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# Specific IgE and IgG measured by the MeDALL allergen-chip depend on allergen and route of exposure - the EGEA study

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#### 73 Abstract

Background: The nature of allergens, route and dose of exposure may affect the natural
development of IgE and IgG responses.

Aim: To investigate the natural IgE and IgG responses towards a large panel of respiratory
 and food allergens in subjects exposed to different respiratory allergen loads.

Methods: A cross-sectional analysis was conducted in 340 adults of the EGEA cohort (Epidemiological study of the Genetics and Environment of Asthma, bronchial hyperresponsiveness and atopy) (170 with and 170 without asthma). IgE and IgG to 47 inhalant and food allergen components were analyzed in sera using the MeDALL microarray technology and compared between 5 French regions according to the route of allergen exposure (inhaled vs. food allergens).

84 **Results**: Overall 48.8% of the population had allergen-specific IgE≥0.3 ISU to at least one 85 of the 47 allergens with no significant differences across the regions. For ubiquitous 86 respiratory allergens (i.e., grass-, olive/ash pollen, house dust mites), specific IgE did not 87 show marked differences between regions and specific IgG (≥0.5 ISU) was present in most 88 subjects everywhere. For regionally occurring pollen allergens (ragweed, birch, cypress), 89 IgE sensitization was significantly associated with regional pollen exposure. For airborne 90 allergens cross-reacting with food allergens, frequent IgG recognition was observed even 91 in regions with low allergen prevalence (Bet v 1) or for allergens less frequently 92 recognized by IgE (profilins).

93 Conclusions: The variability of allergen specific IgE and IgG frequencies depends on
 94 exposure, route of exposure and overall immunogenicity of the allergen. Allergen contact
 95 by oral route might preferentially induce IgG responses.

96

#### 97 Key messages

IgE and IgG towards respiratory allergens are usually associated with inhalant allergen
 exposures but IgG is frequent in subjects exposed to cross-reacting food allergens. Oral
 exposure preferentially induces IgG responses.

#### 102 Capsule summary

103 Inhalant and oral routes of exposure induce different patterns of sensitization. Oral route

104 may preferentially induce IgG responses whereas respiratory route is important for IgE

- 105 sensitization. A geographical pattern of IgE response to pollen exposure exists in France,
- 106 depending on regional pollen exposure.
- 107

#### 108 Key words

- 109 IgE, IgG, allergen components, respiratory allergens, food allergens, EGEA, cohort,
  110 epidemiology, MeDALL, microarray
- 111

#### 112 Abbreviations

- 113 Bet v: Betula verrucosa
- 114 Cyn d: Cynodon dactylon
- 115 EGEA: Epidemiological study of the Genetics and Environment of Asthma, bronchial
- 116 hyperresponsiveness and atopy
- 117 Fel d: Felis domesticus
- 118 FP7: Framework Programme 7 (European Union)
- 119 IgE: Immunoglobulin E
- 120 IgG: Immunoglobulin G
- 121 Mal d: Malus domestica
- 122 MeDALL: Mechanisms of the development of allergy
- 123 Phl p: Phleum pratense
- 124 PR-10: pathogenesis-related protein family PR-10

#### 125 Introduction

126 Allergic patients are characterized by the production of specific immunoglobulin E (IgE) antibodies against allergens<sup>1</sup> whereas allergen-specific IgG antibodies occur in both 127 allergic and non-allergic individuals.<sup>2</sup> Allergen-specific IgG antibodies play a role in 128 129 allergen-specific clinical tolerance, either occurring naturally or induced by allergenspecific immunotherapy.<sup>3-7</sup> For certain allergens IgE and IgG responses differ.<sup>8</sup> Allergen-130 specific IgG may be associated with exposure to the respective allergen.<sup>9,10</sup> However, 131 132 population data regarding the role of IgG production to a broad panel of common food 133 and inhalant allergens are not available.

The route and dose of exposure to allergens are highly relevant for IgE and IgG sensitization. Oral route may favour an IgG response whereas inhaled exposure may favour an IgE response.<sup>8,11</sup> Investigating the IgG response to several molecule groups like profilins (e.g., Bet v 2, PhI p 12), including both inhalant and food allergens, or polcalcins, i.e., calcium-binding allergens (e.g., Bet v 4, PhI p 7), including only inhalant allergens, could provide additional insight into the role of the route of exposure for allergic sensitisation.

The microarray technology allows measurement of allergen-specific IgE and IgG antibody responses to many allergen components. In MeDALL, the ImmunoCAP ISAC chip technology was improved to increase its sensitivity and to incorporate new allergens.<sup>12-16</sup> The resulting MeDALL chip has been validated <sup>15,16</sup> and more than 6000 sera from 7 European birth cohorts (e.g., BAMSE and ECA)<sup>17,18</sup> have been tested so far.

The Epidemiological study of the Genetics and Environment of Asthma, bronchial hyperresponsivness and atopy - EGEA <sup>19-21</sup> is a cohort of adults and children with and without asthma recruited in five French cities (Paris, Lyon, Grenoble, Montpellier and Marseille). Pollen exposure varies widely among these different places. While grass pollen exposure is similar across France, exposure to pollens of birch, cypress and ragweed exhibits strong geographical variability.

As part of the MeDALL project,<sup>15</sup> the present study investigates the geographical variability of allergen-specific IgE and IgG towards a large variety of different respiratory and food allergens using the MeDALL micro-array technology in sera from the EGEA

- 155 cohort obtained from subjects recruited in different places in France. We addressed if
- 156 there are differences among the types of allergens, routes of allergen exposure and levels
- 157 of respiratory allergen exposure on allergen-specific IgE and IgG production.

