

Use of infant formula in the ELFE study: The association with social and health-related factors

Blandine de Lauzon-Guillain, Camille Davisse-Paturet, Sandrine Lioret, Eléa Ksiazek, Corinne Bois, Marie-Noëlle Dufourg, Marie Bournez, Sophie Nicklaus, Sandra Wagner, Marie A. Charles

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- 1 Use of infant formula in the ELFE study: the association with social and health-related
- 2 factors
- 3 Authors :
- 4 Blandine de Lauzon-Guillain^{1,2} *, Camille Davisse-Paturet^{1,2} *, Sandrine Lioret^{1,2}, Eléa Ksiazek³,
- 5 Corinne Bois^{4,5}, Marie-Noëlle Dufourg⁴, Marie Bournez³, Sophie Nicklaus³, Sandra Wagner¹,
- 6 Marie Aline Charles^{1,2,4}
- 7 * B de Lauzon-Guillain and C Davisse-Paturet contributed equally to this work

8 Author affiliations

- 9¹ INSERM, UMR1153 Epidemiology and Biostatistics Sorbonne Paris Cité Center (CRESS),
- 10 Early Origin of Child Health and Development Team (ORCHAD), Paris, F-75014 France;
- ¹¹ ² Paris Descartes University, France;
- ³Centre des Sciences du Goût et de l'Alimentation, CNRS, INRA, Univ. Bourgogne Franche-
- 13 Comté, F-21000 Dijon, France;
- ⁴ Unité mixte Inserm-Ined-EFS Elfe, Ined, Paris, France;
- ⁵ Service départemental de PMI, Conseil départemental des Hauts-de-Seine, Nanterre, France
- 16 Author's last names
- 17 de Lauzon-Guillain, Davisse-Paturet, Lioret, Ksiazek, Bois, Dufourg, Bournez, Nicklaus,
- 18 Wagner, Charles

19 Corresponding author

- 20 Blandine de Lauzon-Guillain, INSERM CRESS Eq ORCHAD, 15-16 av. Paul Vaillant
- 21 Couturier, 94807 Villejuif Cedex, FRANCE; blandine.delauzon@inserm.fr; Tel: +33145595019;
- 22 Fax: +33147269454.
- 23
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29 Infant formula use and associated factors

30 Abbreviations

- 31 CMPA: allergy to cow's milk proteins
- 32 ELFE: Etude Longitudinale Française depuis l'Enfance

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- 61 Dr. de Lauzon-Guillain and Mrs Davisse-Paturet conceptualized and designed the study,
- 62 conducted part of the statistical analyses, drafted the initial manuscript, and approved the final
- 63 manuscript as submitted.
- 64 Mrs Ksaziek, Drs Lioret, Bois, Dufour, Bournez and Nicklaus designed the data collection
- 65 instruments, and supervised data collection and data management, critically reviewed the
- 66 manuscript, and approved the final manuscript as submitted.
- 67 Drs. Wagner and Charles conceptualized and designed the study, contributed the interpretation
- of the study, reviewed and revised the manuscript, and approved the final manuscript as
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- 70

71 Abstract

72 Breastfeeding is recommended until six months of age but a wide range of infant formula is available for non or partially breastfed infants. Our aim was to describe infant formula selection 73 74 and to examine social and health-related factors related to this selection. Analyses were based on 13,291 infants from the French national birth cohort ELFE. Infant diet 75 76 was assessed at month 2 by phone interview and monthly from month 3 to month 10 via 77 internet/paper questionnaires. Infant formulas were categorized in 6 groups: extensively or 78 partially hydrolyzed, regular with or without pre/probiotics, thickened with or without 79 pre/probiotics. Associations between type of infant formula used at 2 months and family or 80 infant characteristics were assessed by multinomial logistic regressions. 81 At month 2, 58.1% of formula-fed infants were fed with formula enriched in pre/probiotics, 82 31.5% with thickened formula and 1.4% with extensively hydrolyzed formula. The proportion of 83 formula-fed infants increased regularly but the type of infant formula used was fairly stable 84 between 2 and 10 months. At month 2, extensively hydrolyzed formulas were more likely to be 85 used in infants with diarrhea or regurgitation problems. Partially hydrolyzed formulas were more 86 often used in families with high incomes, with a history of allergy or with infants with 87 regurgitation issues. Thickened formulas were used more with boys, preterm children, children 88 with regurgitation issues or in cases of early maternal return to work. 89 The main factors related to the selection of infant formula were family and infant health-related 90 ones.

91 Keywords

92 infancy, formula milk, birth cohort, socio-demographic factors, health-related factors

93 Introduction

94 Currently, the international pediatric societies recommend exclusive breastfeeding until 6

95 months of age (Agostoni et al., 2009; Kramer & Kakuma, 2001; Section on Breastfeeding,

96 2012). Most professional and national organizations recommend the introduction of 97 complementary foods at around 6 months of age (Fewtrell et al., 2017). Results from various studies on infant feeding practices have shown high levels of non-compliance with these 98 99 recommendations (Fein, Labiner-Wolfe, Scanlon, & Grummer-Strawn, 2008; Salanave, de 100 Launay, Boudet-Berquier, & Castetbon, 2014; Schiess et al., 2010; Scott, Binns, Graham, & 101 Oddy, 2009). For instance, in 2010-2011, the breastfeeding initiation rate was 79% in the U.S. 102 (Rossen, Simon, & Herrick, 2015), 70% in France (Kersuzan et al., 2014) and 81% in the U.K 103 (McAndrew et al., 2012). Then, breastfeeding rates rapidly declined with age, as 51% of infants 104 in France and 55% in the U.K. were still breastfed at 6 weeks (McAndrew et al., 2012; Rossen et 105 al., 2015; Wagner et al., 2015). At 6 months, breastfeeding rates were 49% in the U.S., 19% in 106 France and 34% in the U.K. At 1 year, 27% of infants were breastfed in the US, but only 5% in 107 France. The majority of mothers are therefore using some quantity of formula in the first year 108 postpartum.

109 In literature, formula-fed infants are considered as a homogeneous group compared to breastfed 110 infants (McAndrew et al., 2012). However, a large variety of infant formulas are available and 111 their nutritional composition could impact child's health and development, as highlighted for 112 protein content in the CHOP trial (B. Koletzko et al., 2009). Formulas with extensively 113 hydrolyzed cow milk proteins have proven efficacy in the treatment of cow's milk protein allergy 114 (CMPA) in non-breastfed infants (S. Koletzko et al., 2012) and are accessible only under 115 medical prescription. Recent evidence suggests that the use of this kind of formula could impact early growth (Mennella, Ventura, & Beauchamp, 2011) and cognitive development (Mennella, 116 117 Trabulsi, & Papas, 2016). The other formula types are available without prescription in 118 drugstores or regular retail shops. The main characteristics claimed by industry are: partially 119 hydrolyzed protein to prevent the risk of cow's milk protein allergy (CMPA) in infants at high-120 risk (Muraro et al., 2014; Tey et al., 2014); enrichment with starch or carob to thicken the

121 formula and to limit regurgitation (Chao & Vandenplas, 2007; Horvath, Dziechciarz, &

122 Szajewska, 2008); enrichment with long chain polyunsaturated fatty acids, useful for brain and

123 retinal maturation (B. Koletzko et al., 2008); enrichment with probiotics, to influence

124 microorganisms in infant's intestinal flora (Brunser et al., 2006; Chrzanowska-Liszewska,

125 Seliga-Siwecka, & Kornacka, 2012), or with prebiotics, non-digestible saccharide substrates for

126 the growth of specific intestinal microorganisms (Vandenplas, Zakharova, & Dmitrieva, 2015).

