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**Predictors of ventricular remodelling in patients with reperfused acute myocardial infarction and left ventricular dysfunction candidates for bone marrow cell therapy: insights from the BONAMI trial**

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## **Abstract**

**Purpose.** Little data are available regarding the relation of left ventricular (LV) mechanical dyssynchrony to remodelling after acute myocardial infarction (MI) and stem-cell therapy. We evaluated the one-year time-course of both LV mechanical dyssynchrony and remodelling in patients enrolled in the BONAMI trial, a randomized, multicenter controlled trial assessing cell therapy in patients with reperfused MI.

**Methods.** Patients with acute MI and ejection fraction (EF)  $\leq$  45% were randomized to cell therapy or to control, and underwent thallium single-photon emission computed tomography (SPECT), radionuclide angiography and echocardiography at baseline, 3 month and 1 year. Eighty-three patients with a comprehensive 1-year follow-up were included. LV dyssynchrony was assessed by the standard deviation (SD) of the LV phase histogram using radionuclide angiography. Remodelling was defined as a 20% increase in LV end-systolic volume index (LVESVI) at 1 year.

**Results.** At baseline, LVEF, wall motion score index and perfusion defect size were significantly impaired in the 43 patients (52%) with LV remodelling (all  $p < 0.001$ ), without significant increase in LV mechanical dyssynchrony. During follow-up, there was a progressive increase in LV SD ( $P = 0.01$ ). Baseline independent predictors of LV remodelling were perfusion SPECT defect size ( $p = 0.001$ ), LVEF ( $p = 0.01$ ) and a history of hypertension ( $p = 0.043$ ). Bone marrow cell therapy did not affect the time-course of LV remodelling and dyssynchrony.

**Conclusions.** LV remodelling 1 year after reperfused MI is associated with progressive LV dyssynchrony and is related to baseline infarct size and ejection fraction, without impact of cell therapy on this process.

## **Key Words**

Myocardial infarction; ventricular remodelling; dyssynchrony; Single Photon Emission Computer Tomography; echocardiography; cell therapy

## **Introduction**

The improvements in treatment of acute myocardial infarction (MI), aimed to restore persistent myocardial perfusion, preserve myocyte integrity and prevent left ventricular (LV) dysfunction, have resulted in a better early survival. However, with more patients surviving the initial stage of AMI, post-infarction LV remodelling occurs in a relevant proportion of patients [1]. Although the remodelling process tends to restore stroke volume despite a depressed ejection fraction, ventricular dilation is associated with a poor long term clinical outcome [2]. Infarct size, infarct-related artery patency, anterior location, LV end-systolic volume and microvascular obstruction are clinical predictors of LV remodelling. Recent results suggested that early LV dyssynchrony has an additional detrimental impact on LV function [3] and could predict the occurrence of LV remodelling [4,5]. However, it remains unclear whether LV dyssynchrony observed soon after acute MI is independently associated with LV remodelling.

In the setting of irreversible myocyte loss following an acute myocardial infarction, and given the poor endogenous regenerative capacity of the heart, stem cell therapy has emerged as a unique opportunity for cardiac repair. However, a meta-analysis of randomized control trials demonstrated a poor long term improvement of left ventricular function after stem cell therapy, showing only a 3% increase in left ventricular ejection fraction which remains the most frequently assessed surrogate endpoint [6].

Accordingly, this study was conducted to assess the determinants of ventricular remodelling in patients with reperfused myocardial infarction and left ventricular dysfunction eligible for stem cell therapy. To achieve this goal, we assessed the 1-year time course of ventricular remodelling in a cohort of patients prospectively included in the BONAMI trial, a study dedicated to evaluate the effect of bone marrow-derived cells therapy on myocardial viability [7].

