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# Tamoxifen Stimulates Melatonin Secretion After Exposure to a Mammary Carcinogen, the Dimethyl Benz(a)Anthracene, in Sprague Dawley Female Rat

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**Abstract:** A single intragastric administration of 7,12-dimethylbenz(a)anthracene (DMBA) has been shown to induce mammary tumors in young cycling female Sprague-Dawley rats. The appearance of the tumors is preceded, during the latency phase, by a series of neuroendocrine disturbances, including attenuation of the preovulatory Luteinizing Hormone surge and Gonadotropin-Releasing Hormone release and amplification of the preovulatory 17 $\beta$ -Estradiol (E2) surge. Also, E2 treatment leads to a complete blunting of the Isoproterenol-induced stimulation of Melatonin secretion. In this study, we examined the hypothesis that Tamoxifen, an antagonist of E2, would stimulate the Isoproterenol-induced Melatonin (MT) secretion from the pineal gland, during the latency phase.

Sprague-Dawley rats, 55-60 days of age, received, on the Estrous day of the Estrous cycle, a single dose of 15 mg DMBA delivered by intragastric intubation. In order to avoid possible interactions with endogenous steroids or mammary tumor-derived compounds, they were ovariectomized 5 days later and, one month later, sacrificed by decapitation at 10 a.m. Then, pineal glands were removed and placed in perfusion chambers containing Hanks 199 medium. The medium was saturated with O<sub>2</sub>/CO<sub>2</sub> (95 %/5 %) and its pH was 7.4. Ten independent chambers were immersed in a water bath at 37°C. Each pineal gland received medium (flow rate : 0.16 ml/min) through a system of input lines. The fractions were collected every 10 min, and immediately frozen at -20°C until Melatonin RIA. Experiments were repeated to obtain up to five experimental points for each treatment. Tamoxifen (10<sup>-9</sup> to 10<sup>-7</sup> M) was applied during the entire perfusion period (7 hours). Isoproterenol (10<sup>-6</sup> M) was applied for 20 min after 3 hours in perfusion. Melatonin concentrations and Areas Under the Curves were compared using two-factor ANOVA as well as parametric or nonparametric two-sample methods after testing sample normality.

In vehicle treated rats, Tamoxifen treatment, at the concentration of 10<sup>-9</sup>M, leads to a non significant amplification of the Isoproterenol-induced stimulation of Melatonin secretion.

In DMBA-treated rats, Tamoxifen treatment leads, starting from 10<sup>-9</sup>M to a dose- dependent increase (up to 400% increase) of the Isoproterenol-induced stimulation of Melatonin .

The results suggest that in addition to the well documented beneficial effects of Tamoxifen at the mammary gland level, this E2 antagonist may also have, after DMBA treatment, an additional beneficial effect at the pineal gland level throughout the stimulation of Melatonin, which exerts an inhibitory action on the induction and on the growth of breast cancers.

**Keywords:** Dimethylbenz(a)anthracene, female rat, mammary cancer, melatonin, tamoxifen.

## INTRODUCTION

Female Sprague-Dawley rats develop mammary adenocarcinoma in response to a single intragastric dose (15 mg) of the carcinogen 7,12-dimethylbenz(a)anthracene (DMBA) [1]. The mechanisms by which DMBA induces mammary tumors in rats are well characterised. This carcinogen interacts with rapidly proliferating cells in the terminal end buds, forming DNA adducts, which in turn participate in transforming the normal terminal end bud cells to malignant

pathways [2-4]. The susceptibility of Sprague-Dawley rats to DMBA is maximal at 55-60 days of age and is abolished by ovariectomy, suggesting that the inducible action of the carcinogen depends on ovarian hormones [5].

Furthermore, the appearance of DMBA-induced adenocarcinoma is preceded by a series of disturbances of the Hypothalamo-Pituitary-Gonadal during the latency period. Estrous cycles are associated with blunted preovulatory surges of LH and FSH [6], increased surges of plasma 17 $\beta$ -Estradiol [7] and disruption in Hypothalamic Gonadotropin-Releasing Hormone (GnRH) and its Pituitary Receptor Gene Expression patterns [8]. Moreover, ovariectomized rats pre-treated 5 days before ovariectomy with DMBA, exhibit one month later, a blunted LH release in response to *in vivo* Estradiol

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replacement and a reduced GnRH release as measured *in vitro* using synaptosomes from the mediobasal hypothalamus [9], suggesting a possible direct and long lasting action of DMBA at the brain level. Also, a long-term deregulation of the circadian and 17 $\beta$ -Estradiol-induced LH, prolactin and corticosterone secretion was seen after DMBA administration [10]. Last but not least, Estradiol treatment leads, in a dose dependant manner, to a complete blunting of the spontaneous and Isoproterenol-induced Melatonin secretion from the *in vitro* perfused pineal gland during the latency period [11].