127 The long-term effects of these nutritional characteristics on infant's health and development are,

128 however, not well established (Cuello-Garcia et al., 2015; Mugambi, Musekiwa, Lombard,

129 Young, & Blaauw, 2012; Osborn & Sinn, 2006).

130 As suggested in the review of Victora et al. on breastfeeding, discrepancies across studies about

131 benefits of breastfeeding on health outcomes such as obesity could be partially explained by the

132 diet of infants who are not breastfed. Formula milk consumed by the infant is part of this diet

133 (Victora et al., 2016). Despite the wide variety in nutritional composition of infant or follow-up

134 formulas, to our knowledge, the different types of formula used have only been described using

135 the NHANES dataset, which is representative of infants residing in the U.S. (Rossen et al.,

136 2015). Then, it appears important to better understand the factors associated with the selection of

137 formula type, especially among datasets representative of other populations and countries where

138 breastfeeding rates are below recommended levels. Therefore, the aim of the present study was

to describe the type of formula used during the first year of life, using data from the first large

140 nationally representative French birth cohort, and to examine whether the selection of different

141 types of infant formulas varied according to family characteristics, physician or the parental

142 report of infant's health-related factors.

143 Subjects and methods

144 **Population study**

145 The present analysis was based on data from the ELFE (Etude Longitudinale Française depuis 146 l'Enfance) study, a multidisciplinary, nationally representative, birth cohort, which included 18,258 children born in a random sample of 349 maternity units in France in 2011 (Vandentorren 147 148 et al., 2009). From April 2011, inclusion took place during 25 selected recruitment days over 149 four waves comprising four to eight days each, and covering all four seasons. Inclusion criteria 150 were as follows: children born after 33 weeks of gestation, to mothers aged 18 years or older and 151 who were not planning to move outside of Metropolitan France in the following 3 years. Foreign 152 families could also participate in the study, if mothers were able to read French, Arabic, Turkish 153 or English. Among the 349 selected maternity units, 320 agreed to participate. Participating 154 mothers had to sign consent for themselves and their child. Fathers signed the consent for the 155 child participation when present on inclusion days or were informed about their rights to oppose. 156 Fifty-one percent of contacted parents agreed to the child participation. Data was collected in 157 standardized interviews conducted by trained interviewers and by self-completed questionnaires. 158 Mothers were interviewed at the maternity ward for medical information about their pregnancy 159 and their newborn, their general characteristics and their eating habits. Information was 160 completed with records from obstetric and pediatric medical files. Two months post-partum, 161 telephone interviews with mothers and fathers took place and included different types of 162 questions, in particular: 1. Demographic and socioeconomic variables such as country of birth, 163 educational level, employment, monthly income and number of family members 2. Health 164 variables of both children and parents: parental asthma and eczema, mother's psychological 165 difficulties and children's birth weight and height 3. Feeding practices during the first two 166 months. A similar telephone interview was conducted one year after birth. Otherwise, from 3 to

10 months after delivery, families were asked to complete a monthly questionnaire on the
infant's diet via the internet or by paper (feeding methods, food and beverage introduction).
. All data was anonymized for reporting. The ELFE study received approvals from the Advisory
Committee for the Treatment of Information on Health Research (Comité Consultatif sur le
Traitement des Informations pour la Recherche en Santé), the National Agency Regulating Data
Protection (Commission National Informatique et Libertés) and the National Statistics Council.

173 Infant feeding

174 During each follow-up step, the infant feeding method was collected: breast milk only, infant 175 formula only, both breast milk and formula milk (including plant-based infant formula), animal 176 milk (including cow) or plant-based beverages. If the mother had stopped breastfeeding, the 177 exact age of the child when breastfeeding ended was asked, along with the age of introduction of 178 formula milk. Parents were asked monthly to report the brand and name (if any) of the milk they 179 mostly used for their child during the month. As parents reported their child feeding method each 180 month from 2 to 10 months, longitudinal consistency was used to correct obvious reporting 181 errors (e.g. an infant exclusively formula-fed from birth to 5 months as well as then after 7 182 months but fully breastfed at 6 months was considered formula-fed at 6 months). Duration of 183 breastfeeding (any and predominant) was calculated. An infant was defined as predominantly 184 breastfed if the only milk received was breast milk. If information to calculate the duration was 185 only partially available for one infant, we attributed the median duration of breastfeeding of 186 infants with the same dietary profile (e.g. still breastfed at month X but receiving only formula 187 milk at month Y). If no information was available about breastfeeding, no imputation was 188 performed.

From the brand and name of formula reported each month by parents, we listed all infant formulas used within the ELFE cohort. A senior researcher supervised a dietician who classified all these infant formulas based upon their nutritional characteristics (ingredient list, nutritional

192 composition). Formulas were first classified according to 5 criteria, corresponding to the main 193 claims: protein characteristics, thickening properties, use of pre/pro-biotics, enrichment in long 194 chain fatty acids, lactose content. As most formula designed for 0-6 month-old infants were 195 enriched in long chain fatty acids, this criterion was not examined further in the present analysis. 196 Moreover, as almost all lactose-free formulas also contained extensively hydrolysed proteins, 197 lactose-free formulas were not examined as a specific group. To ensure that each formula was 198 assigned to a single category, we further defined the following classification: 1. extensively 199 hydrolyzed protein or soya/rice proteins, labeled "Extensively hydrolyzed formula", 2/ partially 200 hydrolyzed proteins, labeled "Partially hydrolyzed formula", 3. regular cow milk proteins, with 201 starch or carob and pre/pro-biotics, labeled "Thickened with pre/pro-biotic formula", 4. regular 202 cow milk proteins, with starch or carob but no pre/pro-biotic, labeled "Thickened formula", 5. 203 regular cow milk proteins, with pre/pro-biotics but no starch or carob, labeled "Pre/pro-biotic 204 formula", 6. regular cow milk proteins, without pre/pro-biotic, starch and carob, labeled 205 "Regular formula".

206 Infant and parental characteristics

As family data was more comprehensively collected during the 2-month interview than during the maternity interview and as family socio-demographic characteristics only marginally evolved within two months, we considered data collected two months post-partum in our analyses. Sociodemographic characteristics collected during the maternity stay were used only in case of missing values at 2 months.

212 Parental socio-demographic characteristics studied were: maternal country of birth (France vs.

another country), maternal age at delivery (<25 y, 25-29 y, 30-34 y, ≥35 y), birth rank (first born,

second, third, fourth or more), maternal marital status (married/civil union, cohabiting, single),

215 maternal education attainment (Below high school, High school, 2 years after high school, 3

216 years after high school, At least 5 years after high school), parental age difference (younger

father, father 0-1 y older, father 2-3 y older, father 4-7 y older, father at least 8 y older), maternal

218 return to work at 2 months (yes/no/not applicable, if mother did not work before maternity

leave), maternal region of residence and family monthly income (≤€1500, €1501-2300 €2301-

220 3000, €3001-4000, €4001-5000 , > €5000).