## **Material and methods**

***Patient population.*** The BONAMI study was a randomized, multicentre controlled trial assessing cell therapy in patients with acute MI. Screening criteria were: age 18–75 years, a successful percutaneous coronary intervention (PCI) with bare metal stent implantation performed on the culprit lesion during the 24 h after the onset of symptoms, and LVEF < 50% assessed by echocardiography. The culprit artery was defined as an occluded artery or by a severe stenosis secondary to superimposed thrombus. Randomization criteria were defined as follows: LVEF  $\leq$ 45% assessed by RNA and absence of myocardial viability in at least 2/17 contiguous segments by SPECT. Main exclusion criteria were: age >75 years; previous myocardial infarction; patient instability after myocardial infarction; cardiac disease except ischemic heart disease; multivessel coronary artery disease; need for coronary revascularization in the future; pulmonary edema and cardiogenic shock; advanced renal or hepatic failure; non-cardiac disease adversely affecting prognosis; coagulopathy, thrombocytopenia, and leukopenia. As previously described [7], 101 patients met the inclusion criteria and were randomized to cell therapy (n=52) or to control (n=49). After inclusion, patients underwent Thallium perfusion SPECT, equilibrium radionuclide angiography and echocardiography at baseline, 3 month and 1 year follow-up. In the present study, the population consisted with 83 patients with a comprehensive follow-up at 1 year. The ethics review board of Nantes University Hospital approved the protocol, and the study was conducted in accordance with the Declaration of Helsinki. All subjects gave informed consent.

***Radionuclide equilibrium angiography.*** Planar equilibrium radionuclide angiography (RNA) was performed in all patients and left (LVEF) and right ejection fraction (RVEF) calculated using a count based method [8]. The mean phase angle and phase standard deviation were derived from the phase histograms. Left ventricular mechanical synchrony was assessed as the standard deviation of the left ventricular phase histogram (LV SD). Interventricular contractile synchrony was calculated as the absolute difference between LV and RV mean phase angles (RV-LV). Results were expressed in milliseconds (ms).

***Myocardial perfusion imaging.*** Myocardial perfusion SPECT was acquired 15 minutes and 3-4 hours after a rest injection of thallium-201 (1.5 MBq/kg). SPECT data were analyzed using a 17-segment division of the left ventricle [9] by consensus of 2 experienced observers blinded from any clinical data. Infarct extent was calculated using an

automated software and expressed as the percentage of LV showing a thallium uptake <60%. This latter criterion was applied on early images at the acute phase, and on redistribution images at follow-up, according to previous results showing that within the first week after myocardial infarction, early thallium imaging better reflects myocardial viability and functional recovery [10].

**Echocardiography.** All echocardiography examinations were recorded and analyzed off-line by experienced investigators blinded from any clinical data. Left ventricular end-diastolic and end-systolic diameter (LVEDD and LVESD) were measured in the parasternal long axis view. Left ventricular volumes (biplane modified Simpson rule) and ejection fraction were measured from four-chamber apical views and volumes were indexed to body surface area (LVEDVI and LVESVI) [11]. Wall motion score index (WMSI) was calculated using a 17-segment model [9] and a 4-point grading system from 1 (normal) to 4 (dyskinetic). Pulmonary artery systolic pressure (PASP) was determined using the modified Bernoulli equation. Tissue Doppler profiles were recorded at the medial and lateral mitral annulus from the apical 4-chamber view. Systolic tissue velocity (S), early diastolic (E') and late diastolic (A') tissue velocities were recorded, and the septal and lateral E/E' ratio were calculated.

**Statistical analysis.** Results were expressed as mean  $\pm$  SD or number (percentages), as appropriate. Comparisons between groups were performed with Student's t tests or  $\chi^2$  tests. Correlations were presented with Pearson coefficient (r, p-value). Adjusted correlations between variables were assessed by linear regression analysis. Logistic regression analysis was used to analyze the determinants of LV mechanical dyssynchrony or remodelling and LVEF impairment (odds ratio with 95% CI). These parameters were: clinical characteristics, MI treatment, radionuclide and echocardiographic parameters. To analyze repeated measures over time (imaging parameters), we used mixed models and adjusted Tukey tests. All models were adjusted by the treatment allocated (control or bone marrow cell therapy) and interactions were tested (only p-values <0.05 were maintained).

Left ventricular remodelling is a complex process and involves different pathophysiological mechanisms over time [12]. To account for this phenomenon, the predictive value of potential predictors of late remodelling was analyzed both at baseline and 3 month after myocardial infarction. The presence of LV remodelling was defined as a relative increase of at least 20% in LVESVI between baseline and 1-year follow-up. In addition, indexed end-systolic volumes were analyzed as a continuous variable and predictors of ESVI at 1-year follow-up were determined. All

analyses were performed using SAS 9.1 statistical software (SAS Institute, Cary, NC, USA). A p-value  $<0.05$  was considered statistically significant.

