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## Imaging visceral adhesion to polymeric mesh using pneumoperitoneal-MRI in an experimental rat model

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### Abstract

**Background:** Intraperitoneal mesh implantation is often associated with formation of adhesion to the mesh. This experimental study examines the potential of minimally invasive pneumoperitoneal-MRI to assess these adhesions in a preclinical context.

**Methods:** Uncoated polyethylene terephthalate meshes were placed intraperitoneally in rats, in regard to the caecum previously scraped to promote petechial bleeding and subsequent adhesions. Examinations were performed 2-weeks post mesh implantation using a rodent dedicated high field MRI. Respiratory-triggered T2 weighted images were acquired prior to and after intraperitoneal injection of ~8-10mL gas to induce a mechanical stress on the abdominal wall.

**Results** Adhesions are occasionally seen in sham operated rats as opposed to rats receiving polyethylene terephthalate meshes. On high-resolution images, meshes can be detected due to their characteristic net-shape.

However, evidence of adherence is only found if intraperitoneal gas injection is performed, when a ~1-cm elevation of the abdominal wall is observed. When adherence occurs between the mesh and the caecum, the latter remains in contact with the wall. Looser adhesions between visceral tissue and meshes are also observed.

### Conclusions

T2-weighted pneumoperitoneal-MR imaging is a powerful tool for assessing adherence after intraperitoneal mesh implantation. According to the mini-invasive procedure adopted here, this approach may allow a temporal follow-up of adherence fate.

**Key words :** Ventral hernia repair, MRI, pneumoperitoneum, mesh, adherence.

### Introduction

Ventral hernia is a frequent complication occurring after abdominal surgery with an incidence of 2 to 20 % [1, 2]. Although ventral hernia repair can be performed by suture, this operation tends to be replaced by the implantation of synthetic meshes either in open or laparoscopic surgical approaches despite possible complications related to prosthesis shrinkage/displacement or abdominal adhesion. Detection of meshes is an important issue, since most commercial prostheses cannot be imaged non-invasively once implanted [3, 4], even though the protein film present at the surface of some of these prostheses can be seen using Amide Proton Transfer

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magnetic resonance imaging (MRI), which therefore allows their detection [5]. However, this detection using MRI is limited in time, as the protein film is resorbed within a few weeks. Numerous experimental studies have been carried out to allow a long term detection by Gadolinium chelate grafting [6, 7] or iron oxide embedding [8, 9].

On the other hand, detection of adhesions is also a major concern as they may be present in up to 50% of intra-abdominal surgery cases [10], with a high socio-economic cost [11] and large impact on patients' comfort. The main complications of peritoneal adhesions are small bowel obstructions, chronic abdominal or pelvic pain, infertility and increased risk of intestinal injury in a reoperation. Among the non-invasive techniques applied in clinics, functional Cine MRI and high-resolution ultrasonography appear as the two major imaging techniques used to address this issue. In both cases, the spontaneous abdominal motions induced by respiration are used to track the adherences that impair the normal visceral slide [12-14]. However, prior to being used in humans, numerous pre-clinical evaluations are required and the paradigm used in clinics to assess abdominal adhesion can not be used since spontaneous visceral slides are too limited.

The aim of this study is to propose a minimally-invasive high-resolution imaging technique to visualize abdominal adhesions and therefore allow a fast and reliable methodology for the screening of new meshes in preclinical rodent models.

## **Materials and Methods**

### *In vivo mesh implantation*

The animal study protocol was approved by the local institutional animal care and use committee. Eight female Sprague-Dawley rats (250–300 g; Angers Hospital Animal Facility) were used in the study. 15 minutes prior to surgery, rats were injected IM with 10µg/kg Buprenorphine (Vetergesic, Sogeval, France). Under isoflurane anesthesia, polyethylene terephthalate meshes (15 \* 25mm<sup>2</sup>)

