

Efficiency of Neonatal Screening for Congenital Adrenal Hyperplasia Due to 21-Hydroxylase Deficiency in Children Born in Mainland France Between 1996 and 2003.

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Bénédicte Coulm, Joel Coste, Véronique Tardy, Emmanuel Ecosse, Michel Roussey, et al.. Efficiency of Neonatal Screening for Congenital Adrenal Hyperplasia Due to 21-Hydroxylase Deficiency in Children Born in Mainland France Between 1996 and 2003.. Medicine Archives of Pediatrics & Adolescent - JAMA Pediatrics , 2012, 166 (2), pp.113-120. 10.1001/archpediatrics.2011.774 . inserm-00669946

HAL Id: inserm-00669946 https://inserm.hal.science/inserm-00669946v1

Submitted on 14 Feb 2013 $\,$

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Title: Efficiency of neonatal screening for congenital adrenal 1 2 hyperplasia due to 21-hydroxylase deficiency in children born in mainland 3 France between 1996 and 2003 4 Short title: Screening for congenital adrenal hyperplasia Authors: Bénédicte Coulm¹, midwife, Joel Coste¹, MD, Véronique Tardy², MD, 5 Emmanuel Ecosse¹, statistician, Michel Roussev³, MD, Yves Morel², MD, Jean-Claude 6 Carel⁴, MD, on behalf of the DHCSF study group⁴. 7 8 1 Department of Biostatistics, Groupe hospitalier Cochin - Saint Vincent de Paul and University Paris 5 René 9 Descartes, 75014 Paris, France. 10 2 Department of Biochemistry and Molecular Biology, Molecular Endocrinology and Rare Diseases, CBPE, Groupement hospitalier Lyon-Est, Hospices Civils de Lyon, 59 boulevard Pinel 69677 Bron, France 11 12 3 Association Française pour le Dépistage et la Prévention des Handicaps de l'Enfant, 75015 Paris and Pôle de 13 Pédiatrie, Rennes University Hospital, 35203, France 14 4 Department of Paediatric Endocrinology and Diabetology, INSERM CIC-EC5 and Centre de Référence des 15 Maladies Endocriniennes Rares de la Croissance, Robert Debré Hospital and University Paris 7 Denis Diderot, 16 75019, Paris, France 17 4 A complete list of members of the DHCSF study group is given in appendix. 18 19 Number of words in the abstract: 250 Number of words in the manuscript: 3398 20 21 Number of figures: 3 Number of tables: 4 + 1 supplementary table 22 23

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28

30 Abstract

31 **Objective.** Neonatal screening for congenital adrenal hyperplasia (CAH) due to 21-32 hydroxylase deficiency (210HD) is mainly intended to prevent death due to salt wasting but 33 remains controversial, because of the number of false-positive results and the ease with which 34 most female cases can be identified by virilised genitalia at birth. The aim of this study was 35 to assess the efficiency of the national screening programme for 210HD.

36 **Design.** Population-based study.

37 Setting. National neonatal screening program, paediatric endocrinologists nationwide
 38 and reference centre for genotyping.

39 Participants. All newborns screened for 210HD in mainland France between
 40 January 1st, 1996 and December 31st 2003.

41 **Outcome Measures.** Screening efficiency indicators, disease severity and 42 contribution of screening to early diagnosis, disease-specific mortality before and during the 43 study period.

Results. 6,012,798 newborns were screened, 15,407 were considered positive for 210HD and 383 cases were identified, giving a prevalence of 1/15,699 births. The positive predictive value of screening was 2.3% (95% CI, 2.1-2.6), with a sensitivity of 93.5% (90.9-95.9) and a specificity of 99.7%. The false-positive rate was particularly high in preterm infants, for which the positive predictive value was 0.4% (0.2-0.5). Screening allowed clinical diagnosis in 162 of 383 cases (42%), the others being detected clinically or through family history. There was a trend towards declining neonatal mortality due to 210HD.

51 **Conclusion.** In this large, population-based study, the efficiency of routine 210HD 52 screening was moderate in neonates born at term and very low in preterm neonates. We 53 recommend the discontinuation of screening, as performed here, in preterm newborns.