## Results

**Baseline data.** Eighty-three patients with a comprehensive follow-up at 1 year were included. During primary PCI, TIMI flow grade III was obtained in 78 patients (99%). The patients included in the study had large myocardial infarctions, as demonstrated by high peak troponin levels and a large perfusion SPECT defect resulting in left ventricular dilation and systolic dysfunction (see Table 1). Medical therapy was not different between patients groups (see supplemental data). The delay between myocardial infarction and baseline investigations was as follows: planar RNA,  $4\pm 2$  days; thallium SPECT,  $5\pm 3$  days; echocardiography,  $7\pm 2$  days.

**LV remodelling at 1-year follow-up.** A preliminary statistical analysis of 3-month and 1-year functional results showed no difference between both patients groups (control group and group receiving cardiac cell therapy) for LVESVI and LVEF. Therefore, all patients were further analysed together, independently of cardiac cell therapy. During the first year after MI, there was a progressive impairment of global left ventricular function, with a significant increase in both end-diastolic ( $p<0.0001$ ) and end-systolic ( $p<0.0001$ ) volume indexes (see table 2). Along with LV dilation, both inter- and intra-ventricular dyssynchrony progressively increased during follow-up, particularly in patients with LV remodelling (see Figure 1). Similarly, there was also a progressive left atrial remodelling process. The treatment regimen allocated (control or bone marrow cell therapy) did not modify the time-course of LV remodelling and dyssynchrony.

Using univariate linear regression, the baseline parameters associated with ESVI measured at 1-year follow-up were: LV SD ( $p= 0.03$ ), LVEF, LVESVI, LVEDVI, WMSI and thallium SPECT defect size (all  $p$  values  $< 0.0001$ ). Among the parameters measured 3 months after MI, those associated with ESVI measured at 1-year follow-up included LVESVI, LVEDVI, LVEF, WMSI, LVEDDI, LVESDI, thallium SPECT defect size, and LV SD (all  $p$  values  $< 0.0001$ ). Using multivariate analysis, the independent predictors of ESVI at 1-year follow-up were, at baseline: LVEF ( $p< 0.0001$ ) and thallium SPECT defect size ( $p= 0.002$ ), and at 3 months: ESVI ( $p< 0.0001$ ) and WMSI ( $p= 0.035$ ).

The study population was divided into 2 groups of patients with ( $n= 43$ , 52%) and without LV remodelling ( $n=40$ , 48%). At baseline (see table 1), patients with LV remodelling at 1 year showed a larger infarct size (documented by

increased peak troponin level and perfusion SPECT defect size), and an impairment of LV function demonstrated by decreased WMSI and LVEF compared to patients without LV remodelling. In addition, they were more likely to have a culprit lesion on the left anterior descending coronary artery and a history of hypertension. At 1-year follow-up, LV SD correlated to RNA LVEF ( $r = -0.64$ ,  $p < 0.0001$ ), LVESVI ( $r = 0.54$ ,  $p < 0.0001$ ), LVEDVI ( $r = 0.55$ ,  $p < 0.0001$ ), perfusion SPECT defect ( $r = 0.33$ ,  $p = 0.003$ ) and peak troponin ( $r = 0.24$ ,  $p = 0.037$ ). No significant differences in LV mechanical dyssynchrony parameters were observed between the two groups of patients.

Univariate predictors of LV remodelling at 1-year follow-up are depicted in table 3. Using logistic multivariate analysis ( $N = 79$ ), independent predictors at baseline were RNA LVEF (OR: 0.138, 95% confidence interval : 0.053-6.686,  $p = 0.01$ ), perfusion SPECT defect size (OR: -0.073, 95% confidence interval : 0.022-11.390,  $p = 0.001$ ) and hypertension (OR: 0.607, 95% confidence interval : 0.300-4.094,  $p = 0.04$ ). Among the parameters assessed at 3-month follow-up, LVEDD (OR: 1.133, 95% confidence interval: 1.017-1.23,  $p = 0.02$ ) was an independent predictor of remodelling.

## **Discussion**

Despite encouraging initial results, cell therapy hardly demonstrated a significant but modest improvement of left ventricular function in humans. There is a lack of data analyzing the determinants of left ventricular remodelling in patients receiving cell therapy that may help to enhance the efficacy of regenerative strategies. The relationship between early LV asynchrony observed after an acute MI and late LV remodelling is still controversial and has not been investigated in this population. The main findings of this study can be summarized as follows: 1) One half of the patients included in the BONAMI trial exhibited significant remodelling at 1-year after acute myocardial infarction despite an optimal management; 2) at baseline, the independent predictors of remodelling included LVEF, perfusion SPECT defect and a history of hypertension; 3) dyssynchrony at baseline was not predictive of remodelling in this population; and finally 4) ventricular remodelling was not significantly impacted by bone marrow cell therapy.

