

Table 1. Baseline characteristics in the whole cohort.

	Death or acute HF or urgent heart transplantant or assist device		
	Without (n=103)	With (n=33)	P or χ^2
Age, yrs	56±11	56±11	0.62
Male, n (%)	85(83)	27(82)	0.99
Body Mass Index (kg.m ⁻²)	26.7±4.5	27.6±5.7	0.37
Systolic BP (mmHg)	107±18	103±25	0.41
Diastolic BP (mmHg)	66±13	67±14	0.61
NYHA, class	2.3±0.7	2.9±0.8	<0.001
NYHA 1-2 vs. 3-4, n (%)	64(62)	9 (27)	<0.001
Ischemic Heart Disease, n (%)	42(41)	13(39)	0.84
BNP, pg·ml ⁻¹	426±494	975±897	<0.001
Beta-blockers, n (%)	95(71)	29(88)	0.48
ACE inhibitors, n (%)	81(61)	28(85)	0.62
AR inhibitors, n (%)	24(18)	5(15)	0.46
Diuretics, n (%)	88(66)	33(100)	0.022
Aldosterone antagonist, n (%)	68(66)	22(67)	0.99

BP: Blood Pressure; NYHA: New York Heart Association; BNP: Brain Natriuretic Peptide;

ACE: Angiotensin-converting enzyme; AR inhibitors: Angiotensin Receptor inhibitors.