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Zhen Zhao, Cheryl Park, Melissa A. Mcdevitt, Christine Glidewell-Kenney, Pierre Chambon, et al.. p21-Activated kinase mediates rapid estradiol-negative feedback actions in the reproductive axis.. Proceedings of the National Academy of Sciences of the United States of America, 2009, 106 (17), pp.7221-6. 10.1073/pnas.0812597106 . inserm-00384550

**HAL Id: inserm-00384550**

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Submitted on 20 May 2009

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# p21-Activated kinase mediates rapid estradiol-negative feedback actions in the reproductive axis

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Edited by Donald W. Pfaff, The Rockefeller University, New York, NY, and approved March 2, 2009 (received for review December 11, 2008)

**Nonclassical estrogen receptor  $\alpha$  (ER $\alpha$ ) signaling can mediate E<sub>2</sub> negative feedback actions in the reproductive axis; however, downstream pathways conveying these effects remain unclear. These studies tested the hypothesis that p21-activated kinase 1 (PAK1), a serine/threonine kinase rapidly activated by E<sub>2</sub> in non-neural cells, functions as a downstream node for E<sub>2</sub> signaling pathways in cells of the preoptic area, and it may thereby mediate E<sub>2</sub> negative feedback effects. Treatment of ovariectomized (OVX) rats with estradiol benzoate (EB) caused rapid and transient induction of phosphorylated PAK1 immunoreactivity in the medial preoptic nucleus (MPN) but not the arcuate nucleus. To determine whether rapid induction of PAK phosphorylation by E<sub>2</sub> is mediated by nonclassical [estrogen response element (ERE)-independent] ER $\alpha$  signaling, we used female ER $\alpha$  null (ER $\alpha^{-/-}$ ) mice possessing an ER knock-in mutation (E207A/G208A; AA), in which the mutant ER $\alpha$  is incapable of binding DNA and can signal only through membrane-initiated or ERE-independent genotropic pathways (ER $\alpha^{-/AA}$  mice). After 1-h EB treatment, the number of pPAK1-immunoreactive cells in the MPN was increased in both wild-type (ER $\alpha^{+/+}$ ) and ER $\alpha^{-/AA}$  mice but was unchanged in ER $\alpha^{-/-}$  mice. Serum luteinizing hormone (LH) was likewise suppressed within 1 h after EB treatment in ER $\alpha^{+/+}$  and ER $\alpha^{-/AA}$  but not ER $\alpha^{-/-}$  mice. In OVX rats, 5-min intracerebroventricular infusion of a PAK inhibitor peptide but not control peptide blocked rapid EB suppression of LH secretion. Taken together, our findings implicate PAK1 activation subsequent to nonclassical ER $\alpha$  signaling as an important component of the negative feedback actions of E<sub>2</sub> in the brain.**

GnRH | LH | estrogen receptor  $\alpha$

Ovarian estradiol-17 $\beta$  (E<sub>2</sub>) conveys negative feedback actions within the reproductive axis that include inhibition of gonadotropin-releasing hormone (GnRH) neurosecretion and suppression of gonadotrope responsiveness to GnRH stimulation. Both actions can be sustained by E<sub>2</sub> treatment regimens that maintain serum E<sub>2</sub> levels in low physiological ranges (1) and they can also be manifested rapidly, within minutes after E<sub>2</sub> injection (2). Studies of estrogen receptor  $\alpha$  (ER $\alpha$ ), ER $\beta$ , and ER $\alpha/\beta$  null mutant mice have clearly implicated ER $\alpha$  as the isoform essential for E<sub>2</sub> negative feedback regulation in vivo (3, 4).

Cell signaling pathways that transduce ER $\alpha$ -mediated negative feedback are not well understood. In classical ER $\alpha$  signaling mechanisms, E<sub>2</sub> binds nuclear ERs and recruits coactivators to consensus palindromic estrogen response elements (EREs). Direct binding of ERs to EREs thereby mediates alterations in transcription of target genes. Nonclassical ER $\alpha$  signaling mechanisms operate independently of ER $\alpha$  binding directly to EREs and include protein–protein interactions with transcription factors, such as AP1, SP1, and NF- $\kappa$ B (5), which in turn mediate transcriptional regulation at their cognate response elements. Nonclassical ER $\alpha$  signaling also includes membrane-associated receptor activation coupled to stimulation of cytoplasmic sig-

naling pathways. To distinguish relative contributions of classical versus nonclassical ER $\alpha$  signaling to E<sub>2</sub> actions in vivo, Jakacka et al. (6) developed a gene knockin mouse that expresses a mutant (E207A/G208A; AA) form of ER $\alpha$  with disrupted classical (ERE-dependent) but intact nonclassical (ERE-independent) ER $\alpha$ -signaling capacities. By using animals in which the AA mutant allele was introduced onto the ER $\alpha$ -null (ER $\alpha^{-/-}$ ) mutant background (ER $\alpha^{-/AA}$  mice), we determined that nonclassical ER $\alpha$  signaling can rescue the majority of E<sub>2</sub> negative feedback effects that are present in wild-type (ER $\alpha^{+/+}$ ) mice and completely absent in ER $\alpha^{-/-}$  mice (7).