54

55 Introduction

56 Congenital adrenal hyperplasia (CAH) is a group of autosomal recessive disorders of adrenal steroid biosynthesis ¹⁻³. The commonest form (\approx 95%) is due to 21-hydroxylase 57 58 deficiency (210HD). It affects about one child in 15,000 and results in clinical symptoms 59 that vary with the severity of the enzymatic defect. Classical forms include salt-wasting 60 forms (SW), for which there is a high risk of life-threatening adrenal insufficiency during the 61 first month of life, and simple virilising forms (SV). In both cases, female neonates present 62 with markedly virilised external genitalia. Non-classical forms can manifest with 63 hyperandrogenism later in life and do not warrant early recognition through neonatal 64 screening. 3β-hydroxysteroid dehydrogenase deficiency (3β-HSD) is a rare form of CAH that 65 results in the undervirilisation of external genitalia and adrenal insufficiency; it can be detected by 210HD screening⁴. 66

67 21OHD screening is carried out to prevent neonatal death from acute adrenal insufficiency, inaccurate sex assignment in females with complete virilisation and irreversible 68 childhood hyperandrogenism, which may result from incorrect or late diagnosis ^{3, 5}. 210HD 69 fulfils the usual criteria⁶ for neonatal screening, with its low cost and the availability of a 70 71 widely applicable test (17-hydroxyprogesterone, 17-OHP, determination) and has been implemented in many Western countries including the USA and some European countries ^{3, 7-} 72 73 ⁹. However, it remains controversial with three main arguments against routine screening: i) 74 the test has a low positive predictive value, with frequent false-positive results in preterm neonates due to cross-reactions with steroids other than 17-OHP¹⁰, ii) the proportion of cases 75 76 for which screening really contributes to diagnosis is unclear, as most female cases are easy to 77 detect clinically and salt-wasting is often detected before the screening results are obtained 78 and iii) there is a lack of consensus concerning the 17-OHP threshold to be used, due to 79 changes in 17-OHP distribution with gestational age at birth.

80 In France, 21OHD screening was introduced for all newborns as part of the national screening programme in 1996, after a short pilot feasibility study ¹¹. However, as in many 81 82 other countries, routine 210HD screening was never evaluated. The main objective of this 83 study was to evaluate the efficiency of the national French screening program for 21OHD. 84 We retrospectively collected real-life screening data and clinical data for affected neonates, to 85 determine whether screening by the Association Française pour le Dépistage et la Prévention 86 des Handicaps de l'Enfant (AFDPHE), a national organisation, had facilitated the 87 identification of cases before clinical diagnosis.

89 Methods

90

Population studied and data collected

91 We carried out a retrospective study on all children born in mainland France between January 1st, 1996 and December 31st, 2003. Screening was carried out at 21 regional centres, 92 93 under the auspices of the Association Française pour le Dépistage et la Prévention des Handicaps de l'Enfant (AFDPHE)¹². Blood was collected from three-day-old infants on filter 94 95 and 17-OHP concentration was determined by automated time-resolved paper 96 fluoroimmunoassay (DELFIA®) or RIA. Infants with 17OHP levels above the threshold 97 applied for screening purposes were evaluated further for the diagnosis of 210HD. We 98 collected data from the regional centres on all newborns for whom 210HD screening results 99 were considered positive. The data collected included date of birth, gestational age and birth 100 weight, screening and repeat determinations of 17-OHP, assay and threshold used and final 101 conclusions concerning the status of the child: affected with CAH (true positive), unaffected 102 (false positive) or deceased. 17-OHP concentrations are expressed in nmol/l of blood and 103 were converted if necessary (65 pg/spot = 80 nmol/l of blood). The threshold applied was 104 that recommended nationally by the AFDPHE, but was modified slightly at different times 105 and in different regions, based on the local distribution of 17-OHP levels. We collected 106 additional data from the medical records of affected children, concerning sex, date, weight 107 and plasma sodium concentration at diagnosis, genital abnormalities classified as described by 108 Prader¹ and CYP21A2 genotyping results, classified as classical salt wasting (SW), classical simple virilising (SV) or non classical forms ^{13, 14}. If genotyping results were not available or 109 110 not informative (n = 2) due to the detection of mutations with unknown functional 111 repercussions, patients were classified as a function of the clinical data, leaving only one 112 unclassified patient, who was then arbitrarily classified as affected with SW CAH. Weight at 113 diagnosis was expressed as a percentage of expected weight at a given age, based on birth 114 weight and the expected 1% gain in weight per day after day 8¹⁵. The distribution of the 115 gestational ages of true negatives was derived from reference values published annually in 116 France (DRESS 2001).