were implanted intraperitoneally in 5 rats according to a previously described protocol [15]. Briefly, a 4-cm midline incision was made. The left abdominal wall was reflected, and a 20\*20-mm surface was denuded by removing the peritoneum and some muscle fibres. A moistened gauze pad was rubbed against the anterior surface of the cecum when the serosal sheath covering the ventral face of the cecum was denuded. Both the abdominal wall and the cecum were lightly scraped with a scalpel blade to promote petechial bleeding and were then exposed and allowed to air dry for 5 min. The rest of the abdominal contents were protected from drying by placing moist gauze over them during the drying period. A piece of the mesh was hydrated and placed immediately between the defects on the cecum and the abdominal wall. The mesh was secured to the abdominal wall by suturing the four corners using a 6-0 silk suture. The middle incision and the skin were closed with a running 6-0 silk suture. Sham operated rats (n=3) underwent the same procedure excepted the mesh implantation. All animals were then allowed to recover from surgery and received, 6 and 24 hours later, an additional injection of buprenorphine, delivered this time subcutaneously. During the whole study, the animals were housed under 12-h light/dark cycle conditions at constant temperature, and humidity. The animals received a complete diet and water ad libitum.

### *Pneumoperitoneal-MRI*

To reduce unwanted peristaltic movements that can lead to MRI artefacts, the rats were fasted 12 h prior to imaging sessions. Under isoflurane anesthesia, a 5-mm skin incision was performed on the right side of the rat abdomen. A 2-mm outer diameter trocar was used to pass through the muscular layer, allowing the introduction of a 1-mm diameter polypropylene catheter, which was then used for the injection of 0.22µm filtered air within the rat abdomen in order to induce an abdominal distension. Rats were positioned within the scanner in the

supine position. All MR studies were performed with a Biospec Avance III MR scanner (Bruker Biospin, Wissembourg, France) using a 20 cm bore 7T magnet equipped with BGA12S gradient/shim system capable of 675 mT/m maximum gradient strength. A 72-mm diameter volume coil was used. After a set of scout images, 3 orthogonal anatomical set of images were acquired. A standard multi-slice multi-spin echo sequence [16] was used with the following parameters: effective echo time TE = 27 ms with an echo train of 8; repetition time TR ~ 1500 ms depending on the breathing rate when acquisitions are triggered; slice thickness = 2mm; field-of-view = 5.5 \* 5.5 cm; matrix 256 \* 256 leading to an in-plan resolution of 214\*214  $\mu$ m. According to the repetition time used, up to 9 slices could be acquired per respiratory cycle. Each orthogonal set was acquired in ~ 6 min.

After acquiring a first set of images with no stress being applied to the rat abdomen, ca. 10 mL air were pushed to induce a displacement of the abdominal wall.

## Results

### **Evaluation of Adhesions in a sham operated rat.**

Figure 1 shows MR images acquired perpendicular to the rat spinal cord (axial view – frames A & B) or along the cord (sagittal view – frames C & D) prior to (frames A & C) or after gas injection (frames B & D).

As the caecum is naturally in contact with the abdominal wall, it is not possible to highlight any potential adhesions without applying stress on the abdominal wall. In the presented case, injection of 8mL gas induces a significant elevation of the abdominal wall. As illustrated in figure 1C&D, adhesions between the abdominal wall and caecal abrasion can be detected (arrows) in this sham-operated rat, which underwent the entire surgical procedure, but without prosthesis implantation. The adherence extent is limited to the proximal part of the caecum over a width of about 8 mm and less than 2mm long. The limited adherence is confirmed by the autopsy

(frame E). Adherences between the caecum and the abdominal in this sham protocole were only observed in 1 case out of 3.

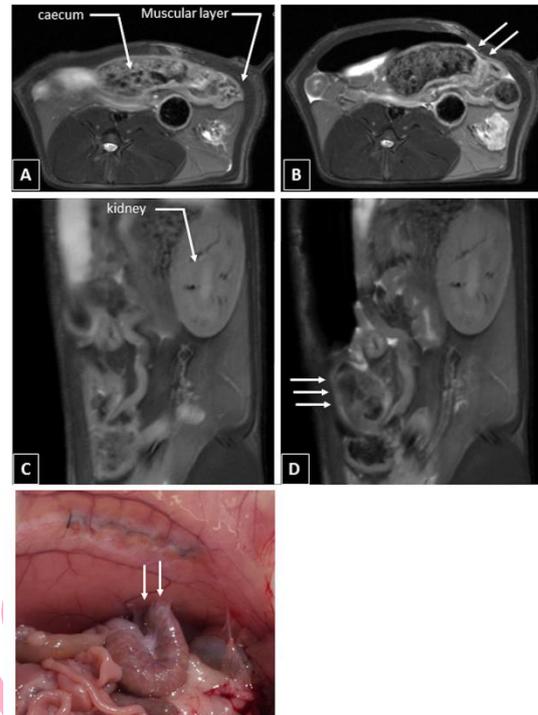


Figure 1: T2-weighted MR images of a sham operated rat. A & C show axial and sagittal view, respectively, acquired prior to stress on the abdominal wall. B & D correspond to the same abdominal area after intraperitoneal injection of gas. (E) shows the situation at autopsy.