Here, we attempt to identify a downstream mediator of nonclassical ER $\alpha$  signaling mechanisms conveying E<sub>2</sub> negative feedback in the brain. E<sub>2</sub> can modulate dendrite morphogenesis and induce synaptogenesis in hypothalamic (8–11) and extrahypothalamic neuronal populations (12, 13), and such structural plasticity may mediate E<sub>2</sub> feedback effects (14). That the ER $\alpha$  isoform appears to mediate many of these effects rapidly (15) is consistent with the idea that membrane-initiated, nonclassical ER $\alpha$  signaling can rapidly induce the actin-cytoskeletal reorganization required for synaptic remodeling (16). In nonneural cells, ER $\alpha$  signaling produces rapid alterations in cell shape, polarity, and motility by activating p21-activated kinase 1 (PAK1) (17), the best-characterized member of a family of conserved mammalian serine/threonine kinases that function as downstream effectors of activated Rho GTPases, Rac1 and Cdc42, as well as phosphatidylinositol 3-kinase (PI3K) (18). Because nonclassical ER $\alpha$  signaling and activated PAK1 share common effects on neuronal morphology (19), and because E<sub>2</sub> can activate PAK1 through nonclassical mechanisms (20), we tested the hypothesis that the nonclassical negative feedback actions of E<sub>2</sub> are conveyed in part via ER $\alpha$ -mediated activation of PAK1.

## Results

**E<sub>2</sub> Rapidly Induces PAK1 Phosphorylation In Vivo.** The effects of EB on the expression of pPAK1 were assessed by peroxidase immunohistochemical analyses of the lateral and medial subdivisions of medial preoptic nucleus (MPNL and MPNm, respectively) and the arcuate nucleus (AN). Treatment with EB but not oil vehicle produced a rapid and transient increase in the number

Author contributions: Z.Z., C.P., M.A.M., J.L.J., and J.E.L. designed research; Z.Z., C.P., and M.A.M. performed research; C.G.-K., P.C., and J.W. contributed new reagents/analytic tools; Z.Z., J.L.J., and J.E.L. analyzed data; and Z.Z., J.L.J., and J.E.L. wrote the paper.

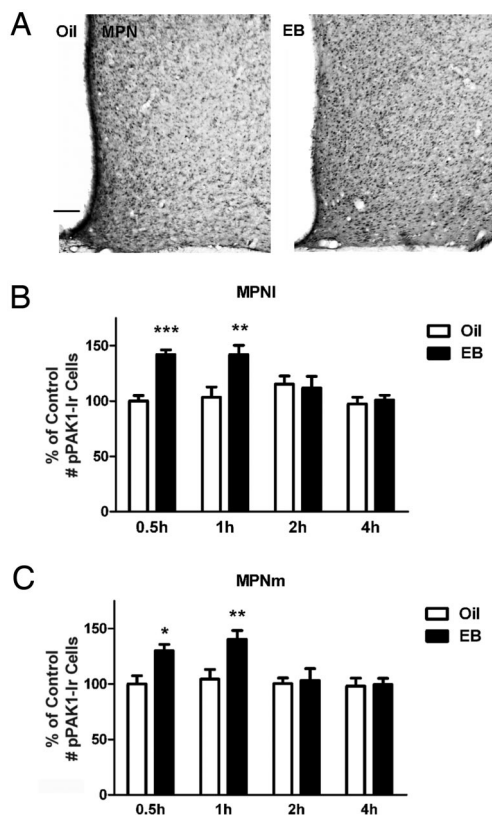
The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

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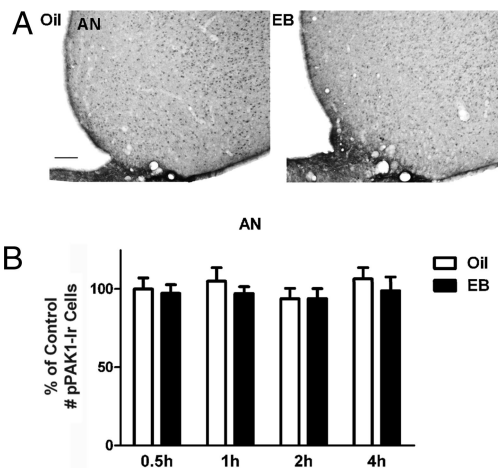
This article contains supporting information online at [www.pnas.org/cgi/content/full/0812597106/DCSupplemental](http://www.pnas.org/cgi/content/full/0812597106/DCSupplemental).