117 We searched for false negatives (FN) detected before March 2010, which is at least six 118 years after the birth of the last child studied, using five data sources: 1) regional screening 119 centres notified of FN cases by physicians; 2) mail and e-mail surveys of all paediatric 120 endocrinologists registered with the national society or treating children with CAH; 3) the 121 French reference centre for CAH genotyping in Lyon and another molecular biology 122 laboratory performing CAH genotyping and 4) the Centre for Epidemiology Medical Causes 123 of Death database (CépiDc, INSERM), in which we looked for children dying from causes 124 corresponding to International Classification of Diseases (ICD) 9 and 10 codes 255.2, 255.4, 125 E25, E27.4 (adrenogenital disorders, other and unspecified adrenocortical insufficiency).

126

Statistical analysis

127 We calculated the sensitivity, specificity and predictive values of the screening test, 128 with 95% confidence intervals (CI) for preterm neonates born before 37 weeks of gestational 129 age, for term newborns, and for both considered together. We classified the contribution of 130 CAH screening to the diagnosis of true positives as follows: screening was considered useful 131 if it led to the diagnosis of classical 21OHD (SW or SV forms) or 3B-HSD deficiency that was 132 not suspected clinically because there were no symptoms or because the symptoms and signs 133 (genital abnormalities, dehydration) had not been recognised; screening was considered not 134 useful if CAH was diagnosed before the results of screening became available (on the basis of 135 family history, prenatal diagnosis or neonatal systematic examination). Screening was also 136 considered not useful for false negative cases of classical CAH and for children with positive 137 screening results diagnosed with non-classical forms of CAH.

138 The relationship between gestational age at birth and 17-OHP concentration was 139 studied by linear regression analysis in a sample of 10,523 preterm neonates born before 37 140 weeks of amenorrhoea selected from the infants testing positive. The values for 17-OHP 141 concentration were not normally distributed and a natural logarithm transformation was therefore applied. Goodness of fit (R^2) was calculated for various linear regression models, to 142 143 identify the factor best predicting 17-OHP concentration: gestational age or birth weight. 144 Linear regression models were constructed for the imputation of missing data for term or birth 145 weight.

Mortality rates for children under the age of one year were calculated between 1979 and 2007, from CepiDc data. Changes in mortality rate over time were assessed by Poisson regression analysis. We looked for a possible change in slope after 1996 (the year in which the screening programme was generalised), by looking for an interaction between "year", considered as a continuous variable, and "before/after screening introduction" considered as a dichotomous variable.

All analyses were performed with SAS 9.2 software (SAS Institute, Cary, NC, USA).
The study was approved by the CCTIRS and CNIL and was conducted in accordance with
French legislation.

156

Results

157 During the eight-year study period, 6,012,798 screening tests for 210HD were performed on children born in mainland France (Figure 1, Table 1 and supplementary Table 158 159 1). The laboratory methods for 17-OHP determinations and their thresholds are shown in 160 supplementary Table 1. Neonatal screening tests were positive for 15,407 newborns, with 161 370 considered affected, 11,324 considered unaffected and no conclusion reached by the 162 screening centres for 3,132. For 1,814 infants, the conclusion was discordant with the last 163 recorded 17-OHP concentration (n = 338 considered *unaffected* with a last 17-OHP 164 determination considered positive and n = 1476 considered *unaffected* without the recorded 165 monitoring of 17-OHP concentrations). 581 children were identified as *deceased*: most of 166 these children were preterm and, in all cases, the death of the child was considered by clinical 167 centres to be unrelated to 210HD (Figure 1). Most of the newborns with positive results for 168 210HD screening were born before term (91% of those for whom data were available). The 169 median day for filter paper sampling was day 4, although the screening protocol called for 170 sampling on day 3. Of the 370 newborns considered to be affected, 358 had a classical form 171 of 21OHD (n = 354) or 3 β HSD (n = 4) deficiency and 12 had a non-classical form of CAH.