#### 159 Methods

#### 160 **Population and study setting**

161 The EGEA cohort is composed of patients with asthma enrolled in chest clinics and their 162 first-degree relatives, and a group of control subjects, all recruited in the early 1990s in 5 French cities. Protocol and characteristics have been previously published.<sup>22,23</sup> Briefly, 163 164 2047 participants were enrolled at baseline (EGEA1) including 388 children (<16 years) 165 and adult patients with asthma from chest clinics, their 1244 first-degree relatives and 166 415 population-based control subjects. Subjects were recruited through self-completed 167 questionnaires and an overall matching by months at exam, age (decade), sex and centre. 168 About 11 years later, this population was invited for a follow-up (EGEA2) and 1601 169 participants (77.1% of the original cohort + 58 new family members) were subjected to a complete examination, which included serum samples.<sup>21</sup> EGEA collection is certified ISO 170 171 9001 and referenced in the Biobank network by the number BB-0033-00043.

The present analysis was conducted in 340 adult participants obtained at the follow-up (i.e., EGEA2) (170 with and 170 without asthma). Participants were randomly selected among all followed-up subjects with available serum and data on genetic polymorphisms (to facilitate further analyses), skin prick tests, and total IgE at baseline (EGEA1) and follow-up (EGEA2) visits and non-missing data for asthma status.

Written consent was obtained from all individuals. Ethical approval was obtained for both
surveys (Cochin Royal Hospital, Paris for EGEA1 and Necker-Enfants Malades Hospital,
Paris for EGEA2).

#### 180 Asthma, allergic rhinitis phenotypes and Skin Prick Tests (SPT)

The definition of ever asthma was based on a positive answer to either "Have you ever had attacks of breathlessness at rest with wheezing?" or "Have you ever had asthma attacks?" or being recruited as an asthma case.<sup>23</sup> Allergic rhinitis ever was defined by a positive answer to "Have you ever had allergic rhinitis?" or "Have you ever had hay fever?". Subjects with a positive answer to "Have you had a problem with sneezing or runny or blocked nose when you did not have a cold or flu in the last 12 months" have been defined as active allergic rhinitis.

188 SPT was performed for 11 allergens (cat, Dermatophagoides pteronyssinus, Blattela

germanica, olive, birch, Parieteria judaica, timothy grass, ragweed pollen, Aspergillus,
 Cladosporium herbarum, Alternaria tenuis). Positive SPT was defined by a mean wheal
 diameter ≥3mm.

#### 192 Measurement of allergen-specific IgE and IgG with the MeDALL allergen-chip

193 IgE and IgG were determined in anonymized samples with the MeDALL-chip as 194 described.<sup>15,16</sup> It comprises 176 allergen components including aero- and food allergen 195 components. The measurement of allergen-specific IgE- and IgG reactivities was 196 performed as described.<sup>16,18,24</sup>.

197 The present study is focused on outdoor allergen sources whose distribution varied in the 198 different geographical areas (birch pollen, cypress pollen, ragweed pollen, olive/ash 199 pollen, timothy grass pollen), and on allergens from indoor allergen sources (house dust 200 mites). We studied IgG to the PR-10 group of allergens with cross-reactive food allergens.<sup>18</sup> To further address the hypothesis that allergen contact mainly by the oral 201 202 route induces IgG response, three common food allergens were also studied (milk, egg, 203 fish) allowing to compare the frequency of IgE and IgG recognition across respiratory and 204 food allergens. Overall, 47 representative allergen components were analysed in detail 205 (Table 2).

#### 206 Geographical exposure to allergens

The geographical distribution of the studied pollens across France in 2006 was obtained from the RNSA (Réseau National de Surveillance Aérobiologique), the French aerobiology network in charge of the analysis of biological particles in air samples (<u>http://www.pollens.fr</u>).<sup>25,26</sup> Data are presented as the daily mean of grains/m<sup>3</sup> across the year 2006, a year included in the EGEA2 data collection period (2003-2007).

#### 212 Biases

The random selection of the EGEA2 participants to the present analysis was *a priori* unrelated to allergen exposure and allergic status, minimizing the risk for selection bias. In both subjects with and without asthma, subjects included in the analysis did not differ regarding allergic sensitization as defined by  $\geq$ 1 positive reaction in SPT using 12 different extracts, level of total IgE and allergic rhinitis phenotype as compared to non-included participants (Table E1). Regarding exposure we did not observe marked differences between included and non-included subjects, although included subjects with asthmawere more often recruited in Lyon and Grenoble (Table E1).

#### 221 Statistical methods

222 According to previous studies, IgE and IgG positivity to allergen was defined by a threshold of 0.3 ISU and 0.5 ISU, respectively<sup>16-18</sup>. Ordinal categorical variables were also 223 studied both for IgE (<0.3 <1 <3 <10 <30 and  $\ge$  30 ISU) and IgG (<0.5 <1.5 <5 <15 <50 and 224 225  $\geq$ 50 ISU) because of the non-Gaussian distribution. Chi<sup>2</sup> test was computed when 226 applicable. Non-parametric Kruskal-Wallis tests were also applied to address whether the 227 IgE and IgG levels (considered as continuous outcomes) differed among centres. Odds 228 Ratios (OR) were estimated to assess the magnitude of the association between centres 229 and allergen-specific IgE (or IgG) sensitization using multinomial logistic regression 230 adjusted on age, sex, asthma and rhinitis status.

231

#### 233 Results

#### 234 Characteristics of study subjects

In this study, 340 sera from different centers (Paris: n=96; Lyon: n=75; Marseille: n=41; Montpellier: n=22; Grenoble: n=106) were available. The demographic characteristics of participants are presented in Table 1. The population included 47% men and the mean age was 43 years. Fifty-two percent of participants had allergic rhinitis ever and 37.6% had atopic dermatitis ever. Eighty-two participants reported to have received some form of allergen immunotherapy (AIT).