**Fig. 1.** Time dependence of E<sub>2</sub>-induced pPAK1-Ir in the MPN of female rats. OVX female rats treated with oil or EB were killed at 0.5, 1, 2, and 4 h after injection. (A) Representative photomicrographs of pPAK1-Ir in the MPN and adjacent regions of OVX rats 0.5 h after oil or EB injection. (Scale bar: 100  $\mu$ m.) The number of pPAK1-Ir cells in the MPNI (B) and MPNm (C) was significantly greater after 0.5 and 1 h of EB treatment compared with corresponding oil treatment ( $n = 6-9$ ). Data are represented as the mean  $\pm$  SEM (\*\*\*,  $P < 0.001$ ; \*\*,  $P < 0.01$ ; \*,  $P < 0.05$ ).

of phosphorylated PAK1 immunoreactivity (pPAK1-Ir) cells in both subdivisions of the MPN. Micrographs of representative sections from 1 oil-treated and 1 EB-treated ovariectomized (OVX) rat 0.5 h after injections are given in Fig. 1A, demonstrating a greater number of pPAK1-Ir cells in the MPNI and MPNm of an EB-treated versus an oil-treated rat. Fig. 1B and C summarizes pPAK1-Ir cell counts in the MPNI and MPNm for the 2 treatment groups at all time points. EB significantly increased the number of pPAK1-Ir cells as early as 0.5 h in the MPNI ( $P < 0.001$ ; Fig. 1B) and MPNm ( $P < 0.05$ ; Fig. 1C). This increase was maintained at 1 h after EB treatment ( $P < 0.01$ ; Fig. 1B and C). The number of pPAK1-Ir cells at 2 and 4 h was not significantly different from corresponding values in oil-treated controls. In the same OVX animals, the oil and EB treatments were without effect on the number of pPAK1-Ir cells in the AN. Representative tissue sections containing the AN from an oil-treated and an EB-treated rat are provided in Fig. 2A, along with the summary data of pPAK1-Ir cell counts for the 2 treatments at each time point (Fig. 2B). No significant differences between the treatment groups were observed for the pPAK1-Ir cell number in the AN at any time point.

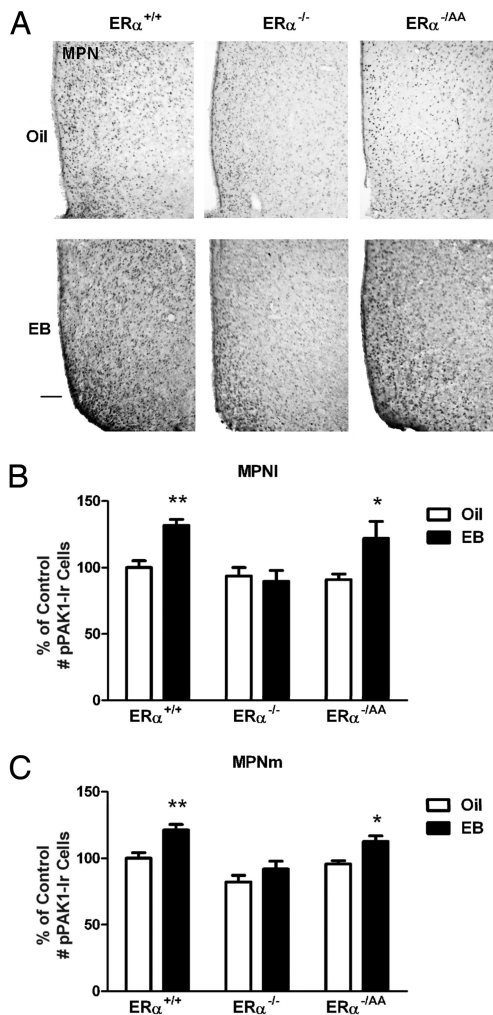
**Nonclassical ER $\alpha$  Signaling Mediates Rapid E<sub>2</sub> Induction of pPAK1-Ir.** ER $\alpha$  can mediate negative feedback actions of E<sub>2</sub> by nonclassical signaling mechanisms, and rapid, nonclassical ER $\alpha$ -mediated activation of PAK1 has been shown to occur in breast cancer cells (17). We therefore sought to determine whether nonclassical



**Fig. 2.** E<sub>2</sub>-independent pPAK1-Ir in the AN of female rats. Animals were treated as described in Fig. 1. (A) Representative photomicrographs of pPAK1-Ir in the AN and adjacent regions of OVX rats 1 h after oil or EB injection. (Scale bar: 100  $\mu$ m.) The number of pPAK1-Ir neurons in the AN was not significantly different after EB treatment compared with corresponding oil treatment (B). Data are represented as the mean  $\pm$  SEM ( $n = 6-9$ ).