172 The median age at diagnosis of CAH was seven days (Table 2). Weight loss was 173 severe (>10% of expected body weight) in 19% of those for whom data were available, and 174 plasma sodium concentration was below 130 mmol/l in 18% of the infants. Screening was 175 useful for diagnosis in 162 of the 358 children with classical CAH and positive screening 176 results, mostly males with the SW form (n = 106/162). Screening results were positive but 177 not useful for diagnosis in 74 children with a family history of 210HD and in 96 girls with 178 genital abnormalities detected during neonatal examination. In addition, screening results 179 were positive in 13 boys with classical 210HD who were diagnosed clinically before the 180 screening results became available. Of interest, among the 38 premature babies with positive

screens, screening was useful to the diagnosis in only 13 among whom only 6 had a SW form.
We identified 25 children as false negative for 210HD screening: 23 were reported by
genotyping laboratories, and 20 of these cases were also reported by the screening centres,
with two reported by the CépiDC. Most of the false negatives (16/25) had SV forms (Figure
185
1).

186 Altogether, the incidence of classical 21OHD (SW and SV forms) and 3B-HSD deficiency in France between 0 and 1 year was $0.78/10^5$ births/year, with a 95% CI of [0.70 -187 188 0.86] and the prevalence was 1/15699 births (95%CI, 1/17445 - 1/14269) (including false 189 negative subjects in their birth cohort). The sensitivity of screening was 93.5% with an 190 overall positive predictive value of 2.3% (Table 3). Sensitivity was higher for SW 210HD 191 (96.9%, 95%CI, 94.8-98.9) than for SV 21OHD (82.8%, 95%CI, 75.1-90.5). Most false-192 positive screening test results were obtained for preterm newborns, for which the positive 193 predictive value of screening was only 0.36%, whereas that for term newborns was 30.4%. 194 We investigated whether adjustment of the 17-OHP threshold would have improved screening 195 efficiency in preterm newborns, by calculating linear regression models of (positive) 17-OHP 196 levels on filter paper. Gestational age accounted for 9.5% and weight accounted for 7.4% of 197 the variance (R^2) of 17-OHP concentration. Adding polynomials and assay techniques increased the R^2 to 10%. Figure 2 illustrates the difficulty of establishing threshold values 198 199 based on gestational age.

As the primary objective of 210HD screening is to prevent the death of newborns, we analysed 210HD-related mortality in France from 1979 to 2007, a 29-year period including the year in which 210HD screening was introduced. Twenty-one children under the age of one year were classified with an underlying cause of death due to adrenogenital disorders, other and unspecified adrenocortical insufficiency (Figure 3). There was a significant (p=0.002) trend towards a decrease in specific mortality rate during this period, with most of

- this decrease occurring in 1991 to 1995, before the generalisation of screening. Thus, neither
- 207 screening itself (yes/no) nor the interaction of screening and time was associated with specific
- 208 mortality rate (p=0.31 and 0.31, respectively).

210 **Discussion**

211 With the inclusion of 6,012,798 newborns screened in mainland France between 1996 212 and 2003, this study is by far the largest to date to assess neonatal screening for 210HD with 213 particular emphasis on its contribution to early diagnosis. We found that sensitivity was good 214 (93%), but that the positive predictive value of screening was low (2.3%), although it 215 improved markedly if we considered only term newborns (30.4%). Screening results 216 contributed to diagnosis in 42% of the cases. Moreover, the large number of infants for which 217 no conclusion was drawn raises questions about the practical organisation of 210HD 218 screening, due to the large number of false positives.