#### 241 Most frequently recognized allergens by IgE

242 Overall, 48.8% of the population had allergen-specific IgE ≥0.3 to at least one of the 243 allergen components selected, which is in strong agreement with the prevalence of atopy 244 (defined by positive SPT to at least one of 11 aeroallergens) in this population (Cohen 245 Kappa coefficient = 0.68). The agreement between SPT and allergen-specific IgE was 246 strong for each allergen (table E2). Pollen allergens most frequently recognized by IgE 247 were Phl p 1 (33.8%), Phl p 4 (22.4%), Ole e 1 (20.9%), Phl p 5 (18.2%), Cup a 1 (18.2%), 248 Phl p 2 (15.3%), Phl p 6 (14.4%) and Bet v 1 (10%) (Table 2). The indoor allergens most 249 frequently recognized by IgE were Der p 2 (27.4%), Der p 23 (27.4%), Der p 1 (24.4%), Fel 250 d 1 (23.8%), Der p 5 (16.5%), Der p 4 (15.9%), Der p 7 (13.2%), Can f 5 (11.2%), Der p 21 251 (10%) (Table 2). Regarding food allergens, the family of PR-10 proteins (i.e., Mal d 1: 252 apple; Cor a 1.0401: hazelnut; Ara h 8: peanut; Pru p 1: cherry; Gly m 4: soy) that cross-253 react with the major birch pollen allergen Bet v 1 were most frequently recognized by IgE 254 (7.6 – 2.4% patients), followed by Gal d 1 (ovomucoid, egg) and Bos d 4 (lactalbumin, 255 milk) with 0.6% and 0.3%. These patterns where consistent in the population who did not 256 receive AIT, although the prevalence of IgE recognition was lower as compared to the 257 whole study population (Table 2).

#### 258 Similarities and discrepancies between IgE and IgG recognition

Distinct patterns of IgE and IgG recognition frequencies were found (Table 2). In general, respiratory allergens (Ole e 1, PhI p 1, PhI p 4, Der p 1, Der p 2, Der p 23, Fel d 1) frequently recognized by IgE antibodies ( $\geq$  20% subjects) were frequently recognized by IgG as well ( $\geq$  60% subjects). Likewise, some respiratory allergens less frequently recognized by IgE antibodies (≤6% subjects), were also recognized at low frequency (i.e.,
<40%) by IgG (Phl p 7, Phl p 11, Bet v 4, Ole e 7, Amb a 1). On the other hand, other</li>
respiratory allergens also less frequently recognized by IgE antibodies were recognized in
>80% by IgG (Phl p 12, Bet v 2, Ole e 9). Similar patterns were observed in the population
without AIT.

#### 268 Geographical variation of IgE and IgG recognition

Although the IgE sensitisation to at least one of the analysed allergens (Table 2) did not vary significantly across the geographical areas (from 39.0% to 54.7%, p=0.46), we observed considerable geographical differences for some specific allergens (Fig. 1 and Table 3).

273 For several major respiratory allergens the IgE and IgG frequencies in the different 274 regions followed to a large extent the exposure levels with the corresponding allergen 275 sources (e.g., ragweed exposure: Amb a 1; grass pollen exposure: Phl p 1 and exposure to 276 cypress: Cup a 1) (Fig. 1 and table 3). For example, in agreement with similar levels of 277 grass pollen exposure across France, IgE recognition frequencies for the major timothy 278 grass pollen allergen, Phl p 1, were similar across the geographical areas (the adjusted-279 ORs for each center as compared to Paris varied between 0.68 to 1.29, p >0.50; Table 3) 280 and IgG recognition of PhI p 1 was higher than 90% in each area. Inversely, IgE and IgG 281 recognition frequencies for the cypress pollen allergen Cup a 1 showed marked 282 geographical differences with adjusted OR of 7.4 (95%CI 2.1, 25.3) and 7.8 (95% CI 0.98-283 62.2) in Montpellier, the city showing the highest level of pollen exposures, as compared 284 to Paris. Similar patterns were observed in subjects with and in subjects without asthma 285 (Table E3), as well as in subjects without AIT (Table E4), although results should be 286 interpreted cautiously because of the sample size .

However, for Bet v 1 the geographic pattern of IgE and IgG recognition differed. IgE recognition frequencies to Bet v 1 followed the exposure levels of birch pollen in the different regions whereas IgG recognition was high (>60%) in all regions. This was also observed for food allergens that showed immunological cross-reactivity with Bet v 1 (PR-10 proteins, e.g., Mal d 1 from apple, Cor a 1.0401 from hazelnut, Ara h 8 from peanut, Pru p 1 from cherry, Gly m 4 from soy) (Fig. 1).

293 Regarding ubiquitously occurring allergens such a highly cross-reactive plant allergens 294 (calcium-binding allergens: Phl p 7, Bet v 4; profilins: Phl p 12, Bet v 2), house dust mite 295 allergens (e.g., Der p 1, Der p 2, Der p 23, Der p 10, Der p 11, Der p 14) and food allergens 296 whose sensitization occurs primarily by oral route (e.g., Bos d 4, Gal d 1, Gad c 1), we 297 found little geographic variation of IgE and IgG recognition frequencies (Fig. 1 and 2). 298 Nevertheless, for some of these allergen components the IgG concentration varied across 299 the regions (as indicated by the non-parametric Kruskal-Wallis test estimated on 300 the continuous variables) and IgE reactivity against major indoor allergens from house 301 dust mite (i.e., Der p 2, Der p 23, Der p 1) tended to be lower in Lyon and Marseille (Fig. 302 2). In each region, Der p 10, Der p 11 and Der p 14, for which exposure also occurs via the 303 gut (Der p 10 cross-reacts with tropomyosin from shrimp) or the skin, were rarely 304 recognized by IgE but frequently by IgG (Table 2, Fig. 2).

305 Very few subjects showed IgE reactivity to allergens of milk (Bos d 4) and egg (Gal d 1), 306 and these allergens were recognized by IgG in about 90% of the subjects with no 307 differences across the geographical areas (Fig. 3).