ER $\alpha$  signaling mediates PAK1 activation in preoptic cells. To assess the role of nonclassical ER $\alpha$  signaling, we compared the ability of 1  $\mu$ g of EB to induce pPAK1-Ir in the preoptic areas of ER $\alpha^{+/+}$ , ER $\alpha^{-/-}$ , and ER $\alpha^{-/AA}$  mice within 1 h of treatment. Consistent with our findings in OVX rats, acute E<sub>2</sub> treatment induced a significant increase in the number of pPAK1-Ir cells within 1 h in the MPNI and MPNm in OVX wild-type ER $\alpha^{+/+}$  mice ( $P < 0.01$ ; Fig. 3B and C). This effect was completely absent in the ER $\alpha^{-/-}$  mice (Fig. 3B and C), confirming the obligatory involvement of ER $\alpha$  in E<sub>2</sub>-mediated action. In the OVX ER $\alpha^{-/AA}$  mice, the ability of E<sub>2</sub> to induce PAK1 was restored to levels observed in the ER $\alpha^{+/+}$  mice ( $P < 0.05$ ; Fig. 3B and C), indicating that nonclassical ER $\alpha$  signaling is sufficient to mediate E<sub>2</sub> effects on pPAK1 in the MPN. Representative photomicrographs of pPAK1-Ir in the MPN of the 3 genotypes are provided in Fig. 3A. The summary values for pPAK1-Ir in the 3 genotypes are depicted in Fig. 3B and C. In contrast to the effects of E<sub>2</sub> in the preoptic area, E<sub>2</sub> was without any effect on pPAK1-Ir in the AN in any of the groups (Fig. 4).

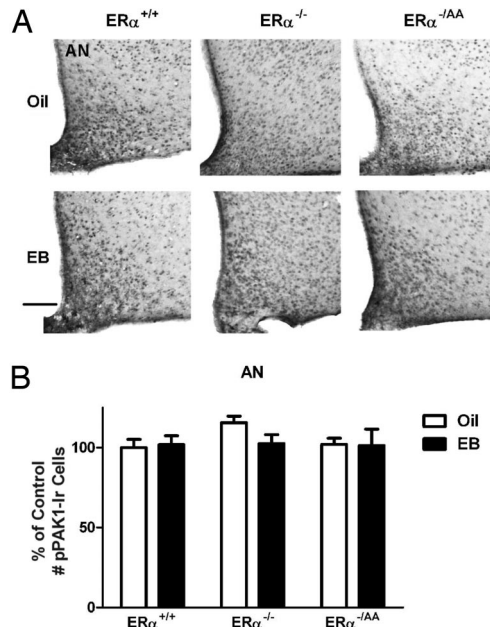
**Nonclassical ER $\alpha$  Signaling Mediates Rapid Negative Feedback Actions of E<sub>2</sub>.** If E<sub>2</sub> can rapidly activate pPAK1 through nonclassical ER $\alpha$  signaling, and this mechanism is integral to E<sub>2</sub> negative feedback, then it should be true that E<sub>2</sub> can engage this mechanism to effect a rapid suppression of LH secretion. We therefore tested the ability of acute EB injections to rapidly suppress LH by nonclassical ER $\alpha$  signaling. To examine the rapid feedback actions of E<sub>2</sub> on LH release, ER $\alpha^{+/+}$ , ER $\alpha^{-/-}$ , and ER $\alpha^{-/AA}$  female mice were ovariectomized, and 7 days later (1,000–1,200 h) they received s.c. injections of 1  $\mu$ g of EB or oil vehicle. Animals were killed 1 h after the injection. A total of 3 blood samples were collected from each mouse—one at the time of OVX, one just before the EB injection, and one at sacrifice 1 h later. LH RIA of the plasma samples revealed that LH levels before OVX were low in ER $\alpha^{+/+}$ , slightly elevated in ER $\alpha^{-/AA}$ , and greatly increased in ER $\alpha^{-/-}$  mice, as reported previously (7). The serum LH levels were significantly elevated in both ER $\alpha^{+/+}$  ( $P < 0.001$ ; Fig. 5, a) and ER $\alpha^{-/AA}$  ( $P < 0.05$ ; Fig. 5, b) mice at 7 days after OVX compared with pre-OVX levels. In contrast, LH levels in ER $\alpha^{-/-}$  mice were elevated before OVX and remained at these levels at 7 days after OVX. Treatment of OVX ER $\alpha^{+/+}$  mice with EB resulted in a suppression of LH



**Fig. 3.** E<sub>2</sub>-induced pPAK1-Ir in the MPN of female ERα<sup>+/+</sup>, ERα<sup>-/-</sup>, and ERα<sup>-/-AA</sup> mice. OVX female mice treated with oil or EB were killed at 1 h after injection. (A) Representative photomicrographs of pPAK1-Ir in the MPN and adjacent regions of OVX mice 1 h after oil or EB injection. (Scale bar: 100 μm.) The number of pPAK1-Ir cells was significantly increased in the MPNI (B) and MPNm (C) in ERα<sup>+/+</sup> and ERα<sup>-/-AA</sup> but not ERα<sup>-/-</sup> mice (*n* = 5–9). Data are represented as the mean ± SEM (\*\*, *P* < 0.01; \*, *P* < 0.05).