### **Partial adhesions after mesh implantation:**

Prior to gas injection, adhesions between the prosthesis and the caecum cannot be observed since the latter is naturally in contact with the abdominal wall. Due to the very high image resolution, the prosthesis was nevertheless detected as a hyperintense dashed line (figure 2, frame A). In the pneumoperitoneal -MRI axial data set, it can be seen that the caecum does not fully adhere to the prosthesis (frame B). Analysis of contiguous images allows an estimation of the extent of the adhesions at about 10mm, but with respect to the initial size of the prosthesis (25\*15mm) and its lateral position, it is possible that adhesions are also present between the abdominal wall and the caecum. To test this hypothesis, sagittal images, (i.e., perpendicular images) were acquired.

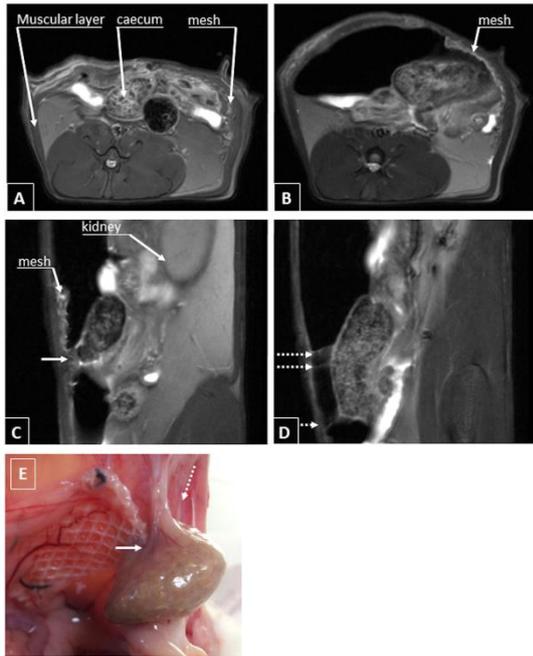


Figure 2: T2-weighted MR images of an operated rat implanted with a 25\*15mm polyethylene terephthalate prosthesis. Frame A shows an axial view, acquired prior to stress on the abdominal wall. Frame B corresponds to an axial view after intraperitoneal injection of gas illustrating the partial adhesion between caecum and prosthesis. Frames C & D shows sagittal views after gas injection, illustrating respectively, adhesions prosthesis/caecum (plain arrow) and caecum abdominal wall (dashed arrow). Frame E presents the situation at autopsy with a grading of 2 according to the Blauer and Collins classification.

On the sagittal view (frame C), the prosthesis is unambiguously seen with its characteristic net-shape. Adhesions between the caecum and the prosthesis are evident and the analysis of the contiguous slices showed that they are limited to a length of about 3-4mm. On frame D, these adhesions no longer occur between the prosthesis and the caecum but between the caecum and the slightly scraped abdominal wall (dashed arrows), having a length of about 10mm. Taking all the evidence together, from the MR images, it can be estimated that adhesions are present over an area of about 10mm\*3mm. This limited area is confirmed at the rat autopsy (frame E) and can be graded at stage 3 according to the Blauer and Collins classification [17, 18].

### Heterogeneous Adhesions.

Prior to any gas injection, the natural position of the caecum in contact to the abdominal wall does not allow detection of any adhesions. On the post-gas images, thin hyperintense lines are detected between the edge of the prosthesis/abdominal wall and the underlying tissues, suggesting the presence of adhesions between the prosthesis and the fatty tissue as previously observed (figure 3, frame A). According to the sagittal view (frame C), these adhesions occur between the edge of the prosthesis and the underlying tissues.