219 Table 4 summarises published data from previous population studies, making 220 comparisons with our results possible. The positive predictive values reported in these studies 221 were similar in most cases, with the exception of the Swiss study (positive predictive value of 222 50%), which presented results for a second determination of 17-OHP on filter paper, rather 223 than those for the primary screening, as in most studies. Unlike previous studies, we took 224 gestational age into account, and we found that screening efficiency differed considerably 225 between term and preterm newborns. Among preterm newborns, there were almost 277 false 226 positives for each case of 210HD discovered, whereas there were only two to three false 227 positives for each case for term newborns. These difficulties arise from the low specificity of 228 immunological assay techniques for determining levels of 17-OHP in preterm newborns due 229 to high plasma concentrations of steroids other than 17-OHP that cross-react in the assays (with sulphated metabolites), generating false-positive results ¹⁶⁻¹⁸. Some countries have 230 231 adopted variable threshold values based on gestational age (Table 4), but our study shows that 232 there is a large overlap of 17-OHP levels between affected and unaffected preterm newborns 233 and that increasing the threshold level in this particular population would result in a loss of 234 sensitivity. One possible alternative is the use of tandem mass spectrometry as a second line

test to improve the positive predictive value of screening ^{10, 19}. These techniques were recently
recommended in the Endocrine Society guidelines ³, but they are costly, not widely available
for population screening and require thorough evaluation, including cost-benefit analyses.

238 Although 21OHD screening correctly identified 93% of cases, its impact on diagnosis 239 was much smaller, as it contributed to early diagnosis in 45 to 50% of the children identified, corresponding to about 20 children per year in France or an incidence of $2.66/10^5$ /year. The 240 241 main reasons for this minor contribution are that girls with classical 210HD are readily 242 identified during neonatal paediatric examination and CAH is an autosomal recessive 243 disorder, making prenatal or neonatal diagnosis more likely in families with an index case. In 244 addition, in a small proportion of boys (9/153) with SW forms, adrenal crisis occurred before 245 screening results became available and the children were correctly managed based on their 246 clinical presentation.

247 Screening for 21OHD is designed principally to decrease neonatal disease-specific 248 mortality. A decrease in specific mortality has been observed over the last three decades, but 249 the timing of this decrease suggests that it was due to improvements in paediatric care rather 250 than to the introduction of screening. The probability of death due to neonatal adrenal crisis 251 in the absence of screening is widely debated and has been reported to vary from 0 to 4% of 252 patients with SW 210HD in populations with high standards of clinical awareness and care for 210HD⁷. In our study population of 285 children with salt-wasting 210HD born 253 254 between 1996 and 2003 (276 true positives and 9 false negatives), using 4% as an estimate 255 suggests that 11.5 neonatal deaths would have been expected in the absence of screening, a 256 figure to compare to 3 deaths observed during the first year of life. In addition to preventing 257 mortality, screening for 210HD can prevent inaccurate gender assignment and irreversible 258 childhood hyperandrogenism. In our study, inaccurate gender assignment was not made in 259 the 5 fully virilised females (Prader stage V) but screening allowed the identification of 47/77

patients with a SV form confirming the value of screening to detect the 210HD before theappearance of severe hyperandrogenism.

262 Our findings also show that the organisation of screening, as currently conducted in 263 France (and possibly elsewhere), was not satisfactory. Screening centres encountered major 264 operational difficulties with follow-up of the large number of positive tests and no conclusion 265 about status was reached in many cases, raising medical, ethical and responsibility issues. 266 Questions remain concerning the fate of 307 children for whom successive assays remained 267 above the threshold value but for whom no further follow-up data were obtained. Data for 268 weight and gestational age were also frequently missing, although this information makes it 269 easier to interpret the assay results and should therefore be collected.

270 Our study was subject to several limitations. The apparent lack of impact of screening 271 on mortality is likely due to insufficient statistical power, given the limited numbers in the 272 mortality analysis (21 deaths in 29 years), the unmeasured effect of pilot 210HD screening 273 programs during the 1990-1995 period and more importantly undiagnosed 210HD-related deaths in the period before screening as documented in central Europe²⁰. In addition, 274 275 inclusion in our analysis of misclassified adrenal diseases other than CAH might have 276 obscured the effect of screening on mortality. However, the study had sufficient power (80%) 277 to detect a decrease in specific mortality of 65% or more after screening implementation. We 278 could not trace with precision the reasons for which false-negative cases were missed (17-279 OHP concentration below the threshold, positive test not taken into account correctly, other 280 reason). False-negative cases may have been underestimated for several reasons, including 281 lack of ascertainment if cases were detected later in life and not followed by paediatric 282 endocrinologists or subjected to molecular analyses. We were also unable to determine the 283 number of unnecessary visits and laboratory investigations for children eventually found not 284 to have 210HD, or their impact on the anxiety of the parents. Missing data on gestational age