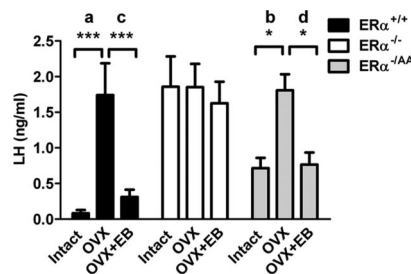
within 1 h, whereas the same treatment was without effect in the OVX ERα<sup>-/-</sup> mice. In the OVX ERα<sup>-/-AA</sup> mice, EB suppressed LH to the pre-OVX levels (*P* < 0.05; Fig. 5, d). The inhibitory action of EB in OVX ERα<sup>-/-AA</sup> mice constituted ≈70% of the suppression seen in the OVX ERα<sup>+/+</sup> mice (*P* < 0.001; Fig. 5, c).

**Inhibition of PAK Phosphorylation Blocks Acute EB Suppression of LH Secretions.** Within the PAK kinases, a conserved, proline-rich sequence of 18 aa called PAK18 binds tightly to the SH3 domain of PAK-interacting exchange factor (PIX). The PIX-PAK interaction was shown to be essential for PAK activation (21). The PAK18 peptide has been used to interfere selectively with the activation of PAKs 1–3 in cell cultures (22–26) and in vivo in the rat forebrain (22). PAK18 was conjugated to a cell-permeant HIV-1 TAT peptide sequence, which has been used to deliver functional biomolecules into cells (27). The TAT-facilitated cellular translocation has been shown to happen very rapidly (within 1–2 h) and results in neurofunctional effects in vitro and in vivo (28, 29). The PAK18 peptide but not the inactive peptide PAK18 R192A has been shown to reduce pPAK levels in the

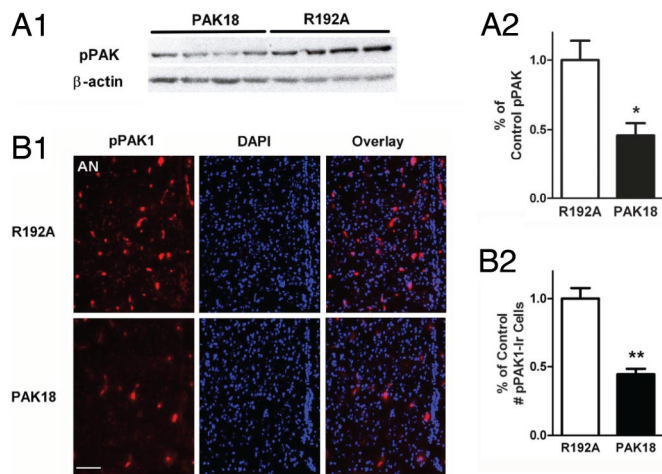


**Fig. 4.** E<sub>2</sub>-independent pPAK1-Ir in the AN of female ERα<sup>+/+</sup>, ERα<sup>-/-</sup>, and ERα<sup>-/-AA</sup> mice. Animals were treated as described in Fig. 3. (A) Representative photomicrographs of pPAK1-Ir in the AN and adjacent regions of OVX mice 1 h after oil or EB injection. (Scale bar: 100 μm.) The number of pPAK1-Ir cells in the AN was not significantly different after EB treatment compared with values in animals receiving corresponding oil treatment (B). Data are represented as the mean ± SEM (*n* = 5–8).

hippocampus by 80% after intracerebroventricular (icv) treatments, an effect that was accompanied by drebrin loss, cofilin pathology, and memory deficits (22). This suggests that PAK18 and PAK18 R192A are valid tools for inhibiting PAKs. We first verified the ability of PAK18 to block PAK phosphorylation by using hypothalamic GT1-7 cells in vitro. Western blot analysis of pPAK demonstrated that inhibition of PAK phosphorylation is rapid and significant when these cells are incubated with the peptide PAK18 (10 μM) for 1 h compared with R192A (*P* < 0.05; Fig. 6A). Subsequently, we infused peptide PAK18 (6 μg/μL, 1 μL/min in 5 min) or R192A in the lateral ventricle of OVX rats. The cerebrospinal fluid (CSF) volume was 250 μL per rat, with a physiological flow rate of 2.9 μL min<sup>-1</sup> (30); therefore, the concentration of PAK18 and R192A in the CSF was ≈10 μM 1 h after the infusion, a dose found effective in vitro. Immediately after the peptide infusion, OVX animals were given an s.c. injection of EB (30 μg per rat). At 1 h after EB injection, animals were killed, and brains were removed rapidly to assess the ability of PAK18 to reduce pPAK1-Ir by immuno-



**Fig. 5.** The ERE-independent ERα signaling pathway is sufficient to convey rapid E<sub>2</sub> negative feedback actions. Serum LH from intact, OVX, and OVX/EB-injected (1 h) females in the morning (*n* = 8–14). Data are represented as the mean ± SEM (\*\*\*, *P* < 0.001; \*, *P* < 0.05).