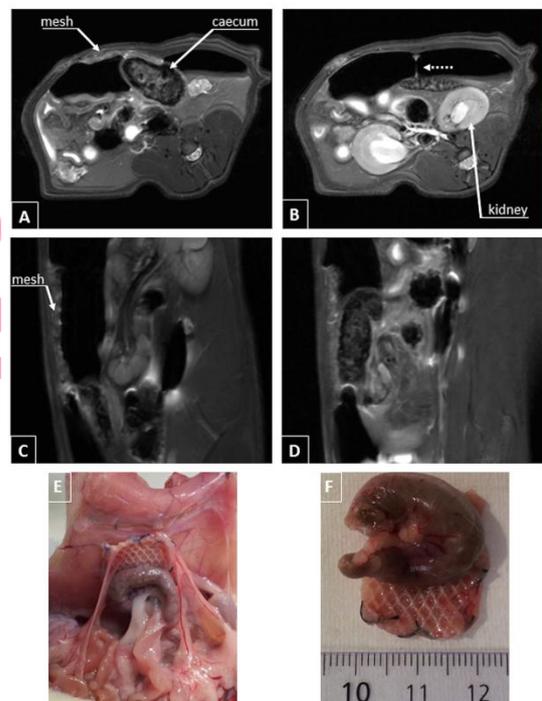


Figure 3: T2-weighted MR images of an operated rat implanted with a polyethylene terephthalate prosthesis after intraperitoneal gas injection. (A & B) are axial views showing respectively adhesions. C & D correspond to perpendicular views showing prosthesis/caecum (plain arrow) and prosthesis/underling tissue (dashed arrow) adhesions. (E & F) shows the situation at autopsy with a grading of 4 according to the Blauer and Collins classification.

Adhesions between the prosthesis and the caecal abrasion are unambiguously seen in frames B & D, which show an overlap of ~18mm between prosthesis and caecum, (i.e. 9 slices of 2mm), with a measured width of 6mm. At autopsy (frame E & F), the interaction between the prosthesis and the caecum appears

to correspond to about the entire length of the prosthesis over half of its width (i.e. 20mm\*8mm). The presence of thin bridges with the fatty tissue is confirmed and the maxima global grading is 4 according to the Blauer and Collins classification.

## Discussion

Mesh implantation in hernia repair leads to adhesion. The assessment of new meshes or the comparison of meshes in pre-clinical models often required animal sacrifice to observe these adhesions and quantify their extent [19-21], even though alternative approaches, based on clinical practice, may be of interest due to their non-invasive characteristics and therefore their potential for sequential follow-up [12-14]. For example, functional Cine MRI and high-resolution ultrasonography have been extensively used in clinical practices; with both methods, using the spontaneous abdominal motion induced by respiration to track the adhesions that impair the normal visceral slide. However, in pre-clinical rodent models, spontaneous motions are too limited to allow a direct application. As a consequence, one has to amplify these motions to track the adhesions. As far as MRI is concerned, manual actions cannot be easily performed on the animal abdomen because of its position in the middle of the magnet. However, a simple mechanical action can be carried out using a pneumoperitoneal approach previously validated in large animals [22], as well as in rodents [23, 24]. As shown in all cases discussed here, the injection of gas within the rat abdomen leads to its elevation. The injected volume could be limited to ~ 10-mL in a 250g rat, which would produce an elevation of ca. 1cm of the abdominal wall, being sufficient to unambiguously reveal adhesions between meshes and caecum in this caecal abrasion model. Despite being of heterogeneous extent, this model leads to high adhesions between caecum and prosthesis, along with looser adhesions between visceral tissue and prosthesis. High adhesions have been previously explored in a

peritoneal abrasion model using, instead of gas, an injection of clinically approved 4.25% dextrose peritoneal dialysis fluid (Fresenius Medical Care, Bad Homburg, Germany) [25]. In this previous study, the fluid was seen to expand within the abdominal cavity and its non-uniform distribution, highlighted the adhesions. However, this solution gave rise to a hyperintense signal in which thin adhesive bands might be difficult to see due to a lack of contrast. In our approach, the injected gas does not create any MR signal and the biological tissue, even if thin, yields to a signal that can easily be seen owing to the high contrast. The approach developed here to track adhesions between prosthesis and tissue may also be of interest when improved surgical procedures and therapies are tested with a view to reducing adhesions [17, 24].

## Conclusion

High resolution MRI associated with pneumoperitoneum in rodent appears as a fast and effective technique for assessing tissue adhesion after mesh implantation. This minimally-invasive approach may be of significant interest when a temporal follow-up is required as is usually the case during preclinical evaluation of abdominal prosthesis.

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