On the other hand, it has been shown that Melatonin which is involved in the control of reproduction [12, 13] also exerts, *in vivo* [14-15] and *in vitro* [16-17], an oncostatic activity on the mammary tissue in activating the Estrogen Receptor (ER) for DNA binding [18], or in modulating the ER mRNA expression [19] or the increase of the ER binding activity [20]. Surprisingly, Melatonin has also a strong preventive effect on the mammary carcinogenesis induced by DMBA [21].

In view of the well documented antiestrogenic properties of Tamoxifen [22], we therefore examined the long-term effects of Tamoxifen on Melatonin secretion induced by Isoproterenol from the pineal gland of animals which were treated, one month before, by a single administration of DMBA.

## MATERIALS AND METHODS

### Animals

The animal studies described in this manuscript were conducted in accord with accepted standards of human care. The study was approved by the authors' institutional committee on animal care.

Seventy Dawley female rats (Charles River), 49 to 51 days of age, were used in the present study.

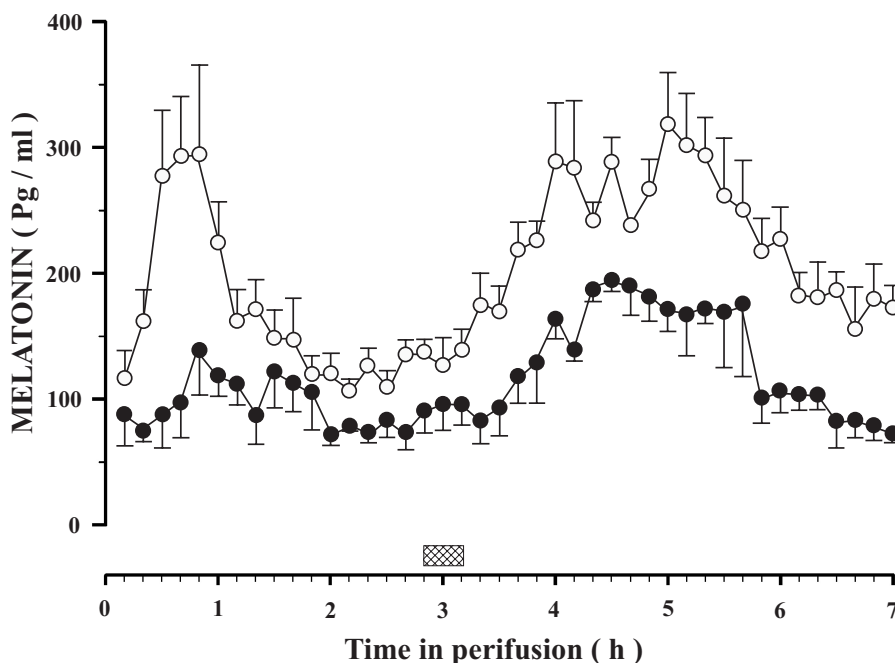
They were housed (6-7 animals per cage), under controlled temperature ( $21 \pm 1^\circ\text{C}$ ). The animal housing room diurnal cycle was 12 hours light/12 hours darkness (light on: from 7 a.m. to 7 p.m.). The animals receive UAR food and water *ad libidum*.