#### 309 **Discussion**

310 Microarrayed allergens are increasingly used to determine the profile of molecular IgE sensitization in populations.<sup>27,28</sup> However, to the best of our knowledge, the current study 311 312 is the first systematic study comparing IgE and IgG responses to a large panel of 313 respiratory and food allergens in a geographically defined population. It shows a large 314 geographical variability in the distribution of IgE and IgG antibodies in France which could 315 be summarized as following: 1) for ubiquitous allergens such as pollens of grass, olive/ash 316 and to a lesser extent allergens from house dust mites, IgE antibodies were scattered 317 around the different French regions (up to 34% of participants) and IgG was present in 318 most subjects without any geographical difference (over 85%), 2) on the other hand, for 319 regional pollen (ragweed, birch, cypress), IgE responses mirrored regional pollen 320 exposure, but IgG response varied depending on allergen sources: high for pollen 321 allergens cross-reacting with food allergens (Bet v 1 and other PR-10 allergen components) and glycosylated components (e.g., Cup a 1 and Phl p 4)<sup>29</sup>, low for the other 322 323 pollen allergens with only respiratory exposure and no cross-reactivity with food allergens 324 (e.g., ragweed), and 3) for food allergens, IgG responses were frequent whereas IgE 325 responses were rare. These results indicate that contact with allergen by the oral route 326 may preferentially induce IgG responses whereas allergen contact by respiratory route 327 appears important for IgE sensitization.

#### 328 Strengths and weaknesses

329 One strength lies in the solid phenotypic characterization of a large population, with a fair 330 distribution of asymptomatic subjects and subjects with asthma and/or rhinitis. As in 331 most epidemiological settings, the definition of asthma and rhinitis was based on a 332 standardized questionnaire, which might have lead to misclassification bias on the 333 disease status, but should not have biased our results on the effects of the geographical 334 area and routes of exposure in IgE and IgG recognition. As compared to the general 335 population, our study population is enriched with subjects with asthma and consequently 336 has higher percentages of IgE-sensitizations, leading to an increased statistical power to 337 address allergen-specific IgE-responses. Indeed, since the main aim of the present 338 manuscript was the parallel analysis of allergen-specific IgE and IgG responses towards a 339 comprehensive set of allergen molecules to dissect variations in geographic sensitization

340 profiles and possible routes of sensitization, a normal population would not have been 341 appropriate as the percentage of allergic subjects would have been too low and it would 342 have required a much larger sample size. This population selection should not have 343 affected our results on the geographical variability of IgE and IgG sensitisation, but does 344 not allow assessing the community-based prevalence of IgE and IgG responses. The study 345 is specific to France, but can help to understand and assess the differences between 346 ubiquitous and regional allergens in other countries as well as IgE and IgG responses to 347 allergens in general.

348 The effect of immunotherapy on specific-IgE or specific-IgG levels could not be tested 349 since only allergic patients had received this form of treatment and there will necessarily 350 be higher frequencies of IgE recognition in individuals who received AIT as compared to 351 those who did not. However, the frequency of subject who had received AIT was similar 352 across centres and even though AIT induces IgG it does not completely eliminate IgE 353 reactivity to the micro-arrayed allergens and therefore does not affect the geographic IgE 354 results. Although we do not have detailed information on AIT (as the targeted allergens) 355 we do not think that AIT might differentially influence the IgE/IgG profile according to the 356 allergen. For instance, it is unlikely that subjects in areas without birch pollen developed 357 IgG against this allergen (i.e. Bet v 1 and Bet v 1-related food allergens) due to AIT 358 because birch-pollen specific AIT was probably not prescribed in this area. Also, naturally 359 occurring IgG does not affect IgE recognition in the chip analysis because naturally 360 occurring IgG seems to react with epitopes different from those recognized by IgE<sup>8</sup>. 361 Finally the sensitivity analysis conducted among subjects not having received AIT showed 362 strong robustness of the observed associations.

363 The exposure to allergens was not addressed at the individual level, but by study centre 364 locations. This ecological approach for exposure assessment might be a source of 365 exposure misclassification, characterized here by the Berkson error type which has been 366 shown to weaken the precision of the estimates, but as compared to the classical error does not induce major bias on risk estimates <sup>30</sup>. Also, we considered the center of 367 368 recruitment and did not take into account the residential history of the participants. This 369 may have lead to exposure misclassification because some individuals might have lived in 370 different areas with potentially different exposures.

371 A major strength relates to the use of the improved microarray technology, which contains a larger number of important allergens than the commercial ISAC chips.<sup>15,16</sup> The 372 373 MeDALL chip used in this study is as sensitive for IgE detection as the quantitative 374 ImmunoCAP assay and can be used also for the detection of allergen-specific IgG responses with high specificity and sensitivity.<sup>15,16</sup> Furthermore, the allergen repertoire 375 376 on the MeDALL chip covers most of the relevant allergen sources.<sup>17</sup> Although IgG can 377 interfere with IgE binding on allergen-microarrays, we have proven that it does not affect the sensitivity to pick up sensitizations. <sup>17</sup> Moreover, we found that IgE results were in 378 good agreement with results obtained by skin prick testing. 379

380

#### **381** Interpretation of the results

382 In accordance with a recent cross-sectional analysis in the United States, IgE sensitisation 383 to at least one of the studied allergens did not vary across the French regions but allergen-specific sensitisation against some allergen components exhibited geographical 384 variations.<sup>31</sup> This may indicate that genetic susceptibility for sensitization, probably 385 386 similar across the country, favors an IgE immune response in the same percentage of the 387 population overall, but specificities of IgE reactions are linked to exposure. Indeed, chip 388 testing reveals that the molecular IgE sensitization profile for respiratory allergens in 389 France correlates very well with exposure data: some plants being prevalent in defined 390 areas (birch, ragweed and cypress) and some allergen sources being found across France (grass, olive/ash pollen).<sup>32-34</sup> Patients with a subclinical sensitization to birch pollen exist 391 in an area without atmospheric birch pollen exposure.<sup>35</sup> For cypress pollen, IgE patterns 392 393 also reflect pollen dispersion but IgG is found in most participants because of the 394 carbohydrate nature of the allergen which makes it a pan-allergen.<sup>29</sup> The lower IgE 395 recognition frequency of Der p 1 and Der p 2 in Lyon was a priori not expected but might 396 be related to factors like living habits.

