Preventing Urinary Incontinence With Supervised Prenatal Pelvic Floor Exercises

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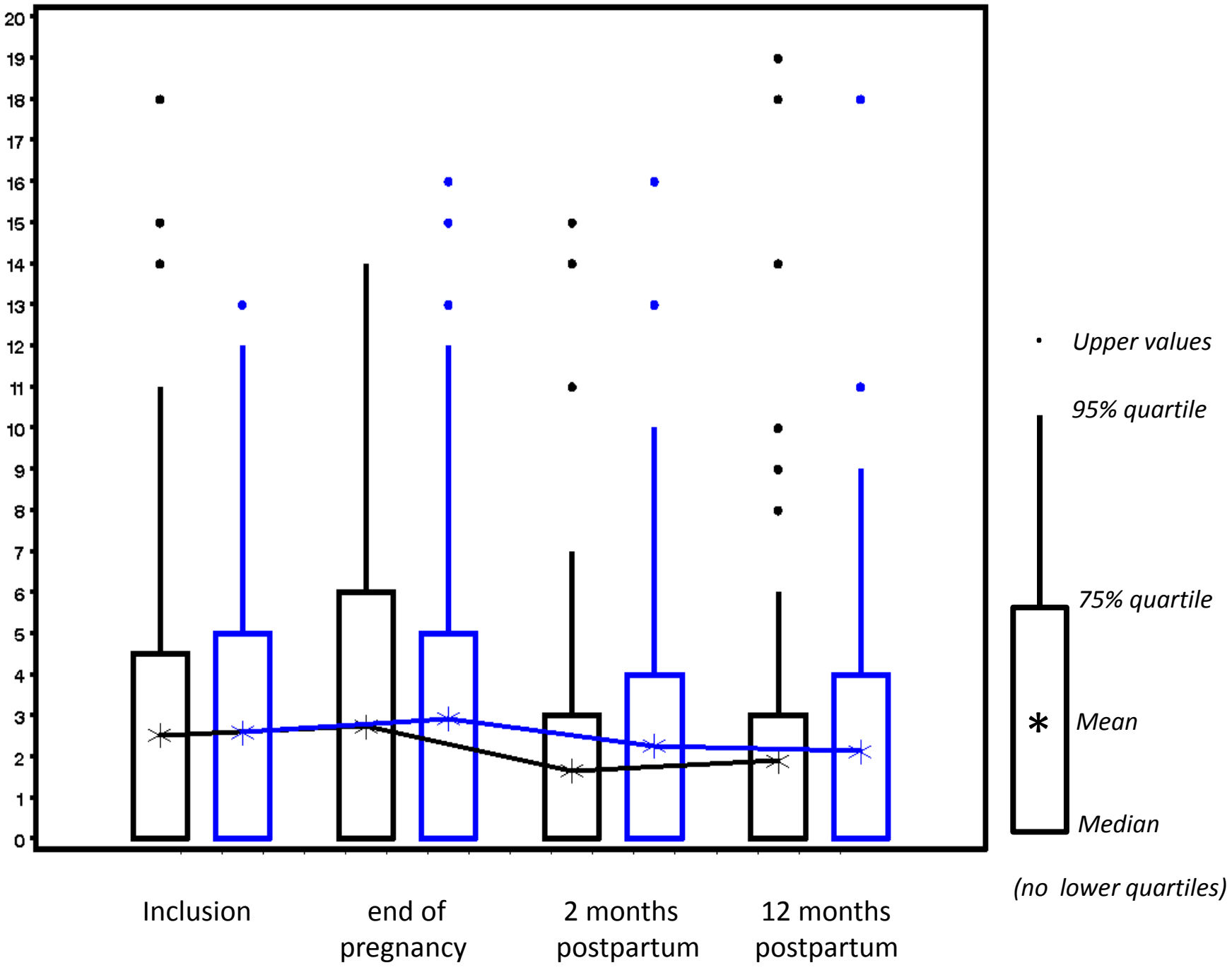
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Inclusion
end of pregnancy
2 months postpartum
12 months postpartum
Upper values
95% quartile
75% quartile
Mean
Median
(no lower quartiles)