After 4 or 5 days of acclimatation, the rats received 15 mg of DMBA in 1 ml of sesame oil or 1 ml of the vehicle alone, on the day of Estrous of the Estrous cycle. All rats were treated at 55 days of life, since the induction of the mammary cancer is maximal at this time of life [1]. Five days after this treatment, the rats were anesthetized with 70 mg chloral hydrate in 1 ml of saline solution and ovariectomized. Then, they were sacrificed by decapitation one month later, and the pineal gland was removed and perfused by using previously described perfusion methods [11,23]

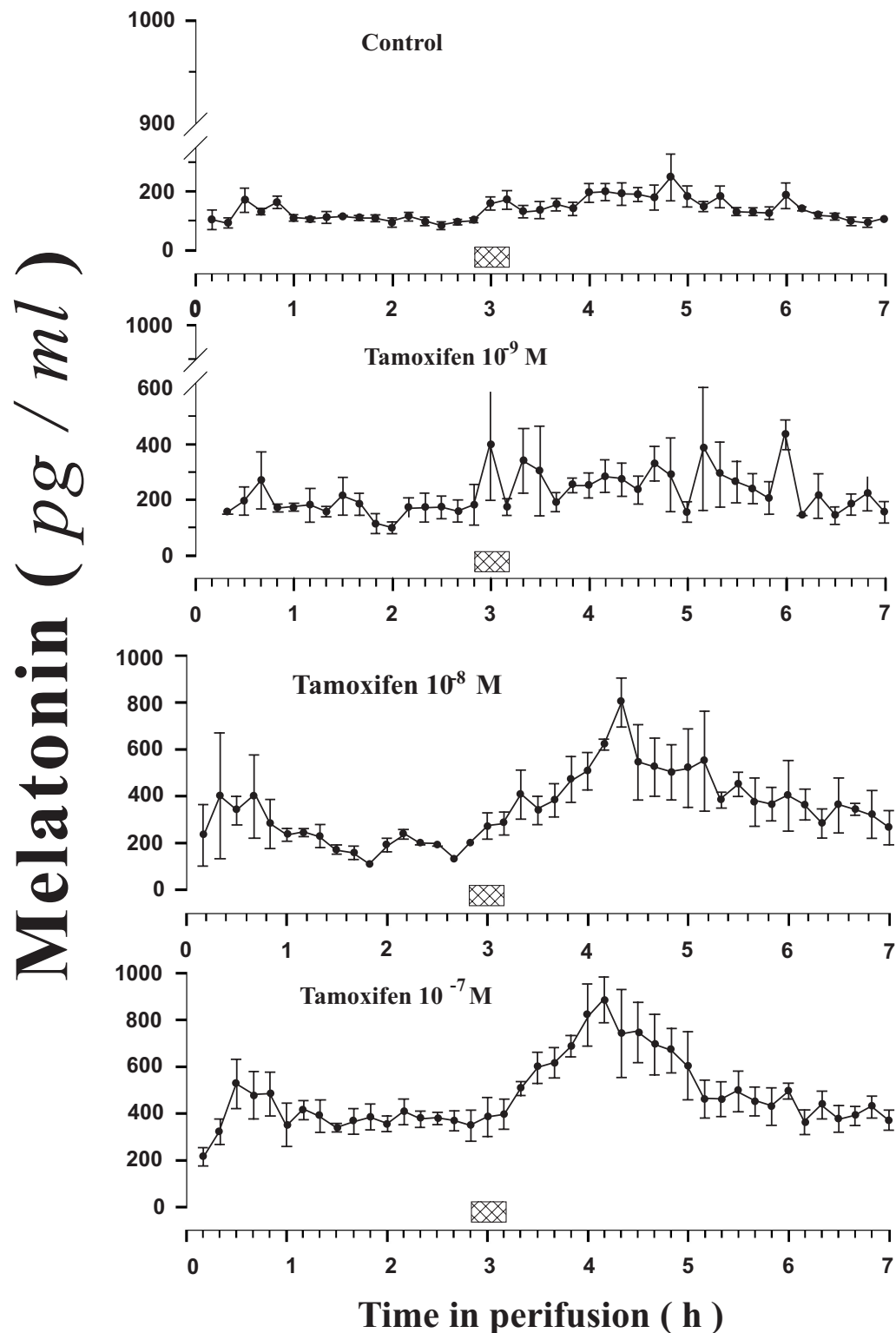
Briefly, the pineal glands were collected in 1 ml of Medium 199 (Sigma-Aldrich), without phenol red, which contains HANK medium with  $\text{NaHCO}_3$  (0.35 g/l), BSA (1 g/l) and Bacitracine (0.14 g/l), pH 7.4. It was equilibrated with a mixture of 95 %  $\text{O}_2$ /5 %  $\text{CO}_2$ . They were perfused in the same medium at a flow rate of 0.2 ml/min. One pineal gland was used *per* perfused chamber.