***Incidence of left ventricular remodelling.*** Although LV function is commonly used as a surrogate endpoint for efficacy of cell therapy, the incidence of ventricular remodelling at 1 year after MI remains unknown in patients prospectively enrolled in clinical trials [6,13–16]. During follow-up, 52% of our study population demonstrated a significant remodelling of the left ventricle, which is higher than previously observed after acute myocardial infarction. In a recent study, Mollema et al. [17] reported a significant remodelling (defined as an absolute increase in LVESV  $\geq 15\%$ ) in 20% of patients. Using the end-diastolic volume index as a marker of remodelling, Giannuzzi et al. [18] found severe remodelling in 16% of patients. These latter studies investigated non selected patients with a relatively preserved LV function (mean LVEF from 46 to 48%) compared to our study. In patients with larger MI, Bolognese et al. [1] reported LV remodelling in a higher proportion (30%) of patients. The high incidence of ventricular remodelling in our study is likely due to the enrolment of selected patients with LV dysfunction and large myocardial infarcts.

***Dyssynchrony and predictors of left ventricular remodelling.*** Cardiac remodelling after MI is associated with poor event-free survival [1]. White et al. [19] early showed that end-systolic volume was the most powerful predictor of death after myocardial infarction. On the other hand, left ventricular recovery after successful primary PCI is associated with a better long-term prognosis [2]. Primary PCI and pharmacologic therapies targeting the rennin-

angiotensin system and neuro-hormonal activation have shown a beneficial impact on remodelling [20–23]. However, the early identification of patients at high risk of remodelling after MI is of paramount importance.

Recent data suggested a relationship between remodelling and dyssynchrony. Using 2D speckle tracking, Mollema et al. [17] evaluated 194 consecutive patients admitted with an acute myocardial infarction treated by primary PCI. In this study, dyssynchrony showed the strongest correlation with the incidence of remodelling at 6-month follow-up, even after adjustment for the peak level of troponin, hypertension, baseline LVESV and baseline LVEDV. In a series of 47 patients, Zhang et al. [4] demonstrated that patients with remodelling (defined in this study as an increase in LVESV  $\geq 10\%$  at 1 year) had a higher extent of early dyssynchrony and infarct size assessed by contrast-enhanced cardiac magnetic resonance. However, they also found that dyssynchrony was correlated with WMSI, ESV, EDV, LVEF and infarct size at baseline. Nucifora et al. [3] further demonstrated that patients with mechanically reperfused infarction and LVEF  $\leq 45\%$  had a higher extent of dyssynchrony and increased infarct size using contrast echocardiography. Finally, Turan et al. [24] found a sensitivity of 73% of dyssynchrony for predicting remodelling after a first MI treated successfully by PCI.

In the present study, we found no difference in terms of dyssynchrony at baseline between patients with and without remodelling. The BONAMI trial enrolled patients with large infarcts (mean infarct size = 31% of the LV) and LV dysfunction (mean LVEF: 39%), two factors that are correlated to ventricular dyssynchrony [25]. As a consequence, even patients without LV remodelling at follow-up had dyssynchrony at baseline. Moreover, the culprit artery was the LAD in all but four patients in our study population. Previous findings demonstrated that in patients with anterior infarction dyssynchrony is increased compared to patients with inferior infarction, even in patients with normal QRS duration [25,26]. Thus, assessing patients with anterior infarction might also contribute to the low predictive value of phase analysis, as anterior segments have a higher contribution to observed dispersion with respect to inferior and posterior segments. Nucifora et al. [27] reported temporal evolution of LV dyssynchrony after reperfused myocardial infarction and observed that dyssynchrony changes were associated with changes in LVEF. In the present study, although there was a progressive increase of dyssynchrony over time, baseline inter- or intra-ventricular mechanical delays was not predictive of ventricular remodelling. The use of the planar technique, that analyses dyssynchrony on a projection of the overall cardiac volume, may have contributed to the low predictive value of phase analysis in this study. It is likely that planar imaging does not accurately discriminate the respective contributions of the infarct zone

and the remote territory. The assessment of left ventricular mechanical contraction as determined by phase analysis of ECG-gated myocardial perfusion SPECT has been recently proposed to overcome this issue [28]. Henneman et al. [29] demonstrated that the response to cardiac resynchronization therapy is related to the presence of LV dyssynchrony assessed by phase analysis from gated myocardial perfusion SPECT, including in patients with ischemic cardiomyopathy. These results suggest that the usage of SPECT techniques could be more appropriate for the assessment of left ventricular dyssynchrony in patients with large myocardial scars.