221 Parental health-related factors included reported maternal height and weight prior to pregnancy,

222 maternal smoking status during pregnancy (never smoked, smoker only before pregnancy,

smoker during pregnancy), attendance to birth preparation courses (None, 1-6 sessions, 6

sessions or more), parental and sibling atopy (at least one 1st degree relative with a history of

allergies, or no history of allergies).

226 Newborn characteristics were collected from the medical records: sex, twin birth, birth weight

and gestational age. Infant health-related factors were collected during the 2-month interview:

228 medical diagnosis of cow milk allergy (yes/no), parental concern about infant weight (yes/no),

diarrhea (yes/no), constipation (yes/no) and regurgitation (yes/no), type of physician first

230 consulted between birth and two months (paediatrician, other child doctor, general practitioner,

231 other including emergency).

232 Sample selection

Infants whose parents withdrew consent within the first year (n=52) or for whom it was not possible to verify the eligibility criteria due to missing data (n=351) were excluded from the study, resulting in 17,855 eligible infants. We randomly selected one twin in twin pregnancies (n=277 exclusions) to avoid family clusters. We excluded infants who did not reply at the 2month follow-up (n=2223), as well as those without any data on infant feeding from 2 to 10 months (n=64).

239 For descriptive statistics of the type of infant formula used, we restricted analyses to infants

240 receiving formula, with sufficient details about the formula name to classify the formula

241 (n=10,293 at 2 months, 7,318 at 3 months, 8,325 at 4 months, 8,787 at 5 months, 8,546 at 6

242 months, 8,186 at 7 months, 8,009 at 8 months, 7,898 at 9 months and 7,672 at 10 months).

Finally, for the multivariate analyses on factors related to the use of infant formula at 2 months, we excluded infants with CMPA medical diagnosis reported at 2 months, given that their choice of formula is very limited (n=188), as well as infants with missing values on socio-demographic or parental report of health-related factors (n=1240). Multivariate analyses were then conducted in 8865 infants. The detailed flow chart for analyses conducted at 2 months is presented in

248 **Supplemental Figure 1**.

249 Statistical analyses

250 In order to provide representative descriptive statistics of births in 2011 in France, the

251 descriptive data (rates) were weighted to take into account the inclusion procedure and biases

related to non-consent. Weighting also included calibration on margins from the state register's

253 statistical data and the 2010 French National Perinatal study (Blondel, Lelong, Kermarrec,

254 Goffinet, & National Coordination Group of the National Perinatal, 2012) on the following

variables: age, region, marital status, migration status, level of education and primiparity. This

weighting was calculated for the sample follow-up at 2 months, as well as for the subsample that

completed the questionnaire on infant diet, at least once from 3 to 10 months.

258 Associations between socio-demographic, socio-economic and parental report of health-related

factors and the type of formula used were assessed at 2 months by multinomial multivariate

260 logistic regression, including all variables of interest and additionally adjusted for the mother's

261 region of residence, size of maternity unit and wave of recruitment. Regular formulas were used

as the reference category. As exclusively breastfed infants were not included in these analyses,

263 we used inverse probability weighting to limit selection bias.

All analyses were carried out using SAS V9.3 (SAS, Cary, NC).

265 **Results**

The characteristics of the sample at 2 months are described in **Table 1**. The following section
will be dedicated to the presentation of results from the multinomial multivariate logistic
regression.

269 Type of infant formula used

The rate of infants fed with "Extensively hydrolyzed formula," including formula based on rice and soya proteins, remained low over the studied period (around 2%) (**Figure 1**). The use of "Partially hydrolyzed formula" was also stable until 6 months but then decreased regularly, from 6.5% to 3.6% at 10 months. At 2 months, 35% of infants received thickened formulas, mostly enriched in pre/probiotics, this rate being quite stable from 2 to 10 months. Pre- and probiotics were widely used as another quarter of the infants received non-thickened formula enriched in pre and/or probiotics over the same period.

Bivariate associations between social or health-related factors and the different types of infant
formula are presented in **Supplemental Table 1**.

279 Factor associated with the use of partially hydrolyzed formula at two months

As expected, a family history of allergy (**Table 2**) was related to higher odds of using "Partially hydrolyzed formula" as compared to regular formula (OR = 1.79 [1.45 - 2.20] for parental

history of allergy and OR = 1.67 [1.21 - 2.32] for at least one sibling with allergy history). When

283 mothers had returned to work at 2 months or when return to work was not applicable, mothers

- 284 were less likely to use "Partially hydrolyzed formula" than regular formula (OR = 0.65 [0.43 0.65]
- 285 0.98], OR = 0.67 [0.48 0.95], respectively). Family income above \notin 5,000 \notin per month, parental
- report of concern about regurgitation and consultation of a pediatrician were associated with
- higher use of "Partially hydrolyzed formulas" compared to regular formula (OR = 1.73 [1.15 –
- 288 2.61], OR = 2.35 [1.71 3.24], OR = 1.31 [1.03 1.67], respectively).

289 Factors associated with the use of extensively hydrolyzed formula at two months

290 A family history of allergy was also related to higher odds of using "extensively or partially 291 hydrolyzed formula" rather than regular formula (Table 2). Having siblings, especially those 292 with a history of allergies, was strongly associated with higher use of "extensively hydrolyzed 293 formula" (OR = 2.83 [1.47 - 5.46], OR = 3.73 [1.59 - 8.73], respectively). Parental concern 294 related to infant digestive problems, such as regurgitation and diarrhea, were associated with a 295 more frequent use of "Extensively hydrolysed formula" compared to regular formula (OR = 2.45296 [1.23 - 4.88], OR = 3.38 [1.52 - 7.53], respectively). An infant was more likely to receive 297 extensively hydrolyzed formula at 2 months when the first physician consulted was not a general practitioner.. 298

299 Factors associated with the use of thickened formula at two months

300 Female sex and family income below €1,500 per month were both associated with a lower 301 likelihood of use of thickened formula (non-enriched in pre/probiotics) compared with regular 302 formula (OR = 0.71 [0.57 - 0.88], OR = 0.62 [0.39 - 0.99], respectively). Preterm birth and early 303 maternal return to work were associated with a more frequent use of thickened formula (non-304 enriched in pre/probiotics) (OR = 2.68 [1.60 - 4.49], OR = 1.49 [1.03 - 2.17], respectively). 305 Parental concern related to child's regurgitation and having at least one sibling with allergy was 306 related to more frequent use of thickened formula, enriched in pre/probiotics or not. Infants of 307 mothers with the lowest education attainment were more likely to receive thickened formula, 308 enriched in pre/probiotics or not, than regular formula. Longer predominant breastfeeding 309 duration was related to lower likelihood of use of thickened formulas (OR [95%CI]: 0.45 [0.32-310 0.62] for non-enriched thickened formula; 0.31 [0.25-0.37] for thickened formula enriched in 311 pre/probiotics]. Thickened formula enriched in pre/probiotics were more frequently used when 312 the first doctor consulted was a pediatrician (OR = 1.32 [1.14 - 1.54]).