Each series of perfusion was performed during 7 hours; 10 minutes fractions were collected. The perfusion apparatus allowed to perfuse 20 pineal glands simultaneously. Experiments were repeated to obtain 5 experimental points for each treatment.

A 170-min pre-incubation period was required to reach a stable level of the concentration of Melatonin. After this period, the pineal glands were stimulated with  $10^{-6}$  M Isoproterenol (Sigma), a  $\beta$ -adrenergic receptor agonist, for 20 minutes between fraction number 17 and 18. This concentration of Isoproterenol provokes an almost maximal release of Melatonin.



**Fig. (1).** Medium concentration of Melatonin (pg/ml  $\pm$  SEM) from perfused pineal gland (n=5) of vehicle-treated (—○—) or DMBA-treated (—●—) and ovariectomized rat. Isoproterenol ( $10^{-6}$  M) was added for 20 min during the indicated period (▨).



**Fig. (2).** Medium concentration of Melatonin (pg/ml  $\pm$  SEM) from perfused pineal gland (n=5) of DMBA-treated and ovariectomized rat in presence of various concentrations of Tamoxifen applied during the entire perfusion period. Isoproterenol (10<sup>-6</sup> M) was added for 20 min during the indicated period (shaded box).

#### Measurement of Medium Melatonin

The determination of Melatonin concentration was made by a previously validated RIA method, without extraction of the samples [24].

Briefly, the Rabbit Polyclonal Melatonin Antiserum (AB 19540) was kindly given to us by Doctor RAVAILT

(INRA, Nouzilly, France). It was used at a final dilution of 1/100 000, in a total volume of 500  $\mu$ l.

The I<sup>125</sup> Melatonin was from NEN (Life Science Products Inc. Boston, MA). Melatonin used as standard was from Sigma.

The antibody/Antigen complex was isolated by using a pony antiserum against Rabbit  $\gamma$ -Globulins.

The limit of sensitivity of the assay, defined as two standard deviations of melatonin binding was 1 pg/tube. The minimum detection level for the assay was between 1 and 2 pg/tube. The intra- and inter-assay coefficients of variation were less than 4 % and 6 %, respectively.

### Statistical Analysis

The normality of data was analysed by the Kolmogorov – Smirnov and Shapiro Wilk tests. The influence of perfusion time and treatment on Melatonin concentrations and Areas Under the Curves were analysed with two factor ANOVA followed by two-sample comparisons.

In the case of samples drawn from gaussian populations, the Student's t or the Welsh tests was used.

A  $p$  value  $< 0.05$  was considered significant.

## RESULTS

### I. Effect of DMBA Treatment on the *In vitro* Release Of Melatonin (Fig. 1)

In absence of DMBA treatment, a marked biphasic pattern of Melatonin secretion was observed. Before the application of Isoproterenol, a spontaneous secretion of Melatonin, with maximal values by 40-50 min after the beginning of the perfusion, was observed. At that time, a 3 fold increase in the concentration of melatonin was observed. After the application of isoproterenol, maximal values were seen by 60-120 min after the beginning of the application. Again, a 3 fold increase in the concentration of melatonin was observed.

In presence of DMBA treatment, a marked modification of the patterns of the secretion of Melatonin was observed. Overall, the pattern was similar to the pattern observed in absence of DMBA treatment but mean values were almost two times lower than those observed in controls. Before the application of Isoproterenol, the spontaneous secretion of Melatonin was almost completely abolished. A non significant 50 % increase was noted. After the application of Isoproterenol, the pattern of secretion of Melatonin follows the pattern observed in controls but mean values were again lower than those seen in controls.

The Area Under the Curve (AUC), expressed as pg/ml.mins ( Mean  $\pm$  SEM), was  $83216 \pm 4350$  in absence of DMBA treatment *vs*  $47020 \pm 4389$  in presence of DMBA

treatment ; the mean values of the DMBA treated group are very significantly lower than those from the vehicle treated group ( $p=0.0007$  )

### II Effect of Increasing Concentrations of Tamoxifen Upon the Spontaneous and the Isoproterenol -Induced Melatonin Secretion (Fig. 2)

Fig. (2) shows the *in vitro* effect of increasing concentration of Tamoxifen upon the spontaneous and the Isoproterenol-induced Melatonin secretion from the pineal gland of DMBA-treated rats.