285 may have resulted in an overestimation of the sensitivity of the screening, particularly in 286 subgroup analysis (preterm and term newborns). One further limitation is that data on 287 neonatal screening from 1996-2003 are only presented in 2011, at a time when they might be 288 considered less timely. This apparent delay results from long and tedious data collection and 289 monitoring and from the need to wait several years in order to be able to identify FN SV 290 forms since the diagnosis is made as late as 5 or 6 years in some cases. Indeed, we searched 291 for FN cases in 2010, at a time when the youngest child in the cohort was older than 6 years, 292 which is an additional strength of our study.

293 In France, the budget per screened infant (for 21-OHD only) is $\notin 1.23$ in the absence of 294 follow-up (US\$ 1.7), corresponding to approximately $\notin 924,500$ /year. As ≈ 20 cases of 295 210HD are identified by screening each year, this budget corresponds to approximately 296 \in 50,000 (US\$ 70,000) per case. In the US, the cost per screened infant without follow-up has 297 been estimated at US\$ 2.3 to 6.0 and applying these figures to our data would result in estimates of US\$ 95,000 to 245,000 per case ²¹. Assumptions concerning the number of 298 299 potential deaths among these cases and a complete medical economic analysis of indirect 300 costs might allow a full evaluation of the cost per life-year saved ²¹.

301 Overall, we found that neonatal 210HD screening was efficient in term newborns, 302 with a variable impact on clinical management given that most affected female newborns are 303 easy to identify without screening. By contrast, the efficiency of screening was very low in 304 preterm newborns, resulting in large numbers of false positives, flooding the system and 305 leading to its dysfunction and leading to the identification of 6 cases of potentially lethal salt-306 wasting 21OHD among more than 10,000 positives in 8 years. Improved organisation might 307 have prevented this dysfunction and allowed a comprehensive follow-up of all positive cases. 308 However, a decrease of the false positive cases is necessary to improve efficiency.

309 So, what recommendations should be made based on our results? We recommend that 310 newborn screening for 210HD is continued for term newborns in areas in which it is already 311 performed and that careful consideration is given to its implementation in areas in which this 312 is not the case. By contrast, we recommend that 210HD screening, as performed in this 313 study, should not be carried out for preterm newborns since the positive predictive value of 314 the test is very low and most preterm newborns are subject to careful paediatric care that 315 should ensure that incipient salt wasting adrenal crises are readily recognised. In France, the 316 national neonatal screening organisation and representatives of professional organisations in 317 neonatology, paediatric endocrinology and rare endocrine diseases are currently discussing 318 how to improve the national screening program. Our improved program, as well as others 319 around the world will have to be carefully evaluated.

321 Acknowledgment

The authors wish to acknowledge the role of Unité de Recherche Clinique Paris-Cochin and in particular Christelle Auger and Sandra Colas. Cécile Klochendler, Sandrine Borderie and Pr Jean-Marc Treluyer from Unité de Recherche Clinique Paris-Cochin are also acknowledged. Louise Montagne, Claire Jeandel, Kasia Marchal, Candace Bensignor, Chaza Fallouh and the Centres of Clinical Investigation of Lyon and Bordeaux also participated in data collection.

328

329 Authors' contributions statement

330 Jean-Claude Carel, Joel Coste and Yves Morel conceived and conducted the study, 331 and analysed the data. Emmanuel Ecosse established the database and some of the statistical 332 analyses. Bénédicte Coulm participated in the conduction of the study analyzed the data. 333 Bénédicte Coulm, Jean-Claude Carel and Joel Coste had full access to all the data in the study 334 and take responsibility for the integrity of the data and the accuracy of the data analysis and 335 wrote the paper. Yves Morel and Véronique Tardy performed the molecular analysis and the 336 classification of patients. Michel Roussey participated in the conduction of the study and 337 contributed to data analysis. All authors participated in the elaboration of the manuscript and 338 commented on it. The members of DHCSF study group are to be considered as co-authors of 339 the manuscript given their involvement in the elaboration of the protocol, data collection or 340 follow-up of patients. The final version of the English text was edited by Julie Sappa (Alex 341 Edelman & Associates, Scientific Editors).