Infarct size and viability are strong predictors of clinical outcome after myocardial infarction. The prognostic value of infarct size has been early established [30] using myocardial perfusion SPECT. The extent of infarct-zone viability was reported as inversely correlated with further changes in end-diastolic volumes at 6 months [31]. Moreover, perfusion SPECT performed within 1 month after the acute phase of infarction could predict ventricular enlargement with a high accuracy [32,33]. Our results demonstrated that the independent predictors of a significant remodelling in this population were baseline LVEF and infarct size assessed by rest perfusion SPECT.

***Impact of cell therapy on left ventricular remodelling.*** Recently, the BONAMI trial [7] demonstrated that intracoronary autologous bone marrow cells (BMC) administration to patients with decreased LVEF after MI was associated with a 3-month improvement of myocardial viability. Moreover, LVEF significantly increased by 4.3% ( $p = 0.001$ ) in the control group and 3.3% ( $p = 0.009$ ) in the BMC group between baseline and 3 months, without difference for LVEF at 3 months between the two groups. There was no significant difference as well between patients groups in end-diastolic and end-systolic left ventricular volume. Several meta-analyses established that the improvement of LVEF and ESV in favour of stem-cell therapy is significant but modest (approximately 3-4% increase for LVEF, and 5-10 ml decrease for ESV), with a high degree of statistical heterogeneity in the comparisons. A dose-response relationship [6,13,16] was found between injected cell volume and LVEF changes, as well as a significant impact of intramuscular cell administration and low baseline LVEF [14,34]. In the present study, an intracoronary injection of BMC performed after a reperfused acute MI in addition to an optimal state-of-the-art pharmacological therapy did not significantly impact on left ventricular remodelling at 1-year follow-up.

## **Conclusion**

Patients with large myocardial infarction that resulted in early left ventricular dysfunction are at high risk of ventricular remodelling at 1-year follow-up. Baseline rest perfusion SPECT defect (i.e. infarct size) and left ventricular function but not LV dyssynchrony were predictive of remodelling in this population. Finally, intracoronary injection of bone marrow cells did not significantly impact on cardiac remodelling.

**Compliance with Ethical Standards**

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**Conflict of Interest:** The authors declare that they have no conflict of interest.

**Statement of human rights:** The ethics review board of Nantes University Hospital approved the protocol, and the study was conducted in accordance with the Declaration of Helsinki. Informed consent was obtained from all individual participants included in the study.

**Clinical Trial Registration Information.** URL: Unique identifier NCT00200707.

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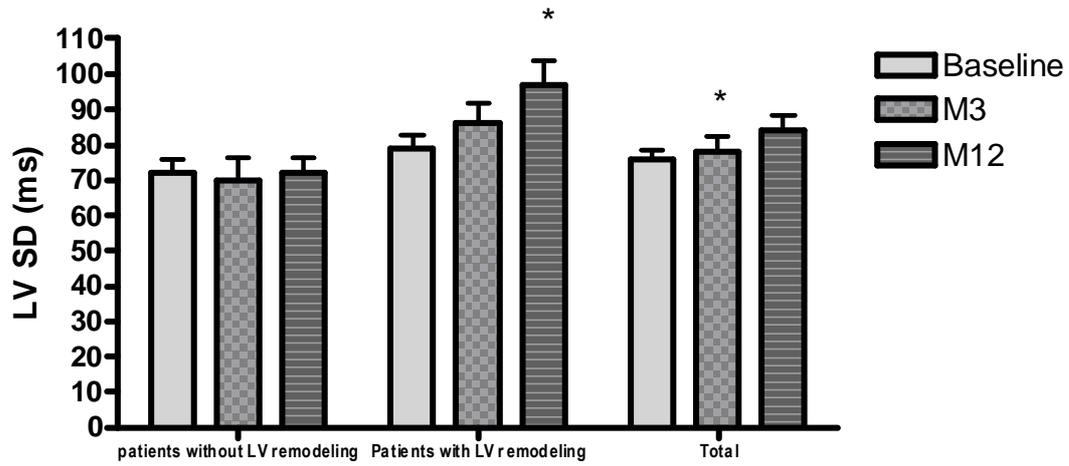
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**Figure 1.** Time course of left ventricular dyssynchrony according to left ventricular remodelling, at baseline, M3, and M12. \* $p \leq 0.05$