It can be seen, that starting from the concentration of  $10^{-9}$  M a significant increase in the secretion of Melatonin induced by Isoproterenol was observed. However, the spontaneous secretion was not affected. Clearly, a marked effect was seen at the concentration of  $10^{-7}$  M on both the spontaneous and the Isoproterenol-induced Melatonin secretion. A maximal effect on both parameters was observed at the concentration of  $10^{-7}$  M.

The Area Under the Curve are given in Table 1. Again, a dose -dependent increase in the total amount of Melatonin secreted was observed.

However, a concentration of  $10^{-9}$  M of Tamoxifen was inefficient in stimulating the secretion of Melatonin from the pineal gland of non DMBA-treated rats.

## DISCUSSION

The results of this study demonstrate that a single intra-gastric administration of DMBA to Sprague-Dawley female rat induces a long term marked stimulation by Tamoxifen of the spontaneous and Isoproterenol-induced Melatonin secretion from the pineal gland. On the contrary, we previously documented that Estradiol has an opposite effect on Melatonin secretion after DMBA exposure (M.Beau Yon De Jonage-Canonico *et al.*, Reference [11]). The results of this study are summarized in Fig. (3) and Table 2. It can be seen that a complete blunting of the spontaneous and Isoproterenol-induced secretion of Melatonin was observed when Estradiol was applied at the concentration of  $10^{-9}$  M. A strong inhibitory effect was already observed at  $10^{-10}$  M of Estradiol.

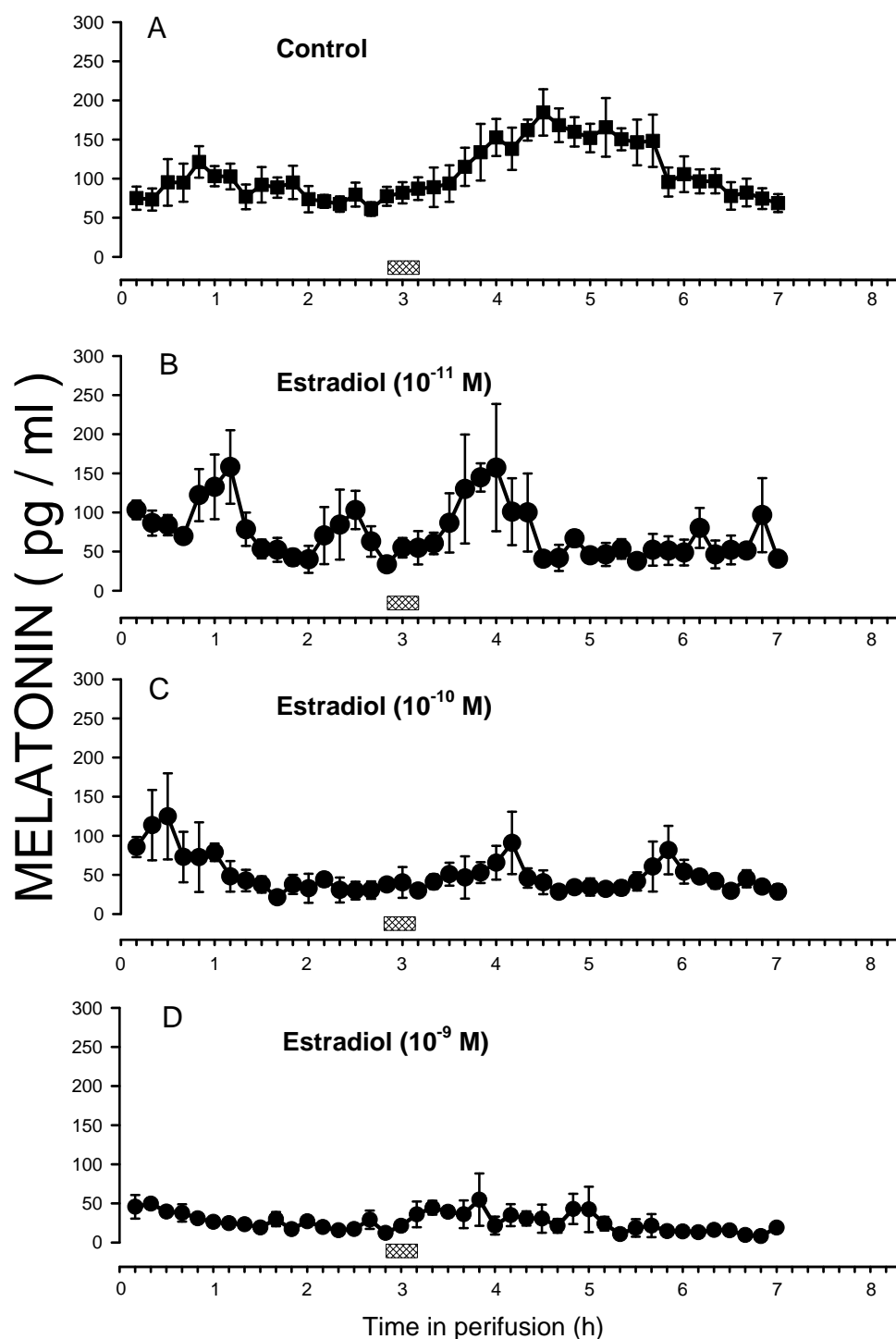
However, a  $10^{-9}$  M concentration of Estradiol was of a non significant effect on Melatonin secretion.