342

Source of funding statement

The study was funded by the French Ministry of Health "PHRC, Programme Hospitalier de Recherche Clinique" grant number AOM03048, by the French National Health Insurance "CNAM, Caisse Nationale d'Assurance Maladie" and by the French National Neonatal Screening Programme Organisation (AFDPHE, Association Française pour le Dépistage et la Prévention des Handicaps de l'Enfant). The PHRC and CNAM did not participate in the study or its interpretation. AFDPHE was involved in the conduction of the study and its president (Michel Roussey) is co-author of the paper.

351

353

352 Conflict of interest statement

No conflict of interest to disclose.

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460	Legends for figures
461	
462	Figure 1. Results of neonatal screening for 21-hydroxylase deficiency in France 1996-2003
463	
464	
465	Figure 2. 17-OHP concentration (nmol/l) at neonatal screening in affected and unaffected (false-
466	positive) children as a function of gestational age
467	Individual values for affected children are shown as red dots • and those for false positives are
468	shown as green dots *.
469	
470	
471	Figure 3. Specific mortality rates due to adrenogenital disorders, other and unspecified
472	adrenocortical insufficiency during the first year of life in France, 1979-2007.
473	
474 475	

476 Table 1 – Principal characteristics of newborns with positive screening results for CAH

477 in mainland France between 1996 and 2003

478

	N = 15,407
Sex	
Male	9,031 (59)
Female	6,218 (41)
Gestational age $(WA)^{\dagger*}$	31 (28 - 34)
Preterm (<37 WA)	10,563 (68)
Term (≥37 WA)	1,058 (7)
Missing data	3,786 (25)
Birth weight $(g)^{\dagger *}$	1,490 (1,005 – 2,090)
Age at screening (days) [†]	4 (3-5)
17-OHP screening result (nmol/l) [†]	80 (65-109)
17-OHP measurement method used	
Radioimmunoassay	8,457 (55)
DELFIA®	6,945 (45)

479

480 Data are presented as numbers (percentages) unless otherwise stated; \dagger , median, interquartile range; WA: weeks 481 of amenorrhoea; * imputations of gestational age from sex and birth weight: n = 998, imputations of birth weight 482 from sex and gestational age: n = 2653; \dagger missing data: sex n = 158; age at screening n = 1117; 17-OHP 483 screening result n = 72; 17-OHP measurement method n = 5.

484

486 Table 2 – Characteristics of affected newborns with CAH due to classical 210HD or 3ß-

	True positives (n = 358)
Sex	(1 555)
Boys	205 (57)
Girls	153 (43)
Gestational age (WA) [†]	39 (38-40)
Preterm (<37 WA)	38 (10.7)
Term (\geq 37 WA)	318 (89.3)
Birth weight $(g)^{\dagger}$	3,370 (2,980 - 3,680)
Age at screening $(days)^{\dagger}$	3 (3-4)
Age at diagnosis (days) [†]	7 (1-10)
Contribution of screening to the diagnosis of CAH, n (M/F)	, (1.10)
Useful	162 (137/25)
Salt-wasting 210HD	114 (106/8)
Simple virilising 210HD	47 (30/17)
3 B-HSD	1 (1/0)
Not useful*	196 (68/128)
Clinical diagnosis before screening results	109 (13/96)
Salt-wasting 210HD	99 (9/90)
Simple virilising 210HD	8 (2/6)
3B-HSD	2(2/0)
Prenatal diagnosis or family history	74 (46/28)
Salt-wasting 210HD	54 (33/21)
Simple virilising 210HD	20 (13/7)
3B-HSD	0 (0/0)
Information on usefulness unavailable	13 (9/4)
Salt-wasting 210HD	10 (6/4)
Simple virilising 210HD	2 (2/0)
3B-HSD	1(1/0)
Plasma sodium concentration at diagnosis (nmol/l) [†]	
≥135	177 (78M/99F)
130-135	80 (61M/19F)
<130	56 (48M/8F)
Relative weight change at diagnosis (% of expected)†	
$\geq 0\%$	42 (21/21)
[0; -5%]	62 (34/28)
[-5; -10%]	76 (60/16)
<-10%	42 (39/3)

