT) depots using objective x10. Scale bar=100µm

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762 **Supplemental Figure 6**: Comparison between treatment-matched HF0-fed and HFp-fed 763 mice. **A.** Body and adipose tissue weights; **B.** Blood glucose, plasma insulin and HOMA-IR. 764 **C.** Glucose Tolerance Test. HF0: pollutant-free high-fat high-sucrose diet; HFp: high-fat 765 high-sucrose diet containing the mixture of pollutants. Sham: non-operated mice; Ovx: 766 ovariectomized mice; Ovx+E2: ovariectomized mice with E2 replacement.; SAT: 767 subcutaneous adipose tissue; VAT: visceral adipose tissue. Values are mean ± SEM (n=6-8).

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772 **Supplemental Figure 7**: Effect of the mixture of pollutant on the expression of xenobiotic 773 processing genes in liver**.** Results are expressed as HFp/HF0 ratio for each group of mice 774 with ratio equal to 1.0 for the HF0 groups. HF0: high-fat high-sucrose diet pollutant-free; 775 HFp: high-fat high-sucrose diet containing the mixture of pollutants. Sham: not operated 776 mice; Ovx: ovariectomized mice; Ovx+E2: ovariectomized and E2 replaced mice. Values are 777 mean \pm SEM (n=6-8). *p<0.05.

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781 **Supplemental table**

782 **Supplemental table 1**: List of the primers used for qPCR analyses

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