The influence of ovarian steroids on Melatonin secretion was investigated by several laboratories with conflicting results [25-29]. Interestingly enough, pineal melatonin syn-

**Table 1.** Statistics of the AUC of medium Melatonin Concentrations from the pineal Gland of DMBA treated and ovariectomized Rat, perfused for 7 hours with increased Concentrations of Tamoxifen and with Isoproterenol ( $10^{-6}$  M) for 20 min. ( mean, sem and significance level  $p$ ).

Treatment	Mean $\pm$ SEM (pg/ml,mins)	Treatment			
		Control	Tamoxifen $10^{-9}$ M	Tamoxifen $10^{-8}$ M	Tamoxifen $10^{-7}$ M
Control	$56\,886 \pm 2\,900$		0.01 ( t ) *	0.05 ( W ) *	0.03 ( W ) *
Tamoxifen $10^{-9}$ M	$89\,295 \pm 8\,882$	0.01 ( t ) *		0.07 ( t )	0.02 ( t ) *
Tamoxifen $10^{-8}$ M	$126\,957 \pm 24\,144$	0.05 ( W ) *	0.07 ( t )		0.23 ( t )
Tamoxifen $10^{-7}$ M	$172\,118 \pm 28\,464$	0.03 ( W ) *	0.02 ( t ) *	0.23 ( t )	

t = Student ; when unequal variances , W = Welch ; \* = significant.



**Fig. (3).** Medium concentration of Melatonin (pg/ml  $\pm$  SEM) from perfused pineal gland (n=5) of DMBA-treated and ovariectomized rat in presence of various concentrations of E 2 applied during the entire perfusion period. Isoproterenol ( $10^{-6}$  M) was added for 20 min during the indicated Period (shaded area). From M. Beau Yon De Jonage-Canonico *et al.* (Ref. [11]).

thesis and release are not altered throughout the estrous cycle in females rats(30) but there are changes in nocturnal melatonin secretion in perimenopausal women which negatively h endogenous serum  $17\beta$  Estradiol: there is a transient change in nocturnal melatonin secretion which be related to the existence of a low estrogen environment(31). The influence of Tamoxifen or others antagonists of ER on Melatonin secretion was, to our knowledge, not documented.

*In vivo*, Estradiol might also exert an inhibitory influence by inhibiting Norepinephrine release leading to a decrease in Melatonin secretion [29].

Very interestingly, the transient and spontaneous release of Melatonin has been constantly documented. It consisted in a 2 to 3 fold increase in Melatonin secretion which culminates in our experimental conditions on time 45 min, with a return to initial values by 90 min after the start of the perfu-

**Table 2.** Statistics of the AUC of medium Melatonin Concentrations from the pineal gland of DMBA treated and ovariectomized rat, perfused for 7 hours with increasing Concentrations of E2 and with isoproterenol( $10^{-6}$ M) for 20min.