487 HSD detected by screening in mainland France between 1996 and 2003

488

489 Data are presented as numbers (percentages) unless otherwise stated; \dagger , median, interquartile range; WA: weeks 490 of amenorrhoea; SD: Standard deviation; missing data: gestational age, n=2; age at screening, n = 28; age at

491 diagnosis, n = 38; plasma sodium concentration, n = 47; relative weight change at diagnosis, n = 138. The 25

492 false-negative cases (11 boys and 14 girls), for whom screening was not useful, are not included in this table.

494 Table 3. Efficiency of 21OHD screening as a function of gestational age at birth

495

Table 3a: Raw data

	Screening	Affected	Unaffected	Total
<i>•</i>	Positive	358	15,049	15,407
All newborns	Negative	25	5,997,366	5,997,391
new	Total	383	6,012,415	6,012,798
* ~	Positive	318	740	1058
Term newborns (≥37 WA)	Negative	21	5,578,196	5,578,217
T new (≥3'	Total	339	5,578,936	5,579,275
	Positive	38	10,524	10,562
Preterm newborns (<37 WA)	Negative	2	422,959	422,961
Pr∈ new (<37	Total	40	433,383	433,523

496

497

Table 3b: Efficiency calculations

l	Positive predictive value	2.3 [2.1-2.6]	Specificity	99.7 [99.7 - 99.7]
All newborns	Negative predictive value	99.9 [99.9 - 99.9]	Sensitivity	93.5 [90.9 - 95.9]
m orns WA)	Positive predictive value	30.1 [27.3-32.8]	Specificity	99.9 [99.9-99.9]
Term newborns (≥37 WA)	Negative predictive value	99.9 [99.9 ; 99.9]	Sensitivity	93.8 [91.2-96.4]
erm orns WA)	Positive predictive value	0.4 [0.2-0.5]	Specificity	97.6 [99.5-97.6]
Preterm newborns (<37 WA)	Negative predictive value	99.9 [99.9 ; 99.9]	Sensitivity	95 [83.1 -99.4]

498

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499 Data are expressed in % [95% confidence interval]; efficiency in term and preterm newborns was calculated for

500 those without missing data for gestational age at birth (11,620/15,407).

Reference	Country	Number of newborns	17-OHP threshold (nmol/l)	Variable 17-OHP threshold with term	Sensitivity (%)	Positive predictive value (%)
22	USA (Texas)	1,936,998	123	yes	86	NA
11	France	408,138	36 to 60	no	89	2.1
23	Switzerland	333,221	30 to 90	yes	97	50.0
24	Netherlands	176,684	60	yes	100	5.9
25	Italy	128,330	36	yes	NA	1.9
This study	France	6,012,798	40 to 100	no	93	2.3

502 Table 4. Efficiency of 21OHD screening in published studies

503

504 Population-based studies with a sample size >100 000 were selected

506 Supplementary Table 1: Thresholds and laboratory methods used for 17-OHP

507 determination

508

Methods and thresholds	Number of newborns who	
	screened positive , n (%)	
Delfia®*	6,945 (45.1)	
40 nmol/l	595	
50 nmol/l	3,209	
60 nmol/l	1,416	
70 nmol/l	1,725	
RIA*	8,457 (54.9)	
50 nmol/l	1,572	
60 nmol/l	4,050	
70 nmol/l	1,209	
80 nmol/l	87	
100 nmol/l	78	
50 pg/spot	1,124	
60 pg/spot	34	
70 pg/spot	303	

509

510 *Delfia®, dissociation-enhanced lanthanide fluorescence immunoassay; RIA, radioimmunoassay; missing data:

511 Laboratory methods, n = 5, thresholds n = 5.