397 Some respiratory allergens induce IgG only in few patients because they are poorly 398 immunogenic (e.g., PhI p 2) but nevertheless they often lead to IgE-sensitization.<sup>36,37</sup> This 399 follows properties of the antigens themselves. We found that IgG reactivity to the highly 400 cross-reactive pollen allergens PhI p 12 and Bet v 2 (i.e., profilins) <sup>38</sup> and PR-10 proteins<sup>39</sup> 401 was very common in each region whereas IgE and IgG reactivity to another class of cross-

402 reactive pollen allergens, the calcium-binding allergens from birch (Bet v 4) and timothy 403 grass (PhI p 7) was low in all regions. PR-10 and profilins are present in pollen and plant-404 derived foods whereas the polcalcins, i.e., calcium-binding allergen components are 405 present only in pollen. This probably explains the differences in IgG reactivity between 406 PR-10 and profillins (high) by comparison to calcium-binding components (low). This is 407 supported by a recent study suggesting that foodborne PR-10 allergens initiate an early IgG-response to PR-10 molecules but no IgE-response.<sup>11</sup> Certain house dust mite allergens 408 409 that are rare targets for IgE (Der p 10, Der p 11 and Der p 14, < 10% in our population) are 410 frequently recognized by IgG antibodies (>60% in our population). Interestingly, these 411 allergens are mainly present in mite bodies and therefore allergen contact occurs mainly via the skin <sup>40</sup> or via cross-reactive food allergens (e.g., Der p 10 is cross-reactive with 412 413 tropomyosin from shrimps).

414 In conclusion, the results from the analysis of IgE and IgG responses against a 415 comprehensive set of respiratory and food allergens in the present study suggest that IgG 416 response is related to exposure via the respiratory tract, the gastrointestinal tract and 417 possibly via the skin whereas IgE sensitization occurs mainly when the subject is exposed 418 via the respiratory tract. However, only a fraction of these subjects develops IgE antibodies.<sup>18</sup> The results of the present study will be valuable for better understanding 419 420 when allergen-specific interventions like avoidance or immunotherapy should be 421 undertaken or not.

422

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#### 570 **TABLE I. Description of the study population (n=340)**

\_\_\_\_\_

#### 571

	n (%) / m (sd)
Number of males (%)	159 (46.8 %)
Mean age (±sd)	43.4 (±16.8)
Status at recruitment	
Asthma cases, n (%)	83 (24.4)
First-degree relatives of cases, n (%)	184 (54.1)
Controls, n (%)	73 (21.5)
Recruitment center	
Paris, n (%)	96 (28.2)
Lyon, n (%)	75 (22.1)
Marseille, n (%)	41 (12.0)
Montpellier, n (%)	22 (6.5)
Grenoble, n (%)	106 (31.2)
Asthma ever, n (%)	170 (50 %)
Asthma in the past 12 months, n (%)	138 (87.3 %)
Allergic sensitization (≥1 positive SPT among the 11 allergen	
sources)*, n (%)	197 (57.9%)
Total IgE > 100 IU/ml**, n (%)	145 (42.7 %)
Allergic rhinitis ever, n (%)	176 (52.4 %)
Allergic rhinitis in the past 12 months, n (%)	138 (44.8 %)
Blood eosinophil counts > 250 mm <sup>3</sup> , n (%)	86 (25.4 %)
Atopic dermatitis ever, n (%)	127 (37.6 %)
$FEV_1 < 80\%$ of predicted value, (%)	46 (13.6 %)
Combined Asthma (ever) and allergic rhinitis (ever) phenotypes:	
No asthma and no rhinitis, n (%)	121 (31.0 %)
No asthma but rhinitis, n (%)	48 (14.3 %)
Asthma but no rhinitis, n (%)	39 (11.6 %)
Asthma and rhinitis, n (%)	128 (38.1 %)

572 \*11 allergen sources were : cat, *Dermatophagoides pteronyssinus*, *Blattella germanica*, olive, birch,