313 Factors associated with the use of formula enriched in pre/probiotics

Longer predominant breastfeeding duration and family income below €1,500 per month, were

both negatively associated with the use of formula enriched in pre/probiotics (OR = 0.66 [0.57 - 0.66]

316 0.77] for long predominant breastfeeding and OR = 0.77 [0.60 - 0.98] for low family income).

317 Other variables were not related to the use of formula enriched in pre/probiotics

318 Discussion

319 Main findings

320 This is the first study to describe formula use in France, based on a representative sample. At the 321 age of two months, more than 50 % of the French formula-fed infants are now receiving formula 322 enriched in pre or probiotics but there are very few factors that inform the criteria for the choice 323 of this type of formula. Concerning extensively and partially hydrolysed formula, a family 324 history of allergies and parental concern related to digestive symptoms are the main factors 325 related to their use. Apart from infant regurgitation, thickened formula appeared to be used for 326 comfort purposes. The use of different types of infant formula was stable overall between 2 and 327 10 months, except in the case of partially hydrolyzed formulas, for which a reduction of use after 328 the age of 6 months was highlighted. The selection of the different types of infant formula was 329 mostly related to an infant's health-related factors and a family history of allergies.

330 Thickened formula

331 Nearly 12% of parents reported concerns about their infant's regurgitation. A strong link

between parental concern about infant regurgitation and the selection of thickened formulas was

found, consistent with recommended usage. In fact, infant regurgitation is a current and transient

- 334 phenomenon and thickened formula is the first treatment used in such cases (Vandenplas et al.,
- 335 2009). A meta-analysis of randomized controlled trials concluded that thickeners have a positive
- impact on episodes of regurgitation and vomiting even without significant impact on reflux
- index (Horvath et al., 2008).

338 Extensively hydrolyzed formula

339 After medical diagnosis of an allergy to cow milk proteins, when the mother is not exclusively 340 breastfeeding, guidelines recommend the use of substitute formulas, with extensively hydrolyzed 341 proteins or amino-acids (S. Koletzko et al., 2012; Vandenplas et al., 2007; Venter & Arshad, 342 2012). Clinical trials have demonstrated the safety and efficacy of extensively hydrolyzed cow 343 protein-based formulas (Niggemann et al., 2008; Rzehak et al., 2011; Terheggen-Lagro, Khouw, 344 Schaafsma, & Wauters, 2002) or formulas with amino acid mixture (Kanny et al., 2002). 345 Extensively hydrolyzed rice protein-based formula could also be proposed for infants with a 346 diagnosed allergy to cow milk protein (Girardet et al., 2013; Reche et al., 2010; Vandenplas, De 347 Greef, Hauser, Paradice Study, & Paradice Study, 2014). Before the exclusion of infants with 348 cow's milk protein allergy, diagnosed at 2 months, an allergy to cow's milk protein was the main 349 factor related to the use of extensively hydrolyzed protein formula (data not shown). The strong 350 association between access to a pediatrician or emergency doctors and the use of "extensively 351 hydrolyzed formulas" might be explained by high suspicion of CMPA, which was not formally 352 diagnosed. Finally, because frequent regurgitations or digestive problems are considered a 353 symptom of CMPA (Vandenplas et al., 2007), extensively hydrolyzed formulas could be 354 prescribed when thickened formulae are not sufficient (Vandenplas, De Greef, & group, 2014).

355 Partially hydrolyzed formula

The proportion of infant consuming partially hydrolyzed formula appeared to be quite similar in our study to that reported in the NHANES study (Rossen et al., 2015). However, contrary to results from the NHANES (Rossen et al., 2015), we did not find a positive gradient of use with maternal education attainment, but we found higher use among high income families. For the primary prevention of allergies, the use of partially hydrolyzed formula did not appear to be more efficient than exclusive breastfeeding, but could be useful in at-risk infants when infant formula has to be introduced (Osborn & Sinn, 2006). Of note, the European Agency of Allergy 363 on Clinical Immunology recommends to use such formula with documented effect among nonbreastfed infant at high-risk (Muraro et al., 2014), which may explain the positive association 364 between family history of allergies and use of partially hydrolyzed formulas observed here. If 365 366 partially hydrolysed infant formulas are efficient for primary prevention of allergies in nonbreastfed at-risk infants, the positive gradient between their use and the familial socioeconomic 367 368 position could contribute to social inequalities in health. The consequences on child's health of 369 the use of these formulas for infants without familial history of allergy still remain to be further 370 documented.

371 *Pre and probiotics*

372 Many infant formulas are now enriched with probiotics or prebiotics. In the ELFE study, more 373 than half of formula-fed infants received formula enriched in pre or probiotics. If systematic 374 reviews were not conclusive on the benefits of pre or probiotics on infant health (Anabrees, Indrio, Paes, & AlFaleh, 2013; Mugambi et al., 2012; Osborn & Sinn, 2007, 2013), recent 375 376 clinical trials have shown a positive influence of several probiotics on colic, constipation or 377 regurgitation (Indrio et al., 2014; Savino et al., 2015). In our results, no clear association was 378 found between an infant's health-related factors and the selection of formulas enriched in pre or 379 probiotics. The large use of infant formula enriched in pre or probiotics, despite a recent 380 introduction on the market and inconclusive results on health benefits highlighted the need of 381 more guidelines on their use, for both parents and physicians.

382 Strengths and limitations

The ELFE study provides us with a unique opportunity to report data from a broad representative sample of births in metropolitan France, ensuring a good statistical power. Data collection from 2 to 10 months was prospective to limit the memory bias regarding infant diet. Thanks to the collection of the full name of the infant formula, a dietician was able to detail their composition and ingredient list, in order to base the classification on objective criteria. The change in data

- 388 collection between 2 months (phone interview) and 3 to 10 months (paper or internet
- 389 questionnaire) induced a decrease in sample size as well as an increase in missing data.
- 390 However, weights were calculated to correct for non-consent and loss of follow-up information
- 391 and to produce accurate national statistics.

392 <u>Conclusion</u>

- 393 The pattern of infant formula selection in French infants remained stable from 2 to 10 months.
- 394 At 2 months, the selection of a type of infant formula appeared to be related to parental report of
- infant and family health-related factors rather than to socio-demographic determinants. Even if
- the literature on the health benefits of formula enriched in pre or probiotic is not conclusive, a
- 397 large part of the population used these types of formula. The current findings on factors
- 398 statistically related to formula selection are of great value for future analyses on the influence of
- the type of milk consumed in early years on a child's health and growth.

400

401 Key messages

402	•	A wide variety of infant formula is available on the market but factors associated with
403		parents' selection are not well identified.
404	•	The distribution into different types of infant formula used remained very stable whatever
405		the infant age between 2 and 10 months.
406	•	The use of a specific infant formula was related to infant and familial health-related
407		factors and, to a lesser extent, to socio-demographic factors.