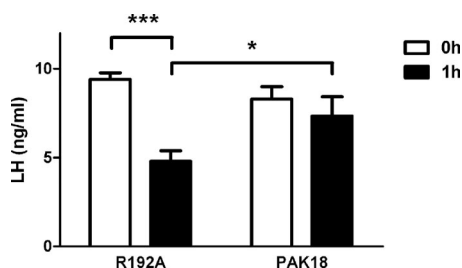


**Fig. 6.** Inhibition of PAK phosphorylation. Inhibition of PAK phosphorylation by treatment with PAK18 inhibitory peptide to GT1-7 cells (A) and in the lateral ventricle of OVX rats (B) for 1 h ( $n = 4-6$ ). (Scale bar: 100  $\mu\text{m}$ .) Data are represented as the mean  $\pm$  SEM (\*\*,  $P < 0.01$ ; \*,  $P < 0.05$ ).

histofluorescence, indicating a suppression of PAK1 phosphorylation. As depicted in Fig. 6B, infusion of PAK18 peptide for 1 h resulted in a significant reduction in the number of pPAK1-ir cells in the preoptic area compared with the control treatment ( $P < 0.01$ ; Fig. 6B). To determine the effects of PAK18 infusions on responsiveness to the negative feedback actions of  $E_2$ , blood samples were obtained just before infusions and at autopsy 1 h after the EB treatment. Analysis of serum LH levels by RIA revealed that in OVX rats, 5-min icv infusion of PAK18 but not control peptide R192A blocked rapid suppression of serum LH 1 h after EB administration (Fig. 7).

## Discussion

Our laboratories recently demonstrated that the majority of  $E_2$  negative feedback actions in the mouse can be exerted by a nonclassical  $ER\alpha$  signaling mechanism that proceeds in the absence of direct binding of  $ER\alpha$  to EREs in the promoters of target genes (7). In the present study, we have further determined that these inhibitory effects can occur within 1 h of  $E_2$  administration, and thus are likely exerted via nongenotropic signaling mechanisms. Our findings specifically implicate the PAKs as components of the nongenotropic  $ER\alpha$  signaling pathways leading to the suppression of GnRH and LH, because they show that (i)  $E_2$  rapidly induces PAK1 phosphorylation in the MPN, (ii) nonclassical  $ER\alpha$  signaling is sufficient to rescue rapid phosphorylation of PAK1 in preoptic cells, as well as suppression of LH secretion in  $ER\alpha$ -null mutants, and (iii) acute



**Fig. 7.** Inhibition of PAK phosphorylation blocks acute  $E_2$  suppression of LH secretions. The LH level was significantly decreased at 1 h after R192A icv infusion and EB s.c. injection. In the contrast, the LH level was not significantly altered by treatment with PAK18 and EB ( $n = 4-6$ ). Data are represented as the mean  $\pm$  SEM (\*\*\*,  $P < 0.001$ ; \*,  $P < 0.05$ ).

inhibition of PAK phosphorylation in preoptic-hypothalamic areas blocks the acute negative feedback actions of  $E_2$ .

The involvement of a nongenotropic mechanism in  $E_2$  negative feedback has long been suspected, given the ability of acute  $E_2$  treatments to suppress LH secretion in as little as 20 min (31). Although rapid steroid hormone effects on gene transcription are known, the rapid (<60 min) modulation of LH by  $E_2$  occurs within a temporal window that is generally held to be too short to additionally include RNA processing, translation, posttranslational enzymatic processing, intracellular transport, and neurosecretion. A variety of membrane-integrated or membrane-associated receptors and cell signaling mechanisms have instead been suggested to mediate at least some of the  $E_2$  effects on GnRH and LH. Classic work by Kelly et al. (62) revealed rapid effects of  $E_2$  on neuronal firing in preoptic neurons that were best explained by activation of membrane receptors for  $E_2$ . Further work demonstrated that GnRH neurons themselves are rapidly hyperpolarized by  $E_2$ , even during tetrodotoxin-induced blockade of synaptic inputs (32), suggesting direct electrophysiological suppression through membrane-associated receptors in GnRH neurons. The absence of  $ER\alpha$  in GnRH neurons has led some to suggest that rapid, direct effects of  $E_2$  on GnRH neurons may be mediated by  $ER\beta$  (33) and/or an unidentified G protein-coupled receptor (34). It has remained unclear, however, to what degree the rapid electrophysiological effects of  $E_2$  on GnRH neuronal activity in vitro may reflect the operation of negative feedback loop governing GnRH neurosecretion in vivo. Our studies clearly implicate the  $ER\alpha$  isoform, which is not expressed in GnRH neurons, in the rapid feedback actions of  $E_2$  in vivo, and thus alternatively suggest an indirect mechanism conveyed via  $ER\alpha$ -expressing afferents to GnRH neurons. The direct  $ER\alpha$ -independent effects of  $E_2$  on GnRH neurons may provide additional components of negative feedback control of GnRH and LH release, or they may function to regulate other aspects of GnRH neuronal function. We also cannot exclude the possibility that  $ER\alpha$ -dependent mechanisms may up-regulate  $ER\alpha$ -independent  $E_2$  signaling through other receptors, which may in turn mediate  $E_2$  feedback effects.