Treatment	Mean $\pm$ SEM (pg/ml.mins)	Treatment			
		Control	E2 $10^{-11}$ M	E2 $10^{-10}$ M	E2 $10^{-9}$ M
Control	44 018 $\pm$ 6 043		>0.10 (t)	< 0.008 (t)*	< 0.005 (w)*
E2 $10^{-11}$ M	30 450 $\pm$ 4 255	>0.10 (t)		> 0.08 (t)	< 0.008 (w)*
E2 $10^{-10}$ M	20 179 $\pm$ 3 022	< 0.008 (t)*	> 0.08 (t)		0.02 (t)*
E2 $10^{-9}$ M	10 737 $\pm$ 1 240	< 0.005 (w)*	< 0.008*	0.02 (t)*	

t= Student's t test; w= Welch test,when unequal variances

\* statistically significant

From Beau Yon De Jonage-Canonico *et al.* (Ref. [11]).

sion. It is assumed that this spontaneous release is due to a release of Norepinephrine from surgically sectioned Noradrenergic fibers from the Superior Cervical Ganglion [23,25] which innervates the pineal gland.

The kinetic characteristics of the Isoproterenol-induced Melatonin secretion have been well documented [11,23]. It consisted of a 2-3 fold increase in Melatonin concentration which culminates by 90 min after the transient addition of Isoproterenol into the perfusion medium. The selected concentration of Isoproterenol ( $10^{-6}$  M) allows to observe an almost maximal release of Melatonin with a return to pre-stimulation concentrations by 4 h after the beginning of the stimulation. In DMBA treated rats, both the spontaneous and the Isoproterenol-induced release of Melatonin were reduced.

The presence of receptors for E2 at the pineal level has been documented [28]. Nevertheless, the presence of ER variants [32] and/or an increase in the affinity of the ER might explain the marked efficiency of E2 to inhibit Melatonin secretion and of Tamoxifen to stimulate Melatonin secretion from the pineal gland. It might result from a modification at the genomic level, either at the transcriptional level, at the epissage of the primary transcript or at the traduction level of the mature messenger.

It is thought that DMBA acts, at the mammary gland level, throughout the formation of metabolites and DNA adduct [33-34] which will provoke the initiation of the mammary carcinogenesis. Also, recent data from our laboratory (data not shown) indicate that DMBA cross the blood brain barrier, reaches at least steroid receptor rich regions of the brain, including the pineal gland, and is able to be locally metabolised. It may be envisioned that DNA adducts could provoke a cascade of morphological and/or biochemical events leading to the long term disruption of the E2 and Tamoxifen control after DMBA treatment.

It has been shown that pinealectomy enhances and Melatonin inhibits tumor growth of DMBA-treated female rat [35-36]. An effect of DMBA on pineal Melatonin biosynthesis, secretion and peripheral metabolism has been documented [37]. Seven days after DMBA treatment of Female Sprague-Dawley rats, nocturnal plasma Melatonin concentrations were depressed by 31-37 % [37]. Also, a depression of nocturnal circulating Melatonin in patients with Primary Breast Cancer has been documented [38-39]. Apparently,

this decrease in Melatonin concentration is not due to an increased peripheral metabolism of Melatonin since both nocturnal Melatonin and its main metabolic product 6-sulfatoxymelatonin were significantly lowered in patients with Primary Breast Cancer [39]. Therefore, the decrease in nocturnal serum Melatonin concentration is not due to an enhanced degradation to 6-sulfatoxymelatonin in the liver but must be due to reduced activity, for an unknown reason, of the pineal gland [39]. Interestingly, it has been shown that the administration of Melatonin markedly reduces the percentage of tumor-bearing animals after administration of DMBA [11]; also, the latency period was increased and the number of tumors per tumor-bearing animal was significantly reduced by a long term melatonin treatment [11].

In view of the present results and of the well documented oncostatic properties of Melatonin, it can be envisioned that the long term stimulation of Melatonin secretion by Tamoxifen may play an additional protective and curative role on breast cancer. Interestingly, it has been documented that the treatment of MCF-7 human breast cancer cells *in vitro* with Melatonin increases the sensitivity of these cells to Tamoxifen [40].

Taken together, the results show the capacity of tamoxifen to stimulate pineal melatonin synthesis and the importance of pineal ER to modulate melatonin secretion and thus to affect breast cancer evolution.

## ACKNOWLEDGEMENTS

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