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	Weighted ¹ % (n)
Boys	51.5% (5283)
Twin birth	2.1% (218)
Preterm birth	5.6% (579)
Maternal age	
< 25 y	34.9% (2800)
25-29 у	38.7% (4240)
30-34 y	20% (2351)
35 y or more	6.4% (755)
Mother born in France	84.1% (9302)
Maternal education attainment	
Below high school	38.1% (2678)
High school	19.4% (2080)
2 years after high school	18.8% (2336)
3 years after high school	11.8% (1483)
At least 5 years after high school	11.9% (1716)
Maternal return to work at 2m	6.9% (794)
Single motherhood	9.2% (554)
Maternal BMI	
< 18.5 kg/m ²	7.9% (806)
18.5-24.9 kg/m ²	59.8% (6359)
25.0-29.9 kg/m ²	19.4% (1854)
30.0 kg/m ² or more	12.8% (1134)
Maternal smoking during pregnancy	25.7% (2343)
Parental age difference	
Younger father	0
Father 0-1 year older	23.9% (2630)
Father 2-3 year older	21.2% (2268)
Father 4-7 year older	22.9% (2204)
Father at least 8 y older	13.7% (1085)
Paternal presence at delivery	76.8% (8303)
Family income	
€ 1500 euros or less	16.7% (1084)
€ 1501-2300	19.3% (1615)
€ 2301-3000	29.1% (2943)
€ 3001-4000	21.3% (2499)
€ 4001-5000	7.8% (990)
€ 5000 or more	5.8% (784)
Parental atopy	33.2% (3495)
Sibling atopy	
No sibling	43.4% (4817)
At least one sibling with allergy history	14.1% (1360)
Sibling(s) without allergy history	42.5% (4116)

Table 1. Sample characteristics at 2 months (n=10,293)

Cow milk allergy reported at 2 mo	1.8% (188)
Parental concern at 2 mo related to:	
Weight problems	6.8% (716)
Colic	20.6% (2227)
Diarrhea	4.7% (465)
Constipation	16.5% (1667)
Regurgitation	12.2% (1304)
First physician consulted after hospital discharge	
Pediatrician	32.1% (3621)
Other child doctor	17.5% (1426)
General practicioner	44.5% (4630)
Other (including emergency)	5.9% (558)
Predominant breastfeeding duration	
Never	48.2% (4809)
<1 month	34.9% (3597)
≥ 1 month	16.9% (1887)

¹ weighting tool taking into account factors related to inclusion procedure, non-consent as well as attrition between birth and 2 months and included calibration on margins from national statistics data.² from maternity unit or from child and maternal protection centers

Table 2. Socio-demographic characteristics, infant health and type of infant formula used at 2 months, in reference to regular formula,

<u>n=8865</u>

	Extensively hydrolyzed	Partially hydrolyzed	Thickened	Thickened + pre/probiotics	Enriched in pre/Probiotics	p-value
Sex (Girls vs Boys)	0.87 [0.52 - 1.48]	0.83 [0.67 - 1.02]	0.71 [0.57 - 0.88]	0.93 [0.82 - 1.05]	0.98 [0.87 - 1.11]	0.03
Twin birth	0.81 [0.11 - 6.03]	0.45 [0.16 - 1.25]	0.56 [0.21 - 1.48]	0.99 [0.60 - 1.64]	0.77 [0.47 - 1.28]	0.5
Gestational age						0.02
< 37 wk	1.48 [0.42 - 5.22]	1.27 [0.71 - 2.28]	2.68 [1.60 - 4.49]	1.40 [0.98 - 1.99]	1.12 [0.79 - 1.58]	
37-39 wk	0.70 [0.40 - 1.23]	1.16 [0.93 - 1.44]	1.09 [0.86 - 1.38]	1.11 [0.97 - 1.27]	1.01 [0.89 - 1.14]	
40 wk or more	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
Birth weight						0.8
< 2500 g	1.78 [0.48 - 6.68]	1.33 [0.75 - 2.36]	0.80 [0.43 - 1.46]	1.08 [0.75 - 1.54]	1.02 [0.72 - 1.45]	
2500-3999 g	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
4000 g or more	0.66 [0.22 - 2.03]	1.19 [0.81 - 1.74]	0.83 [0.53 - 1.30]	1.02 [0.8 - 1.31]	0.90 [0.71 - 1.13]	
Maternal age						0.7
< 25 y	0.54 [0.22 - 1.37]	1.13 [0.79 - 1.63]	1.24 [0.85 - 1.81]	1.08 [0.87 - 1.34]	1.10 [0.89 - 1.34]	
25-29 у	0.62 [0.34 - 1.15]	1.05 [0.81 - 1.36]	1.15 [0.85 - 1.56]	0.99 [0.84 - 1.16]	1.02 [0.88 - 1.19]	
30-34 y	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
35 y or more	0.41 [0.12 - 1.45]	1.29 [0.87 - 1.92]	1.30 [0.82 - 2.07]	0.87 [0.66 - 1.15]	1.01 [0.79 - 1.29]	
Mother born abroad	0.40 [0.13 - 1.25]	0.96 [0.65 - 1.43]	0.90 [0.60 - 1.35]	0.84 [0.66 - 1.06]	1.10 [0.90 - 1.36]	0.2
Maternal education attainment						0.04
Below high school	0.49 [0.14 - 1.72]	1.22 [0.79 - 1.86]	2.09 [1.35 - 3.25]	1.44 [1.11 - 1.86]	1.12 [0.89 - 1.41]	
High school	1.10 [0.44 - 2.74]	1.20 [0.82 - 1.74]	1.43 [0.93 - 2.17]	1.37 [1.08 - 1.73]	0.91 [0.74 - 1.13]	
2 years after high school	0.93 [0.43 - 2.05]	1.23 [0.89 - 1.70]	1.29 [0.88 - 1.90]	1.34 [1.09 - 1.66]	1.02 [0.85 - 1.24]	
3 years after high school	0.95 [0.43 - 2.13]	1.25 [0.90 - 1.74]	1.37 [0.92 - 2.05]	1.39 [1.12 - 1.73]	1.11 [0.91 - 1.35]	
At least 5 years after high school	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
Maternal return to work at 2m						0.06
No	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
Yes	0.79 [0.28 - 2.22]	0.65 [0.43 - 0.98]	1.49 [1.03 - 2.17]	0.94 [0.73 - 1.20]	0.99 [0.80 - 1.23]	