Rapid inhibition of LH secretion can also occur via direct suppression of gonadotrope responsiveness to GnRH (35). It does not appear to be the case, however, that the nonclassical  $ER\alpha$  signaling mechanisms described in the present studies are mediated by any such direct actions on the gonadotrope; pituitary responsiveness to GnRH is not enhanced in  $ER\alpha$ -null mutants (3), nor is it reduced by  $E_2$  in  $ER\alpha^{-/AA}$  mice (7). We have also determined that nonclassical  $ER\alpha$  signaling fails to rescue  $E_2$  effects on LH mRNA and pituitary LH content (36), even as it does effectively restore the majority of  $E_2$  suppression of LH secretion (7). Taken together, the weight of the foregoing evidence suggests that the majority of the rapid, nonclassical  $ER\alpha$ -mediated suppression of LH secretion occurs through inhibitory actions on afferents to GnRH neurons. These effects are also complemented by classical, ERE-mediated transcriptional effects, because a residual 30% of  $E_2$  negative feedback actions are not rescued by nonclassical  $ER\alpha$  signaling. As reported by Christian et al. (63), the portion of preopticohypothalamic negative feedback that is conveyed by classical  $ER\alpha$  signaling may be mediated by suppression of GnRH neuronal firing.

We have observed that  $E_2$  induces rapid phosphorylation of PAK1 in MPN cells through a nonclassical  $ER\alpha$  signaling mechanism, and that the inhibition of PAK1 in the basal forebrain blocks the inhibition of LH secretion, presumably by preventing  $E_2$  suppression of GnRH neurosecretion. Our findings are therefore consistent with the hypothesis that PAK activation in preoptic neurons mediates the negative feedback actions of  $E_2$  on GnRH release. Although these results do not reveal the cellular signaling pathways that mediate  $E_2$  activation of PAK1, the rapidity of this

process effectively limits the possibilities to those that are initiated at the plasma membrane or within the cytoplasm and that are independent of transcriptional modulation. The actions of  $E_2$  in MPN cells parallel those observed previously in breast cancer cells, where  $E_2$  was found to activate PAK1 through a rapid, nontranscriptional mechanism.

A number of kinases have been reported to phosphorylate PAK1 and regulate its activity (37), including the cyclin B-bound Cdc2, which phosphorylates PAK1 at Thr-212, a site also targeted by the p35-bound form of Cdk5, a neuron-specific protein kinase (38, 39). Moreover, extracellular signal-regulated kinase 2 (ERK2) mediates phosphorylation of PAK1 at Thr-212 (40). PAK1 is also known to function as an effector protein of PI3K (18, 41). In the present study,  $ER\alpha$  signaling was found to induce rapid phosphorylation of PAK1 at Thr-212 in MPN cells. Because  $E_2$  can rapidly influence MAPK/ERK and PI3K/Akt signaling pathways in a variety of cell types (42, 43) and in a variety of brain regions, including the MPN (44), it is possible that  $ER\alpha$  signaling induces phosphorylation of PAK1 by  $ER\alpha$ -mediated activation of either or both intermediate signaling kinases.

Consistent with the hypothesis that PAK1 mediates  $E_2$  feedback effects, recent studies have revealed that many of the cellular actions of  $E_2$  in the CNS are shared by those of activated PAK1. Both activated PAK1 (23) and  $ER\alpha$  signaling (15, 45, 46) can induce rapid alterations in the dendritic cytoskeleton that are integral to morphological plasticity in central neurons. In cortical neurons, PAK1 activity promotes formation and maintenance of dendritic spines (47). A recent study showed that  $E_2$  also rapidly increases the number of nascent dendritic spines in cortical neurons (46), and thereby acutely increases neuronal connectivity, although these effects appear to be exerted in an  $ER\alpha$ -independent manner. Estradiol also stimulates dendritic spinogenesis in hippocampal CA1 neurons, an effect that may occur rapidly via activation of  $ER\alpha$  and MAPK signaling (45). Previous studies have also documented that  $E_2$  induces synaptic remodeling in the ventromedial nucleus, the anteroventral periventricular nucleus, the MPN, and the AN of the hypothalamus (10, 14).