573 Parietaria judaica, timothy grass, ragweed, Aspergillus, Cladosporium herbarum, Alternaria tenuis

574 \*\* The threshold of 100 IU/ml has been used as in many other studies

			In all	(n=340	)	In subjects without AIT* (n=258)				
		lgE	E≥0.3 ISU	lgG ≥	0.5 ISU	lgE ≥	0.3 ISU	lgG ≥ (	).5 ISU	
Allergen-source	Allergen	n	%	n	%	n	%	n	%	
Inhaled allergens										
Birch	rBet v 1	34	10.0	225	66.6	18	7.0	165	64.2	
	rBet v 4	13	3.8	109	32.2	3	1.2	79	30.7	
	rBet v 2	10	2.9	288	85.2	3	1.2	218	84.8	
Olive	rOle e 1	71	20.9	220	65.1	39	15.1	157	61.1	
	nOle e 7	5	1.5	67	19.8	2	0.8	46	17.9	
	rOle e 9	2	0.6	338	100.0	1	0.4	257	100.0	
Cypress	nCup a 1	62	18.2	255	75.4	32	12.4	193	75.1	
Timothy Grass	rPhl p 1	11	33.8							
		5		322	95.3	67	26.0	244	94.9	
	rPhl p 2	52	15.3	115	34.0	25	9.7	76	29.6	
	nPhl p 4	76	22.4	282	83.4	35	13.6	209	81.3	
	rPhl p 5	62	18.2	218	64.5	23	8.9	161	62.6	
	rPhl p 6	49	14.4	229	67.8	20	7.8	169	65.8	
	rPhl p 7	13	3.8	94	27.8	3	1.2	68	26.5	
	rPhl p 11	23	6.8	133	39.3	7	2.7	93	36.2	
	rPhl p 12	6	1.8	310	91.7			236	91.8	
Ragweed	nAmb a 1	13	3.8	109	32.2	8	3.1	81	31.5	
House dust mite	nDer p 1	83	24.4	317	93.8	43	16.7	238	92.6	
	rDer p 2	93	27.4	278	82.2	49	19.0	206	80.2	
	rDer p 4	54	15.9	142	42.0	27	10.5	102	39.7	
	rDer p 5	56	16.5	321	95.0	23	8.9	246	95.7	
	rDer p 7	45	13.2	301	89.1	16	6.2	228	88.7	
	rDer p 10	31	9.1	214	63.3	13	5.0	156	60.7	
	rDer p 11	15	4.4	331	97.9	6	2.3	251	97.7	
	rDer p 14	7	2.1	334	98.8	2	0.8	254	98.8	
	rDer p 15	15	4.4	327	96.7	6	2.3	249	96.9	
	rDer p 18	17	5.0	328	97.0	4	1.6	250	97.3	
	rDer p 21	34	10.0	334	98.8	14	5.4	255	99.2	
	rDer p 23	93	27.4	335	99.1	50	19.4	255	99.2	
-	rclone 16	33	9.7	292	86.4	12	4.7	218	84.8	
Cat	rFel d 1	81	23.8	306	90.5	41	15.9	233	90.7	
	nFel d 2	25	7.4	179	53.0	12	4.7	130	50.6	
_	rFel d 4	18	5.3	253	74.9	6	2.3	192	74.7	
Dog	rCan f 1	22	6.5	202	59.8	7	2.7	152	59.1	
	rCan f 2	8	2.4	188	55.6	2	0.8	139	54.1	
	nCan f 3	8	2.4	164	48.5	3	1.2	121	47.1	
	rCan f 4	16	4.7	296	87.6	2	0.8	228	88.7	
	rCan f 5	38	11.2	265	/8.4	18	7.0	198	//.0	
	rCan f 6	16	4./	277	82.0	6	2.3	212	82.5	
Food allergens										
Apple	rMal d 1	26	7.6	284	84.0	14	5.4	216	84.0	
Hazelnut	rCor a	24	7.1							
	1.0401			234	69.2	12	4.7	176	68.5	
Peanut	rAra h 8	16	4.7	233	68.9	6	2.3	180	70.0	

## **TABLE II. Allergen specific IgE and IgG description**

Peach	rPru p 1	20	5.9	242	71.6	10	3.9	180	70.0
Soy	rGly m 4	8	2.4	292	86.4	2	0.8	221	86.0
Milk	nBos d 4	1	0.3	299	88.5	1	0.4	232	90.3
	nBos d 8	0	0.0	309	91.4			234	91.1
Egg	nGal d 1	2	0.6	289	85.5			217	84.4
Codfish	rGad c 1	0	0.0	95	28.1			72	28.0

6 \* Allergen Immunotherapy

578 TABLE III. Adjusted odds ratios\* for different centers of recruitment for being IgE- or IgG-positive to different airborne allergens

			lg	gE (<0.3; ≥	20.3)			lg(	G (<0.5;≥	0.5)	
			Lower	Upper	р	Global p		Lower	Upper	р	Global p
Allergen	Center	OR	95% CI	95% CI	value	value	OR	95% CI	95% CI	value	value
Amb a 1	Lyon	-					3.56	1.81	7.02	<0.01	0.001
	Marseille	-					2.52	1.09	5.85	0.03	
	Montpellier	-					0.79	0.23	2.67	0.70	
	Grenoble	-					1.32	0.69	2.51	0.40	
Bet v 1	Lyon	-					1.57	0.8	3.09	0.19	0.5
	Marseille	-					1.64	0.7	3.83	0.26	
	Montpellier	-					0.93	0.34	2.54	0.88	
	Grenoble	-					1.53	0.83	2.83	0.17	
Cup a 1	Lyon	0.67	0.24	1.84	0.44	0.0009	1.38	0.66	2.87	0.39	0.29
	Marseille	3.56	1.17	10.9	0.03		1.7	0.64	4.49	0.29	
	Montpellier	7.37	2.15	25.3	<0.01		7.79	0.98	62.2	0.05	
	Grenoble	0.85	0.36	1.96	0.7		1.05	0.56	1.96	0.88	
Phl p 1	Lyon	0.81	0.36	1.83	0.61	0.69	4.87	0.57	41.7	0.15	-
	Marseille	1.29	0.47	3.58	0.62		-				
	Montpellier	0.68	0.2	2.26	0.52		1.28	0.14	11.9	0.83	
	Grenoble	1.28	0.63	2.6	0.5		1.33	0.42	4.2	0.62	
Der p 1	Lyon	0.37	0.15	0.96	0.04	0.01	13.6	1.68	110	0.01	-
	Marseille	0.28	0.07	1.12	0.07		-				
	Montpellier	1.00	0.28	3.58	0.99		0.81	0.21	3.08	0.76	
	Grenoble	1.53	0.75	3.11	0.24		4.22	1.28	13.9	0.02	
Der p 2	Lyon	0.32	0.13	0.81	0.02	0.004	2.48	1.05	5.85	0.04	0.12
	Marseille	0.41	0.13	1.36	0.15		1.42	0.54	3.73	0.48	
	Montpellier	0.91	0.27	3.07	0.88		7.1	0.86	58.7	0.07	
	Grenoble	1.67	0.83	3.38	0.15		1.87	0.89	3.9	0.1	

- \*Odds Ratio (reference: Paris) adjusted for age, sex, asthma status and rhinitis status
- 580 Some ORs could not be estimated because of sample size (represented by in the table)
- 581 ORs associated with a p value < 0.05 are presented in bold.