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Not applicable	1.48 [0.68 - 3.21]	0.67 [0.48 - 0.95]	0.99 [0.72 - 1.35]	0.88 [0.73 - 1.06]	0.94 [0.79 - 1.11]	
Matrimonial status						0.3
Married/Civil union	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
Cohabiting	0.87 [0.47 - 1.61]	0.84 [0.66 - 1.06]	0.96 [0.74 - 1.23]	1.02 [0.89 - 1.18]	1.10 [0.97 - 1.26]	
Single	1.91 [0.42 - 8.73]	0.52 [0.22 - 1.24]	1.41 [0.78 - 2.55]	1.11 [0.76 - 1.62]	1.22 [0.86 - 1.73]	
Maternal BMI						0.6
< 18.5 kg/m ²	0.30 [0.06 - 1.42]	0.96 [0.65 - 1.42]	0.79 [0.51 - 1.22]	0.79 [0.62 - 1.01]	0.99 [0.79 - 1.23]	
18.5-24.9 kg/m ²	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
25-29.9 kg/m ²	0.84 [0.40 - 1.74]	1.16 [0.88 - 1.53]	1.04 [0.78 - 1.39]	0.93 [0.78 - 1.11]	1.04 [0.89 - 1.22]	
30 kg/m ² or more	0.61 [0.20 - 1.86]	0.76 [0.50 - 1.14]	0.89 [0.61 - 1.31]	0.90 [0.72 - 1.12]	1.02 [0.83 - 1.26]	
Maternal smoking						0.2
Never smoker	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
Previous smoker	1.44 [0.79 - 2.62]	1.11 [0.87 - 1.42]	0.87 [0.66 - 1.16]	1.13 [0.96 - 1.32]	1.06 [0.92 - 1.22]	
Current smoker	1.29 [0.59 - 2.83]	1.32 [0.98 - 1.77]	1.15 [0.86 - 1.55]	1.29 [1.08 - 1.54]	1.06 [0.90 - 1.26]	
Attendance to birth preparation						0.4
courses						
None	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
1-5 classes	1.35 [0.64 - 2.85]	1.11 [0.82 - 1.51]	0.89 [0.64 - 1.23]	1.06 [0.88 - 1.27]	0.88 [0.74 - 1.05]	
6 classes or more	1.69 [0.82 - 3.46]	1.28 [0.96 - 1.72]	1.08 [0.79 - 1.47]	1.03 [0.86 - 1.24]	0.95 [0.80 - 1.12]	
Parental age difference						0.7
Younger father	1.17 [0.53 - 2.60]	0.96 [0.70 - 1.31]	1.22 [0.87 - 1.70]	1.04 [0.86 - 1.26]	1.16 [0.97 - 1.39]	•••
Younger father Father 0-1 year older	1.17 [0.53 - 2.60] 1 [Ref]	0.96 [0.70 - 1.31] 1 [Ref]	1.22 [0.87 - 1.70] 1 [Ref]	1.04 [0.86 - 1.26] 1 [Ref]	1.16 [0.97 - 1.39] 1 [Ref]	
Father 0-1 year older Father 2-3 year older	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20]	
Father 0-1 year older Father 2-3 year older Father 4-7 year older	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23]	
Father 0-1 year older Father 2-3 year older Father 4-7 year older Father at least 8 y older	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88] 2.35 [1.00 - 5.54]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16] 0.88 [0.59 - 1.32]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59] 1.05 [0.70 - 1.58]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11] 0.89 [0.70 - 1.14]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23] 1.05 [0.85 - 1.31]	
Father 0-1 year older Father 2-3 year older Father 4-7 year older Father at least 8 y older Paternal absence at delivery	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88] 2.35 [1.00 - 5.54] 0.82 [0.37 - 1.85]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16] 0.88 [0.59 - 1.32] 1.12 [0.83 - 1.52]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59] 1.05 [0.70 - 1.58] 1.12 [0.83 - 1.51]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11] 0.89 [0.70 - 1.14] 1.06 [0.88 - 1.27]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23] 1.05 [0.85 - 1.31] 1.08 [0.91 - 1.28]	0.9
Father 0-1 year older Father 2-3 year older Father 4-7 year older Father at least 8 y older Paternal absence at delivery Family income	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88] 2.35 [1.00 - 5.54] 0.82 [0.37 - 1.85]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16] 0.88 [0.59 - 1.32] 1.12 [0.83 - 1.52]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59] 1.05 [0.70 - 1.58] 1.12 [0.83 - 1.51]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11] 0.89 [0.70 - 1.14] 1.06 [0.88 - 1.27]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23] 1.05 [0.85 - 1.31] 1.08 [0.91 - 1.28]	0.9 0.02
Father 0-1 year older Father 2-3 year older Father 2-7 year older Father 4-7 year older Father at least 8 y older Paternal absence at delivery Family income € 1500 euros or less	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88] 2.35 [1.00 - 5.54] 0.82 [0.37 - 1.85] 0.64 [0.14 - 2.97]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16] 0.88 [0.59 - 1.32] 1.12 [0.83 - 1.52] 0.65 [0.39 - 1.07]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59] 1.05 [0.70 - 1.58] 1.12 [0.83 - 1.51] 0.62 [0.39 - 0.99]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11] 0.89 [0.70 - 1.14] 1.06 [0.88 - 1.27] 0.82 [0.63 - 1.07]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23] 1.05 [0.85 - 1.31] 1.08 [0.91 - 1.28] 0.77 [0.60 - 0.98]	0.9 0.02
Father 0-1 year older Father 2-3 year older Father 4-7 year older Father at least 8 y older Paternal absence at delivery Family income € 1500 euros or less € 1501-2300	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88] 2.35 [1.00 - 5.54] 0.82 [0.37 - 1.85] 0.64 [0.14 - 2.97] 1.51 [0.58 - 3.91]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16] 0.88 [0.59 - 1.32] 1.12 [0.83 - 1.52] 0.65 [0.39 - 1.07] 0.77 [0.53 - 1.11]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59] 1.05 [0.70 - 1.58] 1.12 [0.83 - 1.51] 0.62 [0.39 - 0.99] 0.89 [0.63 - 1.26]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11] 0.89 [0.70 - 1.14] 1.06 [0.88 - 1.27] 0.82 [0.63 - 1.07] 0.89 [0.72 - 1.09]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23] 1.05 [0.85 - 1.31] 1.08 [0.91 - 1.28] 0.77 [0.60 - 0.98] 1.00 [0.82 - 1.21]	0.9 0.02
Father 0-1 year older Father 2-3 year older Father 2-3 year older Father 4-7 year older Father at least 8 y older Paternal absence at delivery Family income € 1500 euros or less € 1501-2300 € 2301-3000	1.17 [0.53 - 2.60] 1 [Ref] 1.20 [0.57 - 2.51] 0.81 [0.35 - 1.88] 2.35 [1.00 - 5.54] 0.82 [0.37 - 1.85] 0.64 [0.14 - 2.97] 1.51 [0.58 - 3.91] 1 [Ref]	0.96 [0.70 - 1.31] 1 [Ref] 1.03 [0.77 - 1.36] 0.86 [0.63 - 1.16] 0.88 [0.59 - 1.32] 1.12 [0.83 - 1.52] 0.65 [0.39 - 1.07] 0.77 [0.53 - 1.11] 1 [Ref]	1.22 [0.87 - 1.70] 1 [Ref] 1.02 [0.74 - 1.41] 1.15 [0.84 - 1.59] 1.05 [0.70 - 1.58] 1.12 [0.83 - 1.51] 0.62 [0.39 - 0.99] 0.89 [0.63 - 1.26] 1 [Ref]	1.04 [0.86 - 1.26] 1 [Ref] 0.89 [0.74 - 1.07] 0.92 [0.77 - 1.11] 0.89 [0.70 - 1.14] 1.06 [0.88 - 1.27] 0.82 [0.63 - 1.07] 0.89 [0.72 - 1.09] 1 [Ref]	1.16 [0.97 - 1.39] 1 [Ref] 1.01 [0.86 - 1.20] 1.04 [0.87 - 1.23] 1.05 [0.85 - 1.31] 1.08 [0.91 - 1.28] 0.77 [0.60 - 0.98] 1.00 [0.82 - 1.21] 1 [Ref]	0.9 0.02