## Tables

**Table 1.** Baseline characteristics of patients without vs. with left ventricular remodelling

	All subjects (n=83)	No remodelling (n=40)	remodelling (n=43)	p-value
<i>Clinical characteristics at baseline</i>				
Age (mean±SD)	55.3±11.3	55.1±12.3	55.6±10.5	NS.
BMC group % (n)	54 (45)	45 (18)	63 (27)	NS
Male gender % (n)	88 (73)	95 (38)	81 (35)	NS
Hypertension % (n)	37 (31)	25 (10)	49 (21)	0.030
Hyperlipidemia % (n)	43 (36)	38 (15)	49 (21)	NS
Diabetes % (n)	22 (18)	23 (9)	21 (9)	NS
Current smoker % (n)	54 (45)	53 (21)	56 (24)	NS
QRS duration (ms)	89.8±17.1	90.0±17.7	89.6±16.7	NS
Peak troponin level (µg/L)	212.6±227.5	157.3±152.1	260.0±269.2	0.039
Time to revascularization (<12h) % (n)	73 (61)	73 (29)	74 (32)	NS
Infarct-related artery (LAD) % (n)	95 (79)	90 (36)	100 (43)	0.050
TIMI flow 2-3 after PCI % (n)	99 (78)	100 (38)	98 (40)	NS

*Radionuclide parameters*

Perfusion SPECT Defect size % (n)	31.1±16.3	24.6±15.0	37.1±15.2	<0.0001
RNA LVEF (%)	37.3±8.1	40.0±7.6	34.9±7.9	0.005
RNA RVEF (%)	46.6±10.2	45.8±9.5	47.2±10.9	NS
LV SD (ms)	75.6±24.4	72.1±24.9	78.7±23.8	NS
LV-RV delay (ms)	24.7±52.8	15.7±50.6	32.8±54.0	NS

*Echocardiographic parameters*

LVEDVI (ml/m <sup>2</sup> )	57.9±14.9	59.1±14.4	56.7±15.3	NS
LVESVI (ml/m <sup>2</sup> )	35.8±12.1	35.1±10.6	36.5±13.4	NS
LVEF (%)	38.9±7.6	41.3±6.5	36.8±8.0	0.006
WMSI	2.4±0.3	2.3±0.3	2.5±.3	0.001
E/E' septal ratio	12.1±4.5	12.1±4.4	12.1±4.6	NS
E/E' lateral ratio	10.3±5.6	10.7±4.5	9.9±6.4	NS
Systolic PAP (mmHg)	31.5±10	31.2±9.4	31.7±10.8	NS

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BP indicates blood pressure; BMC, bone marrow cell; CAD, coronary artery disease; LAD, left anterior descending coronary artery; PCI, percutaneous coronary intervention; MI, myocardial infarction; ACE, angiotensin-converting enzyme; RNA, radionuclide angiography; LVEF, left ventricular ejection fraction; RVEF, right ventricular ejection

fraction; LV, left ventricle; RV, right ventricle; SD, standard deviation of the phase histogram; LVEDVI, left ventricular end-diastolic volume index; LVESVI, left ventricular end-systolic volume index; WMSI, wall motion score index; PAP, pulmonary artery pressure.