Because  $ER\alpha$  signaling and PAKs can both mediate rapid actin cytoskeletal organization and morphological plasticity (11, 23, 48–51), it is thus possible that these downstream cellular events comprise a major route by which  $E_2$ -activated PAKs may mediate negative feedback control over GnRH and, hence, LH secretion. It remains to be determined whether such a rapid, PAK-mediated alteration in cell connectivity functions in this manner and, if so, which of the many known PAK substrates (e.g., actin-related protein 2/3 complex, filamin, and/or cofilin) (19) may mediate these actions. Further studies will also be necessary to identify the  $ER\alpha$ -expressing cell populations in which PAKs mediate these  $E_2$  effects. The absence of  $ER\alpha$  expression in GnRH neurons (52) makes it unlikely that the  $ER\alpha$ -mediated negative feedback mechanism that we have characterized in these studies operates within GnRH neurons themselves. Expression of  $ER\alpha$  does occur in GABAergic neurons, including those that appear to be afferents to GnRH neurons (53), and GABA release is modulated by  $E_2$  in a variety of brain regions. Moreover,  $ER\alpha$  has been shown recently to be localized to axon terminals in hippocampal GABAergic interneurons (54, 55), suggesting their involvement in nongenotropic

modulation of synaptic function. The localization of ERs to dendrites and axon terminals has been shown previously in hypothalamic neurons as well (56). Herbison and colleagues (57) have also recently characterized a nonclassical  $ER\alpha$  signaling mechanism that mediates  $E_2$  modulation of GABAergic transmission on GnRH neurons.

Taken together, our findings support a model for the homeostatic negative feedback actions of  $E_2$  wherein the activation of extranuclear  $ER\alpha$  is coupled via one or more cytoplasmic kinase signaling cascades to the activation of PAKs. Activated PAKs, which would presumably include the brain-enriched PAK1, thereafter mediate alterations in cell function and/or connectivity in neural circuitries that govern GnRH neurosecretion, and thereby suppress the release of the GnRH decapeptide into the hypophysial portal vasculature. Although several of the specific features of this model await testing, the present results provide initial evidence in a physiological context that nonclassical  $ER\alpha$  signaling, leading to the activation of one or more of the PAKs, is a signaling pathway that is integral to the manifestation of physiological  $E_2$  negative feedback control in the reproductive axis.

## Materials and Methods

**Animals.** The  $ER\alpha^{-/-}$  and  $ER\alpha^{-/AA}$  mutant mice were generated as described (6, 58, 59). Further details appear in *SI Materials and Methods*.

**Effects of EB Treatment on PAK1 Phosphorylation.** Rats and mice were anesthetized and bilaterally OVX. On the morning of day 7 after OVX (0800–1000 hours), animals were given an s.c. injection of sesame oil vehicle or EB (10  $\mu$ g per rat; 1  $\mu$ g per mouse). Animals were anesthetized with 75 mg/kg i.p. ketamine (Fort Dodge Laboratories) and 5 mg/kg i.p. xylazine (Burns Veterinary Supply Inc.) and transcardially perfused with 4% paraformaldehyde (Sigma), pH 7.4, at the following time points after injection: 0.5, 1, 2, or 4 h for rats; 1 h for mice (60). Further details appear in *SI Materials and Methods*.

**Effects of OVX and Acute EB Treatment on LH Release.** Female mice 2–4 months of age were anesthetized (0800–1000 hours), and blood samples were collected immediately before OVX. At 7 days after OVX, blood samples were obtained, and either 1  $\mu$ g of EB or sesame oil vehicle injections was administered s.c. At 1 h after injections, blood samples were obtained by exsanguination following cardiac puncture. Further details appear in *SI Materials and Methods*.

**Effects of PAK18 Inhibitory Peptide on EB Suppression of LH Release.** Details of stereotaxic surgery, PAK18 inhibitory peptide infusion, EB treatment, and blood sample collection can be found in *SI Materials and Methods*.

**Cell Culture and Western Blot Analysis.** The effectiveness of the PAK18 peptide in suppressing PAK phosphorylation was tested in GT1-7 cells, an immortalized GnRH-producing cell line (61). Further details appear in *SI Materials and Methods*.

**Immunohistochemistry and Analysis.** Brain sections were processed for immunohistochemistry following standard procedures. Details can be found in *SI Materials and Methods*.

Additional experimental procedures are presented in *SI Materials and Methods*.

**ACKNOWLEDGMENTS.** We are grateful to Ms. Brigitte Mann for her technical expertise. These studies were supported by National Institutes of Health grants awarded through the National Institute of Child Health and Human Development and the Office of Research on Women's Health: R01 HD20677, P01 HD21921, and P50 HD44405.

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