€ 4001-5000	0.83 [0.26 - 2.62]	1.36 [0.95 - 1.97]	1.18 [0.77 - 1.80]	0.94 [0.73 - 1.20]	1.10 [0.88 - 1.37]	
€ 5000 or more	1.46 [0.46 - 4.59]	1.73 [1.15 - 2.61]	1.39 [0.85 - 2.27]	1.19 [0.90 - 1.58]	1.33 [1.03 - 1.71]	
Parental atopy	1.10 [0.64 - 1.92]	1.79 [1.45 - 2.20]	1.02 [0.81 - 1.29]	1.04 [0.91 - 1.19]	1.10 [0.97 - 1.25]	< 0.0001
Sibling atopy						0.0001
No sibling	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
At least one sibling with allergy	3.73 [1.59 - 8.73]	1.67 [1.21 - 2.32]	1.71 [1.19 - 2.45]	1.40 [1.12 - 1.75]	1.14 [0.92 - 1.40]	
Sibling(s) without allergy history	2.83 [1.47 - 5.46]	0.91 [0.70 - 1.18]	1.23 [0.93 - 1.63]	1.16 [0.99 - 1.36]	1.02 [0.88 - 1.19]	
Parental concern at 2 mo related to:						
Weight problems	0.97 [0.41 - 2.28]	0.78 [0.51 - 1.19]	1.09 [0.72 - 1.65]	0.84 [0.65 - 1.10]	1.04 [0.81 - 1.34]	0.5
Colic	1.62 [0.83 - 3.16]	1.30 [0.98 - 1.71]	0.94 [0.70 - 1.28]	1.23 [1.03 - 1.47]	0.93 [0.78 - 1.11]	0.01
Diarrhea	3.38 [1.52 - 7.53]	0.99 [0.60 - 1.65]	0.95 [0.55 - 1.61]	1.01 [0.73 - 1.38]	0.90 [0.65 - 1.24]	0.06
Constipation	1.83 [0.90 - 3.75]	0.97 [0.71 - 1.34]	1.10 [0.79 - 1.54]	1.14 [0.93 - 1.39]	1.08 [0.89 - 1.31]	0.5
Regurgitation	2.45 [1.23 - 4.88]	2.35 [1.71 - 3.24]	2.85 [2.04 - 3.98]	2.70 [2.18 - 3.34]	0.79 [0.62 - 1.01]	< 0.0001
Type of physician						0.005
Pediatrician	2.97 [1.47 - 6.00]	1.31 [1.03 - 1.67]	0.93 [0.72 - 1.21]	1.32 [1.14 - 1.54]	1.11 [0.96 - 1.27]	
Other child doctor	3.16 [1.33 - 7.53]	1.10 [0.78 - 1.54]	0.80 [0.56 - 1.14]	1.11 [0.90 - 1.35]	0.98 [0.81 - 1.18]	
General practitioner	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
Other (including emergency)	3.75 [1.35 - 10.41]	1.48 [0.94 - 2.33]	0.80 [0.46 - 1.38]	1.37 [1.02 - 1.83]	1.14 [0.86 - 1.51]	
Predominant breastfeeding duration						< 0.0001
Never	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	1 [Ref]	
<1 month	1.04 [0.58 - 1.86]	0.90 [0.71 - 1.15]	0.72 [0.56 - 0.92]	0.69 [0.60 - 0.80]	0.74 [0.64 - 0.84]	
1 month or more	0.48 [0.22 - 1.06]	0.83 [0.64 - 1.09]	0.45 [0.32 - 0.62]	0.31 [0.25 - 0.37]	0.66 [0.57 - 0.77]	

Multinomial adjusted OR [95% CI], with regular formula as the reference category, also adjusted for maternal region of residence, recruitment

wave and size of maternity unit. Inverse probability weighting was used to limit selection bias. Significant associations (p<0.05) were highlighted

in bold. ¹ from maternity unit or from child and maternal protection centers

Figure 1. Description of types of infant formulas used from 2 to 10 months among formula-





Legend

The weighting calculated for the sample follow-up at 2 months was used for descriptive statistics

at 2 months, whereas the weighting calculated for the subsample that completed the

questionnaire on infant diet, at least once from 3 to 10 months, was used for descriptive statistics

from 3 to 10 months.

Supplemental Figure 1. Flow chart



Supplemental Table 1. Bivariate associations between socio-demographic characteristics, infant health and type of infant formula used at 2

months, *n*=8865

	Extensively hydrolyzed	Partially hydrolyzed	Thickened	Thickened + pre/probiotics	Enriched in pre/Probiotics	Regular
Sex						
Boys	48.7% (38)	54.3% (304)	59.7% (287)	51.4% (1200)	51.2% (1416)	50.7% (1321)
Girls	51.3% (32)	45.7% (243)	40.3% (202)	48.6% (1098)	48.8% (1403)	49.3% (1321)
Twin birth	3.8% (2)	1% (7)	2.4% (9)	2.7% (64)	1.9% (52)	2.4% (55)
Birth rank						
First born	30.4% (24)	46.4% (273)	35.3% (199)	42.8% (1034)	44% (1341)	44.6% (1303)
Second	53.2% (33)	35.6% (193)	37.7% (184)	36.6% (862)	34.9% (979)	34.6% (910)
Third	8.5% (8)	13.1% (58)	17.6% (73)	14.2% (289)	14.1% (359)	14.7% (319)
Fourth or more	7.9% (5)	5% (23)	9.4% (33)	6.5% (113)	7.1% (140)	6% (110)
Gestational age						
< 37 wk	9% (6)	3.8% (27)	10.7% (45)	6.1% (144)	5.1% (141)	4.6% (118)
37-39 wk	40.4% (29)	54.8% (278)	48.8% (238)	51.9% (1182)	49.1% (1375)	51.5% (1278)
40 wk or more	50.6% (35)	41.4% (242)	40.5% (206)	42% (972)	45.8% (1303)	43.9% (1246)
Birth weight						
< 2500 g	8.2% (5)	6.4% (27)	6.6% (25)	5.6% (131)	4.8% (131)	4.9% (114)
2500-3999 g	88% (61)	86.4% (474)	86.5% (433)	87.4% (1999)	88.2% (2496)	87.7% (2329)
4000 g or more	3.8% (4)	7.3% (46)	6.9% (31)	7% (168)	7% (192)	7.3% (199)
Maternal age						
< 25 y	25% (12)	26.8% (119)	41.1% (162)	35.7% (673)	35.1% (778)	32.1% (671)
25-29 у	39.9% (29)	43% (243)	37.3% (204)	39.3% (966)	38.6% (1169)	41.2% (1144)
30-34 y	30% (25)	22.2% (136)	15.7% (89)	19.5% (519)	19.5% (658)	21.1% (638)
35 y or more	5.2% (4)	8% (49)	5.9% (34)	5.5% (140)	6.8% (214)	5.7% (189)
Maternal country of birth						
France	92.6% (67)	90% (510)	89% (451)	88.6% (2130)	85.7% (2560)	84.3% (2400)