**Table 2.** Time course of imaging parameters

	<b>Baseline</b>	<b>3 months</b>	<b>1 year</b>	<i>Global p-value</i>
RNA LVEF (%)	37±8.5 <sup>§/**</sup>	40±10.3	39±10.7	0.0014
RNA RVEF (%)	46.3±10.1 <sup>**</sup>	48.5±9.1	48.7±8.9	0.0375
Perfusion Defect size (%)	30.6±16 <sup>‡/§§</sup>	23.8±13	26.6±16.6	<0.0001
LV SD (ms)	75.1±24 <sup>**</sup>	76.8±36.7	85.5±37.9	0.0101
LV-RV delay (ms)	24.6±53.8 <sup>‡/§§</sup>	14.2±42.3 <sup>††</sup>	33.5±45	0.0122
LVEDVI	57.5±14.4 <sup>‡/††</sup>	68.1±21.4	71.6±25.5	<0.0001
LVESVI	35.7±11.7 <sup>‡/††</sup>	42±19	44.7±21.7	<0.0001
LVEDD	27±3.4 <sup>‡/††</sup>	28.3±3.2	28.9±3.6	<0.0001
LVESD	18.9±3.6 <sup>‡/††</sup>	20.6±3.5	21.4±4.1	<0.0001
WMSI	2.4±0.3 <sup>§</sup>	2.3±0.4	2.3±0.4	0.002
Left atrial diastolic diameter	19.7±2.8 <sup>†/**</sup>	20.8±2.7	20.5±2.7	0.0007
Left atrial volume index	28.8±10 <sup>*</sup>	33.8±11.3 <sup>§§</sup>	41.1±22	<0.0001
E/E' septal ratio	11.9±4.4	12.1±5.4	13.1±5.9	NS
E/E' lateral ratio	10.1±5.3	9.3±4.2	10±6.2	NS

Systolic PAP (mmHg)	31.5±9.8	32.4±9.7	33.8±9.7	NS
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\*p< 0.05, §p< 0.01, †p< 0.001 and ‡p < 0.0001 vs. 3 months;

\*\*p< 0.05, §§p< 0.01 and ††p < 0.0001 vs. 1 year

RNA, indicates radionuclide angiography; LVEF, left ventricular ejection fraction; RVEF, right ventricular ejection fraction; SD, standard deviation of the phase histogram; LVEDVI, left ventricular end-diastolic volume index; LVESVI, left ventricular end-systolic volume index; LVEDD, left ventricular end-diastolic diameter; LVESD, left ventricular end-systolic diameter; WMSI, wall motion score index; PAP, pulmonary artery pressure.

**Table 3.** Univariate logistic regression analysis of baseline and 3-month predictors of left ventricular remodelling at 1-year follow-up

	OR	95% CI	p-value
<i>Baseline parameters</i>			
RNA LVEF	0.92	0.86-0.98	0.009
Echo LVEF	0.92	0.86-0.98	0.009
WMSI	16.62	2.84-97.28	0.002
LVEDVI	0.99	0.96-1.02	NS
LVESVI	1.01	0.97-1.05	NS
Perfusion SPECT defect size	1.06	1.02-1.09	0.001
Peak troponin level	1.00	1.00-1.01	0.05
Cell therapy (control vs. BMC)	0.49	0.20-1.17	NS
HTA (no vs. yes)	2.86	1.13-7.27	0.03
Non critical stenoses on non culprit arteries	0.798	0.259-2.458	NS
<i>3-months parameters</i>			
RNA LVEF	0.91	0.86-0.96	0.001
Echo LVEF	0.91	0.86-0.96	0.001

WMSI	21.87	4.67-102.4	<0.0001
LVEDVI	1.03	1.00-1.05	0.03
LVESVI	1.05	1.01-1.08	0.007
Perfusion SPECT defect size	1.06	1.02-1.11	0.003
LVEDD	1.10	1.02-1.20	0.02
LVESD	1.07	0.99-1.14	NS

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RNA indicates radionuclide angiography; LVEF, left ventricular ejection fraction; WMSI, wall motion score index ; LVESVI, left ventricular end-systolic volume index; LVEDVI, left ventricular end-diastolic volume index; SPECT, single photon emission computed tomography; LVEDD, left ventricular end-diastolic diameter; LVESV, left ventricular end-systolic diameter.

**Supplemental data: Medical therapy at discharge**

	All subjects (n=83)	No remodelling (n=40)	remodelling (n=43)	p-value
Aspirin % (n)	99 (82)	100 (40)	98 (42)	NS
Clopidogrel % (n)	100 (83)	100 (40)	100 (43)	-
Beta-blockers % (n)	94 (78)	98 (39)	91 (39)	NS
ACE inhibitors % (n)	92 (76)	93 (37)	91 (39)	NS
Angiotensin II receptor % (n)	4 (3)	3 (1)	5 (2)	NS
Statins % (n)	100 (83)	100 (40)	100 (43)	-
Diuretics % (n)	49 (41)	40 (16)	58 (25)	NS
Aldosterone antagonists % (n)	27 (22)	20 (8)	33 (14)	NS
Anticoagulants % (n)	47 (39)	38 (15)	56 (24)	NS