#### **Figure legends**

**FIG 1.** IgE and IgG recognition frequencies and intensities for genuine pollen marker allergens from (**A**) ragweed (Amb a 1), (**B**) birch (Bet v 1), (**C**) cypress (Cup a 1), (**D**) olive/ash (Ole e 1), (**E**) timothy grass (Phl p 1) and for cross-reactive pollen allergens (**F**) timothy grass polcalcin(Phl p 7), (**G**) birch polcalcin (Bet v 4), (H) timothy grass profilin (Phl p 12) and (**I**) birch profilin (Bet v 2), and for the Bet v 1-related food allergen from (**J**) apple (Mal d 1) in different regions of France. Shown are the percentages of subjects (y-axes) with IgE (upper panel) and IgG reactivity (middle panel) to the allergens in the different cities of France (x-axes) and the pollen counts in the different areas of France (lower panels). Antibody levels are colour-coded and shown in ISU (ISAC standardized units).

P values assessing the differences across centres were estimated from the non-parametric Kruskal-Wallis test.

**FIG 2.** IgE and IgG recognition frequencies and intensities for respiratory house dust mite allergens derived from mite feces, i.e., (**A**) Der p 1, (**B**) Der p 2, (**C**) Der p 23 and from mite bodies, i.e., (**D**) Der p 10, (**F**) Der p 11 and (**F**) Der p 14, respectively. Shown are the percentages of subjects (y-axes) with IgE (upper panel) and IgG reactivity (lower panel) to the allergens in the different cities of France (x-axes). Antibody levels are color-coded and shown in ISU.

P values assessing the differences across centers were estimated from the non-parametric Kruskal-Wallis test.

**FIG 3.** IgG recognition frequencies and intensities for classical food allergens derived from (**A**) milk (Bos d 4), (**B**) egg (Gal d 1) and (**C**) fish (Gad c 1). Shown are the percentages of subjects (y-axes) with IgG reactivity to the allergens in the different cities of France (x-axes). Antibody levels are color-coded and shown in ISU.

P values assessing the differences across centers were estimated from the non-parametric Kruskal-Wallis test.

**Online repository** 

## Specific IgE and IgG measured by the MeDALL allergen-chip depend on allergen and route of exposure - the EGEA study

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## TABLE EI. Comparison of included and non-included subjects

	Subjects	without asthn	na	Subje	cts with asthma	1
	Non-	Included	Р	Non-	Included	P value
	Included		value	Included		
n	697	170		507	170	
Age, m (sd)	46.3 (16.0)	46.8 (16.7)	0.68	38.8 (16.8)	40.0 (16.4)	0.42
Sex, %males	46.6	47.7	0.81	49.1	41.2	0.07
Center of recruitment			0.51			0.02
Paris, %	26.7	27.7		35.1	28.8	
Lyon, %	17.9	22.9		13.0	21.2	
Marseille, %	17.8	14.1		16.4	10.0	
Montpellier, %	7.0	5.9		8.1	7.1	
Grenoble, %	30.6	29.4		27.4	32.9	
Cat ownership <sup>1</sup> , %	53.2	48.2	0.24	49.1	52.9	0.39
Allergic rhinitis ever, %	30.2	28.4	0.65	70.1	76.7	0.10
Allergic sensitization (≥1SPT	38.9	34.7	0.33	76.3	81.2	0.20
among 12 allergens), %						
Total IgE>100IU/ml, %	30.7	24.7	0.13	59.2	60.6	0.75

<sup>1</sup> current cat ownership or in childhood

	number of components on the MeDALL chip, n	positive SPT, %	Allergen specific- IgE ≥0.3 for at least one of the allergen components, %	Cohen Kappa coefficient
Timothy Grass	8	33.5	39.4	0.76
House dust mite	15	33.5	34.7	0.83
Cat	3	21.8	23.8	0.76
Olive	3	20.6	21.2	0.79
Birch	3	10.6	13.8	0.71
Alternaria	2	8.8	9.4	0.65
Ragweed	1	5.9	3.8	0.71

TABLE E2. Agreement between SPT and allergen specific-IgE for those 7 allergen sources that showed a prevalence for positive SPT > 5% in the study population.