Abroad	7.4% (3)	10% (37)	11% (38)	11.4% (168)	14.3% (259)	15.7% (242)
Maternal education attainment						
Below high school	20% (7)	26.9% (98)	45.8% (166)	37.7% (599)	37.4% (722)	32.8% (593)
High school	24.4% (15)	18.4% (104)	18.4% (100)	19.2% (488)	17.5% (521)	21.3% (556)
2 years after high school	24.5% (19)	22.5% (136)	17.1% (100)	19.7% (545)	19.6% (648)	19.8% (619)
3 years after high school	15.3% (13)	17.2% (98)	10.1% (63)	13.2% (347)	12% (419)	12.4% (384)
At least 5 years after high school	15.8% (16)	15.1% (111)	8.6% (60)	10.3% (319)	13.5% (509)	13.6% (490)
Maternal return to work at 2m						
No	67.3% (52)	76.9% (441)	60.1% (327)	66.2% (1680)	65.9% (2039)	64.9% (1899)
Yes	9.7% (5)	6.7% (35)	9% (47)	6% (158)	6.6% (217)	7.3% (219)
Not applicable	23.1% (13)	16.4% (71)	31% (115)	27.7% (460)	27.5% (563)	27.9% (524)
Matrimonial status						
Married/Civil union	65.6% (47)	61.1% (358)	49.4% (279)	52.1% (1311)	51.3% (1597)	54.8% (1566)
Cohabiting	26.8% (20)	37.3% (181)	41.4% (186)	41.1% (900)	42.9% (1121)	39.7% (984)
Single	7.6% (3)	1.6% (8)	9.1% (24)	6.8% (87)	5.8% (101)	5.5% (92)
Maternal BMI						
< 18.5 kg/m ²	1.9% (2)	7.8% (44)	6.7% (34)	7.4% (164)	8% (234)	8.2% (217)
18.5-24.9 kg/m ²	77.2% (51)	62.9% (350)	59.9% (303)	59.9% (1463)	59.9% (1753)	60.4% (1668)
25.0-29.9 kg/m ²	14.7% (12)	21.8% (112)	20.2% (97)	19.8% (413)	19.7% (517)	18.7% (470)
30.0 kg/m ² or more	6.2% (5)	7.6% (41)	13.2% (55)	12.8% (258)	12.4% (315)	12.8% (287)
Maternal smoking						
Never smoker	48.6% (34)	50.8% (288)	52.8% (259)	48.2% (1139)	52.5% (1507)	55.5% (1460)
Previous smoker	33.5% (23)	24.5% (146)	17.5% (98)	21.9% (567)	21.4% (684)	23% (639)
Current smoker	17.9% (13)	24.7% (113)	29.7% (132)	30% (592)	26.1% (628)	21.6% (543)
Attendance to birth preparation						
courses						
None	49.1% (26)	43.9% (195)	62.4% (249)	55% (1050)	54.6% (1278)	53.2% (1106)
1-5 classes	17.6% (16)	20.5% (122)	14.6% (88)	18.6% (503)	18.2% (552)	18.2% (563)
6 classes or more	33.3% (28)	35.7% (230)	23% (152)	26.4% (745)	27.2% (989)	28.6% (973)
Parental age difference						
Younger father	17% (13)	18.8% (102)	22.2% (98)	19.3% (445)	18.6% (554)	17.1% (470)

Father 0-1 year older	23.8% (18)	27.7% (157)	21.7% (116)	26% (630)	22.8% (711)	24.2% (704)
Father 2-3 year older	22.3% (17)	23.4% (137)	19.8% (106)	20% (499)	21.9% (624)	22.6% (615)
Father 4-7 year older	15.5% (11)	18.2% (104)	25% (116)	22.7% (499)	23.5% (630)	22.4% (571)
Father at least 8 y older	21.4% (11)	11.8% (47)	11.4% (53)	12% (225)	13.3% (300)	13.8% (282)
Paternal presence at delivery	84% (60)	82.7% (466)	74.9% (394)	80.2% (1912)	80.8% (2351)	80.5% (2236)
Family income						
€ 1500 euros or less	11.2% (3)	8.9% (33)	15.2% (49)	14.9% (231)	13.7% (262)	16.6% (283)
€ 1501-2300	13.5% (10)	13.3% (62)	20.3% (88)	19.3% (359)	20.8% (486)	18.3% (420)
€ 2301-3000	22.5% (12)	30.9% (164)	31.9% (156)	30.6% (709)	30.2% (850)	28.4% (777)
€ 3001-4000	35.5% (32)	27% (154)	19.9% (117)	22.2% (615)	20.9% (679)	23.6% (713)
€ 4001-5000	8.2% (6)	11.1% (73)	7.4% (45)	8% (210)	8% (295)	7.8% (262)
€ 5000 or more	9% (7)	8.7% (61)	5.3% (34)	5% (174)	6.4% (247)	5.3% (187)
Parental atopy	38.3% (27)	45% (253)	32.9% (158)	32.6% (765)	33.4% (944)	30.2% (838)
Sibling atopy						
No sibling	30.4% (24)	46.4% (273)	35.3% (199)	42.8% (1034)	44% (1341)	44.6% (1303)
At least one sibling with allergy	20.8% (13)	19.4% (99)	19.6% (83)	14.5% (327)	13.6% (352)	12% (289)
history						
Sibling(s) without allergy history	48.8% (33)	34.2% (175)	45.1% (207)	42.7% (937)	42.4% (1126)	43.4% (1050)
Parental concern at 2 mo related to:						
Weight problems	14% (8)	6.1% (39)	7.6% (42)	8% (175)	5.9% (173)	6.4% (172)
Colic	36.9% (28)	24.6% (151)	24.9% (116)	26.9% (645)	16.7% (488)	18% (493)
Diarrhea	15.9% (11)	4.4% (25)	5.1% (25)	5.9% (131)	3.7% (95)	3.8% (97)
Constipation	27.9% (18)	15.1% (92)	20.3% (94)	18.9% (445)	15.3% (408)	14% (365)
Regurgitation	31.7% (19)	19% (103)	18.9% (96)	20.4% (485)	7.1% (182)	7.5% (213)
Type of physician						
Pediatrician	52% (36)	35.3% (213)	26.7% (149)	34.9% (855)	32.8% (1006)	31.1% (889)
Other child doctor	19.7% (13)	13.6% (63)	14.7% (60)	15% (303)	16.8% (374)	18.4% (373)
General practicioner	16.9% (13)	46% (239)	54.6% (259)	43.9% (1000)	45.1% (1296)	45.3% (1252)
Other (including emergency)	11.4% (8)	5.2% (32)	3.9% (21)	6.2% (140)	5.3% (143)	5.1% (128)
Predominant breastfeeding duration						
Never	44.2% (31)	41.7% (228)	54.6% (257)	56.5% (1253)	49.1% (1346)	40.6% (1023)

1 month or more 11.2% (10) 22% (128) 14% (70) 8.9% (238) 1	<1 month	31.4% (162) 34.6% (807) 32.9	9% (925) 36.7% (964)
	1 month or more	14% (70) 8.9% (238) 18.1	3.1% (548) 22.7% (655)

All Chi-2 tests were significant with a p-value <0.0001. ¹ from maternity unit or from child and maternal protection centers