		In subjects without asthma (n=170)						_	In subjects with asthma (n=170)								
			lgE (<0	.3; ≥0.3)			lgG (<	:0.5; ≥0.5)		_	lgE (<0	.3; ≥0.3)		_	lgG (<0	).5; ≥0.5)	
Allergen	Center	OR	Lower 95% Cl	Upper 95% Cl	p value	OR	Lower 95% Cl	Upper 95% Cl	p value	OR	Lower 95% Cl	Upper 95% Cl	p value	OR	Lower 95%Cl	Upper 95% Cl	p value
Amb a 1	Lyon	-				2.25	0.91	5.61	0.08	-				5.46	2.09	14.3	<0.01
	Marseille	-				1.46	0.5	4.26	0.49	-				3.9	1.17	13	0.03
	Montpellier	-				1.25	0.28	5.62	0.77	-				0.35	0.04	3.08	0.35
	Grenoble	-				1.17	0.47	2.88	0.74	-				1.43	0.57	3.55	0.45
Bet v 1	Lyon	-				1.57	0.66	3.75	0.31	-				1.08	0.4	2.9	0.87
	Marseille	-				1.23	0.46	3.33	0.68	-				0.79	0.23	2.73	0.71
	Montpellier	-				0.88	0.22	3.45	0.85	-				0.72	0.19	2.81	0.64
	Grenoble	-				1.66	0.73	3.77	0.23	-				1.08	0.45	2.6	0.86
Cup a 1	Lyon	0.59	0.05	6.79	0.67	2.36	0.85	6.52	0.1	0.55	0.2	1.52	0.25	0.97	0.36	2.64	0.96
	Marseille	3.21	0.5	20.7	0.22	1.96	0.62	6.23	0.25	2.55	0.82	7.89	0.1	2.27	0.45	11.5	0.32
	Montpellier	15	2.25	100	0.01	2.06	0.39	10.9	0.39	2.27	0.63	8.19	0.21	-			
	Grenoble	0.94	0.13	6.94	0.95	1.43	0.6	3.43	0.42	0.69	0.29	1.63	0.39	0.74	0.31	1.77	0.5
Phl p 1	Lyon	0.56	0.15	2.01	0.37	2.59	0.26	26	0.42	0.88	0.37	2.09	0.78	-			
	Marseille	0.98	0.26	3.63	0.97	-				1	0.33	3.01	0.99	-			
	Montpellier	3.25	0.74	14.2	0.12	0.61	0.06	6.59	0.69	0.18	0.04	0.89	0.04	0.98	0.1	9.64	0.98
	Grenoble	1.22	0.44	3.41	0.71	1.6	0.26	10	0.61	1.02	0.47	2.2	0.96	1.16	0.27	4.89	0.84
Der p 1	Lyon	0.45	0.08	2.48	0.36	7.79	0.93	65.4	0.06	0.32	0.12	0.85	0.02	-			
	Marseille	-				-				0.35	0.1	1.22	0.1	-			
	Montpellier	0.93	0.1	8.99	0.95	1.85	0.2	16.7	0.59	0.57	0.15	2.13	0.4	0.27	0.05	1.4	0.12
	Grenoble	0.73	0.18	2.9	0.66	4.82	0.97	24	0.06	1.51	0.7	3.26	0.3	2.4	0.42	13.7	0.32
Der p 2	Lyon	0.45	0.08	2.48	0.36	2.14	0.77	5.96	0.14	0.27	0.1	0.72	0.01	2.15	0.53	8.74	0.29
	Marseille	0.76	0.14	4.26	0.76	1.14	0.39	3.33	0.81	0.4	0.12	1.31	0.13	1.37	0.26	7.21	0.71
	Montpellier	0.93	0.1	8.99	0.95	-				0.69	0.19	2.46	0.56	2.15	0.24	19	0.49
	Grenoble	1.15	0.32	4.04	0.83	1.62	0.65	4.02	0.3	1.48	0.68	3.22	0.32	1.63	0.52	5.06	0.4

## TABLE E3. Unadjusted odds ratios for different centers of recruitment for being IgE- or IgG-positive to different airborne allergens (reference: Paris), by asthma status

			lgE (<0	0.3; ≥0.3)			lgG (<0.	5; ≥0.5)	
Allergen	Center	OR	Lower 95% Cl	Upper 95% Cl	p value	OR	Lower 95% Cl	Upper 95% Cl	p value
Amb a 1	Lyon	-				2.60	1.20	5.65	0.02
	Marseille	-				1.92	0.73	5.03	0.18
	Montpellier	-				0.79	0.19	3.25	0.74
	Grenoble	-				1.15	0.55	2.42	0.72
Bet v 1	Lyon	0.42	0.08	2.19	0.30	1.77	0.81	3.85	0.15
	Marseille	-			0.95	1.60	0.62	4.13	0.34
	Montpellier	-			0.97	0.50	0.15	1.64	0.25
	Grenoble	0.87	0.25	2.98	0.82	1.34	0.67	2.69	0.40
Cup a 1	Lyon	0.51	0.10	2.58	0.42	1.35	0.58	3.16	0.48
	Marseille	4.64	0.99	21.70	0.05	1.71	0.55	5.36	0.36
	Montpellier	13.79	2.64	72.02	0.00	5.32	0.64	44.38	0.12
	Grenoble	1.33	0.39	4.54	0.65	0.84	0.41	1.73	0.64
Phl p 1	Lyon	0.74	0.26	2.12	0.57	3.46	0.37	32.18	0.28
	Marseille	2.17	0.61	7.67	0.23	-			
	Montpellier	1.24	0.28	5.45	0.78	0.76	0.07	7.86	0.82
	Grenoble	1.17	0.48	2.85	0.72	1.17	0.31	4.33	0.82
Der p 1	Lyon	0.64	0.19	2.12	0.46	11.25	1.37	92.65	0.02
	Marseille	0.16	0.02	1.50	0.11	-			
	Montpellier	0.45	0.05	4.29	0.48	0.57	0.14	2.34	0.44
	Grenoble	1.61	0.64	4.10	0.31	3.39	1.00	11.47	0.05
Der p 2	Lyon	0.53	0.16	1.71	0.29	2.31	0.93	5.78	0.07
	Marseille	0.49	0.11	2.28	0.36	1.57	0.53	4.63	0.41
	Montpellier	0.68	0.12	4.01	0.67	5.23	0.62	44.38	0.13
	Grenoble	2.07	0.83	5.17	0.12	1.98	0.89	4.40	0.10

 TABLE E4. Adjusted odds ratios for different centers of recruitment for being IgE- or IgG-positive to different allergens (reference: Paris) among subjects without allergen immunotherapy

\*Odds Ratio (reference: Paris) adjusted for age, sex, asthma status and rhinitis status Some ORs could not be estimated because of sample size (represented by - in the table) ORs associated with a p value≤0.05 are presented in bold.

#### E-FIGURE Legend

**FIG E1.** IgE and IgG recognition frequencies and intensities in subjects not reported allergen immunotherapy for (A) ragweed (Am b a1), (B) birch (Bet v 1), (C) Cypress (cup a 1), (D) timothy grass (Phl p 1), (E) houst dust mit (Der p 1), (F) house dust mite (Der p 10) and (G) apple (Mal d 1)